

# Compare "Value-Added" or Extra Services Offered by STAR Kids Health Plans in the Jefferson Service Area

(Chambers, Hardin, Jasper, Jefferson, Liberty, Newton, Orange, Polk, San Jacinto, Tyler, and Walker counties)



## Medicaid Health Care Services:

All children and young adults age 20 and younger in managed care receive the same traditional Medicaid services. Some of those services are things such as:

- Doctor and clinic visits
- 24-hour emergency care
- Hospital care
- Surgery
- Ambulance service
- Lab and X-ray services
- Major organ transplants
- Hearing tests and aids
- Home health services
- Community First Choice
- Personal Care Services
- Podiatrists (foot doctors)
- Help for drug or alcohol problems
- Dialysis for kidney problems
- Family planning services
- Eye checkups, glasses, and contact lenses
- Shots
- Texas Health Steps medical and dental checkups
- No limit on medicines Mental health services (such as counseling)
- Chiropractors (neck and back doctors)
- Private Duty Nursing

## People on the MDCP waiver can receive the following services:

- Adaptive aids
- Minor home modifications
- Transition assistance services
- Employment assistance
- Flexible family support services
- Financial management services
- Respite services
- Supported employment

## Value-Added Services:

Every STAR Kids medical plan offers basic Medicaid benefits. The plans in your area also offer extra services. Use this chart to compare the extra services each plan offers its Members. If you have questions about a plan's extra services, call the number under that plan's name.

A "blank" under a plan's name means that the plan does not offer the service listed.

	Texas Children's Health Plan	UnitedHealthcare
For questions or doctor information:	Toll Free: 1-800-659-5764, OPTION 1 Local: (832) 828-1003, OPTION 1	1-877-597-7799
TTY line for people with a hearing or speech disability:	1-800-735-2989	7-1-1
Help for mental health, drug, or alcohol problems:	1-800-731-8529	1-877-597-7799
For prescription or medicine information:	Toll Free: 1-800-659-5764, OPTION 7 Local: (832) 828-1003, OPTION 7	For Member: 1-877-597-7799 For Pharmacist: 1-877-305-8952
Health Plan Website:	www.Texaschildrenshealthplan.org	www.uhccommunityplan.com

Value-added Services	Texas Children's Health Plan	UnitedHealthcare
24-Hour Nurse Line	24-Hour Nurse Help Line.	
Extra Help Getting a Ride	Help with Getting a Ride or gas card for medical/behavioral health visits, Rx pickup, Texas Children's Health Plan sponsored classes for members. Usage of alcohol, tobacco, or firearms is prohibited with this gift card.	Help getting a ride to doctor visits.
Disease Management	<p>Extra Help for members with Diabetes: \$20 reward card for each of the following:</p> <ul style="list-style-type: none"> <li>• Diabetic members 18 and up who complete a diabetic eye exam once per year</li> <li>• Diabetic members ages 18 and up who have a HbA1c blood test every 6 months</li> <li>• Diabetic members ages 18 and up who have HbA1c blood test results less than 8 every 6 months</li> <li>• Usage of alcohol, tobacco, or firearms is prohibited with this reward card.</li> </ul>	
Extra Vision Services	Select lens and frames upgrade for a total of \$110 retail value for glasses or \$90 retail allowance towards contacts – contact fittings.	Extra choice of frames and lenses or contact lenses; or for loss or damage.
Discount Pharmacy / Over-the-Counter Benefits	<ul style="list-style-type: none"> <li>• Asthma Refill Program - Member must have an asthma diagnosis. Member must be enrolled and participating in the Asthma Case Management program. \$25 reward card up to 4 times per year. Reward card is issued every 3 months when medications are picked up 3 consecutive months (max benefit \$100 per year). Usage of alcohol, tobacco, or firearms is prohibited with this reward card.</li> <li>• Behavioral Health Refill Program: Member must have a behavioral health diagnosis. Member must be enrolled in Behavioral Health Case Management. \$25 reward card up to 4 times per year. Reward card is issued every 3 months when medications are picked up 3 consecutive months (max benefit \$100 per year). Usage of alcohol, tobacco, or firearms is prohibited with this reward card.</li> </ul>	
Sports and School Physicals	One each year for members 5- 20.	1 each year for Members 6 to 20 years of age.
Help for Members with Asthma	Asthma Allergy Pillows - Available for members with a diagnosis of Asthma who are participating in case management.	Allergy-free mattress cover and pillowcase for Members with asthma or COPD.

