

STAR+PLUS Medicare-Medicaid Plans for Dual Eligible Members

Compare “Value-Added” or extra services offered by plans in Hidalgo County.



The plan you pick will provide basic health services and medications you've been getting through Medicare, plus long term services and supports through Medicaid.

Every plan will offer the same basic health services you've been getting through Medicare. These include:

- Doctor and clinic visits
- 24-hour emergency care
- Hospital care
- Surgery
- Ambulance service
- Lab and X-ray services
- Major organ transplants
- Family planning services
- Hearing tests and aids
- Home health services
- Chiropractors (neck and back doctors)
- Podiatrists (foot doctors)
- Dialysis for kidney problems
- Eye checkups, glasses, and contact lenses
- Mental health services (such as counseling)
- Yearly adult checkup
- Short term rehab in skilled nursing facility

In addition to the Medicare services, the plan you pick will include Medicaid long term services and supports such as:

- Adult day care
- Adult foster care
- Nursing
- Emergency response services
- Short-term help for caregivers
- Medical supplies
- Assisted living / home care
- Personal assistance (help with dressing, eating, and bathing)
- Adaptive aids (things like walkers and canes)
- Home modifications (things like wheelchair ramps and grab bars)
- Speech therapy (helping you learn to speak again or speak better)
- Occupational therapy (helping you learn to do everyday activities)
- Physical therapy (helping you learn to move around better or become stronger)
- Nursing home services, if you live in a nursing home

Extra Services:

STAR+PLUS Medicare-Medicaid plans in your area also offer value-added services. These are extra services and cannot be used in place of your Medicare or Medicaid services.

Use this chart to compare the extra services each plan offers its members. If you have questions about a plan’s extra services, call the number under that plan’s name.

A “blank” under a plan’s name means that the plan does not offer the service listed.

	Cigna-HealthSpring CarePlan MMP	Molina Dual Options	Superior HealthPlan STAR+PLUS MMP
To ask about services or doctors:	1-877-653-0327	1-855-895-9992	1-866-896-1844
TTY line for people with a hearing or speech disability:	7-1-1	1-800-735-2989 or 711 English 1-800-662-4954 Spanish	1-800-735-2989 or 711
Plan website:	http://starplus.mycignahealthspring.com	www.molinahealthcare.com	www.superiorhealthplan.com

Extra Services for Members in a Nursing Facility	Cigna-HealthSpring CarePlan MMP	Molina Dual Options	Superior HealthPlan STAR+PLUS MMP
24-Hour Nurse Line	Yes		Yes

Extra Services for Members in a Nursing Facility	Cigna-HealthSpring CarePlan MMP	Molina Dual Options	Superior HealthPlan STAR+PLUS MMP
Extra Help Getting a Ride	Unlimited round trip transportation provided for plan-approved locations when other transportation cannot be accessed.		
Extra Dental Services for Adults (age 21 and older)	<ul style="list-style-type: none"> • One preventive dental oral exam every 6 months for non-STAR+PLUS Waiver (SPW) Members • One preventive dental-prophylaxis (cleaning) every 6 months for non-STAR+PLUS Waiver (SPW) Members • One Preventive Dental Bitewing X-ray every year for non-STAR+PLUS Waiver (SPW) Members • One full mouth & panoramic X-ray every 36 months for non-STAR+PLUS Waiver (SPW) Members 	Up to \$250 per year for dental checkups, x-rays and cleaning for Members over 21 years of age	
Extra Vision Services	<ul style="list-style-type: none"> • One routine eye exam every two years • Contact Lenses or Eyeglasses (Lenses and Frames) every two years 	One routine eye exam per year	<ul style="list-style-type: none"> • One routine eye exam every two years • Contact Lenses or Eyeglasses (Lenses and Frames) every two years
Hearing Services	<ul style="list-style-type: none"> • Unlimited routine hearing exam • One fitting/evaluation for a hearing aid per exam • One hearing aid (left or right ear) every five years 	\$2500 allowance for hearing aids every 2 years	<ul style="list-style-type: none"> • One routine hearing exam and fitting/evaluation for a Hearing aid • One hearing aid (left or right ear) every five years
Drug Store Services	\$20 of OTC items covered every month	\$60 per month coverage of approved over-the-counter (OTC) health care-related items	Up to \$70 each calendar quarter through mail order for commonly-used over the counter (OTC) items
Extra Help with Part D Cost Sharing		Zero Dollar (\$) co-payment for Tier-One Generic Prescriptions	
Extra Help for Pregnant Women	Book for expecting moms		

Extra Services for Members in a Nursing Facility	Cigna-HealthSpring CarePlan MMP	Molina Dual Options	Superior HealthPlan STAR+PLUS MMP
Health and Wellness Services	<ul style="list-style-type: none"> Active&Fit Home Fitness Kit or Facility Membership for Members Tobacco Cessation Program for eligible non-STAR+PLUS Waiver (SPW) Members 	Stop-smoking program for Members age 18 and older	
Gift Programs	<ul style="list-style-type: none"> One box fan for Members age 60 and older each year One bath mat for Members age 60 and older each year One cold and flu kit per Member each year One personal hygiene kit per Member each year 	<ul style="list-style-type: none"> Personal grooming kit one time for new Members within 30 days of confirmed enrollment Personal blanket one time for new Members within 30 days of confirmed enrollment Wheelchair/walker accessory one time for new Members within 30 days of confirmed enrollment \$20 Gift Card for diabetic Members who complete a diabetic retinopathy exam per year \$20 Gift Card for diabetic Members who complete an HbA1c lab test per year \$20 Gift Card Female Members who complete a cervical Cancer screening annually \$20 Gift Card Members with cardiovascular disease for completed cholesterol blood test annually \$20 Gift Card Female Members that complete a recommended Mammogram each year 	
Extra Foot Doctor (Podiatry) Services		Twelve (12) routine visits per year	Unlimited routine foot care with prior authorization

