A Community Support Guide for Alternatives to Inpatient Mental Health Treatment

Behavioral Health Services

July 2020
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1. About This Guide

The purpose of this guide is to educate public partners of the Health and Human Services Commission (HHSC) to better understand mental health care in Texas. This guide provides basic information regarding the services available across the state and the organizations that can help connect individuals to those resources.

**Local Mental Health Authorities/Local Behavioral Health Authorities:**

Every community in Texas is served by a designated Local Mental Health Authority (LMHA) or Local Behavioral Health Authority (LBHA). LMHAs/LBHAs help inform individuals about available treatment options that can address the challenges associated with their mental illness and ultimately achieve recovery. LMHAs/LBHAs provide a wide array of treatment services and supports, and seek to connect individuals with resources unique to their communities.

The following map shows LMHA/LBHAs’ service areas. To identify the LMHA/LBHA serving a specific community, please visit https://hhs.texas.gov/services/mental-health-substance-use/mental-health-substance-use-resources/find-your-local-mental-health-or-behavioral-health-authority. A complete list is available at the end of this report in **Appendix A: Local Mental Health Authorities and Local Behavioral Health Authorities**.
Available Services

LMHAs/LBHAs offer a range of services to help meet the unique needs of each individual, including services that help prevent issues from escalating into a crisis. Services are available to assist individuals in accessing treatment, finding competitive employment, finding or keeping safe housing, and getting access to medications when needed. LMHAs/LBHAs serve individuals of all ages.

Services are available on an ongoing basis and not tied to a specific event. Support can be accessed at any time. LMHAs/LBHAs have a variety of services to assist individuals in crisis, including individuals not already connected with the LMHA/LBHA. For many individuals, a crisis event may be the first time someone receives help from an LMHA/LBHA. Some services are available in every community, while others have been developed by communities to meet a local need.

What happens after an individual or family member contacts the LMHA/LBHA?

After an individual contacts an LMHA/LBHA for mental health services, the LMHA/LBHA conducts an intake assessment, the Adult Needs and Strengths Assessment (ANSA) for adults or the Child and Adolescent Needs and Strengths Assessment (CANS) for children and youth. The LMHA/LBHA relies on assessment results to determine a level of care and identify available services.

Is there a wait list for crisis services?

For individuals experiencing a crisis, LMHAs/LBHAs have mental health professionals available 24/7 to help individuals understand what types of care are available to meet their needs and how they can receive services. LMHAs/LBHAs can explain available resources and help ensure individuals receive help when needed. HHSC encourages people in need to contact their LMHA/LBHA for assistance directly.

When should 9-1-1 be called?

If an individual has a physical injury that requires medical attention, calling 9-1-1 for an ambulance or going directly to a medical hospital or similar acute-care facility for immediate care is most appropriate. In a crisis situation, the LMHA/LBHA may also recommend an individual call 9-1-1 or go directly to a medical hospital.
**How much do LMHA/LBHA services cost?**

LMHAs/LBHAs charge for services based on a “sliding scale,” meaning payment for services may be free or greatly reduced, based on an individual’s income. LMHAs/LBHAs also accept most forms of private insurance.

**Are there options for individuals who have been arrested?**

A number of services are available to individuals in the criminal justice system. “Forensic services” are community-based services for individuals unable to stand trial due to mental illness. LMHAs/LBHAs also collaborate with the Texas Correctional Office on Offenders with Medical or Mental Impairments (TCOOMMI).
2. Types of Services Available

LMHA/LBHA Core Services

Across the state of Texas, the following core services are available at every LMHA/LBHA to help an individual achieve and maintain recovery.

Access to Benefits: When an individual is enrolled in services at the LMHA/LBHA the benefits specialist may assist the individual in applying for Supplemental Security Income or Supplemental Security Disability Income.

Assertive Community Treatment (ACT): ACT is an evidence-based practice specifically designed for adults with repeated admissions or long stays in inpatient psychiatric facilities. ACT provides a full array of intensive, in-home services and utilizes person-centered recovery planning to help individuals achieve stability and facilitate community living.

Case Management: Case managers help adults, children, or caregivers obtain needed services, such as counseling, employment, medication, and substance use disorder intervention and treatment services.

Community Resource Coordination Group (CRCG): CRCGs are county-based groups of local partner agencies and community members working with parents, caregivers, children, youth, and adults with complex needs that cannot be met by a single agency, and who would benefit from interagency coordination. CRCG members help identify and coordinate local services and supports. CRCGs are located across Texas, available in almost every county. To find the CRCG in your county visit https://crcg.hhs.texas.gov/.

Counseling: Individual, family, and group therapy can reduce or eliminate an individual’s symptoms of mental illness and increase the individual’s ability to perform normal daily activities.

Co-Occurring Psychiatric and Substance Use Disorders: LMHAs/LBHAs offer evidence-based outpatient services designed specifically for individuals with both a mental health and substance use disorder diagnosis. Both adults and children age 13 and older may benefit.

Crisis Hotline: Hotlines provide information, support, referrals, screening, and intervention services 24/7.
Crisis Intervention, Relapse Prevention, and Follow-Up: This is appropriate for individuals who are not in imminent danger of harm to self or others, but who require additional assistance to avoid reoccurrence of the crisis event. Mental health professionals respond to crises to reduce symptoms and prevent admission of an individual to a more restrictive environment.

Family Partner Support Services: This is comprised of peer mentoring and support provided by Certified Family Partners, or Family Partners awaiting certification within the first year of hire, to the primary caregivers of a child receiving community-based mental health services. The service may include introducing the family to the treatment process; modeling self-advocacy skills; providing information; making referrals; providing non-clinical skills training; and assisting in the identification of natural/informal and formal community supports. A Family Partner/Certified Family Partner: 1) is the parent or legally authorized representative (LAR) of a child or youth with a serious emotional disturbance; and 2) has at least one year of experience navigating a child-serving system (e.g., mental health, juvenile justice, social security, special education) as the LAR to that child or youth.

Medication and Medication Training: Physicians (and people who assist physicians, such as nurse practitioners and physician assistants) assess whether medications would help the individual (both adults and children/youth) address symptoms, achieve stability, and ultimately recover. Physicians also work with treatment teams to provide education and guidance to children/youth and their LARs about these medications and possible side effects.

Mobile Crisis Outreach Teams (MCOT): An MCOT provides immediate response at the location where a psychiatric crisis is occurring. MCOT is available 24/7 and mental health professionals respond to calls from the home, school, street, or clinic.

Peer Services and Supports: Peer providers share their experience related to recovery; act as a model of hope and resilience to others; provide education, training, and interventions within the recovery process; and promote integration with community resources. Peer providers have lived experience with mental health challenges, which makes them uniquely able to promote wellness, recovery, and an independent life in the community. Peer support is available to individuals enrolled in the HCBS-AMH program.

Screening Brief Intervention and Referral to Treatment (SBIRT): SBIRT is a comprehensive, public health approach to the delivery of early intervention and treatment services for individuals who have, or are at risk of developing, a substance use disorder. SBIRT is provided by licensed practitioners of the healing arts or certified nurse midwives. Services are delivered in a variety of locations,
including an outpatient hospital, federally qualified health center, rural health clinic, office, home, or other setting. SBIRT is intended to be used as an individualized (not group) intervention.

**Supported Employment:** This evidence-based practice builds upon rehabilitation services and works to help individuals choose, obtain, and maintain employment in regular community jobs.

**Supportive Housing:** This evidence-based practice builds upon case management and rehabilitation services to help individuals choose, obtain, and maintain regular, long-term integrated housing. This service is available to those with demonstrated housing needs.

**Skills Training and Development:** This training provides evidence-based intervention services as part of the overall treatment planning process to facilitate recovery.

**Youth Empowerment Services (YES) Waiver Program:** The YES waiver program serves children and youth ages 3 through 18 by providing services in a child’s home and local community. The YES Waiver program serves children who would otherwise need an institutional level of care, or whose parents would otherwise turn to out-of-home placement due to the child/youth’s serious emotional disturbance. Individuals must be eligible for Medicaid along with other criteria. Parental income is not a determinant of the child/youth’s eligibility for Medicaid. Services are available statewide. The process for enrollment begins when the child/youth’s LAR calls the Inquiry Line at the LMHA/LBHA. For more information and phone numbers by county, please visit [https://hhs.texas.gov/services/mental-health-substance-use/childrens-mental-health/yes-waiver](https://hhs.texas.gov/services/mental-health-substance-use/childrens-mental-health/yes-waiver)

**Other Community-Based Services**

LMHAs/LBHAs provide additional services and programs unique to their service area. Additionally, some services and programs may be provided by other service providers, to which the LMHA/LBHA may then refer individuals.

**Coordinated Specialty Care for First Episode of Psychosis (CSC):** CSC is a team-based model designed to meet the needs of individuals between ages 15 and 30 who have experienced their first episode of psychosis within the past two years. CSC emphasizes shared decision-making and a recovery-focused approach. To learn more, visit [https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-coordinated-specialty-care-first-episode-psychosis](https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-coordinated-specialty-care-first-episode-psychosis).
Critical Time Intervention Program: This program assists homeless individuals with mental illness in their transition from the street, shelter, psychiatric hospital, or criminal justice system into the community.

Home and Community Based-Adult Mental Health Program (HCBS-AMH): The HCBS-AMH program is designed to serve adults age 18 and older who have a diagnosis of a serious mental illness and require a very intense level of support to be successful in the community. An individual meets this criteria if the individual: (a) resided in an inpatient psychiatric hospital for 3 or more years (cumulative or consecutive) during the 5 years prior to enrollment (including days of forensic inpatient commitments); (b) was arrested 4 or more times and experienced 2 severe psychiatric crisis during the 3 years prior to enrollment; or had 15 or more emergency department visits and experienced 2 severe psychiatric crisis during the 3 years prior to enrollment. Additionally, an individual must be eligible for Medicaid and meet specific functional criteria to receive HCBS-AMH services. The HCBS-AMH program provides an array of services, appropriate to each individual’s needs, to enable individuals to live and experience recovery in their community. Individuals can be referred to the program through their LMHA/LBHA or by a state hospital. For more information on the services available through HCBS-AMH and where the program is available, visit https://hhs.texas.gov/services/mental-health-substance-use.

