

STAR+PLUS Medicare-Medicaid Plans for Dual Eligible Members

Compare “Value-Added” or extra services offered by plans in Tarrant County.



The plan you pick will provide basic health services and medications you've been getting through Medicare, plus long term services and supports through Medicaid.

Every plan will offer the same basic health services you've been getting through Medicare. These include:

- Doctor and clinic visits
- 24-hour emergency care
- Hospital care
- Surgery
- Ambulance service
- Lab and X-ray services
- Major organ transplants
- Family planning services
- Hearing tests and aids
- Home health services
- Chiropractors (neck and back doctors)
- Podiatrists (foot doctors)
- Dialysis for kidney problems
- Eye checkups, glasses, and contact lenses
- Mental health services (such as counseling)
- Yearly adult checkup
- Short term rehab in skilled nursing facility

In addition to the Medicare services, the plan you pick will include Medicaid long term services and supports such as:

- Adult day care
- Adult foster care
- Nursing
- Emergency response services
- Short-term help for caregivers
- Medical supplies
- Assisted living / home care
- Personal assistance (help with dressing, eating, and bathing)
- Adaptive aids (things like walkers and canes)
- Home modifications (things like wheelchair ramps and grab bars)
- Speech therapy (helping you learn to speak again or speak better)
- Occupational therapy (helping you learn to do everyday activities)
- Physical therapy (helping you learn to move around better or become stronger)
- Nursing home services, if you live in a nursing home

Extra Services:

STAR+PLUS Medicare-Medicaid plans in your area also offer value-added services. These are extra services and cannot be used in place of your Medicare or Medicaid services.

Use this chart to compare the extra services each plan offers its members. If you have questions about a plan’s extra services, call the number under that plan’s name.

A “blank” under a plan’s name means that the plan does not offer the service listed.

	Amerigroup Texas STAR+PLUS MMP	Cigna-HealthSpring CarePlan MMP
To ask about services or doctors:	1-855-817-5789	1-877-653-0327
TTY line for people with a hearing or speech disability:	1-800-855-2880	7-1-1
Plan website:	www.myamerigroup.com	http://starplus.mycignahealthspring.com

Extra Services for Members in a Nursing Facility	Amerigroup Texas STAR+PLUS MMP	Cigna-HealthSpring CarePlan MMP
24-Hour Nurse Line	Yes	Yes

Extra Services for Members in a Nursing Facility	Amerigroup Texas STAR+PLUS MMP	Cigna-HealthSpring CarePlan MMP
Extra Help Getting a Ride (when state services are not available)	Twenty-four (24) one way trips to plan-approved locations every year via Taxi, Bus/Subway, or Van with prior authorization and referral required.	Unlimited round trip transportation provided for plan-approved locations when other transportation cannot be accessed.
Extra Dental Services for Adults (age 21 and older)	Comprehensive Dental services are limited to \$150 every three (3) months. Non-routine, diagnostic, restorative, endodontics, periodontics, and extractions services with prior authorization and referral required	<ul style="list-style-type: none"> • One preventive dental oral exam every 6 months for non-STAR+PLUS Waiver (SPW) Members • One preventive dental-prophylaxis (cleaning) every 6 months for non-STAR+PLUS Waiver (SPW) Members • One Preventive Dental Bitewing X-ray every year for non-STAR+PLUS Waiver (SPW) Members • One full mouth & panoramic X-ray every 36 months for non-STAR+PLUS Waiver (SPW) Members
Extra Vision Services	One (1) pair Contact Lenses or up to \$100 every two (2) years with prior authorization required	<ul style="list-style-type: none"> • One routine eye exam every two years • Contact Lenses or Eyeglasses (Lenses and Frames) every two years
Hearing Services		<ul style="list-style-type: none"> • Unlimited routine hearing exam • One fitting/evaluation for a hearing aid per exam • One hearing aid (left or right ear) every five years
Drug Store Services		\$20 of OTC items covered every month
Extra Help for Pregnant Women		Book for expecting moms
Temporary Phone Help	Free cell phone, up to 250 monthly minutes, extra minutes when enrolled for healthy text messages, unlimited inbound text messages for Members in Federal Lifeline Program.	
Gift Programs	<ul style="list-style-type: none"> • Free First Aid Kit after completing a Personal Disaster Plan online to all Members • \$5, \$10 or \$20 debit card for achieving health goals and/or receiving certain health checkups or screenings • Member entitled to one gift card annually • Call health plan to learn how to qualify for the gift program 	<ul style="list-style-type: none"> • One box fan for Members age 60 and older each year • One bath mat for Members age 60 and older each year • One cold and flu kit per Member each year • One personal hygiene kit per Member each year

Extra Services for Members in a Nursing Facility	Amerigroup Texas STAR+PLUS MMP	Cigna-HealthSpring CarePlan MMP
Healthy Play and Exercise Programs	Membership in Silver Sneakers health club/fitness classes. Authorization required.	
Health and Wellness Services	<ul style="list-style-type: none"> • Stop-smoking products and behavioral support once the Medicaid benefit has been exhausted • Twelve (12) visits for Cardiac and Pulmonary Rehabilitation Services with prior authorization required. Limitations apply • Six (6) Acupuncture and other alternative therapy treatments each year with prior authorization and referral required 	<ul style="list-style-type: none"> • Active&Fit Home Fitness Kit or Facility Membership for Members • Tobacco Cessation Program for eligible non-STAR+PLUS Waiver (SPW) Members
Extra Foot Doctor (Podiatry) Services	One (1) routine foot care visit every three (3) months with prior authorization and referral required. Limitations apply.	