Extra Services for Members in the Community	Cigna-HealthSpring CarePlan MMP	Molina Dual Options	Superior HealthPlan STAR+PLUS MMP
24-Hour Nurse Line	Yes	Yes	Yes

Extra Services for Members in the Community	Cigna-HealthSpring CarePlan MMP	Molina Dual Options	Superior HealthPlan STAR+PLUS MMP
Extra Help Getting a Ride (when state services are not available)	<ul style="list-style-type: none"> • Help getting a ride to doctor visits • Unlimited round trip transportation provided for plan-approved locations when other transportation cannot be accessed. 		
Extra Vision Services	<ul style="list-style-type: none"> • One routine eye exam every two years • Contact Lenses or Eyeglasses (Lenses and Frames) every two years 	One routine eye exam per year	<ul style="list-style-type: none"> • One routine eye exam every two years • Contact Lenses or Eyeglasses (Lenses and Frames) every two years
Extra Dental Services for Adults (age 21 and older) and Pregnant Women	<ul style="list-style-type: none"> • One preventive dental oral exam every 6 months for non-STAR+PLUS Waiver (SPW) Members • One preventive dental-prophylaxis (cleaning) every 6 months for non-STAR+PLUS Waiver (SPW) Members • One Preventive Dental Bitewing X-ray every year for non-STAR+PLUS Waiver (SPW) Members • One full mouth & panoramic X-ray every 36 months for non-STAR+PLUS Waiver (SPW) Members 	Preventive and comprehensive care services up to a \$1000 annual limit for non-HCBS STAR+PLUS (SPW) Waiver Members	
Hearing Services	<ul style="list-style-type: none"> • Unlimited routine hearing exam • One fitting/evaluation for a hearing aid per exam • One hearing aid (left or right ear) every five years 	\$2500 allowance for hearing aids every 2 years	<ul style="list-style-type: none"> • One routine hearing exam and fitting/evaluation for a Hearing aid • One hearing aid (left or right ear) every five years
Drug Store Services	\$20 of OTC items covered every month	\$60 per month coverage of approved over-the-counter (OTC) health care-related items	Up to \$70 each calendar quarter through mail order for commonly-used over the counter (OTC) items
Extra Help with Part D Cost Sharing		Zero Dollar (\$) co-payment for Tier-One Generic Prescriptions	
Extra Help for Pregnant Women	Book for expecting moms		

Extra Services for Members in the Community	Cigna-HealthSpring CarePlan MMP	Molina Dual Options	Superior HealthPlan STAR+PLUS MMP
Home Visits	8 hours of respite care one time each year for non- STAR+PLUS Waiver (SPW) Members	<ul style="list-style-type: none"> • Up to 8 hours of respite services per calendar year for non-HCBS STAR PLUS waiver (non-SPW) Members age 21 and over that are unable to care for themselves due to absence of, or need for relief for their unpaid caregiver • A Molina Service Coordinator must authorize this service • Up to 32 home-delivered meals each year after getting out of the hospital or nursing facility for non-HCBS STAR+PLUS waiver (non-SPW) Members age 21 and over • A Molina Service Coordinator must authorize this service 	Up to an extra 8 hours respite services for non-STAR+PLUS Waiver (SPW) Members age 21 and older
Gift Programs	<ul style="list-style-type: none"> • One box fan for Members age 60 and older each year • One A.M./P.M. 7-day Pillbox each year for Members for non-STAR+PLUS Waiver (SPW) Members • One box of vinyl gloves each month for Members for eligible non-STAR+PLUS Waiver (SPW) Members • One bath mat for Members age 60 and older each year • One cold and flu kit per Member each year • One first aid kit per Member each year 	<ul style="list-style-type: none"> • \$20 Gift Card for diabetic Members who complete a diabetic retinopathy exam per year • \$40 Gift Card for diabetic Members who complete an HbA1c lab test per year • \$20 Gift Card Female Members who complete a cervical Cancer screening annually • \$20 Gift Card Members with cardiovascular disease for completed cholesterol blood test annually • \$20 Gift Card Female Members that complete a recommended Mammogram each year 	
Extra Foot Doctor (Podiatry) Services		Twelve (12) routine visits per year	Unlimited routine foot care with prior authorization
Emergency Response Services (ERS)	Emergency Response System access in Member's home for rapid response to medical emergencies for non- HCBS STAR+PLUS (SPW) Waiver Members	Emergency response services for non-HCBS STAR+PLUS Waiver (non-SPW) Members age 21 and older	Round-the-clock emergency response services for non-STAR+PLUS Waiver (SPW) Members aged 21 years and over

Extra Services for Members in the Community	Cigna-HealthSpring CarePlan MMP	Molina Dual Options	Superior HealthPlan STAR+PLUS MMP
<p>Health and Wellness Services</p>	<ul style="list-style-type: none"> • Active&Fit Home Fitness Kit or Facility Membership for Members • 10 home-delivered meals one time after getting out of the hospital • Tobacco Cessation Program for eligible non-STAR+PLUS Waiver (SPW) Members 	<ul style="list-style-type: none"> • Stop-smoking program for Members age 18 and older • Weight Watchers program membership for certain Members 21 and over with a BMI of 30 	<p>10 home-delivered meals each year after getting out of hospital or nursing facility for non-STAR+PLUS Waiver (SPW) Members age 21 and older</p>