



STAR Kids Program

STAR Kids Advisory Committee Meeting

December 12, 2013

What is Managed Care?

- Healthcare provided through a network of doctors, hospitals and other healthcare providers responsible for managing and delivering quality, cost-effective care
- The State pays a managed care organization (MCO) a capitated rate for each client enrolled, rather than paying for each unit of service provided

Goals of Managed Care

- Emphasize preventative care
- Improve access to care
- Ensure appropriate utilization of services
- Improve client and provider satisfaction
- Establish a medical home for Medicaid clients through a primary care provider (PCP)
- Improve health outcomes, quality of care, and cost effectiveness

Managed Care Organizations

- Providers must contract and be credentialed with an MCO to provide services
- Authorization requirements may be different and must be obtained from the member's MCO
- MCOs may offer value-added services (i.e. sports physicals, extra vision benefits, health and wellness benefits)

Managed Care Organizations

- MCOs provide:
 - A medical home through a PCP the member chooses
 - Member handbooks that include phone numbers for assistance, descriptions of benefits, complaints and appeals information
 - Referrals needed for specialty providers
 - Referral exception: Clients who receive both Medicare and Medicaid (also known as “dual eligibles”).
- Each MCO maintains a provider directory of contracted network PCPs and specialists

Medicaid Managed Care Programs: Texas

- STAR (State of Texas Access Reform)
- STAR Health
- STAR+PLUS
- CHIP (Children's Health Insurance Program)
- CHIP and Children's Medicaid Dental

Medicaid Managed Care Enrollment

- As of August 2013:
 - 3,643,414 clients enrolled in Texas Medicaid
 - 2,959,403 members are enrolled in:
 - STAR
 - STAR Health
 - STAR+PLUS

STAR Kids Eligibility

- Medicaid managed care program for children and young adults with disabilities
 - Includes children and youth under age 21 who receive SSI or home and community-based waiver services
- Mandated through S.B. 7, 83rd Legislature, Regular Session, 2013
- STAR Kids will provide services for those enrolled in the Medically Dependent Children's Program and Texas State Plan services for those enrolled in other 1915(c) waiver programs
- Will eventually incorporate all services provided through the Youth Empowerment Services (YES) waiver

Program Exceptions

- Services provided outside of managed care:
 - Waiver -specific Home and Community Services (HCS)
 - Community Living and Support Services (CLASS)
 - Deaf/Blind with Multiple Disabilities (DBMD)
 - Texas Home Living (TxHmL)
 - YES
- Services not provided through STAR Kids
 - Nursing facilities and Intermediate Care Facilities for Individuals with Intellectual Disabilities (ICF/IID)
- Children with SSI in foster care will continue to receive services through STAR Health
- Dental services will be covered through separate dental managed care organizations (DMOs)

STAR Kids Medicaid Managed Care: Advisory Committee

- HHSC must consult with the STAR Kids Advisory Committee and the Children's Policy Council on establishment and implementation of the program
- The Committee must include:
 - Families whose children receive Private Duty Nursing (PDN)
 - Health care providers
 - Providers of home and community-based services, at least one PDN and one pediatric therapy provider
 - Any other stakeholders determined appropriate by the HHSC Executive Commissioner

STAR Kids Services

- Comprehensive Service Coordination
- Health Home
- MDCP service array (for those eligible)
- Texas State Plan Services, including:
 - Personal Care Services (PCS)
 - Private Duty Nursing (PDN)
 - Therapies
 - Medical supplies and equipment
 - Behavioral health services
 - Prescription medications

Demographic Information for eligible Children

Number of SSI Kids <21 Enrolled in Texas Medicaid, FY 2012

Service Delivery Area	Fee-For-Service and Primary Care Case Management	STAR and STAR Plus	Total (Unduplicated)
Texas Total (Unduplicated)	181,880	36,303	192,137
Bexar	17,782	2,581	19,312
Dallas	25,175	1,349	25,623
El Paso	5,669	3,724	5,956
Harris	37,354	7,720	42,653
Hidalgo	24,889	7,681	24,950
Jefferson	6,144	934	6,645
Lubbock	4,253	1,812	4,444
MRSA Central	10,488	2,395	10,836
MRSA Northeast	13,926	3,222	14,350
MRSA West	10,436	2,158	10,742
Nueces	7,975	634	8,273
Tarrant	15,323	1,340	15,854
Travis	8,753	838	9,165
Unknown	6,693	0	6,693

Clients Receiving Home Health Services

Unduplicated Clients by Region in March 2012

Program	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	Region 7	Region 8	Region 9	Region 10	Region 11	Unknown Region	Total
PDN	140	71	962	289	121	801	270	532	77	57	390	67	3,777
PCS	165	80	807	577	217	1,513	532	904	183	324	3,059	104	8,465
MDCP	318	138	1,669	381	198	1,058	510	658	152	112	316	99	5,609

S.B. 7 Program Requirements

- Customized benefits through a defined system of care
- Improved coordination of care and health outcomes
- Improved access to care
- Cost containment and efficiency
- Reduction on administrative complexity
- Reduction on potentially preventable events
- Incorporation of a health home
- Coordination and collaboration with long-term service and supports providers

Core Components

- Comprehensive needs assessment
- Client-centered planning and service design
- Service coordination
- Health home
- Behavioral health integration
- Early and thorough adult transition planning
- Rural services program design
- Quality monitoring and improvement
- Ongoing MCO collaboration

STAR Kids Assessment and Screening Tool

- The purpose of the assessment tool is to help inform the member's Individualized Service Plan (ISP), service coordination level, and service needs
- Members will be assessed using a common instrument
- MCOs will have the flexibility to enhance the assessment process
- The STAR Kids Assessment will account for:
 - Individual and family preferences
 - Need for PCS and/or PDN
 - Follow-up assessment needs

STAR Kids Project Milestones

- Draft Request for Proposals (RFP) Release
- Communication with the Centers for Medicare and Medicaid Services (CMS)
- Release final RFP
- Evaluate RFP responses and award contracts
- Systems readiness
- Enrollment activities
- Ongoing program monitoring