RHP 5: Integrated Primary and Behavioral Health Services:

Tropical Texas Behavioral Health

Diana Maldonado, Primary Care Services Director
Focused on meeting the needs of the behavioral health patients lacking primary care and preventative care.

Implementation includes High Level of the Integration Model
- Fully Integrated EHR System and collaboration between BH and PC Teams
- Integrated staff meetings, communication between providers and all team members, and weekly executive meetings and monthly workgroup meetings.
- Patient Assistance Program
- Chronic care program
- Nutrition, health and fitness program
Developing and Planning for
Integrated Primary Care and Behavioral Health Outcomes

Steps to an Integrated Program and Outcomes
- Well structured plan, do, study act proposal
- Executive and staff buy-in
- Develop team leads, team meetings, and meet frequently
- One EHR helps to record all data in one place
- Collect data, metrics, and measures
- Revise, review and monitor health outcomes, program progress
- Research development, cost containment, sustainability, and reduce health care costs overall
- Next steps: managed care contracts, sustainability, and higher level of integration