STAR+PLUS Medicare-Medicaid Plans for Dual Eligible Members

Compare “Value-Added” or extra services offered by plans in Bexar County.

The plan you pick will provide basic health services and medications you've been getting through Medicare, plus long term services and supports through Medicaid.

Every plan will offer the same basic health services you’ve been getting through Medicare. These include:

- Doctor and clinic visits
- 24-hour emergency care
- Hospital care
- Surgery
- Ambulance service
- Lab and X-ray services
- Major organ transplants
- Family planning services
- Hearing tests and aids
- Home health services
- Chiropractors (neck and back doctors)
- Podiatrists (foot doctors)
- Dialysis for kidney problems
- Eye checkups, glasses, and contact lenses
- Mental health services (such as counseling)
- Yearly adult checkup
- Short term rehab in skilled nursing facility

In addition to the Medicare services, the plan you pick will include Medicaid long term services and supports such as:

- Adult day care
- Adult foster care
- Nursing
- Emergency response services
- Short-term help for caregivers
- Medical supplies
- Assisted living / home care
- Personal assistance (help with dressing, eating, and bathing)
- Adaptive aids (things like walkers and canes)
- Home modifications (things like wheelchair ramps and grab bars)
- Speech therapy (helping you learn to speak again or speak better)
- Occuational therapy (helping you learn to do everyday activities)
- Physical therapy (helping you learn to move around better or become stronger)
- Nursing home services, if you live in a nursing home

Extra Services:

**STAR+PLUS Medicare-Medicaid plans in your area also offer value-added services.** These are extra services and cannot be used in place of your Medicare or Medicaid services.

Use this chart to compare the extra services each plan offers its members. If you have questions about a plan’s extra services, call the number under that plan’s name.

A “blank” under a plan’s name means that the plan does not offer the service listed.

<table>
<thead>
<tr>
<th>Amerigroup Texas STAR+PLUS MMP</th>
<th>Molina Dual Options</th>
<th>Superior HealthPlan STAR+PLUS MMP</th>
</tr>
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<tbody>
<tr>
<td>To ask about services or doctors:</td>
<td>855-878-1784</td>
<td>855-895-9992</td>
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<tr>
<td>TTY line for people with a hearing or speech disability:</td>
<td>TTY: 7-1-1</td>
<td>800-735-2989 or 7-1-1 English 800-662-4954 Spanish</td>
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<tr>
<td>Extra Services for Members in a Nursing Facility</td>
<td>Amerigroup Texas STAR+PLUS MMP</td>
<td>Molina Dual Options</td>
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<td>Extra Dental Services for Adults (21 and older) and Pregnant Women</td>
<td>Up to $1,600 each year or $400 every 3 months for dental care.</td>
<td>Additional dental services Up to $250 per year for dental checkups, x-rays and cleaning for members 21 and older.</td>
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<td>Extra Vision Services</td>
<td>• One routine eye exam every year. • Up to an extra $300 for buying a pair of better eyeglasses or contact lenses every year.</td>
<td>• One routine eye exam a year. • $200 every two years for eyewear including eye glasses (frames and lenses) or contact lenses.</td>
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<td>Hearing Services</td>
<td>Up to $2,000 a year for hearing aids.</td>
<td></td>
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<tr>
<td>Drug Store Services</td>
<td>$51 a quarter or $17 a month allowance for approved for over-the-counter medicines and health care-related items.</td>
<td></td>
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</table>
• 20 reward dollars for members completing their yearly checkup. Reward dollars are redeemed for over-the-counter health care-related items. Reward dollars must be earned as a plan member by 11/1 and any unused rewards dollars are forfeited on 1/1 of the new year.

• 20 reward dollars for members who participate in the interdisciplinary team meetings with service coordinator. Reward dollars are redeemed for over-the-counter health care-related items. Reward dollars must be earned as a plan member by 11/1 and any unused rewards dollars are forfeited on 1/1 of the new year.

• 60 reward dollars for members with diabetes after completing a retinopathy exam, a kidney exam and an HbA1c blood sugar test. All three exams must be completed to earn the 60 reward dollars. Reward dollars are redeemed for over-the-counter health care-related items. Reward dollars must be earned as a plan member by 11/1 and any unused rewards dollars are forfeited on 1/1 of the new year.