Projects for Assistance in Transitions from Homelessness (PATH): The PATH program provides services for individuals with serious mental illness experiencing homelessness and individuals with co-occurring mental health and substance use disorders who are experiencing, or at risk of, homelessness. Supported activities include screening and diagnostic treatment, community-based mental health services, substance use treatment, case management services, supportive and supervisory services in residential settings, referrals for primary healthcare, job training, educational services, and housing. The primary objective is to provide outreach to these individuals and connect them with mainstream services. There are currently 16 PATH providers in the State of Texas, covering 15 geographic locations. PATH also serves individuals involved in the criminal justice system who meet eligibility criteria.

Substance Use Services: LMHAs and LBHAs work closely with Outreach, Screening, Assessment, and Referral Centers (OSARs) to help individuals with issues related to substance use. Regardless of their ability to pay, Texas residents seeking substance use services and information may qualify for services based on need. Substance use services include Prevention, Intervention, Treatment, and Recovery Support. Substance use program location information can be found at: http://txdshs.maps.arcgis.com/apps/webappviewer/index.html?id=0ebf2016e9724
For a complete list of OSARS, visit https://hhs.texas.gov/services/mental-health-substance-use/mental-health-substance-use-resources/outreach-screening-assessment-referral-centers or Appendix C: Outreach, Screening, Assessment, and Referral Centers.

Supportive Housing Rental Assistance: This program provides funding to LMHAs/LBHAs to enhance their ability to provide rental and utility assistance to individuals with mental illness who are homeless, or at imminent risk for becoming homeless; and supportive housing and mental health services to individuals in need.

Crisis Services and Facilities

Across the state, there is a wide array of services available to individuals in crisis. A crisis may be a period of intense difficulty where an individual may be experiencing severe symptoms related to mental illness, be a danger to themselves or others, or feel extremely hopeless. Each LMHA/LBHA operates a crisis hotline to provide support during a crisis. The crisis hotline numbers are provided in the following pages of this guide under each region. The services listed below are in order from least intensive to most intensive treatment options.

Crisis Respite: Crisis respite programs provide short-term, community-based crisis care for individuals who have low-risk of harm to themselves or others, may have some functional impairment and require direct supervision and care, but do not require hospitalization. This is the least intensive, facility-based crisis option. Services occur outside of an individual’s home and may be provided for a few hours or days. Many individuals served in these programs have experienced an event causing significant distress and/or housing challenges, or have loved ones/caretakers who are seeking temporary support or supervision for the individual. Facility-based crisis respite services have trained staff on-site 24/7.

Crisis Residential: Crisis residential programs provide up to 14 days of short-term, community-based residential crisis treatment to individuals who may pose some risk of harm to themselves or others, have a severe impairment in their ability to function, and demonstrate a psychiatric crisis that cannot be stabilized in a less intensive setting. This is a more intensive, facility-based crisis option with trained staff on-site 24/7.

Psychiatric Emergency Service Center (PESC): PESCs provide immediate access to assessment and a continuum of stabilizing treatment for individuals presenting with behavioral health crises. These units are co-located with licensed hospitals or crisis stabilization units (CSUs) and can manage the most severely ill individuals at all times, including immediate access to emergency medical care.
PESCs must be available to walk-ins and must offer a combination of service types, including extended observation and inpatient hospital services or a CSU.

**Extended Observation Unit (EOU):** EOU provides emergency services up to 48 hours to individuals in a psychiatric crisis. Services are provided in a secure and protected, clinically staffed, psychiatrically-supervised environment with immediate access to urgent or emergent medical and psychiatric evaluation and treatment. Individuals seeking treatment in an EOU may pose a moderate to high risk of harm to themselves or others. EOU staff make a determination of whether the individual has stabilized or requires a psychiatric hospitalization prior to the end of the 48-hour period.

**Crisis Stabilization Unit (CSU):** CSUs provide short-term, residential treatment designed to reduce acute symptoms of mental illness provided in a secure and protected, clinically staffed and psychiatrically supervised treatment environment. Although it is slightly less intensive than a full psychiatric hospitalization, this is one of the most intensive facility-based crisis options.

**Residential Treatment Center (RTC):** RTCs provide 24-hour care for children younger than 18 years of age and may offer programmatic services such as transitional living or emergency care, or may offer treatment services for emotional disorders or primary medical needs. An RTC is a type of General Residential Operation that serves only children needing treatment services for emotional disorders.

Specialized RTC initiatives implemented through a partnership between HHSC and the Department of Family Protective Services (DFPS) provide an intensive service alternative for children at risk for parental relinquishment of custody due to a lack of mental health resources. Children remain in these facilities an average of six to nine months. Children between 5 and 17 years of age needing this service must be referred by DFPS Child Protective Services (CPS) following a CPS investigation resulting in “no finding” of abuse or neglect by the LAR. LMHAs/LBHAs provide families help to complete the RTC “Common Application” and assessment for eligibility to an RTC.

**Waco Center for Youth Residential Treatment Center:** This state-operated, psychiatric residential treatment facility located in Waco, Texas, serves youth 13 to 17 years of age with significant or severe emotional difficulties and/or behavioral problems. This facility serves approximately 70 youth from across the state. The applicant’s LMHA/LBHAs facilitates the admission application. Contact: Admissions Coordinator 254-745-5399, or Admissions/Aftercare Assistant 254-745-5302
Community Services for Individuals in the Criminal Justice System (Forensic Services)

Many services are available to individuals involved in the criminal justice system. Typically referred to as forensic services, this guide lists the communities that offer community-based services to divert individuals that may be involved in the criminal justice system due to mental illness, as well as the services described below.

Crisis Intervention Response Team (CIRT) Program: The CIRT assists law enforcement officers with behavioral health calls, to evaluate individuals in behavioral health crises in their natural environment and make appropriate referrals for mental health services and thereby, reduce the numbers of individuals that inappropriately end up in jails or emergency rooms. CIRT is located at Tri-County Services covering Liberty, Montgomery, and Walker counties.

Harris County Jail Diversion Program (HCJDP): The HCJDP provides a continuum of services and supports to reduce criminal justice involvement and unwarranted admissions for emergency room services, while increasing enrollment in long-term mental health services.

Home and Community Based-Adult Mental Health Program (HCBS-AMH): See description provided under Community-Based Services.

Interdisciplinary Rapid Response Team: Team of qualified individuals, consisting of clinicians working in tandem with law enforcement, trained to safely and appropriately serve individuals with suspected mental illness or intellectual disability who are experiencing a behavioral health crisis, and when appropriate, divert them from extended involvement in the criminal justice system and connect them to necessary behavioral health and intellectual disability services.

Jail-Based Competency Restoration Program: This program offers mental health services in a jail-based setting to individuals who are deemed incompetent to stand trial. Four LMHAs and one LBHA provide services and supports as an alternative to inpatient treatment for competency restoration at state mental health facilities. These programs can be found in Dallas, Lubbock, Midland, Nueces, and Tarrant counties.

Mental Health Deputies or Officers: Mental Health Deputies/Officers are sheriffs’ deputies or law enforcement officers specially trained in crisis intervention that work collaboratively with the community and the crisis response teams of LMHAs/LBHAs. These programs help improve the crisis response system by diverting individuals in need of behavioral health crisis services from hospitals and jails to community-based alternatives that provide effective behavioral health
treatment at less cost than hospitals and jails. These programs can be found in Ector, Hale, Hardin, Howard, Jackson, Jefferson, Llano, McClennan, Midland, Orange, Tom Green, and Victoria counties.

Mental Health Docket: Mental health courts promote accountability by helping individuals understand their public responsibilities and connecting them to services in their communities. Services can include, but are not limited to, case manager screening and assessment, recovery plan development, medication management, psychosocial rehabilitation, skills training, case management, peer support, supported housing, supported employment, and counseling. This type of program is currently operating in Texas Panhandle (Potter and Randall counties) and MHMR of Tarrant County.

Outpatient Competency Restoration (OCR) Program: The OCR program offers mental health services to adults deemed incompetent to stand trial. LMHAs/LBHAs provide services and supports in an individual’s home or community, as an alternative to inpatient treatment for competency restoration at state mental health facilities.

TCOOMMI: LMHAs/LBHAs connect juvenile and adult offenders with special needs to a full array of psychiatric and medical services upon their release on probation or parole. The Texas Department of Criminal Justice, county jails, and Texas Juvenile Justice Department institutions refer juvenile or adult offenders to this program. LMHAs/LBHAs also work closely with parole and probation officers to help the individual comply with the court-order, with a particular focus on engaging them in behavioral health treatment. Contact the Texas Department of Criminal Justice – Reentry and Integration Division, TCOOMMI at 512-671-2134.
3. Northern Region of Texas

Betty Hardwick Center (LMHA)
https://bettyhardwick.org/
2616 S Clack St., Abilene, TX 79606
Main Phone: 325-690-5100
Crisis Hotline: 800-758-3344
Counties: Callahan, Jones, Shackelford, Stephens, and Taylor

Community-Based Services:

- Supportive Housing Rental Assistance:
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 325-690-5162

Crisis Services and Facilities:

- Crisis Respite Center:
  Population Served: Adults 18+ years of age
  Address: 2616 S. Clack St., Abilene, TX 79606
  Phone: 800-758-3344

Criminal Justice Services:

This community does not have any criminal justice service options funded through HHSC.
Center for Life Resources (LMHA)
http://cflr.us/wordpress/
408 Mulberry St., Brownwood, TX 76801
Main Phone: 325-646-9574
Crisis Hotline: 800-458-7788
Counties: Brown, Coleman, Comanche, Eastland, McCulloch, Mills, and San Saba

**Community-Based Services:**

- **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 325-646-9574.

