Core Programmatic Areas:

• **Office of Mental Health Coordination:** Programs include Coordination of the Statewide BH Coordinating Council, Behavioral Health Advisory Committee, and Mental Health First Aid; System of Care Grant; Community Resource Coordination Group (CRCG) activities; and the Veterans Mental Health Program

• **Behavioral Health (BH) Services:** Programs include Adult Mental Health, Crisis Services, Community Based Services - Adult Mental, Youth Empowerment Medicaid Waiver, Substance Use Disorder Services, Texas Targeted Opioid Response, Children’s Mental Health; Forensics Services; and Disaster Services

• **Intellectual and Developmental Disability (IDD):** Provides oversight of Local Intellectual and Developmental Disability Authority (LIDDA) program services as they are the single point of access to publicly funded IDD programs
Statewide Behavioral Health Strategic Plan

VISION

Ensure that Texas has a unified approach to the delivery of behavioral health services that allows all Texans to have access to care at the right time and place.
Statewide Behavioral Health Coordinating Council

State government agencies work together to address behavioral health issues across Texas

| Health and Human Services Commission (HHSC) | Health Professions Council (HPC) (six member agencies) |
| Office of the Governor (OOG) | Texas Education Agency (TEA) |
| Texas Veterans Commission | Texas Tech University System |
| Department of Family and Protective Services (DFPS) | Texas Commission on Jail Standards (TCJS) |
| Texas Civil Commitment Office (TCCO) | Texas Workforce Commission (TWC) |
| University of Texas, Health Science Center at Houston | Texas Department of Housing and Community Affairs (TDHCA) |
| University of Texas, Health Science Center at Tyler | Texas Indigent Defense Commission (TIDC) |
| Texas Department of Criminal Justice (TDCJ) | Court of Criminal Appeals (CCA) |
| Texas Military Department (TMD) | Texas Juvenile Justice Department (TJJD) |
FY 2018 Statewide Behavioral Health Coordinating Council (SBHCC) Expenditures

$1,668,885,164
$256,160,524
$126,909,374
$26,423,236
$8,000,000
$4,000,000
$3,400,168
$1,998,440
$966,700
$318,500
$189,165
$154,611
$100,000
$1,000,000
$10,000,000

TOTAL = $2,184,202,032

[Bar chart showing expenditures for different entities]
Statewide Behavioral Health Coordinating Council Activities

Behavioral Health Matching Grant Programs

- Implementation teams work collaboratively across initiatives
- Tie initiatives back to the Statewide Behavioral Health Strategic Plan
- Assure a strategic distribution of resources across the state, with an emphasis on underserved areas and unmet needs
- Avoid duplication of effort by agencies
- Outcomes and reporting
# IDD-BH Clients Served

<table>
<thead>
<tr>
<th>Program Area</th>
<th>Number Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>Behavioral Health Services</td>
<td>5,479,677</td>
</tr>
<tr>
<td>IDD Services</td>
<td>68,746</td>
</tr>
<tr>
<td>Office of Mental Health Coordination</td>
<td>218,449</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>5,766,872</strong></td>
</tr>
</tbody>
</table>
Types of Behavioral Health Services

Behavioral Health services are delivered through:

- Adult Mental Health
- Crisis Services
- Community Based Services (HCBS) - Adult Mental Health
- Youth Empowerment Services Medicaid Waiver
- Substance Use Disorder Services
- Texas Targeted Opioid Response
- Children’s Mental Health
- Forensic and Jail Diversion Services
- Disaster Behavioral Health Services
Local mental health authorities and local behavioral health authorities (LMHAs and LBHAs):

• Provide services statewide to low-income adults who have been diagnosed with a severe and persistent mental illness

• Eligibility:
  ➢ Low-income adults 18 years and older
  ➢ People experiencing significant functional impairment due to a severe and persistent mental health disorder that requires crisis resolution or ongoing, long-term support and treatment
  ➢ Eligible diagnoses include: schizophrenia, bipolar disorder, major depressive disorder, post-traumatic stress disorder, schizoaffective disorder, obsessive-compulsive disorder, anxiety disorder, attention deficit disorder, delusional disorder, and eating disorders
  ➢ Some target special populations, such as veterans or persons who are homeless

• HHSC contracts with 39 LMHAs and LBHAs to deliver mental health services in communities across Texas
Children's Mental Health provides community mental health services to eligible children and youth through LMHAs and LBHAs:

- counseling
- skills training and development
- routine and intensive case management, including wraparound planning process
- medication management
- family partner services
- crisis intervention
- other adjunct services, such as support groups and respite services
Eligibility Criteria:

- **SUD Prevention**: The primary population is all youth, Pre-Kindergarten to 12th grade, from the general population in a school, or a community. The secondary population may include: (a) parents, grandparents, guardians, and siblings of youth participants, and (b) community members in the funded service area.