• 20 reward dollars for breast cancer screening for members 40 and older. Reward dollars are redeemed for over-the-counter health care-related items. Reward dollars must be earned as a plan member by 11/1 and any unused rewards dollars are forfeited on 1/1 of the new year.

• 20 reward dollars for colorectal cancer screening for members 50 and older. Reward dollars are redeemed for over-the-counter health care-related items. Reward dollars must be earned as a plan member by 11/1 and any unused rewards dollars are forfeited on 1/1 of the new year.

• 25 reward dollars for member receiving annual flu vaccine. Reward dollars are redeemed for over-the-counter health care-related items. Reward dollars must be earned as a plan member by 11/1 and any unused rewards dollars are forfeited on 1/1 of the new year.

• 25 reward dollars for member communicating with service coordinator within 3 days of a facility discharge, engaging and completing post-discharge process. Reward dollars are redeemed for over-the-counter health care-related items. Reward dollars must be earned as a plan member by 11/1 and any unused rewards dollars are forfeited on 1/1 of the new year.

• 20 reward dollars for follow-up visit with your main doctor within 14 days of hospitalization. Reward dollars are redeemed for over-the-counter health care-related items. Reward dollars must be earned as a plan member by 11/1 and any unused rewards dollars are forfeited on 1/1 of the new year.

• 20 reward dollars for follow-up visit with your Mental Health provider within 14 days of discharge for an inpatient mental health admission. Reward dollars are redeemed for over-the-counter health care-related items. Reward dollars must be earned as a plan member by 11/1 and any unused rewards dollars are forfeited on 1/1 of the new year.

• 20 reward dollars for Members diagnosed with hypertension who have a controlled blood pressure reading and faxed to the plan by their main doctor. Reward dollars are redeemed for over-the-counter health care-related items. Reward dollars must be earned as a plan member by 11/1 and any unused rewards dollars are forfeited on 1/1 of the new year.

• 20 reward dollars for members diagnosed with hypertension who have a controlled blood pressure reading and faxed to the plan by their main doctor. Reward dollars are redeemed for over-the-counter health care-related items. Reward dollars must be earned as a plan member by 11/1 and any unused rewards dollars are forfeited on 1/1 of the new year.

• 20 reward dollars for patients with diabetes who complete a diabetic eye exam each year.

• 25 gift card for diabetic members after completing an A1c blood test each year. An additional $25 gift card if blood sugar is in control (<8.0%).

• 25 gift card each year for female members, age 50 to 74 and at average risk for breast cancer when they have a recommended mammogram.

• 20 gift card for members age 50-75 who have a colorectal screening.

• 25 gift card for members that complete a Wellness Visit during benefit year.

• 20 gift card for members that get an annual flu shot.

• 25 gift card for Members that get a blood pressure test and additional $25 for in-control blood pressure (<140/90 mm Hg).

• A $20 reward card will be provided for completion of your annual wellness exam [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs].

• A $20 reward card will be provided for completion of your annual flu shot [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs].

• A $20 reward gift card for completion of your annual Breast Cancer screening [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs].

• A $20 reward card for completion of your annual Colorectal Cancer screening [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs].

• A $20 reward card for completion of an HbA1c Diabetes screening. [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs].

• A $20 reward card for completion of a Kidney Diabetes screening [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs].

• A $20 reward card will be provided for completion of an annual Retinopathy Diabetes screening [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs].
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<th>Extra Services for Members in a Nursing Facility</th>
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| Health and Wellness Services                   | • 12 extra cardiac rehab visits a year.  
• Counseling to stop smoking or tobacco use. | • Free personal blanket within 30 days of confirmed enrollment.  
• Free accessory tote bag within 30 days of confirmed enrollment.  
• Free skid proof socks within 30 days of confirmed enrollment.  
• One reacher/grabber for members once every two years.  
• One large print digital clock with day and time after confirmed enrollment. | Within thirty days of confirmed initial admission into a Nursing Facility, members will receive a welcome kit including a one-time free tote bag, personal blanket, skid proof socks and labels for their personal items. |
| Healthy Play and Exercise Programs             | Silver Sneakers fitness club membership at a gym near you. |                      |                                  |
| Gift Programs                                  |                                   |                      |                                  |
| Alzheimer’s Care                               | Photo album for members with memory loss to encourage memory and retention. |                      |                                  |
| Extra Foot Doctor (Podiatry) Services          | Four extra routine foot care visits a year. | Twelve additional routine foot doctor visits each year. | Unlimited routine foot care. |
| Acupuncture Therapy                            | Up to 6 visits for acupuncture a year. |                      |                                  |

