



MEMORANDUM

24-017

To: WIC Regional Directors
WIC Local Agency Directors

From: Amanda Hovis, Director
Nutrition Education/Clinic Services Unit
Texas WIC

Date: March 19, 2024

Subject: **New trainings, updated schedule available for March, April and May**

Live Online Training Schedule

The attached training schedules for March, April and May are now available to view on the [HHSC WIC Training](#) Webpages under the Texas WIC Live Online Training Schedule header.

[Live Online Training Schedules](#)

[Calendar At-A-Glance](#)

If you have any questions, please contact Angela Gil at Angela.Gil@hhs.texas.gov.

New Recorded Trainings Available in the Texas WIC Training Catalog

Social Media Training



This recorded training is now available in the WIC Training Catalog under the Outreach tag.

This three-part social media training will focus on how to best serve current clients and reach new clients using your social media presence.

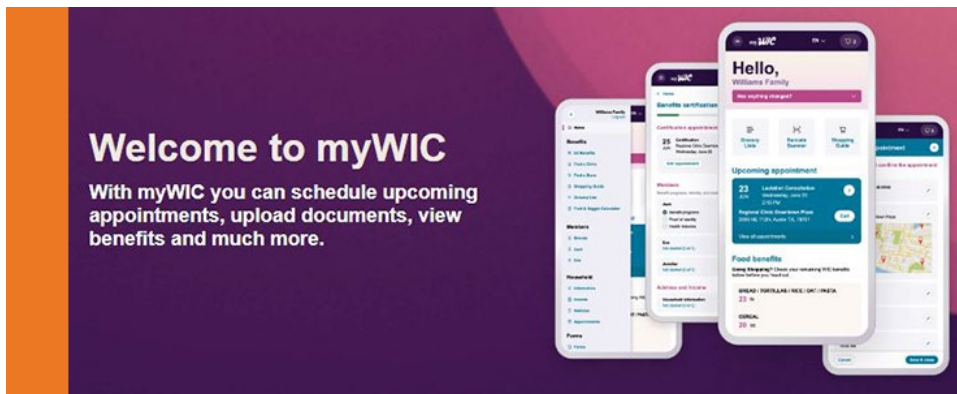
Part 1 will include best practices for creating and managing Facebook and Instagram accounts, as well as tips for connecting with others and curating content to get your account up and running!

Part 2 will help you learn how to establish a brand voice and provide you with the digital tools you need to create content that resonates, inspires, and educates your audience.

In Part 3, we will dive deeper into how to fill and edit your social media account with posts and content.

Register for [Social Media Training](#)

Practicing in myWIC



This recorded training is now available in the WIC Training Catalog under the myWIC tag.

Did you know that WIC staff have access to a Sandbox area in myWIC, similar to the TXIN Sandbox? This session will demonstrate how the myWIC app sends information to TXIN and how staff can practice creating and confirming information submitted in the sandbox! In this session, staff will learn how to create a pretend family in the TXIN Sandbox, send the family an invitation to sign-up for myWIC, and then create a pretend account in the myWIC sandbox. Staff can see exactly what the client sees when signing up to use the myWIC app and can follow the steps to submit required documents.

Register for [Practicing in myWIC](#)

New Live Online Trainings

Lunch and Learn: Lead Check Texas



Did you know that over 500,000 children in the United States are affected by childhood lead exposure? In 2022, there were over 4,000 children in Texas alone with elevated lead levels. Exposure occurs when a child touches, swallows or breathes in lead or lead dust. Lead quickly enters the blood and can harm a child’s health. Once a child swallows lead, their blood lead level rises. A continuous increase in blood lead levels is called lead poisoning.

Join the Blood Lead Surveillance Branch and the Texas Childhood Lead Poisoning Prevention Program for this special presentation on childhood lead poisoning prevention. Lead exposure is preventable, and prevention is the first step in keeping children safe.

Date: Thursday, March 28

Time: 12-1 pm CST

Link: [Lead Awareness 03/28/24](#)

Registration Now Open

Texas WIC Leadership Training Series



We are excited to announce a training series geared towards local agency directors, supervisors and team leads taught by Brian Brandt of Core Insights, a leadership development company.

Please register for the live training at the links below. The training will also be recorded and added to the LMS at a future date.

Speaker Bio: Bryan Brandt is President & Founder of Core Insights. He has over 30 years of leadership experience with both for-profit and non-profit organizations. He holds a master's degree in global leadership and a bachelor's degree in accounting. He is an expert in leadership, communication, board and staff engagement and has coauthored two books: *The Ambassador's Journey: A Parable About Non-Profit Board Leadership* and *Blind Spots - What You Don't Know CAN Hurt You*.