**Crisis Services and Facilities:**

- **Crisis Respite:**
  Population Served: Adults 18+ years of age
  Address: 1200 3rd St., Brownwood, TX 76801
  Phone: 800-458-7788

**Criminal Justice Services:**

This community does not have any criminal justice service options funded through HHSC.

Central Plains Center (LMHA)
http://centralplains.org/
2700 Yonkers, Plainview, TX 79072
Main Phone: 806-293-2636
Crisis Hotline: 800-687-1300
Counties: Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer, and Swisher

**Community-Based Services:**

This community does not have any additional community-based services outside of the services available at every LMHA and LBHA identified on page 2 of this guide.
**Crisis Services and Facilities:**

- **Crisis Respite:**
  Population Served: Adults 18+ years of age
  Address: 801 Houston, Plainview, TX 79072 and 2601 Dimmitt Rd., Plainview, TX 79072
  Phone: 800-687-1300

**Criminal Justice Services:**

- **Mental Health Deputy Program:**
  Population Served: All ages
  Address: 2700 Yonkers, Plainview, TX 79072
  Phone: 800-687-1300

**Denton County MHMR Center (LMHA)**

- [http://www.dentonmhmr.org/](http://www.dentonmhmr.org/)
- 2519 Scripture St., Denton, TX 76201
- **Main Phone:** 940-381-5000
- **Crisis Hotline:** 800-762-0157
- **County:** Denton

**Community-Based Services:**

- **Coordinated Specialty Care**
  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.

- **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 800-762-0157
Crisis Services and Facilities:

- **Crisis Residential Center:**
  Population Served: Adults 18+ years of age
  Address: 2519 Scripture St., Denton, TX 76201
  Phone: 800-762-0157

- **Psychiatric Triage Center:**
  Evaluations are provided to individuals in crisis. Walk-ins are accepted and referrals to other community resources are provided as needed.
  Population Served: Adults 18+ years of age
  Address: 2509 Scripture St., Suite 100, Denton, TX 76201
  Phone: 940-381-9965

Criminal Justice Services:

This community does not have any criminal justice service options funded through HHSC.

**Helen Farabee Centers (LMHA)**
https://www.helenfarabee.org/
1000 Brook, Wichita Falls, TX 76301
**Main Phone**: 940-397-3100
**Crisis Hotline**: 800-621-8504
**Counties**: Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise, and Young

Community-Based Services:
This community does not have any additional community-based services outside of the services available at every LMHA and LBHA identified on page 2 of this guide.

Crisis Services and Facilities:

- **Crisis Respite**:  
  Population Served: Children/youth 6-17 years of age and adults 18+ years of age  
  Address: 500 Broad St., Wichita Falls 76301
Phone: 800-621-8504

**Criminal Justice Services:**
This community does not have any criminal justice service options.

**Pecan Valley Centers for Behavioral and Developmental HealthCare (LMHA)**
[https://www.pecanvalley.org](https://www.pecanvalley.org)
2101 W. Pearl St., Granbury, TX 76048
**Main Phone:** 817-579-4400
**Crisis Hotline:** 800-772-5987
**Counties:** Erath, Hood, Johnson, Palo Pinto, Parker, and Somervell

**Community-Based Services:**

- **Coordinated Specialty Care**
  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.

- **Home and Community Based Services – Adult Mental Health (HCBS-AMH)**
  Population served: Adults 18+ years of age
  Website: [https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services](https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services)

- **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 817-579-4400

**Crisis Services and Facilities:**

- **Green Street Crisis Respite:**
  Population Served: Adults 18+ years of age
  Address: 532 Green Street, Stephenville 76401
Criminal Justice Services:
This community does not have any criminal justice service options funded through HHSC.

StarCare Specialty Health System (LMHA)
www.StarCarelubbock.org
904 Avenue O St., Lubbock, TX 79401
Main Phone: 806-766-0310
Crisis Hotline: 806-740-1414 or 800-687-7581
Counties: Cochran, Crosby, Hockley, Lubbock, and Lynn

Community-Based Services:

- Supportive Housing Rental Assistance:
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 806-740-1421

- Projects for Assistance in Transition from Homelessness (PATH):
  Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness
  Phone: 806-766-0388

Crisis Services and Facilities:
This community does not have any facility-based crisis options.

Criminal Justice Services:

- Outpatient Competency Restoration (OCR) Program:
  Population Served: Adults 18+ years of age deemed incompetent to stand trial
  Address: 904 Ave. O St., Lubbock, TX 79408
  Phone: 806-766-0310
- **Jail-Based Competency Restoration (JBCR) Program:**
  Population Served: Adults 18+ years of age deemed incompetent to stand trial
  Address: 3502 N Holly Ave, Lubbock, TX 79403
  Phone: 806-766-0310

**MHMR of Tarrant County (LMHA)**
www.MHMRtarrant.org
3840 Hulen St., Fort Worth, TX 76107
**Main Phone:** 817-335-3022
**Crisis Hotline:** 800-866-2465
**County:** Tarrant

**Community-Based Services:**

- **Coordinated Specialty Care**
  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.

- **Home and Community Based Services – Adult Mental Health (HCBS-AMH)**
  Population served: Adults 18+ years of age
  Website: [https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services](https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services)

- **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 817-229-8923

- **Projects for Assistance in Transition from Homelessness (PATH):**
  Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness
  Phone: 817-569-5435
Crisis Services and Facilities:

- **Crisis Respite:**
  Population Served: Youth 13-17 years of age
  Address: 1520 Rio Grande Ave., Fort Worth, TX 76102
  Phone: 800-866-2465

- **Crisis Respite and Residential:**
  Population Served: Males 18+ years of age
  Address: 1350 E Lancaster, Fort Worth, TX 76102
  Phone: 800-866-2465

- **Crisis Respite and Residential:**
  Population Served: Females 18+ years of age
  Address: 815 S. Jennings, Fort Worth, TX 76104
  Phone: 800-866-2465

Criminal Justice Services:

- **Outpatient Competency Restoration (OCR) Program:**
  Population Served: Adults 18+ years of age deemed incompetent to stand trial
  Address: 3840 Hulen St. Tower North, Fort Worth, TX 76107
  Phone: 817-335-3022 or 800-866-2465

- **Jail-Based Competency Restoration (JBCR) Program:**
  Population Served: Adults 18+ years of age deemed incompetent to stand trial
  Address: 3840 Hulen St., Fort Worth, TX 76107
  Phone: 817-335-3022
Texas Panhandle Centers (LMHA)
www.texaspanhandlecenters.org/
901 Wallace Blvd., Amarillo, TX 79106

Main Phone: 806-358-1681 or 800-299-3699
Crisis Hotline: 800-692-4039


Community-Based Services:

- **Coordinated Specialty Care**
  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.
  Website: https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-coordinated-specialty-care-first-episode-psychosis

- **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 806-371-7716

- **Projects for Assistance in Transition from Homelessness (PATH):**
  Population Served: Adults with SMI or SMI and co-occurring substance use that are homeless or at imminent risk of homelessness
  Phone: 806-371-7716

Crisis Services and Facilities:

- **Crisis Respite:**
  Population Served: Adults 18+ years of age
  Address: 2002 Hardy St., Amarillo, TX 79106
  Crisis Hotline: 1-800-692-4039
**Criminal Justice Services:**

- **Mental Health Docket:**
  Population Served: Adults 18+
  Phone: 800-692-4039

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**Texoma Community Center (LMHA)**

http://www.texomacc.org/

315 W McLain Dr., Sherman, TX 75092

**Main Phone:** 903-957-4701

**Crisis Hotline:** 877-277-2226

**Counties:** Cooke, Fannin, and Grayson

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**Community-Based Services:**

- **Coordinated Specialty Care**
  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.

- **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 903-957-4701

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**Crisis Services and Facilities:**

- **Crisis Respite Facility:**
  Population Served: Adults 18+ years of age
  Address: 102 (B) Memorial Dr., Denison, TX 75020
  Phone: 903-957-4700
  Crisis Hotline: 877-277-2226

- **Transitional Housing:**
Population Served: Adults 18+ years of age transitioning from jail or state mental health facilities
Address: 102 Memorial Dr., Denison, TX 75020
Phone: 877-277-2226

**Criminal Justice Services:**

- Interdisciplinary Rapid Response Team (Expanded Criminal Justice Collaboration):
  Population Served: Adults 18+ years of age
  Phone: 877-277-2226

**North Texas Behavioral Health Authority (LBHA)**
http://ntbha.org/
9441 Lyndon B. Johnson Freeway, Suite 350, Dallas, TX 75243
**Main Phone:** 214-366-9407
**Crisis Hotline:** 866-260-8000
**Counties:** Dallas, Ellis, Hunt, Kaufman, Navarro, and Rockwall

**Community-Based Services:**

- **Home and Community Based Services – Adult Mental Health (HCBS-AMH):**
  Population served: Adults 18+ years of age
  Website: [https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services](https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services)

- **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 888-800-6799

- **Projects for Assistance in Transition from Homelessness (PATH):**
  Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness
  Phone: 214-671-0958
**Crisis Services and Facilities:**

- **Extended Observation Unit:**
  Population Served: Adults 18+ years of age
  Address: 5200 Harry Hines Blvd., Dallas, TX 75235
  Phone: 214-590-8000

- **RTC Placement – Athletes for Change:**
  Population Served: Ages 13-17
  Address: 1205 E. Bear Creek Rd., Glenn Heights, TX 75154
  Phone: 972-223-2011

**Criminal Justice Services:**

- **Outpatient Competency Restoration (OCR) Program:**
  Population Served: Adults 18+ years of age, deemed incompetent to stand trial
  County: Dallas
  Phone: 214-653-3535

