Presentation to the House County Affairs Committee

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Deputy Executive Commissioner, Health and Specialty Care System

March 7, 2019
Statewide Behavioral Health Coordinating Council

State government agencies work together to address behavioral health issues across Texas

- Health and Human Services Commission (HHSC)
- Health Professions Council (HPC) (six member agencies)
- Office of the Governor (OOG)
- Texas Education Agency (TEA)
- Texas Veterans Commission
- Texas Tech University System
- Department of Family and Protective Services (DFPS)
- Texas Commission on Jail Standards (TCJS)
- Texas Civil Commitment Office (TCCO)
- Texas Workforce Commission (TWC)
- University of Texas, Health Science Center at Houston
- Texas Department of Housing and Community Affairs (TDHCA)
- University of Texas, Health Science Center at Tyler
- Texas Indigent Defense Commission (TIDC)
- Texas Department of Criminal Justice (TDCJ)
- Court of Criminal Appeals (CCA)
- Texas Military Department (TMD)
- Texas Juvenile Justice Department (TJJD)
HHSC Mental Health Services Continuum of Care

- Prevention and Early Intervention
- Community-Based Treatment and Recovery Services
- Step-Up Step-Down
- Community-Based Crisis Services
- Inpatient & Acute Care

Diversion
Types of Behavioral Health Services

1. **Community Crisis:** Hotlines, Mobile Teams covering 254 counties
   - Limited availability: Respite, Stabilization, Crisis Stabilization/Residential Treatment

2. **Community Outpatient Services:** Med Management, Psychosocial Rehabilitation, Counseling, Peer Services, Assertive Community Treatment, Homeless Services, Home and Community Based Services

3. **Children’s Services:** Med Management, YES Waiver, First Episode Psychosis, Family Partners, Skills Training, Intensive Case Management, Crisis Intervention

4. **Diversion:** Competency Restoration and Jail Diversion programs

5. **Inpatient/Residential:** 600 Community Beds, State Hospital Beds, 40 Residential Treatment Beds, Substance Use Disorder Residential Treatment

6. **Disaster BH Teams:** natural disasters or criminal events

7. **Other Initiatives Help Strengthen Service Delivery:** Certified BH Clinics, Mental Health First Aid, System of Care, Community Resource Coordination Groups (CR CG)

8. **Grants:** SB 55 (84R), HB 13 (85R), SB 292 (85R), Texas Targeted Opioid Response (TTOR)

*Services Offered through Local Mental Health/Behavioral Health Authorities (LMHAs/LBHAs)*
Behavioral Health Matching Grant Programs

**HB 13 + SB 292 Grant Program Dashboard**

<table>
<thead>
<tr>
<th></th>
<th>Projects</th>
</tr>
</thead>
<tbody>
<tr>
<td>Urban Projects</td>
<td>49</td>
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<tr>
<td>Rural Projects</td>
<td>36</td>
</tr>
<tr>
<td>Urban + Rural</td>
<td>19</td>
</tr>
</tbody>
</table>

All Grant Program Outcomes:

- **Almost $77 million in general revenue to nearly 100 organizations in over 230 counties**
- **Over 3,700 individuals** connected with ongoing treatment
- **Nearly 420 individuals** in crisis diverted from hospitals
- **Over 135 individuals** in crisis diverted from emergency rooms
- **Over 1,630 individuals** diverted from coming into contact with the criminal justice system
Mental Health First Aid Numbers Trained

<table>
<thead>
<tr>
<th></th>
<th>Instructors</th>
<th>School District Employees</th>
<th>University Employees</th>
<th>Community Members</th>
<th>Totals</th>
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<tbody>
<tr>
<td>FY14</td>
<td>363</td>
<td>917</td>
<td>0</td>
<td>1588</td>
<td>2868</td>
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<td>206</td>
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<td>0</td>
<td>4792</td>
<td>11525</td>
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<tr>
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<tr>
<td>FY17</td>
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<td>7732</td>
<td>219</td>
<td>4448</td>
<td>12557</td>
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<tr>
<td>FY18</td>
<td>140</td>
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<td>1801</td>
<td>5901</td>
<td>18763</td>
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<tr>
<td>FY19</td>
<td>131</td>
<td>4432</td>
<td>464</td>
<td>3117</td>
<td>8144</td>
</tr>
<tr>
<td>FY14-FY19</td>
<td>1145</td>
<td>37666</td>
<td>2484</td>
<td>24336</td>
<td>65631</td>
</tr>
</tbody>
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0 10000 20000 30000 40000 50000 60000 70000
Substance Use Disorder Services

Outreach, Screening, Assessment and Referral (OSAR) Sites

- 14 OSAR programs are located at LMHAs and LBHAs
- At least one OSAR is located in each of the 11 Health and Human Service Regions
- OSARs may be the first point of contact for those seeking substance use disorder treatment services
- Approximately 30,000 people served annually by OSARs
- Approximately $7 million in annual funding