Building Up Your Team: Improving Morale

In this fast-paced session, we'll experience hands-on activities that can be applied in our own environments immediately. We'll evaluate our team's status and see how to move them forward. Be ready to gain principles for building others up, and enhancing morale. **Awarded 1.5 CPEU.**

Date: Wednesday, April 3

Time: 12-1:30 pm CST

Please register in advance: [Building Up Your Team 04/03/24](#)

Hardwiring Happiness



We are excited to bring back by Shauna Shapiro for this presentation. She presented at our 2023 WIC NBF Conference and was well received! This presentation is open to all WIC staff. It will be recorded and added to the LMS for a limited time.

So many of us have lost touch with the simple joys, the everyday magic, that makes life meaningful. In this workshop, Dr. Shauna Shapiro - an internationally recognized expert in mindfulness - will teach you powerful practices to live a happier, healthier, more meaningful life. She will share recent discoveries in neuroscience and show how we can all learn practices that can sculpt and strengthen our neural circuits and increase our happiness. You will learn science-based practices of mindfulness and gratitude, as well as how to recognize glimmers. micro-moments of goodness, where we feel safe and at ease. Dr. Shapiro offers a science-based roadmap for how we can re-architect the very structure of our brain for greater calm, clarity and joy. **Awarded 1.0 CPEU.**

Speaker Bio:

Shauna Shapiro, PHD, is a professor, best-selling author, and internationally recognized expert in mindfulness and compassion. Dr. Shapiro has published over 150 journal articles and co-authored three critically acclaimed books translated into 16 languages, including her most recent book: *Rewire Your Mind and Good Morning, I Love You: Mindfulness & Self-Compassion Practices for Greater Calm, Clarity & Joy*. She has been an invited speaker for the King of Thailand, the Danish

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Government, Bhutan's Gross National Happiness Summit, the Canadian Government, and the World Council for Psychotherapy, as well as for Fortune 500 Companies including Google, Cisco Systems, Dr. Pepper, the National Basketball Association, Proctor & Gamble, and LinkedIn. The Wall Street Journal, New York Times, BBC, Harvard Business Review, and the American Psychologist have all featured her work. Dr. Shapiro is a summa cum laude graduate of Duke and 3.5 million people have watched her TEDx talk What You Practice Grows Stronger.

Date: Thursday, April 18

Time: 12-1 pm CST

Please register in advance: [Hardwiring Happiness 04/18/24](#)

Designing Clear and Effective Health Messages



Join us for an exciting new training opportunity, Designing Clear and Effective Health Messages with Dr. Mackert of The University of Texas at Austin. During this training, Dr. Mackert will focus on health literacy and the design of more effective health messages to effectively engage with WIC clients. Effective health communication and using plain language, both oral and written, is essential for promoting health, improving healthcare outcomes, and delivering great WIC services. This training will help staff who write Nutrition Notes and design WIC materials, but all WIC staff are invited to attend.

This session will be offered twice, and the same information will be presented at each session. This will also be recorded and added to the WIC LMS at a future date. Please register in advance.

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Session 1

Date: Tuesday, May 21

Time: 1-2 pm CST

Please register in advance: [Designing Health Messages 05/21/24](#)

Session 2

Date: Thursday, June 20

Time: 12-1 pm CST

Please register in advance: [Designing Health Messages 06/20/24](#)

Speaker Bio:

Michael Mackert, Ph.D., is the Director of The University of Texas at Austin Center for Health Communication and Professor in the School of Advertising & Public Relations and Department of Population Health. His research focuses primarily on the strategies that can be used in traditional and new digital media to provide effective health communication to audiences with low health literacy. He leads projects on a variety of public health issues – including tobacco cessation, opioid overdose prevention, and men's role in prenatal health – that generate evidence-based health communication strategies and contribute to health communication scholarship.

Texas WIC Live Online Training Schedule

Updated: 3/21/24

| Date | Time | Session Description | Target Audience | Training Link | Contact for Questions |
|----------------------------------|---|--|--|---|--|
| March 2024 | | | | | |
| 03/04 | 9:00-9:30 | <p>Live Storm Orientation This class must be taken before attending VLP or VALM. This is a review of how to use the LiveStorm platform. You will be automatically registered if needed.</p> | Staff attending a LiveStorm class | | Missy.Hammer@hhs.texas.gov |
| 03/04 | 1:00-5:00 | <p>Virtual Advanced Lactation Management: Session 1 Guest Speaker: Pamela Berens, MD, IBCLC This advanced-level class utilizes critical thinking & problem-solving skills during activities and case studies. Topics include: Advanced Maternal Complications, Medications, and Counseling During Complex Situations, part 1. The 4 sessions can be taken in any order. CE hours awarded for several disciplines. See registration page for specific information.</p> | | Please register in advance at www.TALWD.org. | Missy.Hammer@hhs.texas.gov |
| 03/05 | 12:00-1:30 | <p>WIC Leadership Series: Organizational Attractiveness - Retaining and Recruiting for Today's Employees How can you attract and retain top talent? Do you understand expectations of current and potential employees? In this session, Briand Brandt will discuss the current data and best practices in this fast-moving session that is certain to have you walk away with some actionable items.</p> | WIC Directors, Supervisors, Team Leads | Organizational Attractiveness 03/05/24 | angela.gil@hhs.texas.gov |
| 03/05 03/07 03/12 03/14 | 1:00-5:00 8:30-5:00 8:30-5:00 8:30-12:30 23 hours of live virtual instruction over a 2-week period. | <p>TXIN Application Virtual Training Day 1 On Day 1, we provide a history of the TXIN application and explore navigation. During this session, we create a family record, add an endorser, add the participants to the family record, and document proof of residency. TXIN Application Training Day 2 On Day 2 we certify a participant and sign the Rights and Responsibilities document. This session includes a special presentation on</p> | New and/or existing TXIN users | March 2024 TXIN Virtual Training | debra.white1@hhs.texas.gov sandra.west@hhs.texas.gov |

