Presentation to the House Public Health Committee

Dr. Courtney N. Phillips
Executive Commissioner

February 20, 2019
Mission & Vision

Our Mission:
• Improving the health, safety, and well-being of Texans with good stewardship of public resources

Our Vision:
• Making a difference in the lives of the people we serve
Agency Overview

Total FTEs: 39,586

<table>
<thead>
<tr>
<th>FY 2018-2019 Expended/Budgeted</th>
<th>FY 2020-2021 Requested</th>
</tr>
</thead>
<tbody>
<tr>
<td>$77,508,766,079</td>
<td>$77,343,682,930</td>
</tr>
</tbody>
</table>


- Medicaid Client Services (Goal A) - 81.2%
- Other Grants/Client Services - 7.6%
- MSS Program Administration - 4.6%
- State Hospitals/SSLCs - 4.4%
- System IT - 0.6%
- Regulatory/Inspector General - 0.6%
- CHIP - 0.5%
- Indirect Administration - 0.4%
Key Functions

• Provides oversight and administrative support for the HHS agencies
• Administers the state’s Medicaid and other client services programs
• Provides a comprehensive array of long-term services and supports for people with disabilities and people age 60 and older
• Operates the state’s mental health hospitals and state supported living centers
• Regulates healthcare providers, professions, and facilities to protect individuals’ health and safety
• Sets policies, defines covered benefits, and determines client eligibility for client services programs
Transformation

**September 1, 2016**

- transferred client services to the Health and Human Services Commission’s (HHSC’s) new Medical & Social Services Division
- consolidated most administrative services
- abolished the Department of Assistive and Rehabilitative Services (DARS) and transferred functions to HHSC

**September 1, 2017**

- created the Chief Policy Office, Health & Specialty Care System Division, and Regulatory Services Division
- consolidated the remaining administrative services
- abolished the Department of Aging and Disability Services (DADS) and transferred functions to HHSC
- made the Department of Family and Protective Services (DFPS) a standalone agency, but HHSC continues to provide some administrative services
A Transformed HHS System

Fiscal Year 2016

HHS System

- HHSC
- DARS
- DADS
- DSHS
- DFPS

Fiscal Year 2018

HHS System

- HHSC
- DARS
- DADS
- DSHS
- DFPS

HHSC
- Client Services
- Facilities
- Regulatory Programs

DSHS
- Public Health Programs

DFPS
- Protective and Preventative Services
- Regulatory Programs

Stand-Alone Agency
- DFPS
Behavioral Health Services

Sonja Gaines
Deputy Executive Commissioner, Intellectual and Developmental Disability and Behavioral Health Services
Core Programmatic Areas:

- **Office of Mental Health Coordination:** Programs include Coordination of the Statewide BH Coordinating Council, Behavioral Health Advisory Committee, and Mental Health First Aid; System of Care Grant; Community Resource Coordination Group (CRCG) activities; and the Veterans Mental Health Program

- **Behavioral Health (BH) Services:** Programs include Adult Mental Health, Crisis Services; Home and Community Based Services - Adult Mental Health (HCBS-AMH); Youth Empowerment Services (YES) Waiver; Substance Use Disorder Services; Texas Targeted Opioid Response; Jail Diversion; Forensics Services; and Disaster Services

- **Intellectual and Developmental Disability (IDD):** Provides oversight of Local Intellectual and Developmental Disability Authority (LIDDA) program services as they are the single point of access to publicly funded IDD programs
Mental Health Eligibility

Local Mental Health Authorities and Local Behavioral Health Authorities (LMHAs and LBHAs):

• Provide services statewide to low-income adults who have been diagnosed with a severe and persistent mental illness and children with serious emotional disturbances:
  ➢ Adults 18 years old and older experiencing significant functional impairment due to a severe and persistent mental health disorder that requires crisis resolution or ongoing, long-term support and treatment
  ➢ Children ages 3-17 years old experiencing persistent challenges at home, school, or criminal justice system