- **Jail-Based Competency Restoration (JBCR) Program:**
  Population Served: Adults 18+ years of age, deemed incompetent to stand trial
  Address: 9441 Lyndon B. Johnson Freeway, Suite 350, Dallas, TX 75243
  Phone: 214-366-9407

**Lifepath Systems (LBHA)**

www.lifepathsystems.org

1515 Heritage Drive, McKinney, TX 75069

**Main Phone:** 972-562-9647

**Crisis Hotline:** 877-422-5939

**County:** Collin

**Community-Based Services:**

- **Coordinated Specialty Care**
  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.
Website:  https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-coordinated-specialty-care-first-episode-psychosis

- **Home and Community Based Services – Adult Mental Health (HCBS-AMH)**
  Population served: Adults 18+ years of age
  Website:  https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services

- **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 877-422-5939
  Eastern/Central Region of Texas

**Crisis Services and Facilities:**

- **Extended Observation Unit / Crisis Respite Unit:**
  Population:  Adults 18+ years of age
  Phone: 877-422-5939

**Criminal Justice Services:**

This community does not have any criminal justice service options funded through HHSC.
**4. Eastern/Central Region of Texas**

**ACCESS (LMHA)**
www.accessmhmr.org
1011 College Avenue Jacksonville, TX 75766

**Main Phone:** 903-586-5507

**Crisis Hotline:** 800-621-1693

**Counties:** Anderson and Cherokee

**Community-Based Services:**

- **Home and Community Based Services – Adult Mental Health (HCBS-AMH)**
  
  Population served: Adults 18+ years of age
  
  Website: [https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services](https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services)

- **Supportive Housing Rental Assistance:**
  
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  
  Phone: 903-589-9000

**Crisis Services and Facilities:**

This community does not have any facility-based crisis options.

**Criminal Justice Services:**

This community does not have any criminal justice service options funded through HHSC.
Community-Based Services:

- **Coordinated Specialty Care**
  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.


- **Home and Community Based Services – Adult Mental Health (HCBS-AMH)**
  Population served: Adults 18+ years of age

  Website: [https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services](https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services)

- **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless

  Phone: 903-597-1351

Crisis Services and Facilities:

- **Crisis Respite and Psychiatric Service Emergency Center:**
  Population Served: Adults 18+ years of age

  Address: 13470 Choctaw Drive, Tyler, TX 75709

  Phone: 903-630-6409 or 800-374-6058
Criminal Justice Services:

- Outpatient Competency Restoration (OCR) Program:
  Population Served: Adults 18+ years of age, deemed incompetent to stand trial
  Address: 2323 West Front St., Tyler, TX 75702-7747
  Phone: 903-597-1351

Integral Care (LMHA)
www.integralcare.org
1430 Collier St. Austin, TX 78704
Main Phone: 512-447-4141
Crisis Hotline: 512-472-HELP (4357) or 844-398-8252
TTY: 512-703-1395
County: Travis

Community-Based Services:

- Coordinated Specialty Care
  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.
  Website: https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-coordinated-specialty-care-first-episode-psychosis

- Home and Community Based Services – Adult Mental Health (HCBS-AMH)
  Population served: Adults 18+ years of age
  Website: https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services

- Supportive Housing Rental Assistance:
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 512-305-4147
• **Projects for Assistance in Transition from Homelessness (PATH):**
  Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness
  Phone: 512-478-5644

**Crisis Services and Facilities:**

• **Walk-in Psychiatric Emergency Services Clinic:**
  Population Served: All ages
  Address: 1165 Airport Blvd., Second Floor, Austin, TX 78702
  Phone: 512-472-HELP (4357)
  Website: [www.integralcare.org/content/psychiatric-emergency-services-pes](http://www.integralcare.org/content/psychiatric-emergency-services-pes)

• **Crisis Respite – Next Step:**
  Population Served: Adults 18+ years of age
  Address: 6222 N. Lamar, Austin, TX 78752
  Phone: 512-472-HELP (4357)

• **Crisis Residential - The Inn:**
  Population Served: Adults 18+ years of age
  Address: 56 East Ave., Austin TX 78701
  Phone: 512-472-HELP (4357)

**Criminal Justice Services:**

• **Outpatient Competency Restoration (OCR) Program:**
  Population Served: Adults 18+ years of age, deemed incompetent to stand trial
  Phone: 512-472-HELP (4357)
Bluebonnet Trails Community Services (LMHA)
www.bbtrails.org
1009 N. Georgetown St., Round Rock, TX 78664
Main Phone: 512-255-1720
Crisis Hotline: 800-841-1255
Counties: Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee, and Williamson

Community-Based Services:

- **Coordinated Specialty Care**
  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.
  Website: https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-coordinated-specialty-care-first-episode-psychosis

- **Supportive Housing Rental Assistance**:
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 512-718-7385

Crisis Services and Facilities:

- **Crisis Respite**:
  - **Georgetown**
    Population Served: Adults 18+ years of age
    Address: 711 North College St., Georgetown, TX 78626
    Phone: 800-841-1255
  - **Seguin**
    Population Served: Adults 18+ years of age with mental illness and/or intellectual and developmental disabilities.
    Address: 1105 Court St, Seguin, TX 78155
    Phone: 830-386-2770
• Extended Observation Units
  o Georgetown
    Population Served: Adults 18+ years of age
    Address: 3101 S. Austin, Georgetown, TX 78626
    Phone: 800-841-1255
  o Seguin
    Population Served: Adults 18+ years of age
    Address: 2713 E. Court, Seguin, TX 78155
    Phone: 800-841-1255

Criminal Justice Services:
• Mental Health Deputy Program:
  Population Served: All ages
  Phone: 800-841-1255

MHMR Authority of Brazos Valley (LMHA)
www.mhmrabv.org/
804 S. Texas Ave., Bryan, TX 77802
Main Phone: 979-822-6467
Crisis Hotline: 888-522-8262
Counties: Brazos, Burleson, Grimes, Leon, Madison, Robertson, and Washington

Community-Based Services:
• Home and Community Based Services – Adult Mental Health (HCBS-AMH)
  Population served: Adults 18+ years of age
  Website: https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services

• Supportive Housing Rental Assistance:
  Population Served: Adults receiving basic, intensive, and ACT services that are homeless or imminently homeless
Phone: 979-821-9401

**Crisis Services and Facilities:**

- **RTC Placement - Everyday Life, Inc.:**
  Population Served: Ages 10-17
  Address: 6955 Broach Rd., Bryan, TX 77808
  Phone: 979-589-1885
  Website: [www.everydaylifertc.com/Home.html](http://www.everydaylifertc.com/Home.html)

- **RTC Placement - Helping Hand Home for Children:**
  Population Served: Ages 13-17
  Address: 3804 Avenue B, Austin, TX 78751
  Phone: 512-459-3353
  Website: [www.helpinghandhome.org/](http://www.helpinghandhome.org/)

- **RTC Placement - Pegasus Schools, Inc.:**
  Population Served: Ages 10-17
  Address: 896 Robin Ranch Road, Lockhart, TX 78644
  Phone: 512-376-2101
  Website: [www.pegasusschool.net/](http://www.pegasusschool.net/)

**Criminal Justice Services:**

This community does not have any criminal justice service options funded through HHSC.
Burke Center (LMHA)
www.myburke.org/
2001 S Medford Dr., Lufkin, TX 75901

Main Phone: 936-639-1141
Crisis Hotline: 800-392-8343

Counties: Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler

Community-Based Services:

- **Coordinated Specialty Care**
  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.

- **Supportive Housing Rental Assistance**:  
  Population Served: Adults receiving basic, intensive, and ACT services that are homeless or imminently homeless
  Phone: 936-634-7173

Crisis Services and Facilities:

- **Extended Observation Unit/Crisis Residential Unit**
  Population Served: Adults 18+ years of age
  Crisis Residential – Address: 105 Mayo Place, Lufkin, TX 75904
  Phone: 800-392-8343

Criminal Justice Services:

This community does not have any criminal justice service options funded through HHSC.
Central Counties Services (LMHA)
https://centralcountiesservices.org/
304 S. 22nd St., Temple, TX 76501
Main Phone: 254-298-7000
Crisis Hotline: 800-888-4036
Counties: Bell, Coryell, Hamilton, Lampasas, and Milam

Community-Based Services:

- **Coordinated Specialty Care**
  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.

- **Supportive Housing Rental Assistance**:
  Population Served: Adults receiving basic, intensive, ACT services that are homeless or imminently homeless
  Phone: 844-815-6221

- **Scott and White Mental Health Center**:
  Population Served: Adults 18+ years of age
  Address: 2401 S. 31st St. Temple, TX 76508
  Phone: 254-724-2585

- **Metroplex Behavioral Health Center**:
  Population Served: All ages
  Address: 2201 S. Clear Creek Rd., Killeen, TX, 76549
  Phone: 254-628-1000
  Website: [http://www.mplex.org/care-services/behavioral-health](http://www.mplex.org/care-services/behavioral-health)

Crisis Services and Facilities:
This community does not have any facility-based crisis options.
**Criminal Justice Services:**

- Outpatient Competency Restoration (OCR) Program:
  
  Population Served: Adults 18+ years of age, deemed incompetent to stand trial
  
  Address: 2420 South 37th Street, Temple, TX, 76504
  
  Phone: 254-298-7191

**Community Healthcore (LMHA)**

www.communityhealthcore.com

107 Woodbine Pl., Longview, TX 75601

**Main Phone:** 903-758-2471

**Crisis Hotline:** 800-832-1009

**Counties:** Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk, and Upshur

**Community-Based Services:**

- **Coordinated Specialty Care**
  
  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.
  

