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# —PROGRAM INSTRUCTION—

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## Texas Department of Aging and Disability Services (DADS) – Access and Intake Division

<b>TITLE:</b>	Health Promotion Services	<b>NUMBER:</b>	AAA-PI 309
<b>SECTION:</b>	Area Agencies on Aging	<b>APPROVAL:</b>	Betty Ford
<b>ISSUE DATE:</b>	2/1/08	<b>REVISION DATE:</b>	12/15/08
<b>RELEVANT CITATION(S):</b>	OAA §§330 & 361; 40 TAC §§85.201, 85.202, and 85.302		
<b>DISTRIBUTION:</b>	<input type="checkbox"/> Executive Director <input checked="" type="checkbox"/> Director <input type="checkbox"/> Fiscal Director <input checked="" type="checkbox"/> AAA Section Staff		

The Department is revising the program instruction (PI) to reflect the new numbers of 40 TAC (Texas Administrative Code) §83.1 AAA Administrative Responsibilities, §83.2 AAA Fiscal Responsibilities and 40 TAC §84.5 Nutrition Service Requirement. Effective September 1, 2008, the rules' number changed from 40 TAC §85.201, §85.202, §85.302, respectively. On 40 TAC §85.302, the name was shortened to Nutrition Services.

The purpose of this PI is to provide additional information for AAAs supporting Health Promotion services. Health Promotion Services includes specific service activities (see Department of Aging and Disability Services' Service Definitions for Area Agencies on Aging). Services included under Health Promotion are:

- Health Screening or Monitoring
- Health Maintenance
- Mental Health Services

Refer to the current service definitions to review the expanded content for this service area. It is important AAAs and their service providers understand what activities are allowable under the service. Services budgeted and provided are linked to the AAA's Area Plan and are part of the budget and closeout reviews.

The overall objective of health promotion services provided under the Older Americans Act (OAA) is to:

- reduce disease and disability
- reduce the prevalence of risks to health
- increase the behaviors known to reduce such risks
- increase comprehensiveness, accessibility or quality of preventative services and preventative interventions
- promote the health and well-being of older individuals
- reduce any adverse health conditions as a result of poor nutritional health or a sedentary life style

The role of the AAA is to coordinate resources and, where none exist, create a way to fill the gaps in services. Conversely, in an effort to prevent duplication of existing community resources, the AAA must make every effort to purchase Health Promotion service only when no other resources are available. In the planning and implementation of Health Promotion services, the AAA must collaborate or consult with health professionals specifically trained in health related fields.

Eligibility criteria are the same as other OAA Programs. In addition, where applicable, health promotion participants are required to sign a release form releasing the instructor, facility, and AAA from any personal liability. Where applicable, participants must be informed of any potential risk prior to participation in health-related activities. Service providers must utilize persons who are trained or are in training or supervised appropriately for the services they administer. Any results of screening must be interpreted by an appropriate health professional. If health promotion services include physical activities, the instructor must have a current cardiopulmonary resuscitation certification (CPR) including training applicable to available equipment.

Health promotion services must be provided in accordance with all applicable state and federal requirements. If you have further questions please forward those to the Department's help desk at [T3Ahelp@dads.state.tx.us](mailto:T3Ahelp@dads.state.tx.us).