• HHSC contracts with 39 LMHAs and LBHAs to deliver mental health services in communities across Texas
Types of Behavioral Health Services

1. **Community Crisis**: Hotlines, Mobile Teams covering 254 counties
   - Limited availability: Respite, Stabilization, Crisis Stabilization/Residential Treatment

2. **Community Outpatient Services**: Med Management, Psychosocial Rehabilitation, Counseling, Peer Services, Assertive Community Treatment, Homeless Services, Home and Community Based Services

3. **Children’s Services**: Medication Management, YES Waiver, First Episode Psychosis, Family Partners, Skills Training, Intensive Case Management, Crisis Intervention

4. **Diversion**: Competency Restoration and Jail Diversion programs

5. **Inpatient/Residential**: 600 community beds, State Hospital beds, 40 Residential Treatment beds, Substance Use Disorder Residential Treatment

6. **Disaster BH Teams**: natural disasters or criminal events

7. **Other Initiatives**: Certified BH Clinics, Mental Health First Aid, System of Care, Community Resource Coordination Groups (CRCG)

8. **Grants**: SB 55 (84R), HB 13 (85R), SB 292 (85R), Texas Targeted Opioid Response

*Services offered through Local Mental Health Authorities and Local Behavioral Health Authorities*
Statewide Behavioral Health Coordinating Council

State government agencies work together to address behavioral health issues across Texas

- Health and Human Services Commission (HHSC)
- Office of the Governor (OOG)
- Texas Veterans Commission
- Department of Family and Protective Services (DFPS)
- Texas Civil Commitment Office (TCCO)
- University of Texas, Health Science Center at Houston
- University of Texas, Health Science Center at Tyler
- Texas Department of Criminal Justice (TDCJ)
- Texas Military Department (TMD)
- Health Professions Council (HPC) (six member agencies)
- Texas Education Agency (TEA)
- Texas Tech University System
- Texas Commission on Jail Standards (TCJS)
- Texas Workforce Commission (TWC)
- Texas Department of Housing and Community Affairs (TDHCA)
- Texas Indigent Defense Commission (TIDC)
- Court of Criminal Appeals (CCA)
- Texas Juvenile Justice Department (TJJD)
Statewide Behavioral Health Coordinating Council Activities

Behavioral Health Matching Grant Programs

- Implementation teams work collaboratively across initiatives
- Initiatives tie to BH Plan
- Assure a strategic distribution of resources across the state
- Avoid duplication of effort
- Outcomes and reporting
Eligibility Criteria:

- **SUD Prevention:** The primary population is all youth, Pre-Kindergarten to 12th grade, from the general population in a school, or a community. The secondary population may include: (a) parents, grandparents, guardians, and siblings of youth participants, and (b) community members in the funded service area.

- **SUD Intervention:** Intervention programs are designed to work with individuals that have risk factors and behaviors that could lead to a substance abuse problem if not addressed. There are six substance use intervention services; some with specialized eligible populations specific to the program (e.g., pregnant and postpartum females; males referred by the Department of Family and Protective Services identified at risk and that have children under age six; youth and adults living within the rural border community who have or are at risk; those who use/abuse alcohol and other drugs and at risk of HIV infection, etc).

- **SUD Treatment:** Planned, structured, and organized substance use disorder programs designed to initiate or promote a person’s substance free status. Types of services available: Detoxification, Residential, Outpatient. Eligible Population: Adult Texas residents who meet financial criteria for HHSC-funded SUD services and meet The Diagnostic and Statistical Manual of Mental Disorders criteria for a diagnosis of substance intoxication or withdrawal. Populations served- Adult men and women and youth.
Substance Use Disorder (SUD) Services