Texas WIC Live Online Training Schedule

Updated: 3/21/24

| Date | Time | Session Description | Target Audience | Training Link | Contact for Questions |
|-------|--|--|--|--|--|
| | See the Texas WIC Training Catalog for additional times and to register. | <p>creating and managing Nutrition Notes, Risk Codes, and High-Risk Referrals in TXIN.</p> <p>TXIN Application Training Day 3 In this session, we create a benefits issuance, and demonstrate how to verify and write WIC benefits to a Texas WIC Card. Additionally, we discuss, Scheduling, completing the Daily Rider, performing recertifications, mid-certs & mid-reviews, transferring families, and VOCs. The session also includes a presentation on using the myWIC app & TXIN Sandbox.</p> <p>TXIN Application Training Day 4 This day is all about formula management! In this session we verify formula, replace & exchange formula, return formula, create and approve a prescription, create a drop ship order, and managing breast pumps in TXIN.</p> | | | |
| 03/06 | 12:00-1:00 | <p>NE Sharing Session: Introduce new 2024 Nutrition Education reinforcement items and materials. Approved for 1.0 WCS CEC.</p> | NE Coordinators, Training Coordinators and Directors | NE Sharing Session 3 6 2024 | Kathleen.Oliver@hs.texas.gov |
| 03/06 | 1:00-5:00 | <p>Virtual Advanced Lactation Management- Session 2 Guest Speaker: Jimi Francis, MS, PhD, RDN, IBCLC This advanced-level class utilizes critical thinking & problem-solving skills during activities and case studies. Topics include: Biomechanics of Lactation, Advances in Maternal Nutrition during Lactation, part 1, and Counseling During Complex Situations, part 2. The 4 sessions can be taken in any order. CE hours awarded for several disciplines. See registration page for specific information. This course is approved for a maximum of 3.0 WCS CEC regardless of how many sessions attended.</p> | LA staff who counsel breastfeeding mothers | Please register in advance at www.TALWD.org. | Missy.Hammer@hs.texas.gov |

Texas WIC Live Online Training Schedule

Updated: 3/21/24

| Date | Time | Session Description | Target Audience | Training Link | Contact for Questions |
|-------|------------|--|---|--|--|
| 03/07 | 12:00-1:00 | <p>Lunch and Learn: Introduction to Child Development This training will cover the basics of child development, including an overview of developmental domains and examples of key milestones by age from 2 months to 4 years. Staff will learn the importance of monitoring child development and ways to support families through resources and referrals.</p> <p>Approved for 1.0 WCS CEC.</p> | Staff Offering Nutrition Education and Counseling | Introduction to Child Development (03/07/2024) | kaylene.thompson@hhs.texas.gov |
| 03/12 | 1:00-2:00 | <p>Lunch and Learn: Ask the IBCLC This session will allow LA staff who counsel breastfeeding moms the chance to ask our IBCLCs any questions they may have.</p> <p>Approved for 1.0 WCS CEC.</p> | LA staff who counsel breastfeeding mothers | Ask the IBCLC 3/12/24 | Kristina.Arrieta@hhs.texas.gov |
| 03/14 | 12:00-1:00 | <p>Lunch and Learn: myWIC Tips and Tricks III Join us to learn, share and discuss tips and tricks to help your clients with myWIC.</p> | All WIC Staff | myWIC Tips and Tricks III 3.14.24 | doreen.laduca@hhs.texas.gov |
| 03/18 | 1:00-5:00 | <p>Virtual Advanced Lactation Management- Session 3 Guest Speaker: Emma Omoruyi, MD, MPH This advanced-level class utilizes critical thinking & problem-solving skills during activities and case studies. Topics include: Advanced Lactation Equipment, NICU Lactation Counseling, and Advanced Infant Issues (Pediatric Complications). The 4 sessions can be taken in any order.</p> <p>CE hours awarded for several disciplines. See registration page for specific information.</p> <p>This course is approved for a maximum of 3.0 WCS CEC regardless of how many sessions attended.</p> | LA staff who counsel breastfeeding mothers | Please register in advance at www.TALWD.org. | Missy.Hammer@hhs.texas.gov |

