

# Compare Extra Services STAR+PLUS Medical Plans Offer in the Harris Service Area (Austin, Brazoria, Fort Bend, Galveston, Harris, Matagorda, Montgomery, Waller, and Wharton counties)



## STAR+PLUS Program Services for Members with Medicaid Only:

Every STAR+PLUS medical plan offers the same basic set of health services you’ve been getting through traditional Medicaid. In addition to those services, STAR+PLUS plans offer more, such as:

- Health education classes
- Service coordination (helping you get the services you need)
- No limit on medicines your doctor orders (prescriptions)

Through STAR+PLUS you also get long-term services such as:

- Adult day care
- Adult foster care
- Nursing
- Medical supplies
- Assisted living/ home care
- Emergency response services
- Short-term help for caregivers
- Adaptive aids (things like walkers and canes)
- Personal assistance (help with dressing, eating, and bathing)
- Home modifications (things like wheelchair ramps and grab bars)
- Speech therapy (helping you learn to speak again or speak better)
- Occupational therapy (helping you learn to do everyday activities)
- Physical therapy (helping you learn to move around better or become stronger)

## Extra Services:

In addition to the services listed above, STAR+PLUS medical plans in your area also offer extra services. These extra services cannot be used in place of services provided by Medicaid, including those provided by the following programs: Intermediate Care Facilities for Individuals with Intellectual Disabilities or Related Conditions (ICF-IID), Home and Community-based Services (HCS), Community Living Assistance and Support Services (CLASS), Deaf Blind with Multiple Disabilities (DBMD), and Texas Home Living (TxHmL).

Use this chart to compare the extra services each plan offers its members. If you have questions about a plan’s extra services, call the number under that plan’s name.

A “blank” under a plan’s name means that the plan does not offer the service listed.

	Amerigroup	Molina Healthcare of Texas	UnitedHealthcare Community Plan
For questions or doctor information:	800-600-4441	866-449-6849	888-887-9003
TTY line for people with a hearing or speech disability:	711 English and Español	800-735-2989 or 711	711
Help for mental health, drug, or alcohol problems:	800-600-4441	866-449-6849	866-302-3996
For prescription or medicine information:	800-600-4441	866-449-6849	888-887-9003
Health Plan Website:	<a href="http://myamerigroup.com/tx/benefits/star-plus-benefits.html">myamerigroup.com/tx/benefits/star-plus-benefits.html</a>	<a href="http://www.molinahealthcare.com">www.molinahealthcare.com</a>	<a href="http://www.uhccommunityplan.com">www.uhccommunityplan.com</a>

Value-added Services	Amerigroup	Molina Healthcare of Texas	UnitedHealthcare Community Plan
24-Hour Nurse Line	Yes	Yes	Yes
Extra Help with Getting a Ride	<ul style="list-style-type: none"> <li>• Help getting a ride to doctor visits.</li> <li>• Community Transportation is available to members to visit WIC offices or attend Member Advisory Group meetings.</li> </ul>		Help getting a ride to doctor visits when state services are not available.
Disease Management	Pregnancy, post-partum, and newborn educational materials provided to pregnant members.		
Dental Services	Dental kit to keep teeth clean and healthy for members 21 and older.	Up to \$250 per year for dental checkups, x-rays and cleaning for members 21 and older.	Up to \$500 annually towards two routine exams/cleanings, a set of x-rays and one scaling/root planning, if medically necessary for Members ages 21 & older. Other services given at a discount.
Extra Vision Services	Certain plastic lenses above the basic benefit for members 21 and older.	\$100 eyewear allowance towards upgrades for frames, lenses, or contacts every two years.	Up to \$105 maximum eyewear allowance towards upgrades for frames, lenses, or contacts every 24 months that aren't covered by the Medicaid benefit.
Discount Pharmacy / Over-the-Counter Benefits		\$60 gift card for over-the-counter medicines every six months, upon request for members.	
Temporary Phone Help	Members that qualify for the federal lifeline program can get a free cell phone with monthly minutes, text messages and data through the federal lifeline provider. Amerigroup members can get unlimited calls to member services, Member Advocates and Service Coordinators through our toll-free line and health text messages, including important renewal reminders. Additional 100 bonus minutes during member's birth month and one-time 200 bonus minutes at enrollment.		
Help for Members with Asthma			Allergy-free mattress cover and pillowcase for Members with active case management with asthma or COPD.