Outreach, Screening, Assessment, and Referral (OSAR) Sites

- 14 OSAR programs are located at LMHAs and LBHAs
- At least one OSAR is located in each of the 11 Health and Human Service Regions
- OSARs may be the first point of contact for those seeking SUD treatment services
- Approximately 30,000 people served annually by OSARs
- Approximately $7 million in annual funding
Texas Targeted Opioid Response Timeline

State Targeted Response (STR) Grant Year One
Amount: $27.4M
Project Period: 05/01/17 - 04/30/18

STR Grant Year Two
Amount: $27.4M
Project Period: 05/01/18 - 04/30/19

State Opioid Response (SOR) Grant Year One
Amount: $46.2M
Project Period: 09/30/18 - 09/29/19
Notice of Award: 01/28/19
Time to Implementation: Three Months from Notice of Award

SOR Grant Year Two
Amount: $46.2M
Project Period: 09/30/19 - 09/29/20
Texas Targeted Opioid Response Funding

- Total
- Administrative
- Recovery
- Treatment
- Integrated
- Prevention

- SOR Yr 1
- STR Revised Y 2
- STR Carry Fwd Y1
- STR Y 1
## Strategic Behavioral Health Plan Outcomes

<table>
<thead>
<tr>
<th>Plan Goals Addressed</th>
<th>Initiative</th>
<th>Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>2,3,4</strong> Hospital Avoidance</td>
<td>99 percent hospital avoidance rate for individuals in ongoing outpatient services. Cost: $14-$45 day vs $500-$700 for inpatient care.</td>
<td></td>
</tr>
<tr>
<td><strong>1,2,3,4</strong> Mental Health Outpatient Waitlist Elimination/Increased Served</td>
<td>Over 90 percent decrease in mental health waitlists in 2018 – from 2,700 to less than 300 adults waiting. Over 200,000 adults and more than 60,000 children served. 32% increase in Texans served and 22% decrease in unmet need.</td>
<td></td>
</tr>
<tr>
<td><strong>1,2,3,4</strong> Peer Services as a Medicaid Benefit</td>
<td>Effective Jan 1st 2019: Allows Mental Health and SUD to bill Medicaid.</td>
<td></td>
</tr>
<tr>
<td><strong>1,2,3,4</strong> Matching Grant Programs address unique challenges</td>
<td>HB 13 (85R) ,SB 292 (85R) ,SB 55 (84R) Matching Grants: $97 million disbursed to nearly 100 organizations in over 230 counties. Those counties have served &gt;100,000 Texans and &gt;1800 Texans diverted from hospital, ER, or jails. &gt;600 Texans showed clinical improvement.</td>
<td></td>
</tr>
<tr>
<td><strong>1,2,3,4</strong> Opioid Response</td>
<td>Increased proportion of people served in evidence based treatment for Opioid Use Disorder from 16% to 35%. Over 41,421 doses of naloxone distributed. 684 Texans trained to reverse an overdose – 111 lives saved.</td>
<td></td>
</tr>
<tr>
<td><strong>1,3</strong> Mental Health First Aid Training</td>
<td>Since 2014 more than 50,000 employees of schools and State Agencies have been trained in MHFA. This past year alone close to 20,000 trained during 2018 in response to Governors school safety plan.</td>
<td></td>
</tr>
<tr>
<td><strong>1,2,4</strong> MH Disaster Response Teams</td>
<td>Worked in collaboration with LMHA and Education Service Centers to provide Crisis Counseling Services to over 200,000 Texans in the disaster affected areas.</td>
<td></td>
</tr>
</tbody>
</table>
Health, Developmental & Independence Services Overview

Kelly Garcia
Acting Deputy Executive Commissioner, Health, Developmental & Independence Services

Lindsay Rodgers
Associate Commissioner, Health and Developmental Services

Viveca Martinez
Deputy Associate Commissioner, Family and Social Services
Mission

To improve access and services for individuals and families to improve health outcomes in Texas

• Committed to positively impacting clients through quality health care
• Serve clients from birth to end of life
• Clients must meet eligibility requirements to receive services
• Programs serve as a safety net for providing critical health services
Key Programs