- **Supportive Housing Rental Assistance:**
  
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  
  Phone: 903-758-0125

**Crisis Services and Facilities:**

- **Crisis Residential and Extended Observation Unit:**
  
  Population Served: Adults 18+ years of age
  
  Address: 1007 South Williams Street, Atlanta, TX 75551
  
  Phone: 903-796-1278
Criminal Justice Services:

- **Outpatient Competency Restoration Program:**
  Population Served: Adults 18+ years of age, deemed incompetent to stand trial
  Address: 950 N. 4th St., Longview, TX 75601
  Phone: 903-758-2471

**Gulf Coast Center (LMHA)**

[www.gulfcoastcenter.org](http://www.gulfcoastcenter.org)

123 Rosenberg, Ste. 6, Galveston, TX 77550

**Main Phone:** 409-763-2373

**Crisis Hotline:** 866-729-3848

**Counties:** Brazoria and Galveston

Community-Based Services:

- **Home and Community Based Services – Adult Mental Health (HCBS-AMH)**
  Population served: Adults 18+ years of age
  Website: [https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services](https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services)

- **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 409-763-2373

- **Projects for Assistance in Transition from Homelessness (PATH):**
  Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness
  Phone: 409-763-2373

Crisis Services and Facilities:

- **Crisis Respite:**
  Population Served: Adults 18+ years of age
  Address: 5825 Emmet Lowry, Texas City, TX 77591
Phone: 409-763-2373

**Criminal Justice Services:**
This community does not have any criminal justice service options funded through HHSC.

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**The Harris Center for Mental Health & IDD (LMHA)**
https://www.theharriscenter.org/
9401 Southwest Freeway, Houston, TX 77004
Main phone: 713-970-7000
Crisis Hotline: 866-970-4770
County: Harris

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**Community-Based Services:**

- **Coordinated Specialty Care**
  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.

- **Home and Community Based Services – Adult Mental Health (HCBS-AMH)**
  Population served: Adults 18+ years of age
  Website: [https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services](https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services)

- **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 713-970-7255

- **Projects for Assistance in Transition from Homelessness (PATH):**
  Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness
  Phone: 713-970-7406
• **Critical Time Intervention Program:**
  Population Served: Adults 18+ years of age
  Phone: 713-970-7070

**Crisis Services and Facilities:**

• **Interim Care Clinic:**
  Provides interim psychiatric assessment and medication support for individuals with a psychiatric diagnosis who do not have a psychiatric outpatient provider or have experienced a disruption in their outpatient treatment and who are experiencing symptoms of a crisis and therefore in urgent need of treatment. The Interim Care Clinic is a one-time walk-in intervention.
  Population Served: All ages
  Address: 1502 Taub Loop (2nd floor), Houston, TX 77030
  Phone: 713-970-7070

• **Psychiatric Emergency Services:**
  The Psychiatric Emergency Services Unit is staffed 24 hours a day with registered nurses, clinical social workers, licensed professional counselors and psychiatric technicians. Each individual treated receives an individualized clinical service plan that can includes medication administration, reinforcement of coping skills, close observation by clinical staff, family meetings, and determination of appropriate community supports.
  Population Served: Screening available for individuals at any age
  Address: 1502 Taub Loop (1st Floor), Houston, TX 77030
  Phone: 713-970-7070

• **Crisis Respite:**
  Population Served: Adults 18+ years of age
  Address: 612 Branard St., Houston, TX 77006
  Phone: 713-970-7070

• **Crisis Residential Unit:**
  Population Served: Adults 18+ years of age
  Address: 2627 Caroline St., Houston, TX 77004, Bristow Building, 1st Floor
  Phone: 713-970-7070
• **Post-Hospitalization Crisis Residential Unit:**
  This facility is designed as a step down from hospitalization. This is an intensive voluntary psychosocial treatment program with a medical component and coupled with peer supports.
  Population Served: Adults 18+ years of age
  Address: 2505 Southmore St., Houston, TX.
  Phone: 713-970-7070

• **The Neuropsychiatric Center – Crisis Stabilization Unit:**
  Population Served: Adults 18+ years of age
  Address: 1502 Taub Loop (2nd Floor), Houston, TX 77030
  Phone: 713-970-7070

**Criminal Justice Services:**

• **Outpatient Competency Restoration Program:**
  Population Served: Adults 18+ years of age, deemed incompetent to stand trial
  Address: 2505 Southmore St., Houston, TX 77004
  Phone: 713-970-6077

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**Heart of Texas Region MHMR Center (LMHA)**

[www.hotrmhmr.org](http://www.hotrmhmr.org)

110 S 12th St. Waco, TX 76701

**Main Phone:** 254-752-3451

**Crisis Hotline:** 866-752-3451

**Counties:** Bosque, Falls, Freestone, Hill, Limestone, and McLennan

**Community-Based Services:**

• **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 254-752-3451
• Projects for Assistance in Transition from Homelessness (PATH):
  Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness
  Phone: 254-752-3451

Crisis Services and Facilities:
• Psychiatric Triage Center:
  Population Served: Adults 18+ years of age
  Address: 301 Londonderry, Waco, TX 76712
  Phone: 866-752-3451

• Crisis Respite:
  Population Served: Adults 18+ years of age
  Address: 1200 Clifton St., Waco, TX 76704
  Phone: 866-752-3451 (after hours and weekends)

• Extended Observation/Crisis Residential Unit:
  Population Served: Adults 18+ years of age
  Address: 301 Londonderry, Waco, TX 76712
  Phone: 866-752-3451, 254-867-6550

Criminal Justice Services:
• Mental Health Deputy Program:
  Population Served: All ages
  Phone: 866-752-3451

• Outpatient Competency Restoration (OCR) Program:
  Population Served: Adults 18+ years of age deemed incompetent to stand trial
  Address: 110 S 12th St., Waco, TX 76703
  Phone: 866-752-3451
Lakes Regional Community Center (LMHA)
www.lrmhmrc.org
400 Airport Rd., Terrell, TX 75160
Main Phone: 972-524-4159
Crisis Hotline: 877-466-0660
Counties: Camp, Delta, Franklin, Hopkins, Lamar, Morris, and Titus

Community-Based Services:

- **Home and Community Based Services – Adult Mental Health (HCBS-AMH)**
  Population served: Adults 18+ years of age
  Website: [https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services](https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services)

- **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 972-524-4159

Crisis Services and Facilities:
This community does not have any facility-based crisis options.

Criminal Justice Services:
This community does not have any criminal justice service options funded through HHSC.
Spindletop Center (LMHA)
www.spindletopcenter.org/
655 S 8th St., Beaumont, TX 77701

Main Phone: 409-839-1000

Crisis Hotline: 409-838-1818, 800-937-8097

Counties: Chambers, Hardin, Jefferson, and Orange

Community-Based Services:

- **Coordinated Specialty Care**
  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.

- **Home and Community Based Services – Adult Mental Health (HCBS-AMH)**
  Population served: Adults 18+ years of age
  Website: [https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services](https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services)

- **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 409-839-2233

- **Projects for Assistance in Transition from Homelessness (PATH):**
  Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness
  Phone: 409-839-1026

Crisis Services and Facilities:

- **Crisis Respite:**
  Population Served: Youth 13-17 years of age and adults 18+ years of age (separately)
  Address: 2750 South 8th Street, Building C, Beaumont, TX 77701
Phone: 800-937-8097

- **Crisis Residential:**
  Population Served: Adults 18+ years of age
  Address: 2555 Jimmy Johnson Blvd., Port Arthur, TX 77640
  Phone: 800-937-8097

- **Extended Observation Units:**
  Population Served: Adults 18+ years of age
  Location 1 – Address: 3080 College St., Beaumont, TX 77701
  Phone: 800-937-8097
  Location 2 – Address: 2555 Jimmy Johnson Blvd., Port Arthur, TX 77640
  Phone: 800-937-8097

**Criminal Justice Services:**

- **Mental Health Deputy Program:**
  Population Served: All ages
  Phone: 409-839-1000

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**Texana Center (LMHA)**

*www.texanacenter.com*

4910 Airport Ave., Rosenberg, TX 77471

**Main Phone:** 281-239-1300

**Crisis Hotline:** 800-633-5686

**Counties:** Austin, Colorado, Fort Bend, Matagorda, Waller, and Wharton

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**Community-Based Services:**

- **Coordinated Specialty Care**
  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.
  Website: https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-coordinated-specialty-care-first-episode-psychosis
• **Home and Community Based Services – Adult Mental Health (HCBS-AMH)**

  Population served: Adults 18+ years of age

  Website: [https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services](https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services)

• **Supportive Housing Rental Assistance:**

  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless

  Phone: 866-483-9262

**Crisis Services and Facilities:**

• **Crisis Center:**

  Access is available only via MCOT screenings (not a walk-in center).

  Population Served: Adults 18+ years of age

  Phone: 800-633-5686

**Criminal Justice Services:**

This community does not have any criminal justice service options funded through HHSC.

---

**Tri-County Behavioral Healthcare (LMHA)**


233 Sgt. Ed Holcomb, Conroe, TX 77304

**Main Phone:** 936-521-6100

**Crisis Hotline:** 800-659-6994

**Counties:** Liberty, Montgomery, and Walker

---

**Community-Based Services:**

• **Coordinated Specialty Care**

  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.