- **SUD Intervention**: Intervention programs are designed to work with individuals that have risk factors and behaviors that could lead to a substance abuse problem if not addressed. There are six substance use intervention services, some with specialized eligible populations specific to the program (e.g., pregnant and postpartum females; males referred by DFPS identified at risk and have children under age six; youth and adults living within the rural border community who have or are at risk; those who use/abuse alcohol and other drugs and at risk of HIV infection, etc).

- **SUD Treatment**: Planned, structured, and organized substance use disorder programs designed to initiate or promote a person’s substance free status. Types of services available: Detoxification, Residential, Outpatient. Eligible Population: Adult Texas residents who meet financial criteria for HHSC-funded substance use disorder services and meet The Diagnostic and Statistical Manual of Mental Disorders criteria for a diagnosis of substance intoxication or withdrawal. Populations served- Adult men and women and youth.
Substance Use Disorder Services

Outreach, Screening, Assessment and Referral (OSAR) Sites

• 14 OSAR programs are located at LMHAs and LBHAs
• At least one OSAR is located in each of the 11 Health and Human Service Regions
• OSARs may be the first point of contact for those seeking substance use disorder treatment services
• Approximately 30,000 people served annually by OSARs
• Approximately $7 million in annual funding
## Substance Use Disorder Services: HHSC Programs

<table>
<thead>
<tr>
<th>Service Array</th>
<th>Program</th>
</tr>
</thead>
</table>
| **Prevention** | • Youth Prevention Education  
• Prevention Resource Centers  
• Community Coalition Partnerships |
| **Intervention** | • Outreach, Screening, Assessment and Referral  
• Pregnant and Postpartum Intervention  
• Parenting Awareness and Drug Risk Education  
• Rural Border Initiative  
• HIV Outreach  
• HIV Early Intervention |
| **Treatment** | • Adults: Detox, Residential, Outpatient, Specialized Women, Medication Assisted, Co-Occurring, HIV Residential  
• Youth: Intensive Residential; Supportive Residential, Outpatient |
| **Recovery** | • Recovery Support Services  
• Peer Support and Peer Recovery Services |
| **Initiatives** | • Neonatal Abstinence Syndrome  
• Strategic Prevention Framework for Prescription Drugs  
• Texas Targeted Opioid Response  
• First Responders – Comprehensive Addiction Recovery Act  
• Statewide Youth Treatment Implementation  
• HB 13 Community Mental Health Grant Program  
• SB 292 Mental Health Grant Program for Justice-Involved Individuals |
Types of IDD Services and Supports

IDD services and supports are delivered through:

- Medicaid Programs and Waivers
  - Medicaid Community First Choice (CFC)
  - Home and Community-based Services (HCS)
  - Texas Home Living (TxHmL)
  - Community Living Assistance and Support Services (CLASS)
  - Deaf Blind with Multiple Disabilities (DBMD)
- Local IDD Authorities (LIDDAs)
- Intermediate Care Facilities for Individuals with an Intellectual Disability or Related Conditions (ICF/IID)
- Community-based ICF/IID
- State Supported Living Centers (SSLCs)
The IDD Services unit contracts with thirty-nine LIDDAs

LIDDAs conduct the following activities that help individuals access services:

- Provide information about services and supports
- Help individuals identify community-based services and supports or residential placement
- Conduct psychological testing to determine eligibility
- Assist with enrollment into community-based services and supports or residential placements
LIDDAs receive General Revenue (GR) funding to support individuals in the community awaiting services in a waiver program.

GR Services may include but are not limited to:

- Respite
- Service Coordination (Targeted Case Management)
- Employment Assistance/Supported Employment
- Day Habilitation Services
- Community Support Services
- Behavioral Support Services
The 84th Legislature funded support for individuals with IDD with significant behavioral and psychiatric challenges

- Crisis Intervention Specialists enhance current Mobile Crisis Outreach Teams (MCOTs) to provide:
  - Real time response to crisis situations
  - Training and educating MCOT workers on IDD supports and services

- Crisis respite provides short-term respite for individuals with IDD:
  - Out-of-home crisis respite provides on-site therapeutic support and 24-hour supervision
  - In-home crisis respite provides therapeutic support in a less restrictive setting for crises that can be resolved within a 72-hour period
OVER 32 percent increase in number served in MH and 22 percent decrease in unmet need since Fiscal Year 2012

Over 90 percent decrease in mental health waitlists past year

99 percent hospital avoidance rate for individuals in ongoing OP services

$77 million disbursed for mental health grant programs to nearly 100 organizations in over 230 counties

18,700 people trained in Mental Health First Aid during Fiscal Year 2018, a 49 percent increase compared to Fiscal Year 2017

HB13 and SB292 Matching Grant Program- 150 counties serving more than 100,000 Texans-over 1800 people diverted from hospital, ER or jails. Over 600 individuals showed clinical improvement.