Nearly 40 programs are administered in this division, including:

• Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

• Women’s Health
  ➢ Healthy Texas Women (HTW)
  ➢ Family Planning Program (FPP)
  ➢ Breast and Cervical Cancer Services (BCCS)
Women, Infants, and Children (WIC)

WIC is a supplemental nutrition program that helps low-income pregnant women, postpartum and breastfeeding women, infants, and young children up to the age of 5

• Eligible participants may receive nutrition education and counseling, breastfeeding support, nutritious foods, and health care referrals to improve health outcomes

• WIC foods are a “prescription” for the nutritional needs of participants. WIC foods are rich in protein, iron, Vitamins C and A, and calcium, which are vital to healthy development during pregnancy, postpartum, and in early childhood
WIC

• WIC participant benefits are loaded onto a Texas WIC card that can be used at any WIC-authorized vendor to purchase approved items included in their WIC food package

• There are 2,226 authorized WIC vendor outlets across Texas

• Nutrition education and breastfeeding support services are provided statewide through 64 contracted local agencies
WIC

December 2018 Participation

- Pregnant Women: 8%
- Breastfeeding Women: 14%
- Postpartum Women: 6%
- Fully Breastfed Infants: 2%
- Partial Breastfed Infants: 12%
- Non-Breastfed Infants: 13%
- Children: 47%

Total: 677,052 monthly participants
Women’s Health Programs

Healthy Texas Women (HTW)

- Created July 1, 2016
- Provides women’s health and family planning services at no cost to eligible, low-income women
- Pending 1115 waiver application with Centers for Medicare & Medicaid Services
- Served 132,464 clients in fiscal year (FY) 2017, with over 220,000 women enrolled in the program in August 2017
- Contracted with 39 service providers with a total of 201 clinic sites across the state in FY 2017
- A total of 5,342 fee-for-service providers were certified to provide HTW services in FY 2017
- HHSC Rider 97 (85-R) Report, due May 1, will provide updates on numbers served, contracted service providers, and clinic sites for FY 2018
Women’s Health Programs

Family Planning Program (FPP)
• Provides family planning health care services to eligible men and women
• Served 97,653 women and men in FY 2017
• Contracted with 53 providers with 258 clinic sites in FY 2017
• Rider 97 report will also provide updates on numbers served, contracted providers, and clinic sites

Breast and Cervical Cancer Services (BCCS)
• Provides low-cost, accessible breast and cervical cancer screening and diagnostic services to women
• Served 32,092 women in FY 2017
• Contracted with 28 entities and a total of 230 clinic sites in FY 2017
# Women’s Health Programs

## Client Eligibility

<table>
<thead>
<tr>
<th>Healthy Texas Women</th>
<th>Family Planning Program</th>
<th>Breast &amp; Cervical Cancer Services Medicaid for Breast and Cervical Cancer</th>
</tr>
</thead>
<tbody>
<tr>
<td>At or under 200% FPL</td>
<td>At or under 250% FPL</td>
<td>BCCS:</td>
</tr>
<tr>
<td>Women ages 15-44</td>
<td>Men and women ages 64 and younger</td>
<td>At or under 200% FPL</td>
</tr>
<tr>
<td>Texas resident</td>
<td>Texas resident</td>
<td>Women age 18 and older</td>
</tr>
<tr>
<td>U.S. citizen or qualified immigrant</td>
<td>No health insurance</td>
<td>Texas resident</td>
</tr>
<tr>
<td>Not pregnant</td>
<td></td>
<td>Women age 18-64</td>
</tr>
<tr>
<td>No private health insurance or Medicaid/CHIP</td>
<td></td>
<td>Texas resident</td>
</tr>
</tbody>
</table>