Texas WIC Live Online Training Schedule

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| Date | Time | Session Description | Target Audience | Training Link | Contact for Questions |
|-------|------------|--|---|--|--|
| 03/19 | 1:00-2:00 | <p>The Basics of Food Allergies This training will cover the basics of food allergies and the updates to allergy recommendations. Staff will also introduce the newly released NE materials and click and learn classes for clients regarding food allergies. Finally, there will be tips for staff regarding referrals and counseling clients on food allergies.</p> <p>Approved for 1.0 WCS CEC.</p> | Staff that provide nutrition counseling and education | Food Allergy Training 3 19 24 | Kathleen.Oliver@hhs.texas.gov |
| 03/20 | 1:00-5:00 | <p>Virtual Advanced Lactation Management-Session 4 Guest Speaker: Jimi Francis, MS, PhD, RDN, IBCLC This advanced-level class utilizes critical thinking & problem-solving skills during activities and case studies. Topics include: Advances in Maternal Nutrition during Lactation, part 2 and Biospecificity and Composition of Human Milk. The 4 sessions can be taken in any order.</p> <p>CE hours awarded for several disciplines. See registration page for specific information.</p> <p>This course is approved for a maximum of 3.0 WCS CEC regardless of how many sessions attended.</p> | | Please register in advance at www.TALWD.org. | Missy.Hammer@hhs.texas.gov |
| 03/21 | 12:00-1:00 | <p>Lunch and Learn: Texas Ten Step Program This session will provide an overview of the program and the Ten Steps that support the mother's infant feeding goals in the birthing facility. We'll discuss tips on how to educate families about the TTS program and how to support clients who are not delivering at a TTS designated facility.</p> <p>Approved for 1.0 WCS CEC.</p> | WIC staff who counsel breastfeeding clients | Texas Ten Step Program 3/21/24 | Betzabel.Botello@hhs.texas.gov |
| 03/26 | 12:00-1:00 | <p>Quarterly Breastfeeding Sharing Session Local Agency Breastfeeding Coordinators and Peer Counselors to review breastfeeding updates.</p> | Local Agency Breastfeeding Coordinators and Peer Counselors | March Breastfeeding Sharing Session | safia.hussain@hhs.texas.gov |

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| Date | Time | Session Description | Target Audience | Training Link | Contact for Questions |
|-------|------------|--|---|--|---|
| 03/26 | 1:00-2:00 | <p>High Risk Referral Policy Each Local Agency must develop their own Local Agency High Risk Policy that outlines their procedures for follow-up, identification of additional high-risk criteria (beyond those specified in CS:33.0 High Risk Referrals), and their written procedures for responding to Red Flag criteria. Join us for this informative webinar to learn more about how your Local Agency can meet the policy standards. This webinar includes updated High-Risk Referral and Nutrition Notes documentation.</p> | <p>Local Agency staff that write a local agency specific high risk policy and/or train staff on the requirements outlined in Policy CS:33.0 High Risk Referrals</p> | <p>High Risk Referral Training 3.26.24</p> | <p>doreen.laduca@hhs.texas.gov</p> |
| 03/28 | 12:00-1:00 | <p>Lunch and Learn: Lead Check Texas This presentation will give a brief overview of the Blood Lead Surveillance Branch and the Texas Childhood Lead Poisoning Prevention Program. The information will also cover education on testing, what signs and symptoms to look for in lead poisoning, and what can be done to prevent lead exposure, and decrease elevated lead levels. Approved for 1.0 WCS CEC.</p> | <p>All WIC Staff</p> | <p>Lead Awareness 03/28/24</p> | <p>Angela.gil@hhs.texas.gov</p> |

