

Compare "Value-Added" or Extra Services Offered by STAR Kids Health Plans in the Bexar Service Area (Atascosa, Bandera, Bexar, Comal, Guadalupe, Kendall, Medina, and Wilson counties)



Medicaid Health Care Services:

All children and young adults age 20 and younger in managed care receive the same traditional Medicaid services. Some of those services are things such as:

- Doctor and clinic visits
- 24-hour emergency care
- Hospital care
- Surgery
- Ambulance service
- Lab and X-ray services
- Major organ transplants
- Hearing tests and aids
- Home health services
- Community First Choice
- Personal Care Services
- Podiatrists (foot doctors)
- Help for drug or alcohol problems
- Dialysis for kidney problems
- Family planning services
- Eye checkups, glasses, and contact lenses
- Shots
- Texas Health Steps medical and dental checkups
- No limit on medicines Mental health services (such as counseling)
- Chiropractors (neck and back doctors)
- Private Duty Nursing

People on the MDCP waiver can receive the following services:

- Adaptive aids
- Minor home modifications
- Transition assistance services
- Employment assistance
- Flexible family support services
- Financial management services
- Respite services
- Supported employment

Value-Added Services:

Every STAR Kids medical plan offers basic Medicaid benefits. The plans in your area also offer extra services. Use this chart to compare the extra services each plan offers its members. If you have questions about a plan's extra services, call the number under that plan's name.

A "blank" under a plan's name means that the plan does not offer the service listed.

	Community First Health Plans	Superior HealthPlan
For questions or doctor information:	855-607-7827	844-590-4883
TTY line for people with a hearing or speech disability:	800-390-1175	800-735-2989
Help for mental health, drug, or alcohol problems:	877-221-2226	844-590-4883
For prescription or medicine information:	855-607-7827	844-590-4883
Health Plan Website:	www.cfhp.com	www.SuperiorHealthPlan.com

Value-Added Services	Community First Health Plans	Superior HealthPlan
Extra Help with Getting a Ride	Help getting a ride to CFHP events or health classes.	
Disease Management	Healthy Expectations Prenatal Program: Pregnancy outreach and education for STAR Kids members.	
Discount Pharmacy / Over-the-Counter Benefits	Discount card for 15 percent to 40 percent off certain over-the-counter and prescription medicines for STAR Kids members and family members.	Up to \$30 allowance for over-the-counter items mailed to your home every three months. The enhanced OTC catalog has new items such as shampoo, deodorant, toothpaste, and laundry detergent. , No prescription required.
Temporary Phone Help	Free smartphone with up to 500 minutes including unlimited text, and 1GB of data per month.	
Help for Members with Asthma	<ul style="list-style-type: none"> • 1 peak flow meter and aerosol holding chamber each year for members with asthma. • 1 allergy free protector pillowcase each year for members with asthma. • \$10 Gift Card upon completion of asthma education session. 	
Extra Help for Pregnant Women	<ul style="list-style-type: none"> • Pregnancy outreach and education for pregnant members. • Free birthing classes. • Free baby car seat, toddler booster or Pack and Play Portable Play Yard. • Free diaper bag with baby supplies including baby wipes and other baby items. • \$10 Gift Card for attending Mommy and Me Baby Showers. • Pregnant members can receive gift cards for completing prenatal services following confirmation after visit: <ul style="list-style-type: none"> ○ \$20 for enrolling into Healthy Expectations Program and agreeing to receive Healthy Baby Texts. ○ \$30 for prenatal visit in first trimester or within 42 days of enrollment with CFHP. ○ \$20 for receiving flu shot. ○ \$20 for 3rd trimester prenatal visit. ○ \$30 for postpartum visit within 21-56 days after delivery. ○ \$50 allowance for birthing class or towards pregnancy pillow. • Free gifts for fathers who attend Mommy and Me Baby Showers with mom. • Home visits for high-risk members, including pregnant women asthma, and Behavioral Health. 	
Home Visits		Up to 10 home-delivered prepared meals after a hospital stay.

Value-Added Services	Community First Health Plans	Superior HealthPlan
Health and Wellness Services	<ul style="list-style-type: none"> • Stop smoking classes with education support services and stop smoking products. There is no cost. • Weight loss program for members between the age of 7 and 13. Free membership to the YMCA may be earned with class attendance. • Free notary services for medical documents for members. • Up to \$100 specialized therapy allowance. 	<ul style="list-style-type: none"> • Specialty services such as music therapy, art therapy, garden therapy and pet therapy are available one time per month per member. • Online social services resource directory is available on the Superior member website to locate community supports such as food and nutrition, housing, education, and employment services.
Health Play and Exercise Programs	Weight loss program for members between the age of 7 and 13. Free membership to the YMCA may be earned with class attendance.	\$150 allowance toward an approved camp of member's choice. Camp must be approved by the Service Coordination Department 90 days prior to the camp start date. Allowance will be paid directly to the camp provider.
Gift Programs	<ul style="list-style-type: none"> • Up to \$160 in gift programs for pregnant members: <ul style="list-style-type: none"> ○ \$10 for attending Mommy and Me Baby Shower. ○ \$20 upon enrollment into prenatal program. ○ \$30 for prenatal visit in first trimester or within 42 days of enrollment with CFHP. ○ \$20 for receiving flu shot. ○ \$30 for postpartum visit within 21-56 days after delivery. ○ \$50 allowance for birthing class or towards pregnancy pillow. ○ \$10 gift card upon completion of asthma education sessions. • Up to \$50 in gift programs for members with diabetes: <ul style="list-style-type: none"> ○ \$20 gift card upon enrollment into Diabetes in Control program. ○ \$10 gift card upon completion of diabetes education sessions. ○ \$10 gift card for dilated eye exam. ○ \$10 gift card upon completion of A1c screening. 	<p>Members 18-20 years old can earn rewards cards for completing the following:</p> <ul style="list-style-type: none"> • \$20 for Texas Health Steps medical checkup. • \$10 for receiving a flu shot. • \$10 for specified screening. • \$20 for well woman exam.
Respite Services	Up to 8 hours of in-home respite care services for non-waiver STAR Kids members.	Up to 8 hours of in-home respite care per year.
Pre-Vocational Assistance	Up to 10 hours a year pre-vocational assistance.	

Additional Behavioral Health Benefits	Community First Health Plans	Superior HealthPlan
Inpatient Follow-Up Incentive Program		\$20 rewards card and journal for members age 6-20 who complete a follow-up visit within 7 days of hospital discharge. Available one time per year.
Online Mental Health Resources	Online educational mental health related resources.	Access to mystrength.com, a free online and mobile application resource to improve mental health and overall well-being, including support for symptoms of depression, anxiety, stress, chronic pain, and sleep issues.