## Covered Services

<table>
<thead>
<tr>
<th>Healthy Texas Women</th>
<th>Family Planning Program</th>
<th>Breast &amp; Cervical Cancer Services Medicaid for Breast and Cervical Cancer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pregnancy testing</td>
<td>Pregnancy testing</td>
<td>BCCS:</td>
</tr>
<tr>
<td>Pelvic examinations</td>
<td>Pelvic examinations</td>
<td>At or under 200% FPL</td>
</tr>
<tr>
<td>Sexually transmitted infection services</td>
<td>Sexually transmitted infection services</td>
<td>Women age 18 and older</td>
</tr>
<tr>
<td>Breast and cervical cancer screenings and diagnostic services</td>
<td>Breast and cervical cancer screenings</td>
<td>Texas resident</td>
</tr>
<tr>
<td>Clinical breast examination</td>
<td>Clinical breast examination</td>
<td>Women age 18-64</td>
</tr>
<tr>
<td>Screening and treatment for cholesterol, diabetes and high blood pressure</td>
<td>Screening for cholesterol, diabetes, and high blood pressure</td>
<td>Texas resident</td>
</tr>
<tr>
<td>HIV screening</td>
<td>HIV screening</td>
<td>MBCC:</td>
</tr>
<tr>
<td>Long-acting reversible contraceptives</td>
<td>Long-acting reversible contraceptives</td>
<td>At or under 200% FPL</td>
</tr>
<tr>
<td>Oral contraceptive pills</td>
<td>Oral contraceptive pills</td>
<td>Women age 18-64</td>
</tr>
<tr>
<td>Permanent sterilization</td>
<td>Permanent sterilization</td>
<td>Texas resident</td>
</tr>
<tr>
<td>Other contraceptive methods such as condoms, diaphragm, vaginal spermicide, and injections</td>
<td>Other contraceptive methods such as condoms, diaphragm, vaginal spermicide, and injections</td>
<td>Women age 18-64</td>
</tr>
<tr>
<td>Screening and treatment for postpartum depression</td>
<td>Screening and treatment for postpartum depression</td>
<td>Texas resident</td>
</tr>
<tr>
<td>Immunizations</td>
<td>Immunizations</td>
<td>MBCC:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Full Medicaid benefits including:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>o Chemotherapy and radiation</td>
</tr>
<tr>
<td></td>
<td></td>
<td>o Surgery</td>
</tr>
<tr>
<td></td>
<td></td>
<td>o Disease surveillance for clients with triple negative receptor breast cancer</td>
</tr>
<tr>
<td></td>
<td></td>
<td>o Hormone treatments</td>
</tr>
</tbody>
</table>

- **BCCS:** Screening services
  - Clinical breast examination
  - Mammogram
  - Pelvic examination and Pap test
- **MBCC:** Diagnostic services
  - Cervical dysplasia management and treatment
  - Help applying for Medicaid for Breast and Cervical Cancer
Additional Programs

Human Trafficking Resource Center
• Seeks to increase awareness on the healthcare issues surrounding human trafficking victims and coordinate with internal and external stakeholders on trafficking initiatives

County Indigent Health Care
• Helps low-income Texas residents who do not qualify for other state or federal health care programs have access to health care services

Primary Health Care
• Works with clinic sites across Texas to ensure eligible Texas residents can get comprehensive primary health care services to prevent, detect, and treat health problems
Hemophilia Assistance

- Helps Texans with hemophilia cover their medical bills. Assistance is provided with blood factor replacement products or reimbursement for health insurance premium payment.

Kidney Health

- Statewide program that helps Texans with end-stage renal disease pay for their treatment, including dialysis, access surgery, drugs, travel to transplant or dialysis services, and Medicare premiums.

Epilepsy Services

- Works with providers and clinics in Texas to ensure eligible Texas residents with epilepsy or seizure-like symptoms can get comprehensive outpatient services to prevent, detect, and treat health problems.

Title V Fee-for-Service

- Available to low-income women, children, and adolescents who are not eligible for Medicaid, CHIP, CHIP Perinatal, or another source that covers the same service.