Value-added Services	Amerigroup	Molina Healthcare of Texas	UnitedHealthcare Community Plan
Extra Help for Pregnant Women	<ul style="list-style-type: none"> <li>• \$25 debit card for receiving prenatal checkup in the 1st trimester or within 42 days of enrollment with the health plan in any trimester.</li> <li>• \$50 debit card receiving post-partum checkup 21 to 56 days after giving birth.</li> <li>• Help getting a ride to pregnancy, birthing or newborn classes.</li> </ul>		<ul style="list-style-type: none"> <li>• Infant care book for pregnant members.</li> <li>• Join Baby Blocks and earn gift cards for diapers, wipes etc. when you get timely checkups/event completion for: <ul style="list-style-type: none"> <li>○ Enrollment</li> <li>○ 24 week prenatal</li> <li>○ 32 week prenatal</li> <li>○ Postpartum visit</li> <li>○ 2 month well child</li> <li>○ 4 month well child</li> <li>○ 6 month well child</li> </ul> </li> </ul>
Home Visits	Up to an extra 8 hours respite services, annually, for non-STAR+PLUS Waiver (SPW) members age 21 and older.	Up to an extra 8 hours respite services per calendar year for non-STAR+PLUS waiver members age 21 and older.	Up to 8 hours in-home respite services for non-STAR+PLUS Waiver (SPW) Members.
Health and Wellness Services	One month of home-delivered meals each year after getting out of hospital or nursing facility for non-STAR+PLUS waiver members 21 and older.	<ul style="list-style-type: none"> <li>• Weight Watchers program meeting vouchers for members 15 and older with BMI of 30 or more and diabetic members with A1c of 8 or more.</li> <li>• Body weight scale once yearly for members with congestive heart failure.</li> <li>• Up to 10 home-delivered meals each year after getting out of hospital or nursing facility for non-STAR+PLUS waiver members 21 and older.</li> <li>• Home blood pressure monitoring kit for members with cardiovascular disease and/or high blood pressure.</li> <li>• Home exercise kit (includes jump rope, tubing with handles, flat resistance band, pedometer, reflective arm band, Get Started guide, Exercise Flip Cards, 6 week fitness and nutrition plans, articles, recipes, advice, and online exercise library) for members 12 and older with BMI of 30 or more and diabetic members with A1c of 8 or more.</li> <li>• \$75 gift card each year for members who refill their diabetic medication for 6 consecutive months.</li> <li>• \$75 gift card each year for members with a diagnosis of hypertension who refill their high blood pressure medicine for 6 consecutive months.</li> <li>• \$50 Academy gift card for work-out clothes for Members ages 18 or older who complete the Weight Watchers ® program.</li> </ul>	<ul style="list-style-type: none"> <li>• Home-delivered meals each year after getting out of the hospital for non-STAR+PLUS Waiver (SPW) Members.</li> <li>• Alzheimer's Association Care planning session for members with Alzheimer's disease.</li> <li>• Mental health services provided in-home or off-site.</li> <li>• Access to LiveandWorkWell.com, which provides articles, videos, legal resources, and provider searches.</li> </ul>
Healthy Play and Exercise	Exercise kit, which may include a towel, weights, water bottle, and ball for members 21 and older.		