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<th>Extra Services for Members in the Community</th>
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<td>Extra Dental Services for Adults (age 21 and older) and Pregnant Women</td>
<td>Up to $1,600 each year or $400 every 3 months for dental care.</td>
<td>Additional Preventive and comprehensive care services up to a $1000 annual limit for non STAR+PLUS waiver members.</td>
<td>Up to $750 per calendar year for preventive and comprehensive dental services for non-HCBS waiver members ages 21 – 115.</td>
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| Extra Vision Services                       | • One routine eye exam every year.  
• Up to an extra $300 for buying a pair of better eyeglasses or contact lenses every year. | • One routine eye exam a year.  
• $200 every two years for eyewear including eye glasses (frames and lenses) or contact lenses. | • One routine eye exam every calendar year.  
• One pair of contact lenses and one pair of eyeglasses (frames and lenses) every year with a maximum allowance of $200.  
• The benefit is limited to members age 21 through 115. |
| Hearing Services                             | Up to $2,000 a year for hearing aids. |                      |                                  |
| Drug Store Services                          | $51 a quarter or $17 a month allowance for approved for over-the-counter medicines and health care-related items. | $120 every three months for coverage of approved over-the-counter medicines and health care-related items. | Up to $35 allowance per member, each month through mail order for commonly-used over-the-counter (OTC) items. |
| Extra Help with Part D Cost Sharing          |                                   |                      |                                  |
• 20 reward dollars for members completing their yearly checkup. Reward dollars are redeemed for over-the-counter health care-related items. Reward dollars must be earned as a plan member by 11/1 and any unused rewards dollars are forfeited on 1/1 of the new year.

• 20 reward dollars for members who participate in the interdisciplinary team meetings with service coordinator. Reward dollars are redeemed for over-the-counter health care-related items. Reward dollars must be earned as a plan member by 11/1 and any unused rewards dollars are forfeited on 1/1 of the new year.

• 60 reward dollars for members with diabetes after completing a retinopathy exam, a kidney exam and an HbA1c blood sugar test. All three exams must be completed to earn the 60 reward dollars. Reward dollars are redeemed for over-the-counter health care-related items. Reward dollars must be earned as a plan member by 11/1 and any unused rewards dollars are forfeited on 1/1 of the new year.

• 20 reward dollars for breast cancer screening for members 40 and older. Reward dollars are redeemed for over-the-counter health care-related items. Reward dollars must be earned as a plan member by 11/1 and any unused rewards dollars are forfeited on 1/1 of the new year.

• 20 reward dollars for colorectal screening for members 50 and older. Reward dollars are redeemed for over-the-counter health care-related items. Reward dollars must be earned as a plan member by 11/1 and any unused rewards dollars are forfeited on 1/1 of the new year.

• 25 reward dollars for member receiving annual flu vaccine. Reward dollars are redeemed for over-the-counter health care-related items. Reward dollars must be earned as a plan member by 11/1 and any unused rewards dollars are forfeited on 1/1 of the new year.

• 25 reward dollars for members completing with service coordinator within 3-days of a facility discharge, engaging and completing post-discharge process. Reward dollars are redeemed for over-the-counter health care-related items. Reward dollars must be earned as a plan member by 11/1 and any unused rewards dollars are forfeited on 1/1 of the new year.

• 20 reward dollars for follow-up visit with your main doctor within 14 days of hospitalization. Reward dollars are redeemed for over-the-counter health care-related items. Reward dollars must be earned as a plan member by 11/1 and any unused rewards dollars are forfeited on 1/1 of the new year.

