Private Duty Nursing Services

Paula Clark, Sr. Policy Advisor, Policy Development
Daneen Machicek, BSN, RN, Acute Care Utilization Review
Introduction

Private Duty Nursing (PDN) Services

- The purpose of this training is to provide information related to:
  - Skilled and unskilled nursing tasks.
  - The role of the RN
  - Clinical documentation
  - Specific components of PDN policy
- A review of several PDN Request Scenarios
Private Duty Nursing Services

Texas Medicaid Policy - Benefit Description

- PDN services provide nursing care and parent/guardian/responsible adult training and education intended to:
  - Optimize client health status and outcomes.
  - Promote family-centered, community-based care as a component of an array of service options by:
    - Preventing prolonged and/or frequent hospitalizations or institutionalization.
    - Providing cost-effective and quality care in the most appropriate, least restrictive environment.
Private Duty Nursing Services

Texas Medicaid Policy - Benefit Description (continued)

- PDN services are nursing services ordered by a physician, included in the nursing plan of care (POC) and provided by an RN or LVN.
The TMPPM’s Home Health Nursing and Private Duty Nursing (PDN) Handbook includes:

- PDN Benefit Description
- Medical Necessity Criteria
- Specific guidance related to various aspects of the PDN benefit and service
- References to Home Health Skilled Nursing Services and Personal Care Services Policies
HHSC Managed Care Contracts

“Medicaid MCOs must provide the services and benefits described in the most recent Texas Medicaid Provider Procedures Manual and any updates to the Manual.” UMCCM (2.20), Attachment B-1, Section 8, 8.1.2 Covered Services

- **STAR Health Contract** – Attachment B-1, Section 8, 8.1.2 Covered Services
- **STAR Kids Contract** – Attachment B-1, Section 8, 8.1.2 Covered Services
What is professional nursing?

Texas Board of Nursing defines professional nursing:

- Observation, assessment, intervention, evaluation, rehabilitation, care and counsel, or health teachings of a person who is ill, injured, infirm, or experiencing a change in normal health processes
- Administration of a medication or treatment as ordered by a physician
- Development of the nursing care plan

Skilled and Unskilled Tasks

**Skilled Tasks**
- Use educated, professional nursing judgment, critical thinking and experience to make decisions and perform tasks

**Unskilled Tasks**
- The task does not require nursing judgement
- Usually considered ADLs and IADLs
Home Health Skilled Nursing and Home Health Aide Services

Texas Medicaid Medical Policy -

- Home health skilled nursing (SN) and home health aide (HHA) visits are a benefit of Texas Medicaid Title XIX Home Health Services when a client requires nursing services for an acute condition or an acute exacerbation of a chronic condition that can be met on an intermittent or part-time basis.
Personal Care Services (PCS)

Texas Medicaid Policy -

- PCS are support services provided to promote the child or adolescent’s well being in the family or community.
- PCS are provided to clients who meet the definition of medical necessity and require assistance with activities of daily living (ADLs), instrumental activities of daily living (IADLs), and health maintenance activities (HMAs).
- PCS are necessary when a client is unable to accomplish these activities due to physical, cognitive, or behavioral limitation caused by a disability or chronic health condition.
Skilled Nursing is not meant to provide Respite or Childcare

- PDN services that are intended to provide mainly respite care; child care; and/or do not directly relate to the client's medical needs or disability are not a benefit of Texas Medicaid.
- The delivery of PDN services may inherently result in the relief of the parent/guardian/responsible adult, child care, and/or some nonmedical, non-skilled activities in the course of providing nursing care.
Private Duty Nursing Services

PDN Request Case Scenarios

- Review cases for:
  - PDN or HHSNV
  - PDN or PCS
  - Greater than 1:1 Ratio
- Walk through each request:
  - Medical History
  - Medications
  - Nursing needs
  - Other Supports
  - Psychosocial
  - Current Status/Nursing Notes
  - 24 Hours Flow Sheet
- Service Recommendation
- Policy Highlights
What documents do you need to help determine PDN Hours?

- Nurses notes (2 weeks to 1 month prior to the request)
- Home Health Plan of Care
- Nursing Addendum (summary, rationale and 24 Daily Flow Sheet)
- Information from a peer to peer phone call (in some cases)
Case Example #1 - Jimmy

- Jimmy is a 3 year old male
- Request for 40 hours PDN per week (recertification)
Case Example #1 – Jimmy

- **Recommendation:** Skilled nursing visits with PCS attendant services. However, since patient is currently receiving PDN will allow wean down schedule to allow parents to adjust schedules.
Case Example #1 – Jimmy

- **Policy Highlights:** 2/2017 TMPPM, Home Health (HH) Nursing and PDN Handbook, HH Skilled Nursing (SN) and Home Health Aide Services, 3.2
  - **Part-time** is defined as SN or HHA visits provided less than eight hours per day for any number of days per week. Part-time visits may be continuous up to 7.5 hours per day (not to exceed a combined total of three 2.5 hour visits).
  - **Intermittent** is defined as SN or HHA visits provided for less than eight hours per visit and less frequently than daily. Intermittent visits may be delivered in interval visits up to 2.5 hours per visit, not to exceed a combined total of three visits per day.
Case Example #2 – Sue