• **Home and Community Based Services – Adult Mental Health (HCBS-AMH)**
  Population served: Adults 18+ years of age
  Website: [https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services](https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services)

• **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 936-521-6349

• **Projects for Assistance in Transition from Homelessness (PATH):**
  Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness
  Phone: 936-521-6349

**Crisis Services and Facilities:**

• **East Montgomery County Crisis Center**
  Population Served: Adults 18+
  Address: Located at the southeast corner of 1-69 and FM 1314 in Porter, Texas
  Phone: 936-538-1170

• **Crisis Intervention Response Team (CIRT)**
  Population Served: All ages
  Phone: 936-521-61001

• **Crisis Stabilization Unit and Extended Observation Unit (Psychiatric Emergency Treatment Center):**
  Population Served: Adults 18+ years of age
  Address: 706 FM 2854, Conroe TX 77301
  Phone: 800-659-6994

• **RTC Placement - Guardian Angels**
  Population Served: Ages 9-17
  Address: 9530 W. Montgomery Rd., Houston, TX 77088
  Phone: 281-447-1812
• **RTC Placement - Gulf Winds**  
  Population Served: Ages 10-17  
  Address: 2904 1st St., Bay City, TX 77414  
  Phone: 979-254-2334

• **RTC Placement - Have Haven**  
  Population Served: Ages 10-17  
  Address: 14054 Ambrose St., Houston, TX 77045  
  Phone: 713-413-9490  
  Website: [www.havehaven.org](http://www.havehaven.org/)

• **RTC Placement - Krause Children’s Residential**  
  Population Served: Ages 12-17  
  Address: 25752 Kingsland Blvd., Katy, TX 77494  
  Phone: 281-392-7505  
  Website: [www.krausechildrenscenter.org](http://www.krausechildrenscenter.org/)

• **RTC Placement - Renewed Strength, Inc.**  
  Population Served: Ages 5-18  
  Address: 110 Hambrick Rd., Houston, TX 77060  
  Phone: 281-448-7550

• **RTC Placement - Shamar Hope Haven**  
  Population Served: Ages 10-17  
  Address: 2913 Wheeler St., Houston, TX 77004  
  Phone: 713-942-8822  
  Website: [http://www.shamarhopehaven.org](http://www.shamarhopehaven.org/)

• **RTC Placement - Unity Children’s Home**  
  Population Served: Ages 5-17  
  Address: 2111 River Valley Dr., Spring, TX 77373  
  Phone: 281-355-0905  
  Website: [https://www.unitychildrenshome.com](https://www.unitychildrenshome.com/)
Criminal Justice Services:

- **Outpatient Competency Restoration (OCR) Program:**
  Population Served: Adults 18+ years of age deemed incompetent to stand trial
  Address: 1020 Riverwood Ct., Conroe, TX 77304
  Phone: 936-521-6100
5. Southern Region of Texas

Border Region Behavioral Health Center (LMHA)
www.borderregion.org
1500 Pappas St., Laredo, TX 78041
Main Phone: 956-794-3000
Crisis Hotline: 800-643-1102
Counties: Jim Hogg, Starr, Webb, and Zapata

Community-Based Services:

- **Coordinated Specialty Care**
  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.

- **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 956-794-3290

- **Projects for Assistance in Transition from Homelessness (PATH):**
  Population Served: Adults with SMI or SMI and co-occurring substance use that are homeless or at imminent risk of homelessness
  Phone: 956-794-3090

Crisis Services and Facilities:
This community does not have any facility-based crisis options.

Criminal Justice Services:
This community does not have any criminal justice service options funded through HHSC.
Camino Real Community Services (LMHA)
www.caminorealcs.org
19965 FM-3175 N., Lytle, TX 78052
Main Phone: 210-357-0300
Crisis Hotline: 800-543-5750
Counties: Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson, and Zavala

Community-Based Services:

- **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 956-794-3290

Crisis Services and Facilities:

- **Crisis Respite:**
  Population Served: Adults 18+ years of age
  Address: 19971 FM 3175 N., Lytle, TX 78052
  Phone: 830-266-5500

Criminal Justice Services:

This community does not have any criminal justice service options funded through HHSC.
The Center for Health Care Services (LMHA)
www.chcsbc.org
3031 W I-10, San Antonio, TX 78201
Main Phone: 210-261-1000
Crisis Hotline: 800-316-9241
County: Bexar

Community-Based Services:

- **Coordinated Specialty Care**
  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.

- **Home and Community Based Services – Adult Mental Health (HCBS-AMH)**
  Population served: Adults 18+ years of age
  Website: [https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services](https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services)

- **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 210-261-1456

- **Projects for Assistance in Transition from Homelessness (PATH):**
  Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness
  Phone: 210-261-1451

Crisis Services and Facilities:

- **Crisis Care Center and Extended Observation Unit:**
  Population Served: Adults 18+ years of age
  Address: 601 N. Frio, San Antonio, TX 78207
  Phone: 210-225-5481, 210-223-7233, or 800-316-9241
• **Crisis Residential and Respite Unit:**  
  Population Served: Ages 4-17  
  Address: 227 West Drexel, San Antonio, TX 78210  
  Phone: 210-223-7233 or 800-316-9241

**Criminal Justice Services:**

• **Outpatient Competency Restoration (OCR) Program:**  
  Population Served: Adults 18+ years of age deemed incompetent to stand trial  
  Address: 3031 IH-10 West, San Antonio, TX 78201  
  Phone: 210-261-3100

---

**Coastal Plains Community Center (LMHA)**  
[www.coastalplainsctr.org](http://www.coastalplainsctr.org)  
200 Marriott Dr., Portland, TX 78374  
**Main Phone:** 361-777-3991  
**Crisis Hotline:** 800-841-6467  
**Counties:** Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak, and San Patricio

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**Community-Based Services:**

• **Coordinated Specialty Care**  
  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.  

• **Supportive Housing Rental Assistance:**  
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless  
  Phone: 888-819-5312

**Crisis Services and Facilities:**

This community does not have any facility-based crisis options.
**Criminal Justice Services:**
This community does not have any criminal justice service options funded through HHSC.

<table>
<thead>
<tr>
<th>Gulf Bend Center (LMHA)</th>
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</thead>
<tbody>
<tr>
<td><a href="http://www.gulfbend.org">www.gulfbend.org</a></td>
</tr>
<tr>
<td>6502 Nursery Drive, Suite 100, Victoria, TX 77904-1178</td>
</tr>
<tr>
<td><strong>Main Phone:</strong> 361-575-0611</td>
</tr>
<tr>
<td><strong>Crisis Hotline:</strong> 800-421-8825</td>
</tr>
<tr>
<td><strong>Counties:</strong> Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio, and Victoria</td>
</tr>
</tbody>
</table>

**Community-Based Services:**

- **Supportive Housing Services:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 361-575-0611

**Crisis Services and Facilities:**
This community does not have any facility-based crisis options.

**Criminal Justice Services:**

- **Mental Health Deputy:**
  Population Served: All ages
  Phone: 800-421-8825
Community-Based Services:

- **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 830-285-3526

Crisis Services and Facilities:

- **Crisis Stabilization Unit:**
  Population Served: Adults ages 18+
  Address: 643 Sheppard Rees Rd., Kerrville, TX 78028
  Phone: 830-237-5111

- **RTC Placement - Hill Country Youth Ranch**
  Population Served: Ages 5-17
  Address: 3522 Junction Hwy., Ingram, TX 78025
  Phone: 830-367-2131
  Website: [http://youth-ranch.org/](http://youth-ranch.org/)

- **RTC Placement - New Life Children’s Treatment Center:**
  Population Served: Ages 11-17
  Address: 650 Scarbourough, Canyon Lake, TX 78133
  Phone: 830-964-4390
Criminal Justice Services:
- Mental Health Deputy:
  Population Served: All ages
  Phone: 877-466-0660

Nueces Center for Mental Health & Intellectual Disabilities (LMHA)
https://www.ncmhid.org/
1630 S. Brownlee, Corpus Christi, TX 78404
Main Phone: 361-886-6970
Crisis Hotline: 888-767-4493
County: Nueces

Community-Based Services:
- Supportive Housing Rental Assistance:
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 361-886-1427
- Projects for Assistance in Transition from Homelessness (PATH):
  Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness
  Phone: 361-886-1357

Crisis Services and Facilities:
- Crisis Respite:
  Population Served: Adults 18+ years of age
  Address: 1642 S. Brownlee, Corpus Christi, TX 78404
  Phone: 361-886-6938

Criminal Justice Services:
- Outpatient Competency Restoration (OCR) Program:
  Population Served: Adults 18+ years of age, deemed incompetent to stand trial
  Address: 105 Waco St., Corpus Christi, TX 78401
Community-Based Services:

- **Coordinated Specialty Care**
  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.

- **Home and Community Based Services – Adult Mental Health (HCBS-AMH)**
  Population served: Adults 18+ years of age
  Website: [https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services](https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services)

- **Projects for Assistance in Transition from Homelessness (PATH):**
  Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness
  Phone: 956-289-7162

- **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 956-289-7292

Crisis Services and Facilities:

- **Crisis Respite:**
  Population Served: Adults 18+ years of age
RTC Placement - Shoreline, Inc.:
Population Served: Ages 13-17
Address: 1220 Gregory St., Taft, TX 78390
Phone: 361-528-3356
Website: www.shorelinetreatmentcenter.com/

Criminal Justice Services:
Mental Health Officer:
Population served: All ages
Phone: 877-289-7199
**6. Western Region of Texas**

**Emergence Health Network (LMHA)**
www.emergencehealthnetwork.org
201 E. Main St., El Paso, TX 79902

**Main Phone:** 915-887-3410

**Crisis Phone:** 915-779-1800 OR 915-887-3410

**County:** El Paso

**Community-Based Services:**

- **Coordinated Specialty Care**
  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.