Value-added Services	Texas Children's Health Plan	UnitedHealthcare
Extra Help for Pregnant Women	<ul style="list-style-type: none"> <li>• Childbirth Education Class: Childbirth education class taught by a Certified Childbirth Educator. Member will receive a gift of 2 packs of diapers upon completion of the class.</li> <li>• Infant Care/Safe Sleep Class: Pregnant members can participate in a one-day class and learn about the first 3 months after birth, infant care, infant development, sleep habits, SIDS and more. Pregnant members who complete the class will receive a book about caring for your newborn and young child and 2 packs of diapers.</li> <li>• Portable Crib / Play Pen: A portable crib that doubles as a play pen for baby will be given to each member that completes her postpartum visit 21 - 56 days from delivery.</li> <li>• Breastfeeding Basics &amp; Beyond Class: Extra Help for Pregnant Women: Breastfeeding &amp; Beyond class teaches mom-to-be the essentials of breastfeeding. Members receive a breastfeeding pillow, nursing cover, nursing pad, and 2 packs of diapers and a tote bag</li> <li>• Becoming a Mom class educational class: Becoming a Mom class which covers the various stages of pregnancy and post-delivery to inform Mom of what she can expect throughout each trimester. Members will receive 2 packs of diapers.</li> <li>• Infant CPR Educational Training: Pregnant Members can attend a class on Infant CPR. This is a non-certification class that teaches how to do CPR and how to respond if your baby is choking. During class the Member will receive an infant CPR kit and 2 packs of diapers.</li> <li>• Eating Healthy while Pregnant and Postpartum: Prenatal and postpartum members have access to a meal prep service that will conveniently deliver a nutritionally balanced meal during their pregnancy and postpartum stages. This benefit will provide a variety of foods that along with prenatal care and vitamins will contribute to fine tuning their eating habits to ensure they are receiving adequate nutrition for their health and for their baby's growth and development. Member must be an active member to participate the meal Prep program. The meal prep program begins at the 2nd trimester through 2 months postpartum up to a total of 8 months. Members will receive 1 meal prep per month to serve a family of four.</li> </ul>	
Health and Wellness Services	<ul style="list-style-type: none"> <li>• Parent Training Class: Texas Children's Health Plan educators will offer parent training classes on a variety of topics relevant to STAR Kids members and their Parent/Guardian/ LAR. Topics may include navigating special education opportunities and services and parent training on advocating for children with developmental or intellectual disabilities.</li> <li>• Boys and Girls Club free annual membership: Free summer and school year membership to Boy &amp; Girls Club for members ages 6 – 17.</li> <li>• Health Risk Assessment: \$25 reward card for members who complete the Healthy Risk Assessment. Limited to 1 per year. Usage of alcohol, tobacco, or firearms is prohibited with this reward card.</li> <li>• Stay Healthy BMI Screening: Upon completion of the BMI check, member will receive immediate admission to a private movie screening day, water park admission, and/or other incentive location identified by Texas Children's Health Plan. Members will be referred to Texas Children's Health Plan programs for healthier outcomes based on their BMI results: <ul style="list-style-type: none"> <li>○ Underweight = Referral to Boys &amp; Girls Club.</li> <li>○ Overweight = Referral to Keep Fit Program and Boys and Girls Club.</li> <li>○ Obese = Referral to Keep Fit Program and Boys and Girls Club.</li> </ul> </li> <li>• Well Child Check Incentive: Members up to the age of 15 months can receive up to \$140 reward card, \$20 per well child check-up. Member must complete month one, month two, month four, month six, month nine, month twelve and/or month fifteen. Usage of alcohol, tobacco, or firearms is prohibited with this reward card.</li> </ul>	<ul style="list-style-type: none"> <li>• Passes to attend Weight Watchers meetings.</li> <li>• 1 pack of throw-away name bands for members 20 and younger.</li> <li>• Sensory goods for eligible members with sensory sensitivity.</li> <li>• Planning guide for families with children with special needs.</li> <li>• 1 pack of food allergy labels.</li> </ul>