- Sue is an 8 year old female
- Request for 168 hours PDN per week (recertification)
Case Example #2 – Sue

- **Recommendation**: Current nursing hours should remain at 168 hours per week.
Case Example #2 – Sue

- **Policy Highlights: 2/2017 TMPPM, 4, PDN Services- CCP, 4.1.2**
  - Because Texas Medicaid is obligated to provide all medically necessary PDN services, a parent or guardian is not obligated to provide PDN services even if the parent or guardian has received the appropriate training. Medically necessary PDN services will not be denied to clients based on the parent or guardian’s ability to provide the necessary PDN services.
  - The delivery of PDN services may inherently result in the relief of the parent, guardian, or responsible adult, child care, or some nonmedical, nonskilled activities in the course of providing nursing care.
Case Example # 3 – John

- John is an 8 year old male
- Request for 60 hours PDN per week (Initial Request)
Case Example # 3 – John

- **Recommendation:** Skilled Nursing visits and PCS
Case Example #3 – John

- Policy Highlights: 02/2017 TMPPM, Children’s Services Handbook, 2.11 Personal Care Services (PCS) (CCP), 2.11.2
- PCS are support services provided to clients who meet the definition of medical necessity and require assistance with the performance of ADLs, instrumental activities of daily living (IADLs), and health maintenance activities (HMAs) due to a physical, cognitive, or behavioral limitation related to a client’s disability or chronic health condition.
Private Duty Nursing Services

PDN Services Provided in Group Settings

- PDN Services may be authorized in a provider or client ratio other than 1:1
- An RN or LVN may be authorized to provide PDN services to more than one client over the span of the day as long as:
  - Each client’s care is based on an individualized plan of care (POC)
  - Each client’s needs and POC do not overlap with another client’s needs and POC
Case Example # 4 – Mark and Cindy

- Mark
- Request for 140 hours PDN per week

- Cindy
- Request for 146 hours PDN per week
Case Example # 4 – Mark and Cindy

- **Recommendation:** 2:1 patient to nurse ration is not appropriate for the two clients above.
Policy Highlights: 02/2017 TMPPM, 4, PDN Services- CCP, 4.1.4.11

- **PDN Services Provided in Group Settings** - PDN services may be authorized in a provider or client ratio other than 1:1.
- An RN or LVN may be authorized to provide PDN services to more than one client over the span of the day as long as:
  - Each client’s care is based on an individualized POC
  - Each client’s needs and POC do not overlap with another client’s needs and POC
- Settings in which a PDN provider may provide services in a provider-client ratio greater than 1:1 include, but are not limited to, homes with more than one client receiving PDN, foster homes, or independent living arrangements.

**Case Example # 4 – Mark and Cindy**
Sherlena is a 9 year old female

Request for 40 hours per week (recertification)
Case Example #5 – Sherlena

- **Recommendation:** Current nursing hours to remain at 40 hours per week.
Case Example #5 – Sherlena

- Policy Highlights: 2/2017 TMPPM, 4, PDN Services- CCP, 4.1.2
  - Because Texas Medicaid is obligated to provide all medically necessary PDN services, a parent or guardian is not obligated to provide PDN services even if the parent or guardian has received the appropriate training. Medically necessary PDN services will not be denied to clients based on the parent or guardian’s ability to provide the necessary PDN services.
  - The delivery of PDN services may inherently result in the relief of the parent, guardian, or responsible adult, child care, or some nonmedical, nonskilled activities in the course of providing nursing care.
Case Example #6 – Sonya

- Sonya is a 5 year old female
- Request for 48 hours PDN per week (new or recertification)
Case Example #6 – Sonya

- **Recommendation:** Current nursing hours to remain at 48 hours per week.
Case Example #6 – Sonya

- Policy Highlights: 2/2017 TMPPM, 4, PDN Services- CCP, 4.1.2
  - Because Texas Medicaid is obligated to provide all medically necessary PDN services, a parent or guardian is not obligated to provide PDN services even if the parent or guardian has received the appropriate training. Medically necessary PDN services will not be denied to clients based on the parent or guardian’s ability to provide the necessary PDN services.
  - The delivery of PDN services may inherently result in the relief of the parent, guardian, or responsible adult, child care, or some nonmedical, nonskilled activities in the course of providing nursing care.
Questions?

- Inquiries about Medical Policy may be sent to Paula Clark
  Paula.Clark@HHSC.state.tx.us
- Inquiries about Medical Policy/Utilization Review may be sent to Daneen Machicek,
  Daneen.Machicek@HHSC.state.tx.us
Resources

- Texas Medicaid Provider Procedures Manual –
  - Home Health Nursing and Private Duty Nursing Handbook
  - Children’s Services Handbook
  - Nursing Addendum to Plan of Care and 24 Hour Flow Chart
  - HHSC Managed Care Contracts and Manuals
- Code of Federal Regulations –
  - CFR §440.80 Private Duty Nursing
  - CFR § 440.40 (b) EPSDT
- Texas Administrative Code –
  - PDN and PCS Rules
  - Home Health Services