

Texas Health Steps (THSteps) Preventive Care Medical Checkup Benefit Criteria to Change for Texas Medicaid

This is a correction and update to an article titled “Texas Health Steps (THSteps) Preventive Care Medical Checkup Benefit Criteria to Change for Texas Medicaid” which was published on the TMHP website on July 24, 2015. The following is the revised and updated article.

REVISED ARTICLE

Effective for dates of service on or after November 1, 2015, HHSC will implement benefit criteria changes for THSteps preventive care medical checkups.

International Classification of Diseases, Tenth Revision, Clinical Modification (ICD-10-CM) diagnosis codes Z0000 and Z0001 will be added as payable diagnosis codes for procedure codes 99385 and 99395.

THSteps preventive care medical checkups are not a benefit as a telemedicine or telehealth service.

Screenings

The THSteps Medical Checkups Periodicity Schedule will be updated November 1, 2015, with changes to the following laboratory requirements:

- **Anemia screening:** Removal of the mandatory screenings for all clients who are 18 months of age and for females who are 12 years of age. The only mandatory screening will be for clients who are 12 months of age.
- **Human Immunodeficiency Virus (HIV) screening:** Addition of one mandatory screening for clients who are 16 through 18 years of age, regardless of risk. This is in addition to the current risk-based screening for clients who are 11 through 20 years of age.
- **Dyslipidemia Screening** (previously hyperlipidemia screening): Addition of one mandatory screening for clients who are nine through 11 years of age, and once again for clients who are 18 through 20 years of age, regardless of risk. These are in addition to the current risk-based screening for clients who are 24 months through 20 years of age.

Providers must refer to the current version of the THSteps Medical Checkups Periodicity Schedule available on the Department of State Health Services (DSHS) website at www.dshs.state.tx.us/thsteps/providers.shtm.

Autism Screening

The Modified Checklist for Autism in Toddlers, Revised with Follow-Up (M-CHAT R/F) may also be used to complete the required autism screening at 18 and 24 months of age.

Dyslipidemia Screening

Additional testing may be completed based on an identified risk or at the provider’s discretion.

Mental Health Screening

Mental health screening using one of the following validated, standardized mental health screening tools recognized by THSteps is required once for all clients who are 12 through 18 years of age:

- Pediatric Symptom Checklist (PSC-35)
- Pediatric Symptom Checklist for Youth (Y-PSC)
- Patient Health Questionnaire (PHQ-9)

- Car, Relax, Alone, Forget, Family, and Trouble Checklist (CRAFT)

Procedure code 99420 will be a benefit for clients who are 12 through 18 years of age when services are provided by THSteps medical and federally qualified health center providers in the office setting. Procedure code 99420 must be submitted for mental health screenings when one of the validated, standardized mental health screening tools recognized by THSteps is used.

Mental health screening at other checkups does not require the use of a validated, standardized mental health screening tool.

Procedure code 99420 must be submitted on the same date of service by the same provider as procedure code 99384, 99385, 99394, or 99395, and will be limited to once per lifetime.

The client's medical record must include documentation identifying the tool that was used, the screening results, and any referrals.

Newborn Screening

State-mandated newborn screening for critical congenital heart disease (CCHD) is offered by and performed in the birth facility in accordance with Health and Safety Code (HSC), Chapter 33, §§ 33.011, and the Texas Administrative Code (TAC), Title 25, Part 1, Chapter 37, Subchapter E, §§ 37.75 - 37.79.