Texas WIC Live Online Training Schedule

Updated: 3/21/24

| Date | Time | Session Description | Target Audience | Training Link | Contact for Questions |
|-------------------|------------|--|--|--|--|
| April 2024 | | | | | |
| 04/02 | 1:00-2:00 | <p>Lunch and Learn: Breastfeeding Basics: Common Concerns and How to Address Them</p> <p>This session will discuss the common concerns of engorgement, plugged ducts and low milk supply. We'll review general assessment strategies and treatment methods, as well as defining scope of practice as it applies to different job duties at WIC.</p> <p>Approved for 1.0 WCS CEC.</p> | WIC staff who counsel breastfeeding clients | Breastfeeding Basics 4.2.24 | Kristina.Arrieta@hs.texas.gov |
| 04/03 | 12:00-1:30 | <p>WIC Leadership Series: Building Up Your Team - Improving Morale</p> <p>In this fast-paced session, we'll experience hands-on activities that can be applied in our own environments immediately. We'll evaluate our team's status and see how to move them forward. Be ready to gain principles for building others up and enhancing morale.</p> <p>Approved for 1.5 WCS CEC. Awarded 1.5 RD CPEU for live training only.</p> | WIC Directors, Supervisors, Team Leads | Building Up Your Team 04/03/24 | Angela.gil@hhs.texas.gov |
| 04/04 | 12:00-1:00 | <p>Lunch and Learn: Managing Changes in Custody This webinar will review four changes in custody scenarios (Bio to Bio, Bio to Foster, Foster to Bio and Foster to Foster), how to determine if current month's benefits may be issued to the transferring participant, and how to issue them using the participant transfer process.</p> | LA Clinic staff with a good understanding of basic TXIN functionality. | Changes of Custody in TXIN 4.4.2024 | doreen.laduca@hs.texas.gov |
| 04/11 | 8:00-5:00 | <p>Lactation Principles - Houston (in-person)</p> <p>This breastfeeding course addresses the fundamentals of breastfeeding, utilizing various case studies, activities and group discussions. Attendance for the entire day is required to receive a completion certificate or continuing education (CE) hours. No partial credit is awarded.</p> | Staff offering breastfeeding education | Please register in advance at www.TALWD.org. | Missy.Hammer@hs.texas.gov |

Texas WIC Live Online Training Schedule

Updated: 3/21/24

| Date | Time | Session Description | Target Audience | Training Link | Contact for Questions |
|----------------------------------|---|--|---|--|--|
| | | <p>CE hours awarded for several disciplines. See registration page for specific information.</p> <p>Registration fee is \$50. If your agency has a credit to use or are unsure, please contact Missy prior to registering.</p> | | | |
| 04/11 | 12:00-1:00 | <p>Lunch and Learn: Understanding Primary, Secondary and Perceived Low Milk Supply. This presentation will help WIC staff learn how to assess and manage low milk supply as well as concerns about low milk supply. Staff will learn the difference in perceived low supply, primary low supply and secondary low supply. Approved for 1.0 WCS CEC.</p> | WIC staff who counsel breastfeeding clients | Understanding Low Milk Supply 4/11/24 | Asia.sartor@hhs.texas.gov |
| 04/16 | 1:00-2:00 | <p>New LA Approval Process for Clinic Renovations & Repairs This webinar will describe how to obtain state agency approval for the renovation or repair of WIC sites. The presentation will focus on the approval process requirements and expectations for renovations, briefly highlight the approval process for purchases in general, and review forms.</p> | LA director and designated staff who submit LA purchase requests. | New LA Approval Process for Clinic Renovations and Repairs 4.16.2024 | doreen.laduca@hhs.texas.gov |
| 04/16 04/18 04/23 04/25 | 23 hours of live virtual instruction over a 2-week period. See the Texas WIC Training Catalog for exact times. | <p>TXIN Application Virtual Training Day 1 On Day 1, we provide a history of the TXIN application and explore navigation. During this session, we create a family record, add an endorser, add the participants to the family record, and document proof of residency.</p> <p>TXIN Application Training Day 2 On Day 2 we certify a participant and sign the Rights and Responsibilities document. This session includes a special presentation on creating and managing Nutrition Notes, Risk Codes, and High-Risk Referrals in TXIN.</p> | New and/or existing TXIN users | April 2024 TXIN Virtual Training Registration is required. | debra.white1@hhs.texas.gov sandra.west@hhs.texas.gov |

Texas WIC Live Online Training Schedule

Updated: 3/21/24

| Date | Time | Session Description | Target Audience | Training Link | Contact for Questions |
|-------|------------|---|-----------------|---|--|
| | | <p>TXIN Application Training Day 3 In this session, we create a benefits issuance, and demonstrate how to verify and write WIC benefits to a Texas WIC Card. Additionally, we discuss, Scheduling, completing the Daily Rider, performing recertifications, mid-certs & mid-reviews, transferring families, and VOCs. The session also includes a presentation on using the myWIC app & TXIN Sandbox.</p> <p>TXIN Application Training Day 4 This day is all about formula management! In this session we verify formula, replace & exchange formula, return formula, create and approve a prescription, create a drop ship order, and managing breast pumps in TXIN.</p> | | | |
| 04/18 | 12:00-1:00 | <p>Hardwiring Happiness So many of us have lost touch with the simple joys, the everyday magic, that makes life meaningful. In this workshop, Dr. Shauna Shapiro, PhD - an internationally recognized expert in mindfulness - will teach you powerful practices to live a happier, healthier, more meaningful life. She will share recent discoveries in neuroscience and show how we can all learn practices that can sculpt and strengthen our neural circuits and increase our happiness. You will learn science-based practices of mindfulness and gratitude, as well as how to recognize glimmers, micro-moments of goodness, where we feel safe and at ease. Dr. Shapiro offers a science-based roadmap for how we can re-architect the very structure of our brain for greater calm, clarity and joy. This training will be recorded and added to the LMS for a limited time. Please register in advance.</p> <p>Approved for 1.0 WCS CEC.</p> | All WIC Staff | Please register in advance Hardwiring Happiness 04/18/24 | Angela.gil@hhs.texas.gov |