Value-added Services	Texas Children's Health Plan	UnitedHealthcare
Healthy Play and Exercise Programs	Extracurricular activity fee assistance: Texas Children's Health Plan will offer access to any extracurricular activities available in the member's area by reimbursing up to \$100 per year in fees.	Up to \$50 per school year for Boys & Girls Club base membership ages 6-19 years where available.
Gift Programs	<ul style="list-style-type: none"> <li>Screening and Assessment instrument (SAI) and Individual Service Plan (ISP) reward: New Members will receive a \$25.00 reward card when the guardian/LAR completed the Screening and Assessment Instrument and returns the signed ISP document to Texas Children's Health Plan within 45 days of enrollment. Limited to 1 per year. Usage of alcohol, tobacco, or firearms is prohibited with this reward card.</li> <li>Pregnancy Essentials Kit: Pregnant members who get a prenatal check within 42 days of joining the health plan will get a pregnancy essentials kit to help mom-to-be. Gift will include, preggie pops, belly milestone stickers, nausea aid wristband, body cream, and water bottle.</li> </ul>	<ul style="list-style-type: none"> <li>\$25 gift card for members who get their annual Texas Health Steps checkup each year.</li> <li>1 copy of "Mikey's Guide to Summer Camps and Activities for Children with Disabilities" per family every two years.</li> <li>Personal tote bag for back of Wheelchair.</li> <li>\$25 gift card for certain smartphone and tablet apps to help eligible members.</li> <li>\$50 Academy gift card for work-out clothes for Members who finish Weight program.</li> </ul>
Respite Services	Caregiver Respite Care Services.	Up to 24 hours in-home respite services for non- Waiver Members.

Additional Behavioral Health Benefits	Texas Children's Health Plan	UnitedHealthcare
Inpatient Follow-Up Incentive Program	<ul style="list-style-type: none"> <li>Post hospitalization follow-up visit reward card: Members will receive a \$25 reward card for completing post hospitalization follow-up visit within 14 days. Usage of alcohol, tobacco, or firearms is prohibited with this reward card.</li> <li>Psychiatric Post Hospitalization: \$25.00 reward card for Psychiatric Post Hospitalization follow up visit with a behavioral health provider within 7 days of discharge. Usage of alcohol, tobacco, or firearms is prohibited with this reward card.</li> </ul>	\$20 gift card for members who follow -up with a mental health practitioner within 7 days of discharge from an inpatient mental health hospital.
Online Mental Health Resources	<ul style="list-style-type: none"> <li>Behaviorial Health Educational Class: \$25 reward card per family who completes a parenting class that meets the member's behavioral and/ or emotional needs. Available for parents of health plan members between the ages of 3 through 19 with a behavioral health diagnosis such as depression, anxiety, ADHD, Autism, Bi-Polar, ODD, and are enrolled and participating in the Case Management Program. Usage of alcohol, tobacco, or firearms is prohibited with this reward card.</li> <li>Weighted Blankets: Members between the ages 3-19 with a behavioral health diagnosis such as depression, anxiety, ADHD, Autism, Bi-Polar, ODD, and are enrolled in Case Management will receive a weighted blanket.</li> </ul>	