

RHP 5: Integrated Primary and Behavioral Health Services:

Tropical Texas Behavioral Health

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Focused on meeting the needs of the behavioral health patients lacking primary care and preventative care.

Implementation includes High Level of the Integration Model

- Fully Integrated EHR System and collaboration between BH and PC Teams
- Integrated staff meetings, communication between providers and all team members, and weekly executive meetings and monthly workgroup meetings.
- Patient Assistance Program
- Chronic care program
- Nutrition, health and fitness program

Developing and Planning for Integrated Primary Care and Behavioral Health Outcomes

Steps to an Integrated Program and Outcomes

- Well structured plan, do, study act proposal
- Executive and staff buy-in
- Develop team leads, team meetings, and meet frequently
- One EHR helps to record all data in one place
- Collect data, metrics, and measures
- Revise, review and monitor health outcomes, program progress
- Research development, cost containment, sustainability, and reduce health care costs overall
- Next steps: managed care contracts, sustainability, and higher level of integration