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Updated: 3/21/24

| Date | Time | Session Description | Target Audience | Training Link | Contact for Questions |
|-------|------------|---|--|--|--|
| 04/23 | 1:00-2:00 | <p>Lunch and Learn: Supporting Breastfeeding when Baby is Born Prematurely. This session will discuss the ways in which WIC staff can support breastfeeding among mothers whose babies are born prematurely. Topics such as maintaining lactation during maternal-infant separation and teaching hand expression and milk collection will be discussed. Approved for 1.0 WCS CEC.</p> | WIC staff who counsel breastfeeding clients | Supporting Breastfeeding when baby is Born Prematurely 4.23.24 | Michelle.Pooler@hhs.texas.gov |
| 04/25 | 12:00-1:00 | <p>Lunch and Learn: Client Disputes This training will provide an overview of what LA staff need to gather for a Client Dispute and the process for submitting the dispute on behalf of a WIC client.</p> | LA Clinic staff with a good understanding of basic TXIN functionality and WIC food packages. | Client Disputes 4.25.2024 | doreen.laduca@hhs.texas.gov |
| 04/30 | 1:00-2:00 | <p>High Risk RD Sharing Session</p> | WIC Registered Dietitians | HR RD Sharing Session 4 30 23 | Stephanie.holland@hhs.texas.gov |

Texas WIC Live Online Training Schedule

Updated: 3/21/24

| Date | Time | Session Description | Target Audience | Training Link | Contact for Questions |
|-----------------|------------|---|--------------------------------|---|--|
| May 2024 | | | | | |
| 05/02 | 12:00-1:00 | Lunch and Learn: What is the Peer Counselor's Scope of Practice? This session will provide an overview of the Peer Counselor's scope of practice, and when it's necessary to refer to an IBCLC. | | Peer Counselor Scope of Practice 5/2/2024 | Asia.Sartor@hhs.texas.gov |
| 05/07 | 12:00-1:00 | myWIC Tips and Tricks IV: Join us to learn, share and discuss tips and tricks to help your clients with myWIC. | All WIC staff | myWIC Tips and Tricks IV 5.7.2024 | doreen.laduca@hhs.texas.gov |
| 05/07 | 1:00-5:00 | TXIN Application Virtual Training | New and/or existing TXIN users | May 2024 TXIN Virtual Training (adobeconnect.com) | Sandra.west@hhs.texas.gov |
| 05/09 | 8:30-5:00 | Training Day 1 On Day 1, we provide a history of the TXIN application and explore navigation. During this session, we create a family record, add an endorser, add the participants to the family record, and document proof of residency. | | | Debra.white1@hhs.texas.gov |
| 05/14 | 8:30-5:00 | | | Registration is required. | |
| 05/16 | 8:30-12:30 | Training Day 2 On Day 2 we certify a participant and sign the Rights & Responsibilities document. This session includes a special presentation on creating and managing Nutrition Notes, Risk Codes, and High-Risk Referrals in TXIN. Training Day 3 On Day 3 we create a benefits issuance and demonstrate how to verify and write WIC benefits to an EBT card. Additionally, we discuss scheduling, completing the Daily Rider, performing recertifications, mid-certs & mid-reviews, completing in-state and out-of-state transfers, generating VOCs, and EBT card lock & unlock. Day 3 also includes a demo & presentation on using the myWIC app and shows staff how to practice myWIC. | | | |

