

## **Mental Health Awareness/Mental Health Texas Website**

On behalf of the HHSC Office of Mental Health Coordination:

May is Mental Health Awareness Month and provides an opportunity to raise awareness about mental health issues. Visit the [Office of Mental Health Coordination webpage](#) to participate in events planned throughout the month.

In recognition of Mental Health Awareness Month, the office officially launched the website, [mentalhealthtx.org](http://mentalhealthtx.org), on May 1. The site provides information from the basics of mental health to how to help someone who has a behavioral health need. The site also allows users to search for mental health care, housing and other types of services in their area.