Substance Use Services

- **Prevention:** Youth prevention programs are delivered before the onset of a substance use disorder and are intended to prevent or reduce the risk of developing a health problem, such as underage alcohol use, prescription drug misuse, or illegal drug use.
- **Intervention:** Intervention programs are designed to work with individuals that have risk factors and behaviors that could lead to a substance use problem if not addressed. There are six substance use intervention services, some with specialized eligible populations specific to the program (e.g., pregnant and postpartum females).
- **SUD Treatment:** Planned, structured, and organized substance use disorder programs designed to initiate or promote a person’s substance free status. Types of services available: Detoxification, Residential, Outpatient. Eligible population: adult Texas residents who meet financial criteria for HHSC-funded substance use disorder services and meet diagnostic criteria for a substance use disorder.
Texas Targeted Opioid Response Services

Opioid Response Continuum of Services

Treatment
- Prevention
- Overdose Prevention
- Treatment in Office
- Treatment in Clinic
- Peer Support
- Employment Support
- Recovery Housing
- Reentry Support

Recovery

Opioid Response Integrated Services

- Emergency Response
- Community Access
- Pre-Arrest Diversion
## Strategic Behavioral Health Plan Outcomes

<table>
<thead>
<tr>
<th>Plan Goals Addressed</th>
<th>Initiative</th>
<th>Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>2,3,4</td>
<td>Hospital Avoidance</td>
<td>99 percent hospital avoidance rate for individuals in ongoing outpatient services. Cost: $14-$45 day vs. $500-$700 for inpatient care.</td>
</tr>
<tr>
<td>1,2,3,4</td>
<td>Mental Health Outpatient Waitlist Elimination/ Increased Served</td>
<td>Over 90 percent decrease in mental health waitlists in 2018 – from 2,700 to fewer than 300 adults waiting. Over 200,000 adults and more than 60,000 children served. 32% increase in Texans served and 22% decrease in unmet need.</td>
</tr>
<tr>
<td>1,2,3,4</td>
<td>Peer Services as a Medicaid Benefit</td>
<td>Effective Jan 1, 2019: Allows Mental Health and Substance Use Disorder to bill Medicaid.</td>
</tr>
<tr>
<td>1,2,3,4</td>
<td>Matching Grant Programs Address Unique Challenges</td>
<td>HB 13 (85R), SB 292 (85R), SB 55 (84R) Matching Grants: $97 million disbursed to nearly 100 organizations in over 230 counties. Those counties have served &gt;100,000 Texans and &gt;1800 Texans diverted from hospital, ER, or jails. &gt;600 Texans showed clinical improvement.</td>
</tr>
<tr>
<td>1,2,3,4</td>
<td>Opioid Response</td>
<td>Increased proportion of people served in evidence based treatment for Opioid Use Disorder from 16% to 35%. Over 41,421 doses naloxone distributed. 684 Texans trained to reverse an overdose - 111 lives saved.</td>
</tr>
<tr>
<td>1,3</td>
<td>Mental Health First Aid (MHFA) Training</td>
<td>Since 2014, more than 50,000 employees of schools and state agencies have been trained in MHFA. This past year alone, close to 20,000 were trained during 2018 in response to the Governor’s school safety plan.</td>
</tr>
<tr>
<td>1,2,4</td>
<td>MH Disaster Response Teams</td>
<td>Worked in collaboration with LMHA and Education Service Centers to provide Crisis Counseling Services to over 200,000 Texans in disaster affected areas.</td>
</tr>
</tbody>
</table>
Health & Specialty Care System (HSCS)

Campuses:
- 13 state supported living centers (SSLCs)
- 9 psychiatric hospitals
- 1 youth residential treatment center
- 1 primary care outpatient clinic

System Overview:
- 22,000+ positions
- 1,400 buildings
- 2,500+ contracts
- ~5,000 served each day
Primary Functions:

- Provides adult psychiatric inpatient treatment; forensic services; child, adolescent, and geropsychiatric treatment

Key Issues:

- Changing population and associated revenue collection issues
- Aging infrastructure
- Workforce recruitment and retention
Impact of Shift in Admissions

• Longer lengths of stay
• Fewer beds available
• More people waiting

MSU = Maximum Security Unit
HSCS Initiatives

**Provide high-quality services**
- Academic partnerships and expansion of telemedicine
- Standardized best practices and processes

**Enhance our workforce**
- Aggressive recruitment campaign, including new website
- Evaluation and reduction of contract and overtime

**Improve access to services**
- Capacity evaluation and changes to increase efficiency
- Changes to admissions processes for individuals charged with certain crimes
- Infrastructure improvements, including renovation and construction
State Hospital (SH) Construction Update

- Senate Bill 1, 85th Legislature, 2017, Article II, HHSC, Rider 147 provided $300M for first of three phases
- Goals include: ensuring safety, expanding maximum security, and decreasing waiting lists

### Ongoing Projects from Phase I

<table>
<thead>
<tr>
<th>Project Description</th>
<th>ESTIMATES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Operations for Kerrville and San Antonio SHs</td>
<td>$15,514,375</td>
</tr>
<tr>
<td>Construction at Austin, San Antonio, Rusk SHs</td>
<td>$701,156,095</td>
</tr>
<tr>
<td>Remaining Phase I Projects Total</td>
<td>$716,670,470</td>
</tr>
</tbody>
</table>

### New Projects

| New Phase II Projects Total | $68,000,000 |

### 2020-21 Total Request (All Projects)

| Total                                    | $784,670,470 |