Texas WIC Live Online Training Schedule

Updated: 3/21/24

| Date | Time | Session Description | Target Audience | Training Link | Contact for Questions |
|-------------------------|------------|---|---|---|--|
| | | <p>Training Day 4 This day is all about formula management! In this session we verify formula, replace & exchange formula, return formula, create and approve a prescription, issuing a drop ship order, and managing breast pumps in TXIN.</p> | | | |
| 05/09 | 12:00-1:00 | <p>SNAP-Ed Q3 Sharing Session #1 This session will include updates and sharing of current project ideas and successes. This session is offered 2 times - staff only need to attend one.</p> | FY24 SNAP-Ed project leads and directors | SNAP-Ed Q3 Sharing Session #1 05.09.24 | allison.mcadow@hhs.texas.gov |
| 05/13 | 9:00-9:30 | <p>Live Storm Orientation This class must be taken at least once before attending Virtual Lactation Principles (VLP) or Virtual Advanced Lactation Management (VALM) sessions. This is a review of how to use the LiveStorm platform. You will be automatically registered.</p> | Anyone attending a LiveStorm breastfeeding class. | | Missy.Hammer@hhs.texas.gov |
| 05/14 05/15 05/16 | 9:00-12:00 | <p>Virtual Lactation Principles (3 days) This breastfeeding course addresses the fundamentals of breastfeeding, utilizing various case studies, activities and group discussions. All 3 days are required in order to receive a completion certificate or continuing education (CE) hours. No partial credit is awarded. CE hours awarded for several disciplines. See registration page for specific information. This course is approved for a maximum of 3.0 WCS CEC</p> | Staff offering breastfeeding education | Please register in advance at www.TALWD.org. | Missy.Hammer@hhs.texas.gov |
| 05/14 | 1:00-2:00 | <p>Lunch and Learn: Handling Requests for Ready-to-Use Formula. There are unique requirements for issuing the ready-to-use (RTU) form of a formula in place of powder or concentrated liquid. This training will review the newly updated Policy FD:15.0: Issuance of Ready-to-Use Formula and provide case examples. Approved for 1.0 WCS CEC.</p> | All staff who issue food packages. | 5/12/24 Lunch and Learn RTU Formula | Esther.Giezendanner@hhs.texas.gov |

Texas WIC Live Online Training Schedule

Updated: 3/21/24

| Date | Time | Session Description | Target Audience | Training Link | Contact for Questions |
|-------|------------|--|---|--|--|
| 05/15 | 1:00-2:00 | <p>SNAP-Ed Q3 Sharing Session #2</p> <p>This session will include updates and sharing of current project ideas and successes. This session is offered 2 times - staff only need to attend one.</p> | FY24 SNAP-Ed project leads and directors | SNAP-Ed Q3 Sharing Session #2 05.15.24 | allison.mcadow@hhs.texas.gov |
| 05/16 | 12:00-1:00 | <p>NEBF Plan Training Session #1</p> <p>Join us for this annual NEBF Plan training to understand what it is and what you'll need to do to get it submitted and approved.</p> | LA Nutrition Education, Breastfeeding, outreach and training coordinators | NEBF Plan Training 5/16/24 | akata.sanghani@hhs.texas.gov |
| 05/21 | 1:00-2:00 | <p>Designing Clear and Effective Health Messages</p> <p>Join Dr. Mackert for a discussion that will focus on health literacy and the design of more effective health messages to effectively engage with WIC clients. This session will be recorded. This session will be repeated in June.</p> <p>Approved for 1.0 WCS CEC.</p> | All WIC Staff | Designing Health Messages 05/21/24 | Angela.gil@hhs.texas.gov |
| 05/23 | 12:00-1:00 | <p>Lunch and Learn: Navigating Trends in Baby Food Feeding. This training gives a review of the guidance for baby food feeding for infants between 6-12 months. Topics include signs and skills for introduction of baby food, an overview of baby led weaning, review of updated food allergy and safety guidance and tips on how families can use Texas WIC baby food benefits.</p> <p>Approved for 1.0 WCS CEC.</p> | Staff who counsel mothers. | Navigating Trends in Baby Food Feeding 5.23.24 | Riana.Dalton@hhs.texas.gov |
| 05/28 | 1:00-2:00 | <p>Lunch and Learn: Practicing in myWIC Did you know that WIC staff have access to a sandbox area in myWIC, similar to the TXIN Sandbox? This session will demonstrate how the myWIC app sends information to TXIN and how staff can practice creating and confirming information submitted in the sandbox! In this Lunch & Learn session, staff will learn how to create a pretend family in the TXIN Sandbox,</p> | New and existing staff wanting to learn more about the myWIC app | Practicing in myWIC 5.28.24 | doreen.laduca@hhs.texas.gov |

Texas WIC Live Online Training Schedule

Updated: 3/21/24

| Date | Time | Session Description | Target Audience | Training Link | Contact for Questions |
|-------|------------|--|---|---|--|
| | | send the family an invitation to sign-up for myWIC, and then create a pretend account in the myWIC sandbox. Staff can see exactly what the client sees when signing up to use the myWIC app and can follow the steps to submit required documents. | | | |
| 05/29 | 1:00-2:00 | <p>NEBF Plan Training Session #2 Join us for this annual NEBF Plan training to understand what it is and what you'll need to do to get it submitted and approved.</p> | LA Nutrition Education, Breastfeeding, outreach and training coordinators | NEBF Plan Training 5/29/24 | akata.sanghani@hhs.texas.gov |
| 05/30 | 12:00-1:30 | <p>Lunch and Learn: WIC Shopping 101 This live, interactive training event is designed for staff in a variety of roles. Join to learn about WIC foods, shopping resources available for clients, common challenges and tips for supporting the shopping experience.</p> | Local Agency Staff and State Staff | WIC Shopping 101 (05/30/2024) | kaylene.thompson@hhs.texas.gov alyssa.rubin@hhs.texas.gov |

