

# Texas Chronic Disease Health Disparities

Eliminating health disparities can dramatically reduce the social and economic impact of chronic disease.

## Leading Cause of Death



Chronic disease accounts for three of every four Texas deaths. [1]

## Health Care Costs



More than 85 percent of all health care spending in the U.S. in 2010 was for people with one or more chronic medical conditions. [3]

## Heart Disease Deaths



Racial and ethnic minorities\* were affected almost three (2.6) times more than whites in 2010. [4]



**\$6.5 billion**  
(Texas)

Hospital charges for ischemic heart disease in Texas exceeded \$6.5 billion in 2010. [2]

## Stroke Deaths



Racial and ethnic minorities\* were affected three (3.4) times more than whites in 2010. [4]



**\$2.7 billion**  
(Texas)

Total hospital charges for stroke in Texas exceeded \$2.7 billion in 2010. [2]

## Diabetes-Related Deaths



Racial and ethnic minorities\* were affected four (4.4) times more than whites in 2010. [4]



**\$245 billion**  
(U.S.)

The total estimated cost of diagnosed diabetes in 2012 was \$245 billion, including \$176 billion in direct medical costs and \$69 billion in decreased productivity. [3]

## Total Cancer Deaths



Racial and ethnic minorities\* were affected almost three (2.8) times more than whites in 2010. [4]



**\$25.3 billion**  
(Texas)

Cancer care cost \$157 billion in 2010 dollars. [3] In Texas alone, costs in 2010 were estimated to be \$25.3 billion. [5]

## Obesity

(chronic disease risk factor)



Racial and ethnic minorities\* (age 20+) were affected almost five (4.7) times more than whites in 2011. [4]



**\$147 billion**  
(U.S.)

Medical costs linked to obesity were estimated to be \$147 billion in 2008. People who are obese pay in excess of \$1,400 a year more in medical costs than people who are not. [3]

\*African American, Hispanic, American Indian, Alaskan Native, Asian American, Pacific Islander, and other. Does not include gender disparities.

### Sources:

1. DSHS: Chronic Disease in Texas, A Surveillance Report of Disease Indicators, 2008.
2. Texas Health Care Information Collection, Center for Health Statistics: Texas Department of State Health Services, 2010 Data.
3. CDC: Chronic Disease Overview: The Cost of Chronic Diseases and Health Risk Behaviors, 2015
4. U.S. Health and Human Services: Health Disparities Profile, 2010.
5. DSHS: Cancer in Texas: Texas Cancer Registry, 2011

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