

TECHNICAL ASSISTANCE MEMORANDUM

Texas Department of Aging and Disability Services (DADS) – Access & Intake Division

SUBJECT:	Unit of Health Maintenance	DATE:	July 26, 2006 <i>Revised 10/15/04</i> <i>Original: 5/3/01</i>
ORIGINATING SECTION:	Area Agencies on Aging	Please distribute to the following staff:	
AUTHORIZATION:	Gary Jessee	Exec. Director	<input type="checkbox"/> AAA Director <input checked="" type="checkbox"/>
MONTH/DAY/MEMO #:	7/26/06 #09	All Staff	<input checked="" type="checkbox"/> I&A <input type="checkbox"/>
SERVICE AREA/ SERIES #:	Program TA 06-09	Care Coordinator	<input type="checkbox"/> Benefits Counseling <input type="checkbox"/>
RELEVANT TAC# or Reference	Service Definitions http://www.dads.state.tx.us/business/aging/AAA	Ombudsman	<input type="checkbox"/>
		Other _____	

The Department is issuing this technical assistance memorandum to replace Technical Assistance Memorandum TA 05-03. Revisions consist of updating general format, Texas Administrative Code (TAC) references, and content. No substantive changes were made.

The purpose of this Technical Assistance Memorandum (TA) is to clarify issues around Health Maintenance activities and how a unit is defined and counted.

Health Maintenance is one of several services included under Health Promotion. Health Maintenance services include medical treatment by a health professional, health education and counseling services, home health services and the provision of medications, nutritional supplements, glasses, dentures, hearing aids, other assistive devices and/or equipment. Historically, a unit of service has been defined as one contact/event. One contact has been recorded each time a client receives a health maintenance service.

Example 1: The provision of medical treatment by a professional includes services such as vision or dental assistance. The contact for medical treatment by a professional is defined as one unit/contact every time a client visits a medical professional and a charge is initiated for the visit. Thus providing eyeglasses or dental work may involve one or more units/contacts depending on whether the process includes numerous visits and how the service provided is billed, (i.e., costs billed by individual visit or a total cost for service).

Example 2: The contact for the provision of health education and counseling services to an individual or a group is the signature of the participant(s), and the date of the health education and or counseling service(s) for each health education and counseling service event provided.

Example 3: The contact for the provision of home health service(s), such as physical therapy, is one contact each time the physical therapy is provided, either at the client's home or other location.

Example 4: The provision of prescriptions and durable medical equipment. Each prescription is one unit/contact. Each piece of durable medical equipment is one unit/contact. If a client receives multiple prescriptions in a single month or a shower chair and a jar opener, two or more units/contacts would be reported.