Enhanced Community Coordination and Transition Support Teams- Nearly 500 individuals diverted or transitioned for Nursing Homes/SSLC’s in FY17
IDD-BH Services Fiscal Year (FY) 2019 Budget $1,253,892,934

Method of Finance

<table>
<thead>
<tr>
<th>Method of Finance</th>
<th>Behavioral Health Services</th>
<th>IDD Services</th>
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</thead>
<tbody>
<tr>
<td>General Revenue</td>
<td>68%</td>
<td>71%</td>
</tr>
<tr>
<td>Federal</td>
<td>31%</td>
<td>29%</td>
</tr>
<tr>
<td>Other</td>
<td>1%</td>
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</tr>
</tbody>
</table>

Behavioral Health Services $1,043,373,745 83%

IDD Services $203,481,147 16%

Office of Mental Health Coordination $2,745,831 0%

Departmental Leadership and Special Projects $4,292,211 1%
Enhance Outpatient Mental Health Capacity

- **Category**: Address Capacity Demands for Behavioral Health Services

- This request would expand capacity in community-based outpatient mental health services to address growing demand due to population growth

- **Partially funded in H.B. 1 - $11.8 million** for expanded children’s mental health outpatient services

<table>
<thead>
<tr>
<th>$ in Millions</th>
<th>Biennium*</th>
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</thead>
<tbody>
<tr>
<td>General Revenue (GR)</td>
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<td>FTEs</td>
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</table>
Exceptional Item #19

SBHCC: Ensure Services for Individuals Experiencing Early Psychosis

- **Category**: Address Capacity Demands for Behavioral Health Services

- This request would support expansion of Coordinated Specialty Care programs to provide behavioral health services and supports to individuals experiencing an early onset of psychosis

<table>
<thead>
<tr>
<th>$ in Millions</th>
<th>Biennium</th>
</tr>
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<tbody>
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<td>General Revenue (GR)</td>
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<td>FTEs</td>
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</table>
Exceptional Item #20

SBHCC: Ensure Access to Residential Treatment Center Beds for Children

• **Category:** Address Capacity Demands for Behavioral Health Services

• This request would increase the number of residential treatment center beds from 40 to 50 for children/youth with severe emotional disturbance at risk of parental relinquishment of custody to the Department of Family and Protective Services (DFPS)

<table>
<thead>
<tr>
<th></th>
<th>$ in Millions</th>
<th>Biennium</th>
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<td>General Revenue (GR)</td>
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<td>FTEs</td>
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</table>
Exceptional Item #21

Substance Use Disorder Treatment

- **Category**: Address Demands for Behavioral Health Services

- This request would fund rate increases for substance use disorder treatment and recovery services for indigent (i.e. non-Medicaid) care and necessary technology changes to incorporate an updated rate structure.

<table>
<thead>
<tr>
<th>$ in Millions</th>
<th>Biennium</th>
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<tbody>
<tr>
<td>General Revenue (GR)</td>
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<tr>
<td>FTEs</td>
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</table>
Exceptional Item #22

SBHCC: Maintain and Expand IDD Crisis Continuum of Care

- **Category**: Address Community Services Needs for Individuals with Intellectual and Developmental Disabilities

- This request would maintain and expand services and supports to IDD community crisis continuum of care for individuals with IDD and co-occurring behavioral health diagnoses

<table>
<thead>
<tr>
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<tbody>
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<tr>
<td>FTEs</td>
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</tbody>
</table>
Exceptional Item #24

Improve System Efficiency to Comply with Preadmission Screening and Resident Review (PASRR) Requirements

- **Category**: Comply with State and Federal Laws and Regulations

- This request would provide funding to improve and enhance the existing Long-term Care (LTC) Online Portal to reduce duplicative processes and ensure appropriate services are delivered to clients in compliance with Preadmission Screening and Resident Review (PASRR) requirements.

<table>
<thead>
<tr>
<th>$ in Millions</th>
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<td>FTEs</td>
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</table>
Exceptional Item #27

Improve Capacity for Community Inpatient Psychiatric Services

- **Category:** Address Capacity Demands for Behavioral Health Services

- This request would enable local mental health authorities to purchase 75 additional psychiatric hospital beds and includes funding for quality monitoring staff, support, and travel

<table>
<thead>
<tr>
<th></th>
<th>$ in Millions</th>
<th>Biennium</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Revenue (GR)</td>
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<tr>
<td>FTEs</td>
<td>4.1</td>
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</table>
Exceptional Item #44

SBHCC: Enhance Real-Time Behavioral Health Data Sharing

- **Category:** Address Capacity Demands for Behavioral Health Services

- This request would support enhanced data sharing between HHSC Mental and Behavioral Health Outpatient Data Warehouse and the Department of Public Safety Texas Law Enforcement Telecommunications System

- This would result in improved tracking of individuals interacting with the public behavioral health and law enforcement systems

<table>
<thead>
<tr>
<th>$ in Millions</th>
<th>Biennium</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>General Revenue (GR)</strong></td>
<td>$0.4</td>
</tr>
<tr>
<td><strong>All Funds (AF)</strong></td>
<td>$0.4</td>
</tr>
<tr>
<td><strong>FTEs</strong></td>
<td>3.0 (FY 20) 0.0 (FY 21)</td>
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</table>