• 20 reward dollars for follow-up visit with your Mental Health Provider within 14 days of discharge for an inpatient mental health admission. Reward dollars are redeemed for over-the-counter health care-related items. Reward dollars must be earned as a plan member by 11/1 and any unused rewards dollars are forfeited on 1/1 of the new year.

• 20 reward dollars for Members diagnosed with hypertension who have a controlled blood pressure reading and faxed to the plan by their main doctor. Reward dollars are redeemed for over-the-counter health care-related items. Reward dollars must be earned as a plan member by 11/1 and any unused rewards dollars are forfeited on 1/1 of the new year.

• $20 gift card for diabetic members after completing a diabetic eye exam each year.

• $25 gift card for diabetic members after completing an A1c blood test each year. An additional $25 gift card if blood sugar is in control (<8.0%).

• $25 gift card each year for female members, age 50 to 74 and at average risk for breast cancer who have a recommended mammogram.

• $20 gift card for members age 50-75 who have a colorectal screening.

• $25 gift card for members that complete a Wellness Visit during benefit year.

• $20 gift card for members that get an annual flu shot.

• $25 gift card for Members that get a blood pressure test and additional $25 for in-control blood pressure (<140/90 mm Hg).

• $20 Gift Card for members that complete a doctor follow-up visit within 30 days of hospital discharge. Limit one gift card every 30 days.

• A $20 reward card will be provided for completion of your annual wellness exam [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs]

• A $20 reward card will be provided for completion of your annual flu shot [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs]

• A $20 reward card for completion of your annual Breast Cancer screening [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs].

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• A $20 reward card for completion of an HbA1c Diabetes screening [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs].

• A $20 reward card for completion of a Kidney Diabetes screening [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs].

• A $20 reward card for completion of a Breast Cancer screening [does allow exchange for cash or the purchase of alcohol, tobacco or drugs].

• A $20 reward card will be provided for completion of an annual Retinopathy Diabetes screening [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs].

• A $20 reward card will be provided for completion of an annual Kidney Diabetes screening [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs].

• A $20 reward card will be provided for completing a follow-up visit with a mental health provider post hospitalization for mental illness [does not allow exchange for cash or the purchase of alcohol, tobacco or drugs].
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<td><strong>Home Visits</strong></td>
<td>Up to 8 hours annually of respite custodial care for members when their unpaid caregiver can’t help or need some relief.</td>
<td>Up to an extra 8 hours of respite services for non STAR PLUS waiver members.</td>
<td>Up to an extra eight (8) hours of in-home respite services for STAR+PLUS MMP non-HCBS waiver members ages 21 through 115.</td>
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| **Health and Wellness Services**           | • 12 extra cardiac rehab visits a year.  
• Counseling to stop smoking or tobacco use. | • Weight Watchers program meeting vouchers for Members 21 and older with a BMI of 30 or over.  
• Up to 28 home-delivered meals for two weeks, with maximum of 56 meals for four weeks, each year after getting out of hospital or nursing facility or when a doctor asks as part of a supervised program to ease the effects of a chronic illness. |  |
| **Healthy Play and Exercise Programs**     | Silver Sneakers fitness club membership at a gym near you. |  |  |
| **Alzheimer’s Care**                       | Photo album for members with memory loss to encourage memory and retention. |  |  |
| **Extra Foot Doctor (Podiatry) Services**  | Four extra routine foot care visits a year. | Twelve additional routine foot doctor visits each year. | Unlimited routine foot care. |
| **Acupuncture Therapy**                    | Up to 6 visits for acupuncture a year. |  |  |
| **Emergency Response Services (ERS)**      | Personal emergency response service monitoring services for non-waivered members. | Emergency response services for non-STAR+PLUS Waiver Members age 21 and older. | Round-the-clock emergency response services for STAR+PLUS MMP non-HCBS waiver members for up to 6 months after discharge from a hospital or nursing facility. |
| **Pest Control**                           | Pest control service, once every 3 months to eliminate rodents, roaches and other unsafe pests. |  |  |
| **Meals**                                  | 2 meals a day for 5 days of home delivered meals after returning home from a hospital or skilled nursing facility discharge for non-waived members. |  | Ten (10) home-delivered meals each year after getting out of hospital or nursing facility for STAR+PLUS MMP non-HCBS waiver members age 21 through 115. Referral required. |