Extra Services for Members in the Community	Amerigroup Texas STAR+PLUS MMP	Cigna-HealthSpring CarePlan MMP
24-Hour Nurse Line	Yes	Yes
Extra Help Getting a Ride (when state services are not available)	Twenty-four (24) one way trips to plan-approved locations every year via Taxi, Bus/Subway, or Van with prior authorization and referral required.	<ul style="list-style-type: none"> • Help getting a ride to doctor visits • Unlimited round trip transportation provided for plan-approved locations when other transportation cannot be accessed.
Extra Vision Services	One (1) pair Contact Lenses or up to \$100 every two (2) years with prior authorization required	<ul style="list-style-type: none"> • One routine eye exam every two years • Contact Lenses or Eyeglasses (Lenses and Frames) every two years
Extra Dental Services for Adults (age 21 and older)	Comprehensive Dental services are limited to \$150 every three (3) months. Non-routine, diagnostic, restorative, endodontics, periodontics, and extractions services with prior authorization and referral required.	<ul style="list-style-type: none"> • One preventive dental oral exam every 6 months for non-STAR+PLUS Waiver (SPW) Members • One preventive dental-prophylaxis (cleaning) every 6 months for non-STAR+PLUS Waiver (SPW) Members • One Preventive Dental Bitewing X-ray every year for non-STAR+PLUS Waiver (SPW) Members • One full mouth & panoramic X-ray every 36 months for non-STAR+PLUS Waiver (SPW) Members

Extra Services for Members in the Community	Amerigroup Texas STAR+PLUS MMP	Cigna-HealthSpring CarePlan MMP
Hearing Services		<ul style="list-style-type: none"> • Unlimited routine hearing exam • One fitting/evaluation for a hearing aid per exam • One hearing aid (left or right ear) every five years
Temporary Phone Help	<ul style="list-style-type: none"> • Pre-programmed cell phone for high risk Members • Free cell phone, up to 250 monthly minutes, extra minutes when enrolled for healthy text messages, unlimited inbound text messages for Members in Federal Lifeline Program 	
Extra Help for Pregnant Women		Book for expecting moms
Drug Store Services		\$20 of OTC items covered every month
Home Visits	Up to an extra eight (8) hours respite services for non-SPW members age 21 and older.	8 hours of respite care one time each year for non-STAR+PLUS Waiver (SPW) Members
Healthy Play and Exercise Programs	Membership in Silver Sneakers health club/fitness classes. Authorization required.	
Extra Foot Doctor (Podiatry) Services	One (1) routine foot care visit every three (3) months with prior authorization and referral required. Limitations apply.	
Pest Control	Once (1x) every three (3) months to eliminate rodents, roaches, and other unsafe pests.	
Health and Wellness Services	<ul style="list-style-type: none"> • Stop-smoking products and behavioral support once the Medicaid benefit has been exhausted • Twelve (12) visits for Cardiac and Pulmonary Rehabilitation Services with prior authorization required. Limitations apply • Six (6) Acupuncture and other alternative therapy treatments each year with prior authorization and referral required 	<ul style="list-style-type: none"> • Active&Fit Home Fitness Kit or Facility Membership for Members • 10 home-delivered meals one time after getting out of the hospital • Tobacco Cessation Program for eligible non-STAR+PLUS Waiver (SPW) Members
Emergency Response Services (ERS)		Emergency Response System access in Member's home for rapid response to medical emergencies for non- HCBS STAR+PLUS (SPW) Waiver Members

Extra Services for Members in the Community	Amerigroup Texas STAR+PLUS MMP	Cigna-HealthSpring CarePlan MMP
Gift Programs	<ul style="list-style-type: none"> • \$20 Gift Cards for Members ages 21 and older with cardiac disease who get Cholesterol blood tests. • \$20 Gift Cards for Members ages 21 and older with diabetes who get diabetic screenings. • Free First Aid Kit after completing a Personal Disaster Plan online to all Members • Member entitled to one gift card annually • Call health plan to learn how to qualify for the gift program 	<ul style="list-style-type: none"> • One box fan for Members age 60 and older each year • One A.M./P.M. 7-day Pillbox each year for Members for non-STAR+PLUS Waiver (SPW) Members • One box of vinyl gloves each month for Members for eligible non-STAR+PLUS Waiver (SPW) Members • One bath mat for Members age 60 and older each year • One cold and flu kit per Member each year • One first aid kit per Member each year