

Pressure Ulcer Care Plan Teaching Tool

A care plan should be developed for any individual with identified conditions/risk factors that may produce a pressure ulcer or for an individual with an actual pressure ulcer. Care plans should be reviewed at least quarterly, at significant change of condition, when a skin assessment has changed, and/or when a goal is not being met. Care plan revision may require a modification in the expected goals/outcomes and/or pharmacological and non-pharmacological multi-disciplinary approaches.

Problems/Needs	Goals/Outcomes	Interventions/Approaches	Team Members
<p>Risk of developing a pressure ulcer</p> <ul style="list-style-type: none"> ➤ related to (baseline information, such as risk factor/s, validated tool score, etc.) <p>Actual pressure ulcer</p> <ul style="list-style-type: none"> ➤ as evidenced by [location, PUSH score, (length, width, stage, exudate amount, tissue type) and any other descriptions] <p>Date developed</p>	<ul style="list-style-type: none"> • Measurable & realistic <ul style="list-style-type: none"> ➤ specified date • pressure ulcer will not develop for those at risk • Pressure ulcer responded to treatment 	<ul style="list-style-type: none"> • Resident/responsible party education that includes: <ul style="list-style-type: none"> ➤ the individual's values/wishes ➤ identified risk factors ➤ treatment plan ➤ routine head-to-toe skin assessment • Timing/frequency of pressure ulcer risk assessments and/or re-evaluation of existing pressure ulcers • Interventions focused on individual's pressure ulcer risk factors or in-depth pressure ulcer assessment • Identify pressure ulcer prevention measures • Factors identified from the assessment process results in individualized interventions <ul style="list-style-type: none"> ➤ treatment ordered (medication, dressing, nutrition changes, support surface/s) and frequency ➤ communication between nursing staff, physician, and other 	<ul style="list-style-type: none"> • Specify department responsible for each approach • Periodic IDT review to evaluate the effectiveness of interventions related to achievement of the goals

		<p>disciplines</p> <ul style="list-style-type: none">➤ assess pain and current treatment, medicate before treatment➤ current physical status <ul style="list-style-type: none">• Treatment re-evaluations for those without improvement within ____ weeks	
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