Value-added Services	Amerigroup	Molina Healthcare of Texas	UnitedHealthcare Community Plan
Gift Programs	<ul style="list-style-type: none"> <li>• \$20 debit card per checkup for members ages 3 to 20 who get Texas Health Steps checkups on time each year per the state approved schedule.</li> <li>• \$20 debit card to members 18 and older for getting a flu vaccine annually.</li> <li>• \$20 debit card for members ages 18 to 75 with diabetes who get a diabetic eye exam.</li> <li>• \$20 debit card for members 18 and older with diabetes after completing an HbA1c blood test once every 6 months.</li> <li>• \$20 debit card for members 18 and older with diabetes mellitus achieving HbA1c blood test results less than 8 once every 6 months.</li> <li>• \$20 debit card for members 21 and older with cardiovascular disease after completing a cholesterol blood test.</li> <li>• \$50 debit card for women ages 21 to 64 years who had a pap smear- once every 3 years.</li> <li>• \$50 debit card for women ages 30 to 64 years who had a pap smear with human papillomavirus (HPV) co-testing.</li> <li>• \$20 debit card for members ages 18 to 64 years with schizophrenia or bipolar disorder who are using antipsychotic medications and received a diabetes screening.</li> <li>• Free first aid kit after completing a personal disaster plan online to all members.</li> <li>• GED equivalency test fee is free for members 18 years and older.</li> </ul>	<ul style="list-style-type: none"> <li>• Members with major depression and currently taking an antidepressant medication, who remain on their medication for 84 days would receive a \$20 gift card and an additional \$20 gift card for remaining on medication for 180 days.</li> <li>• \$30 gift card for members who complete an office visit with a behavioral health specialist within 7 days of hospitalization for a mental health condition and an additional \$30 gift card for completing an office visit within 30 days of hospitalization for a mental health condition.</li> <li>• One \$20 gift card each year for current female members between the ages of 50 to 74 at average risk, who complete a recommended mammogram.</li> <li>• Four visits per year with a registered dietitian for members 21 and older who have diabetes.</li> <li>• \$20 gift card for members who complete a follow-up doctor visit within 30 days of getting out of the hospital. One gift card every 30 days after hospitalization and confirmed doctor follow-up visit. Maximum amount \$80 per year.</li> <li>• Free accessory tote bag for members. Available one time only.</li> <li>• \$15 gift card for diabetic members who complete an HbA1c blood test every 6 months and an additional \$15 gift card for having an A1c less than 8. Maximum \$60 gift card annually.</li> <li>• \$20 gift card for female members ages 21-64, at average for cervical cancer, who complete a recommended cervical cancer screening.</li> <li>• \$20 gift card for members with a diagnosis of schizophrenia or bipolar and taking antipsychotics who complete an HbA1c diabetic screening once per year.</li> <li>• \$20 gift card for members with asthma who refill their asthma-controlled medication for 3 consecutive months. Maximum amount \$80.</li> <li>• \$20 gift card for members who have diabetes after completing a diabetic eye exam each year.</li> </ul>	<ul style="list-style-type: none"> <li>• \$25 gift card for diabetic members after completing an A1c blood test each year.</li> <li>• \$25 gift card for diabetic members after completing a diabetic eye exam each year.</li> <li>• \$25 gift card for female members age 21-64 after completing a Cervical Cancer Screening each year.</li> <li>• Active members may receive a Welcome Home Kit upon returning home from a Nursing Facility stay.</li> </ul>
Extra Foot Doctor			2 pairs of full-length foot insoles each year for Members 18 years of age and older with a diagnosis of diabetes.
Emergency Response Services (ERS)		Emergency response services for non-STAR+PLUS Waiver (non-SPW) members 21 and older.	Access to rapid response services for eligible non-STAR+PLUS Waiver (SPW) and non-Community First Choice (CFC) Members up to 6 months following a transition from an institutional setting.

Value-added Services	Amerigroup	Molina Healthcare of Texas	UnitedHealthcare Community Plan
Pest Control	Once every 3 months to eliminate rodents, roaches, and other unsafe pests.		

Additional Behavioral Health Benefits	Amerigroup	Molina Healthcare of Texas	UnitedHealthcare Community Plan
Inpatient Follow -up Incentive Program	<ul style="list-style-type: none"> <li>• \$20 debit card for newly diagnosed members ages 18 and older with major depression who take medication for 12 weeks.</li> <li>• \$20 debit card for newly diagnosed members ages 18 and older with major depression who take medication for 6 months.</li> <li>• \$20 debit card for Members who complete a follow up outpatient visit with a mental health provider within 7 days of discharge from the hospital for a mental health condition.</li> </ul>		
Online Mental Health Resources	Free 24/7 Secure Online tool accessible through web or mobile app to help member learn to reduce stress, anxiety, depression or substance abuse.		