- **Home and Community Based Services – Adult Mental Health (HCBS-AMH)**
  Population served: Adults 18+ years of age
  Website: [https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services](https://hhs.texas.gov/services/mental-health-substance-use/adult-mental-health/adult-mental-health-home-community-based-services)

- **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 915-887-3410

- **Projects for Assistance in Transition from Homelessness (PATH) provided by Aliviane:**
  Population Served: Adults with SMI or SMI and co-occurring substance use disorder that are homeless or at imminent risk of homelessness
Crisis Services and Facilities:

- **Crisis Residential Unit**
  Population Served: Adults 18+ years of age
  Address: 8716 Independence, El Paso, TX 79907
  Phone: 915-772-9111

- **Extended Observation Unit**
  Population Served: Adults 18 years of age
  Address – 1601 E. Yandell St., Suite B, El Paso, TX 79902
  Phone: 915-887-3410

Criminal Justice Services:

- **Outpatient Competency Restoration (OCR) Program**
  Population Served: Adults 18+ years of age deemed incompetent to stand trial
  Address: 1600 Montana, El Paso, TX 79902
  Phone: 915-491-3863

- **Interdisciplinary Rapid Response Team**
  Population Served: Adults 18+ years of age
  Phone: 915-887-3410
MHMR Services for the Concho Valley (LMHA)  
www.mhmrcv.org  
1501 W Beauregard St., San Angelo, TX 76901  
Main Phone: 325-658-7750  
Crisis Hotline: 800-375-8965 OR 325-653-5933  
Counties: Coke, Concho, Crockett, Irion, Reagan, Sterling, and Tom Green

Community-Based Services:

- **Supportive Housing Rental Assistance:**  
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless  
  Phone: 915-887-3410

Crisis Services and Facilities:

- **Crisis Respite:**  
  Population Served: Adults 18+ years of age  
  Address: 244 N. Magdalen Bldg. #240, San Angelo, TX 76903  
  Phone: 800-375-8965

Criminal Justice Services:

- **Mental Health Deputy:**  
  Population Served: All ages  
  Phone: 800-375-8965
Community-Based Services:

- **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 844-420-3964

Crisis Services and Facilities:
This community does not have any facility-based crisis options.

Criminal Justice Services:

- **Mental Health Deputy:**
  Population served: All ages
  Phone: 844-420-3964

- **Jail-Based Competency Restoration (JBCR) Program:**
  Population Served: Adults 18+ years of age deemed incompetent to stand trial
  Address: 401 E. Illinois, Suite 403, Midland, TX 79701
  Phone: 844-420-3964
Community-Based Services:

- **Coordinated Specialty Care**
  Population Served: Adolescents and adults ages 15 – 30 who have experienced their first episode of psychosis within the past two years.

- **Supportive Housing Rental Assistance:**
  Population Served: Adults receiving basic, intensive, or ACT services that are homeless or imminently homeless
  Phone: 432-263-0027

Crisis Services and Facilities:

- **Crisis Respite:**
  Population Served: Adults 18+ years of age
  Address: 3205 South Highway 87, Big Spring, TX 79720
  Phone: 800-375-4357

Criminal Justice Services:

- **Mental Health Deputy:**
  Population Served: All ages
  Phone: 800-375-4357
Appendix A. Acronyms

You may find the following acronyms helpful:

HHSC  Health and Human Services Commission
LBHA  Local Behavioral Health Authority
LMHA  Local Mental Health Authority
MCOT  Mobile Crisis Outreach Team
OSAR  Outreach, Screening, Assessment, and Referral Services
RTC   Residential Treatment Center
SMI   Severe mental illness
TCOOMMI  Texas Correctional Office on Offenders with Medical or Mental Impairments
YES  Youth Empowerment Services
Appendix B. LMHAs/LBHAs

ACCESS  
www.accessmhmr.org  
1011 College Ave.  
Jacksonville, TX 75766  
903-589-9000  
**Counties:** Anderson and Cherokee

Andrews Center  
www.andrewscenter.com  
2323 West Front St.  
Tyler, TX 75702  
903-597-1351  
**Counties:** Henderson, Rains, Smith, Van Zandt, and Wood

Betty Hardwick Center  
https://bettyhardwick.org/  
2616 S Clack  
Abilene, TX 79606  
325-690-5100  
**Counties:** Callahan, Jones, Shackelford, Stephens, and Taylor

Bluebonnet Trails Community Services  
www.bbtrails.org  
1009 N. Georgetown St.  
Round Rock, TX 78664  
512-255-1720  
**Counties:** Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee, and Williamson

Border Region Behavioral Health Center  
www.borderregion.org  
1500 Pappas St.  
Laredo, TX 78041  
956-794-3000  
**Counties:** Jim Hogg, Starr, Webb, and Zapata

Burke Center  
www.myburke.org  
2001 S Medford Dr.  
Lufkin, TX 75901  
936-639-1141  
**Counties:** Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler

Camino Real Community Services  
www.caminorealcs.org  
19965 FM 3175 N.  
Lytle, TX 78052  
210-357-0300  
**Counties:** Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson, and Zavala

Center for Health Care Services  
www.chcsbc.org  
3031 W I-10  
San Antonio, TX 78201  
210-261-1000  
**County:** Bexar
Center for Life Resources
www.cflr.us
408 Mulberry St.
Brownwood, TX 76801
325-646-9574
**Counties:** Brown, Coleman, Comanche, Eastland, McCulloch, Mills, and San Saba

Central Counties Services
https://centralcountiesservices.org
304 S 22nd St.
Temple, TX 76501
254-298-7000
**Counties:** Bell, Coryell, Hamilton, Lampasas, and Milam

Central Plains Center
www.cplains.org
2700 Yonkers St.
Plainview, TX 79072
806-293-2636
**Counties:** Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer, and Swisher

Coastal Plains Community Center
www.coastalplainsctr.org
200 Marriott Dr.
Portland, TX 78374
361-777-3991
**Counties:** Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak, and San Patricio

Community Healthcare
www.communityhealthcore.com
107 Woodbine Pl.
Longview, TX 75601
903-758-2471
**Counties:** Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk, and Upshur

Denton County MHMR Center
www.dentonmhmr.org
2519 Scripture St.
Denton, TX 76201
940-381-5000
**County:** Denton

Emergence Health Network
www.emergencehealthnetwork.org
1600 Montana Ave.
El Paso, TX 79902
915-779-1800
**County:** El Paso

Gulf Bend Center
www.gulfbend.org
6502 Nursery Drive, Suite 100
Victoria, TX 77904-1178
361-575-0611
**Counties:** Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio, and Victoria
<table>
<thead>
<tr>
<th><strong>Gulf Coast Center</strong></th>
<th><strong>Hill Country Mental Health and Developmental Disabilities Centers</strong></th>
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<tbody>
<tr>
<td><a href="http://www.gulfcoastcenter.org">www.gulfcoastcenter.org</a></td>
<td><a href="http://www.hillcountry.org">www.hillcountry.org</a></td>
</tr>
<tr>
<td>123 Rosenberg, Ste. 6 Galveston, TX 77550 409-763-2373</td>
<td>819 Water St, Suite 300 Kerrville, TX 78028 830-792-3300</td>
</tr>
<tr>
<td><strong>Counties:</strong> Brazoria and Galveston</td>
<td><strong>Counties:</strong> Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kimble, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde, and Val Verde</td>
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<tr>
<th><strong>Heart of Texas Region MHMR Center</strong></th>
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<tr>
<td><a href="http://www.hotrmhmr.org">www.hotrmhmr.org</a></td>
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<tr>
<td>110 S 12th St. Waco, TX 76703 254-752-3451</td>
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<tr>
<td><strong>Counties:</strong> Bosque, Falls, Freestone, Hill, Limestone, and McLennan</td>
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<thead>
<tr>
<th><strong>Helen Farabee Centers</strong></th>
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<tr>
<td><a href="http://www.helenfarabee.org">www.helenfarabee.org</a></td>
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<tr>
<td>1000 Brook Wichita Falls, TX 76301 940-397-3100</td>
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</tr>
<tr>
<td><strong>Counties:</strong> Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise, and Young</td>
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<thead>
<tr>
<th><strong>Hill Country Mental Health and Developmental Disabilities Centers</strong></th>
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<tbody>
<tr>
<td><a href="http://www.hillcountry.org">www.hillcountry.org</a></td>
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<tr>
<td>819 Water St, Suite 300 Kerrville, TX 78028 830-792-3300</td>
<td></td>
</tr>
<tr>
<td><strong>Counties:</strong> Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kimble, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde, and Val Verde</td>
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<tr>
<th><strong>Integral Care</strong></th>
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<tbody>
<tr>
<td><a href="http://www.integralcare.org">www.integralcare.org</a></td>
<td></td>
</tr>
<tr>
<td>1631 E. 2nd Street Bldg. D Austin, TX 78702 512-804-3600</td>
<td></td>
</tr>
<tr>
<td><strong>County:</strong> Travis</td>
<td></td>
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<tr>
<th><strong>Lakes Regional Community Center</strong></th>
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<tr>
<td><a href="http://www.lrmhmrc.org">www.lrmhmrc.org</a></td>
<td></td>
</tr>
<tr>
<td>400 Airport Rd. Terrell, TX 75160 972-388-2000</td>
<td></td>
</tr>
<tr>
<td><strong>Counties:</strong> Camp, Delta, Franklin, Hopkins, Lamar, Morris, and Titus</td>
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</tr>
</tbody>
</table>
Lifepath Systems  
www.lifepathsystems.org/  
1515 Heritage Drive  
McKinney, TX 75069  
972 562-0190  
County: Collin

MHMR Authority of Brazos Valley  
www.mhmrabv.org  
1504 S. Texas Ave.  
Bryan, TX 77802  
979-822-6467  
Counties: Brazos, Burleson, Grimes, Leon, Madison, Robertson, and Washington

MHMR of Tarrant County  
www.mhmrtarrant.org  
3840 Hulen St., North Tower  
Fort Worth, TX 76107  
817-569-4300  
County: Tarrant

MHMR Services for the Concho Valley  
www.mhmrcv.org  
1501 W Beauregard St.  
San Angelo, TX 76901  
325-658-7750  
Counties: Coke, Concho, Crockett, Irion, Reagan, Sterling, and Tom Green

North Texas Behavioral Health Authority  
https://www.ntbha.org/  
9441 Lyndon B. Johnson Freeway,  
Suite 350  
Dallas, TX 75243  
214-366-9407  
Counties: Dallas, Ellis, Hunt, Kaufman, Navarro, Rockwall

Nueces Center for Mental Health and Intellectual Disabilities  
https://www.ncmhidd.org/  
1630 S Brownlee  
Corpus Christi, TX 78404  
361-886-6970  
County: Nueces