March Live Trainings

2024

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|-----------|
| <p>4</p> <p>9-9:30 am LiveStorm Orientation 1-5 pm Virtual Adv. Lactation Management: Session 1</p> | <p>5</p> <p>12-1:30 pm WIC Leadership: Organizational Attractiveness 1-2 pm Lunch and Learn: Screening for Eligibility 1-5 pm TXIN Application Day 1</p> | <p>6</p> <p>12-1 pm NE Sharing Session 1-5 pm Virtual Adv. Lactation Management: Session 2</p> | <p>7</p> <p>12-1 pm Lunch and Learn: Intro to Child Development 8:30 am – 5 pm TXIN Application Day 2</p> | <p>8</p> |
| <p>11</p> | <p>12</p> <p>1-2 pm Lunch and Learn: Ask the IBCLC 8:30 am-5 pm TXIN Application Day 3</p> | <p>13</p> | <p>14</p> <p>8:30 am-12:30 pm TXIN Application Day 4 12-1 pm Lunch and Learn: myWIC Tips and Tricks III</p> | <p>15</p> |
| <p>18</p> <p>1-5 pm Virtual Adv. Lactation Management: Session 3</p> | <p>19</p> <p>1-2 pm Lunch and Learn: The Basics of Food Allergies</p> | <p>20</p> <p>1-5 pm Virtual Adv. Lactation Management: Session 4</p> | <p>21</p> <p>12-1 pm Lunch and Learn: Texas Ten Step Program</p> | <p>22</p> |
| <p>25</p> | <p>26</p> <p>12-1 pm Quarterly Breastfeeding Sharing Session 1-2 pm Lunch and Learn: High Risk Referral Policy</p> | <p>27</p> | <p>28</p> <p>12-1 pm Lunch and Learn: Lead Check Texas</p> | <p>29</p> |

Visit the [Texas WIC Live Online Training Schedule](#) for detailed information of each training.

April Live Trainings

2024

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|---|---|--|--------|
| 1 | 2 1-2 pm Lunch and Learn: Breastfeeding Basics | 3 12-1:30 pm Leadership Series: Building Up Your Team | 4 12-1 pm Lunch and Learn: Managing Changes in Custody | 5 |
| 8 | | 10 | 11 8am-5 pm Lactation Principles - Houston (in-person) 12-1 pm Lunch and Learn: Understanding Primary, Secondary and Perceived Low Milk Supply | 12 |
| 15 | 16 1-2 pm New LA Approval Process for Clinic Renovations and Repairs 1-5 pm TXIN Application Day 1 | 17 | 18 8:30 am – 5 pm TXIN Application Day 2 12-1 pm Hardwiring Happiness | 19 |
| 22 | 23 8:30 am-5 pm TXIN Application Day 3 1-2 pm Lunch and Learn: Supporting Breastfeeding when Baby is Born Prematurely | 24 | 25 8:30 am-12:30 pm TXIN Application Day 4 12-1 pm Lunch and Learn: Client Disputes | 26 |
| 29 | 30 1-2 pm High Risk RD Sharing Session | | | |

Visit the [Texas WIC Live Online Training Schedule](#) for detailed information of each training.

May Live Trainings

2024

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|--------|
| | | 1 | 2 | 3 |
| | | | 12-1 pm Lunch and Learn: Peer Counselor's Scope of Practice | |
| 6 | 7 | 8 | 9 | 10 |
| | 12-1 pm Lunch and Learn: myWIC Tips and Tricks IV 1-5 pm TXIN Application Day 1 | | 12-1 pm SNAP-Ed Q3 Sharing Session #1 8:30 am – 5 pm TXIN Application Day 2 | |
| 13 | 14 | 15 | 16 | 17 |
| 9-9:30 am LiveStorm Orientation | 9 am-12 pm Virtual Lactation Principles (Day 1) 1-2 pm Lunch and Learn: Handling Requests for RTU Formula 8:30 am-5 pm TXIN Application Day 3 | 9 am-12 pm Virtual Lactation Principles (Day 2) 1-2 pm SNAP-Ed Q3 Sharing Session #2 | 9 am-12 pm Virtual Lactation Prin. (Day 3) 12-1 pm NEBF Plan Training Session #1 8:30 am-12:30 pm TXIN Application Day 4 | |
| 20 | 21 | 22 | 23 | 24 |
| | 1-2 pm Designing Clear and Effective Health Messages | | 12-1 pm Lunch and Learn: Navigating Trends in Baby Food Feeding | |
| 27 | 28 | 29 | 30 | 31 |
| | 1-2 pm Lunch and Learn: Practicing in myWIC | 1-2 pm NEBF Plan Training Session #2 | 12-1:30 pm Lunch and Learn: WIC Shopping 101 | |

Visit the [Texas WIC Live Online Training Schedule](#) for detailed information of each training.