



Presentation to the Senate Finance Committee on Behavioral Health Coordination

Sonja Gaines, Associate Commissioner
Office of Mental Health Coordination
Health and Human Services Commission

January 26, 2016



Behavioral Health Services and Supports across the HHS System

Health and Human Services Commission

- **Medicaid:** Major funding stream for behavioral health services in Texas: medications, counseling, case management, rehabilitation, crisis, inpatient treatment
- **1115 Transformation Waiver:** 460 active behavioral health projects across Texas, some of which are focused on peer services, integrated health, and services for homeless and veterans.
 - These 3 and 4-year projects go through September 30, 2016, and have the potential to earn over \$2.6 billion All Funds based on project achievement.
 - As of January 2016, providers have earned and been paid almost \$1.7 billion All Funds (Providers have four more opportunities to report for payment in 2016 and 2017).
- **211:** Call Center staff direct and connect Texans to needed resources - food, shelter, clothing, and connection to behavioral health providers.

Department of State Health Services

- State Mental Health Hospital system – Nearly 2,500 beds in ten facilities
- Community mental health services – Outpatient Treatment, 24/7 Call Centers and Crisis services delivered contracts with 38 Local Mental Health Authorities
- Substance abuse prevention, intervention and treatment

Department of Family and Protective Services - Serves close to 15,000 children in foster care with mental health needs through contracts with Child Placement Agencies and partnerships with DSHS.

Department of Aging and Disability Services – Coordinates services for individuals with developmental disabilities that have a co-occurring behavioral health condition.

Office of Mental Health Coordination

The **Office of Mental Health Coordination (MHC)** was created by the 83rd Legislature to consult and coordinate with other state agencies, local governments and other entities to ensure a statewide strategic approach to behavioral health.

Coordination Initiatives

- Inventory of cross-agency behavioral health initiatives
- Cross Agency Workgroups focused on services to children, veterans
- Mental Health First Aid training across state agencies
- www.mentalhealthtx.org - Provides one stop behavioral health information, resources and direction to Texans
- Systems of Care Expansion

Statewide Behavioral Health Coordinating Council

The 84th Legislature created the **Statewide Behavioral Health Coordinating Council** (House Bill 1, Art. IX, Section 10.04), comprised of all state agencies that receive funding for behavioral services, for the purpose of creating a five year statewide behavioral health strategic plan, which shall include:

- An inventory of behavioral health programs and services currently offered;
- A report on the number of persons served by each agency;
- A plan to coordinate these programs and services to:
 - Eliminate redundancy;
 - Utilize best practices in contracting standards;
 - Perpetuate identified, successful models;
 - Ensure optimal delivery; and
 - Identify and collect comparable data on results and effectiveness.

The Executive Commissioner of HHSC shall approve the plan and notify the Legislative Budget Board of such approval by May 1, 2016.

Statewide Behavioral Health Coordinating Council: Members

- The Office of the Governor
- Veterans Commission
- Health and Human Services Commission
- Department of Aging and Disability Services
- Department of Family and Protective Services
- Department of State Health Services
- Texas Civil Commitment Office
- The University of Texas Health Science Center at Houston
- The University of Texas Health Science Center at Tyler
- Department of Criminal Justice
- Juvenile Justice Department
- Military Department
- Health Professions Council (represents the Medical Board, Board of Pharmacy, Board of Dental Examiners, Board of Nursing, Optometry Board, and Board of Veterinary Medical Examiners)
- Texas Education Agency (voluntary member)

Statewide Behavioral Health Coordinating Council

The Council was also directed to submit a coordinated expenditure proposal for FY 17 for each agency's behavioral health appropriation.

- The proposal must describe how each appropriation will be spent in accordance with and to further the goals of the approved statewide behavioral health strategic plan.
- This proposal is to be submitted to the Executive Commissioner of HHSC for approval. With that approval, HHSC shall submit the proposal to the Legislative Budget Board by June 1, 2016.

Statewide Behavioral Health Coordinating Council: Timeline of Activities

November 2015 – Organizational Meeting

- Introductions, plan overview, approach, strategic plan goals and expenditure report

December 2015 - 2nd Council meeting and Financial Report conference call

- Developed strategic plan objectives
- Identified short term deliverables
- Distributed survey to solicit feedback from stakeholders - over 800 respondents

January 2016 - 3rd Council Meeting

- Developed strategic plan strategies and action steps
- Development of inventory of behavioral health programs and services - capturing number of persons served, and tracked program outcome measures

February 2016 - 4th Council Meeting (Scheduled)

- Financial Expenditure Report completed by agency CFOs
- Continued work on strategic plan and best practices

May 2016 - Strategic plan presented to HHSC Executive Commissioner

June 2016 - Coordinated Expenditures Completed and submitted to LBB

Statewide Behavioral Health Coordinating Council: Strategic Plan Goals

- **Service Delivery** - Ensure optimal service delivery to maximize resources in order to effectively meet the diverse needs of clients and communities.
- **Financial Alignment** - Ensure that the financial alignment of behavioral health funding best meets the needs across Texas.
- **Statewide Data** - Compare statewide data across agencies on results and effectiveness.
- **Prevention/Early Intervention** - Maximize prevention and early intervention services across state agencies.

Statewide Behavioral Health Coordinating Council: Short Term Deliverables

- Enhancements in cross agency information exchanges and resource sharing: www.mentalhealthtx.org, crisis services, mental health rehabilitation, Behavioral Health Advisory Committee
- Maximize use of existing infrastructures and competencies - call centers, crisis services
- Expansion of uniform trainings and assessments - Mental Health First Aid, web-based trainings, etc.
- Increased partnerships on statewide initiatives - Mental Health Awareness Month and conferences