

The Medically Dependent Children Program

The Medically Dependent Children Program (MDCP) offers community-based services for people who need the level of care provided in a nursing home but would like to remain in the community. To be eligible, the child or young adult must:

- be age 20 or younger.
- need the level of care provided by a nursing home.
- live in Texas.
- be eligible for Medicaid.

Medicaid eligibility is based on the child's or young adult's income and resources.

What services are included in MDCP?

You will get Medicaid services, including long-term services and supports, unlimited prescriptions and a service coordinator assigned to you. Some of the services you might get:

- Personal care services – basic attendant care to help you with activities of daily living, like preparing meals, bathing and cleaning.
- Private duty nursing – nursing services for people who meet the medical necessity criteria and who need individualized, continuous, skilled care beyond the care provided through home health.
- Physical, speech and occupational therapies.
- MDCP services.

MDCP services include:

- Respite – a service that provides temporary relief from caregiving during the times when the primary caregiver would normally provide care. This service can be provided at home or outside of the home.
- Flexible Family Support Services – supports designed for you so you can do age-appropriate activities like child care, independent living and post-secondary education.
- Adaptive aids – devices to treat, rehabilitate, prevent or compensate for conditions resulting in disability or loss of function. These devices allow you to perform activities of daily living or control the environment you live in.
- Minor home modifications – changes to help you move around your home safely, like a wheelchair ramp or modifying your bathroom to make it easier to use.
- Transition assistance – a one-time financial service to help you move out of a nursing home and back to the community. This service can help with payment for deposits or help you set up your home.
- Employment assistance – helps you find a paid job in the community.
- Supported employment – helps you keep job employment or stay self-employed.
- Financial management services – services delivered by a financial management services agency through the consumer directed services option.

In STAR Kids, a nurse from the health plan you pick will schedule a time that works for you to come and see if you're eligible for these services. If you're still interested in these services, please follow the instructions that came with this information.