Pecan Valley Centers for Behavioral & Developmental HealthCare  
https://www.pecanvalley.org  
2101 W. Pearl  
Granbury, TX 76048  
817-579-4400  
Counties: Erath, Hood, Johnson, Palo Pinto, Parker, and Somervell
PermiaCare  
www.pbmhmr.com  
401 E Illinois, Suite 403  
Midland, TX 79701  
844-420-3964  
**Counties:** Brewster, Culberson, Ector, Hudspeth, Jeff Davis, Midland, Pecos, and Presidio

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Spindletop Center  
www.stmhmr.org  
655 S 8th St.  
Beaumont, TX 77701  
409-784-5400  
**Counties:** Chambers, Hardin, Jefferson, and Orange

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StarCare Specialty Health System  
www.StarCareLubbock.org  
904 Avenue O St.  
Lubbock, TX 79401  
806-766-0310  
**Counties:** Cochran, Crosby, Hockley, Lubbock, and Lynn

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Texana Center  
www.texanacenter.com  
4910 Airport Ave.  
Rosenberg, TX 77471  
281-239-1300  
**Counties:** Austin, Colorado, Fort Bend, Matagorda, Waller, and Wharton

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Texas Panhandle Centers  
www.texaspanhandlecenters.org  
901 Wallace Blvd.  
Amarillo, TX 79106  
806-358-1681  
**Counties:** Armstrong, Carson, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Potter, Randall, Roberts, Sherman, and Wheeler

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Texoma Community Center  
www.mhmrst.org  
315 W McLain Dr.  
Sherman, TX 75092  
903-957-4700  
**Counties:** Cooke, Fannin, and Grayson

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The Harris Center for Mental Health and IDD  
https://www.theharriscenter.org  
9401 Southwest Fwy.  
Houston, TX 77074  
713-970-7000  
**County:** Harris
Tri-County Behavioral Healthcare
www.tcmhmrs.org
233 Sgt. Ed Holcomb Blvd. S.
Conroe, TX 77304
936-521-6100
Counties: Liberty, Montgomery, and Walker

Tropical Texas Behavioral Health
www.ttbh.org
1901 S. 24 St.
Edinburg, TX 78539
956-289-7000
Counties: Cameron, Hidalgo, and Willacy

West Texas Centers
www.wtcmhmr.org
319 Runnels St.
Big Spring, TX 79720
432-263-0027

Counties: Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler, and Yoakum
Appendix C. OSARs

OSARs may be the first point of contact for those seeking substance use services, including prevention, intervention, treatment, and recovery support services. Regardless of ability to pay, Texas residents who are seeking substance use services and information may qualify for services based on need. There are 14 OSARs incorporated into LMHAs/LBHAs across the state.

For immediate and confidential help, 24 hours a day, seven days a week, individuals can call the OSAR in their local area.

**Andrews Center**
2323 West Front St.
Tyler, TX 75702-7747
Crisis Phone: 877-934-2131
Main Phone: 903-597-1351
Website: [http://www.andrewscenter.com/](http://www.andrewscenter.com/)
Serving Anderson, Bowie, Camp, Cass, Cherokee, Delta, Franklin, Gregg, Harrison, Henderson, Hopkins, Lamar, Marion, Morris, Panola, Rains, Red River, Rusk, Smith, Titus, Upshur, Van Zandt, and Wood Counties

**Bluebonnet Trails Community Services**
1009 N. Georgetown St.
Round Rock, TX 78664
Crisis Phone: 800-841-1255
Main Phone: 844-309-6385
Website: [http://www.bbtrails.org/](http://www.bbtrails.org/)
Serving Bastrop, Bell, Blanco, Bosque, Brazos, Burleson, Burnet, Caldwell, Coryell, Falls, Fayette, Freestone, Grimes, Hamilton, Hays, Hill, Lampasas, Lee, Leon, Limestone, Llano, Madison, McLennan, Milam, Mills, Robertson, San Saba, Travis, Washington, and Williamson Counties
**Burke Center**
2001 S. Medford Dr.
Lufkin, TX 75901-5699

Crisis Phone: 800-445-8562 or 800-392-8343

Main Phone: 936-634-5753

Website: [http://www.myburke.org/](http://www.myburke.org/)

Substance Use Screening: [www.adacdet.org](http://www.adacdet.org)

Serving Angelina, Hardin, Houston, Jasper, Jefferson, Nacogdoches, Newton, Orange, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler Counties

**Emergence Health Network**
9565 Diana Drive
El Paso, TX 79924

Appointments and Information: 915-747-3605

Fax: 915-757-2621

Crisis Phone: 915-779-1800

EHN Main Phone: 915-887-3410

Website: [http://emergencehealthnetwork.org/](http://emergencehealthnetwork.org/)

Serving Brewster, Culberson, El Paso, Hudspeth, Jeff Davis, and Presidio Counties

**Gulf Coast Center**
123 Rosenberg, Ste. 6
Galveston, TX 77550

Crisis Phone: 866-729-3848

Main Phone: 409-944-4365

Toll Free: 844-704-1291

Website: [http://www.gulfcoastcenter.org/](http://www.gulfcoastcenter.org/)

Serving Austin, Brazoria, Chambers, Colorado, Fort Bend, Galveston, Matagorda, Waller, and Wharton Counties
Helen Farabee Centers
1000 Brook St.
Wichita Falls, TX 76301
Crisis Phone: 800-621-8504
Main Phone: 940-397-3300
Substance Use Disorder: 940-397-3391
Website: http://www.helenfarabee.org/

Lifepath Systems
1515 Heritage Drive
McKinney, TX 75069
Crisis Phone: 877-422-5939
Main Phone: 877-422-5939
Website: http://www.lifepathsystems.org/
Serving Collin County

MHMR of Tarrant County
3840 Hulen Tower North
Fort Worth, TX 76107
Crisis Phone: 800-866-2465
Substance Use Disorder Information, Screening and Referral Phone: 800-866-2465
Main Agency Phone: 817-569-4600
Website: http://www.mhmrtc.org/
Serving Cooke, Denton, Erath, Fannin, Grayson, Hood, Johnson, Palo Pinto, Parker, Somervell, Tarrant and Wise, Counties
North Texas Behavioral Health Authority
9441 LBJ Frwy, Suite 350
Dallas, TX 75243
Crisis Phone: 866-260-8000
Main Phone: 877-653-6363
Website: http://www.ntbha.org/
Serving Dallas, Ellis, Hunt, Kaufman, Navarro, and Rockwall Counties

PermiaCare
401 E. Illinois
Midland, TX 79701
Crisis Phone: 844-420-3964
Main Phone: 432-570-3333
Substance Use Disorder Referrals: 844-420-3964
Website: http://www.permiacare.org/
Serving Andrews, Borden, Coke, Concho, Crane, Crockett, Dawson, Ector, Gaines, Glasscock, Howard, Irion, Kimble, Loving, Martin, Mason, McCulloch, Menard, Midland, Pecos, Reagan, Reeves, Schleicher, Sterling, Sutton, Terrell, Tom Green, Upton, Ward, and Winkler Counties

StarCare Specialty Health System
1950 Aspen Avenue
Lubbock, TX 79404
Crisis Phone: 806-740-1414 or 800-687-7581
Intake Phone: 806-740-1421
Website: http://www.starcarelubbock.org
**The Center for Health Care Services**  
3031 IH 10 West  
San Antonio, TX 78201  
Crisis Phone: 800-316-9241 or 210-223-7233  
Main Phone: 210-731-1300  
Website: [http://www.chcsbc.org/](http://www.chcsbc.org/)  

**The Harris Center for Mental Health and IDD**  
9401 Southwest Freeway  
Houston, TX 77074  
Crisis Phone: 866-970-4770  
Main Phone: 713-970-7000  
Website: [https://www.theharriscenter.org/](https://www.theharriscenter.org/)  
Serving Harris, Liberty, Montgomery, and Walker Counties  

**Tropical Texas Behavioral Health**  
1901 S. 24th Avenue, Edinburg TX  
Hours of operation: 8am-5pm  
Crisis Phone: 877-289-7199  
Main Phone: 800-813-1233  
Website: [http://www.ttbh.org/](http://www.ttbh.org/)  
Serving Aransas, Bee, Brooks, Cameron, Duval, Hidalgo, Jim Hogg, Jim Wells, Kenedy, Kleberg, Live Oak, McMullen, Nueces, Refugio, San Patricio, Starr, Webb, Willacy, and Zapata Counties
Appendix D. Helpful Links

2-1-1 Texas Mental Health Services
www.211texas.org/cms/search-mental-health-services-in-texas

Association of Substance Abuse Programs
https://www.asaptexas.org/

Community Resource Coordination Groups
https://crcg.hhs.texas.gov/

Disability Rights Texas
www.disabilityrightstx.org/

HHSC Medicaid
https://hhs.texas.gov/services/health/medicaid-chip

Hogg Foundation for Mental Health
http://hogg.utexas.edu/

Mental Health America of Texas
www.mhatexas.org

MentalHealthTX.org
www.mentalhealthtx.org/

Mental Health Policy Institute
http://texasstateofmind.org/

NAMI – Texas
www.namitexas.org/

National Alliance on Mental Illness (NAMI)
www.nami.org/
National Institute of Mental Health

Speak Your Mind Texas
www.speakyourmindtexas.org/

Substance Abuse and Mental Health Services Administration
www.samhsa.gov/

Texas Council of Community Centers
http://txcouncil.com/

Texas Education Agency, Mental Health and Behavioral Health
https://tea.texas.gov/About_TEA/Other_Services/Mental_Health/Mental_Health_and_Behavioral_Health/
Texas Health and Human Services Commission
https://hhs.texas.gov/

Texas Health and Human Services Commission – Mental Health and Substance Use Services
https://hhs.texas.gov/services/health/mental-health-substance-abuse

Texas Health and Human Services Commission – The Friends and Family Guide to Adult Mental Health Services

Texas System of Care
https://txsystemofcare.org/

Texas Workforce Commission
www.twc.state.tx.us/

United Ways of Texas
www.uwtexas.org/