



TEXAS

Department of Aging
and Disability Services

COMMUNITY FIRST CHOICE

Background

Senate Bill (S.B.) 7, 83rd Texas Legislature, Regular Session, 2013, requires HHSC to "implement the most cost-effective option for the delivery of basic attendant and habilitation services for individuals with disabilities under the STAR+PLUS Medicaid managed care program that maximizes federal funding for the delivery of services for that program and other similar programs."

Community First Choice

- Pursuant to S.B. 7, HHSC and DADS are working to implement Community First Choice (CFC) by March 1, 2015.
- CFC is a federal option that allows states to provide home and community-based attendant services and supports to Medicaid recipients with disabilities.
- This option provides states with a six percent increase in federal matching funds for Medicaid for these services.

Eligibility

To be eligible for CFC services an individual must:

- Be a child or an adult who is eligible for Medicaid
- Require an institutional level of care, e.g.:
 - A nursing facility
 - An institution of mental disease
 - An intermediate care facility for individuals with an intellectual disability or related condition

Eligibility

- Individuals that qualify for Medical Assistance Only (MAO) Medicaid must receive at least one waiver service per month.

Services

- Texas CFC services will be available in managed care, fee for service, and the 1915(c) waivers and will include:
 - Personal assistance services
 - Habilitation services
 - Emergency response services (ERS)
 - Support Management

Personal Assistance Services

- Assistance with activities of daily living (ADLs) and instrumental activities of daily living (IADLs) through hands-on assistance, supervision or cueing.
- CFC personal assistance services provide assistance to an individual in performing the ADLs and IADLs based on the person-centered service plan.

Personal Assistance Services

- Personal assistance services (PAS) include:
 - Non-skilled assistance with ADLs and IADLs
 - Household chores
 - Escort services
 - Assistance with health-related tasks, including:
 - Delegated nursing
 - Health maintenance activities
 - Extension of therapy

Habilitation

- Assists individuals in acquiring, maintaining and enhancing skills to accomplish ADLs, IADLs and health-related tasks
- May also include components of personal assistance services

Habilitation

- Self-care
- Personal hygiene
- Household tasks
- Mobility
- Money management
- Community integration
- Use of adaptive equipment
- Restoring or compensating for reduced cognitive skills
- Personal decision-making
- Interpersonal communication
- Socialization
- Leisure activity participation
- Self-administration of medication
- Use of natural supports/community services

Emergency Response Service

- A service for individuals who would otherwise require extensive routine supervision and who:
 - Live alone
 - Are alone for significant parts of the day
 - Do not have regular caregivers for extended periods of time

Support Management

- Provides voluntary training on selecting, managing and dismissing attendants
- Offered to all individuals regardless of service delivery model

Services

1915 (c) waiver individuals receiving CFC services

Comprehensive waiver provider; or

Services delivered through the CDS option.

Non-waiver individuals receiving CFC services

Local Authority conducts assessment and service coordination for individuals with IDD.

CFC Provider contracted with the Managed Care Organization (MCO)/PCS providers for children in FFS

Services delivered through the CDS option.

Services

- Individuals currently receiving services through one of the following 1915(c) waiver programs will access their CFC benefits through their DADS comprehensive waiver provider:
 - Home and Community-based Services (HCS)
 - Texas Home Living (TxHmL)
 - Community Living Assistance and Support Services (CLASS)
 - Deaf Blind with Multiple Disabilities (DBMD)

Services

- Waiver services that are “CFC like” services will transition to CFC. The “CFC like” services in the waivers are:
 - HCS supported home living (SHL),
 - TxHmL community support services (CS),
 - CLASS habilitation, and;
 - DBMD residential habilitation
- ERS provided as an adaptive aid will now be provided as a CFC service.

Services

- DADS is currently working on revising the Individual Plan of Care (IPC).
 - The revised IPC will include CFC services.
 - CFC services will not be part of the waiver IPC cost ceiling.
 - Justifications for CFC services will be handled leveraging existing tools.
 - Justifications must be based on need.
 - Once the IPC is available, an information letter will be released notifying providers

Services

- Once CFC services are available on the revised IPC:
 - IPC renewals should replace waiver SHL/CS with CFC PAS/HAB.
 - ERS should no longer be provided as an adaptive aid. The service should be provided as CFC ERS.

Services

- CFC PAS/HAB will be the same rate as the current SHL/CS rate.
- CFC ERS rate is a monthly ceiling.

Provider Qualifications

- Providers delivering CFC services include:
 - licensed Home and Community Support Services Agencies (HCSSAs);
 - certified HCS and TxHmL providers;
 - licensed Personal Emergency Response Services Agencies;
 - Financial Management Service Agencies (FMSA)
 - providers hired by individuals using the CDS option who meet qualifications.

Settings and Providers

- All CFC services will be provided in a home or community based setting, which does not include a:
 - nursing facility,
 - hospital providing long-term services,
 - institution for mental disease,
 - ICF/IID, or;
 - setting with the characteristics of an institution.

Local Authorities

- Under S.B. 7, local authorities provide:
 - Service coordination to individuals with Intellectual and Developmental Disabilities (IDD) receiving CFC services
 - Assessments for CFC
 - Eligibility
 - Functional needs
 - Proposed plans of care for individuals with IDD
- Local authorities may not provide CFC services *and* perform service coordination

Project Status

- Public hearing on the proposed CFC state plan amendment and programs rules was held on September 3, 2014.
- CFC state plan amendment was submitted October 10, 2014 in preparation for the March 1, 2015 implementation date.
- Public hearing with Promoting Independence Advisory Committee (PIAC) held November 6, 2014 on proposed CFC assessment tool.
- Program rules were presented at Medical Care Advisory Committee (MCAC) on November 7, 2014.

Work in Progress

- Assessment Tool
- Training
- Outreach and Communication
- System Modifications
- Rate Setting
- Waiver Amendments
- Form changes
- Rule changes

Work in Progress

- CFC Information Letters will provide information about:
 - Service authorizations
 - CFC Service Codes
 - Billing
 - Forms to be revised

CFC Provider Trainings

- Trainings

- San Antonio 1/29/15 9-10:30 am
- Lubbock 2/3/15 10-11:30 am
- Abilene 2/4/15 10-11:30 am
- El Paso 2/10/15 9-10:30 am
- Longview 2/12/2015 10-11:30 am

- Webinars hosted by HHSC

- January 27, 2015 10 am-12 pm
- February 25, 2015 1-3:00 pm

- Webinars hosted by DADS

- HCS/TxHmL webinar 2/06/15



Online Information

- For more information, please visit:
<http://www.hhsc.state.tx.us/medicaid/managed-care/community-first-choice/>
- Please email questions, with “CFC” in the subject line, to: MCD_CFC@hhsc.state.tx.us

QUESTIONS?