	1. TRANSMITTAL NUMBER:	2. STATE:
TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL	21-0053	TEXAS
FOR: CENTERS FOR MEDICARE AND MEDICAID SERVICES	3. PROGRAM IDENTIFICATION: TITLE SECURITY ACT (MEDICAID)	XIX OF THE SOCIAL
TO: REGIONAL ADMINISTRATOR CENTERS FOR MEDICARE AND MEDICAID SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES	4. PROPOSED EFFECTIVE DATE: October 01, 2021	
5. TYPE OF PLAN MATERIAL (Circle One):		
☐ NEW STATE PLAN ☐ AMENDMENT TO B	E CONSIDERED AS NEW PLAN	AMENDMENT
COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (Separate Transmittal for each amendment)	
6. FEDERAL STATUTE/REGULATION CITATION:	7. FEDERAL BUDGET IMPACT: SE	E ATTACHMENT
Title XIX of the SSA; 42 CFR §441.745(b)	a. FFY 2021 \$0 b. FFY 2022 \$0 c. FFY 2023 \$0	
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT:	9. PAGE NUMBER OF THE SUPERSED OR ATTACHMENT (If Applicable):	ED PLAN SECTION
SEE ATTACHMENT TO BLOCKS 8 & 9	SEE ATTACHMENT TO BL	OCKS 8 & 9
10. SUBJECT OF AMENDMENT:		
The proposed amendment is to modify the Quality Improvement replace current quality measures with new measures; and modern control of the proposed amendment is to modify the Quality Improvement and modern control of the proposed amendment is to modify the Quality Improvement and proposed amendment is to modify the Quality Improvement and proposed amendment is to modify the Quality Improvement and proposed amendment is to modify the Quality Improvement and proposed amendment is to modify the Quality Improvement and proposed amendment is to modify the Quality Improvement and proposed amendment is to modify the Quality Improvement and proposed amendment is to modify the Quality Improvement and proposed amendment is to modify the Quality Improvement and proposed amendment is to modify the Quality Improvement and proposed amendment is to modify the Quality Improvement and proposed amendment is to modify the Quality Improvement and proposed amendment is to modify the Quality Improvement and proposed amendment is to modify the Quality Improvement and proposed amendment is to modify the Quality Improvement and proposed amendment is to modify the Quality Improvement and proposed amendment is to modify the Quality Improvement and proposed amendment is to modify the Quality Improvement and proposed amendment is to modify the Quality Improvement and proposed amendment		
11. GOVERNOR'S REVIEW (Check One):		
GOVERNOR'S OFFICE REPORTED NO COMMENT		
COMMENTS OF GOVERNOR'S OFFICE ENCLOSED		
☐ NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL		
12. SIGNATURE OF STATELY AGENCY OFFICIAL: Stephanie Stephens Date: 2021.12.30	16. RETURN TO:	
Stephens Date: 2021.12.30 11:03:29 06'00' 13. TYPED NAME:	Stephanie Stephens State Medicaid Director	
Stephanie Stephens	Post Office Box 13247, MC: H-100	
	Austin, Texas 78711	
14. TITLE:		
State Medicaid Director		
15. DATE SUBMITTED:		
December 30, 2021		
FOR REGIONAL OFFICE LIGE ONLY		
FOR REGIONAL OFFICE USE ONLY 17. DATE RECEIVED:	18. DATE APPROVED: 3/7/20	22
December 30, 2021	3/7/20	
PLAN APPROVED – ONE COPY ATTACHED 19. EFFECTIVE DATE OF APPROVED MATERIAL:	20. SIGNATURE OF REGIONAL OFFICE	AI:
October 1, 2021	23. GIGIWATORE OF REGIGIWAE OF FIGH	, (L.
21. TYPED NAME: George P. Failla, Jr.	22. TITLE: Director, DHCBSO	
23. REMARKS:		

Attachment to Blocks 8 & 9 of CMS Form 179

Transmittal Number 21-0053

Number of the	Number of the Superseded
Plan Section or Attachment	Plan Section or Attachment

Attachment 3.1-i Attachment 3.1-i

Page 5-6 Page 10 Page 23 Page 25 Page 27 Page 29 Page 32 Page 34-35 Page 37 Page 40-41 Page 45 Page 45 Page 54 Page 55 Page 56 Page 56 Page 58-63 Page 65	Pages 5-6 (TN 20-0003) Page 10 (TN 16-0001) Page 23 (TN 20-0003) Page 25 (TN 20-0003) Page 27 (TN 20-0003) Page 29 (TN 20-0003) Page 32 (TN 20-0003) Page 34-35 (TN 20-0003) Page 37 (TN 20-0003) Page 40-41 (TN 20-0003) Page 45 (TN 20-0003) Page 49 (TN 20-0003) Page 54 (TN 20-0003) Page 55 (TN 20-0003) Page 56 (TN 20-0003) Page 56 (TN 20-0003) Page 58-63 (TN 20-0003) Page 65 (TN 20-0003)
Page 56-65 Page 66 Page 70-74	Page 56-63 (TN 20-0003) Page 66 (TN 20-0003) Page 70-74 (TN 20-0003)
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Approved: Effective: October 1, 2021

(By checking the following boxes the State assures that):

☑ Conflict of Interest Standards. The state assures the independence of persons performing evaluations, assessments, and plans of care. Written conflict of interest standards ensure, at a minimum, that persons performing these functions are not:

- related by blood or marriage to the individual, or any paid caregiver of the individual
- financially responsible for the individual
- empowered to make financial or health-related decisions on behalf of the individual
- providers of State plan HCBS for the individual, or those who have interest in or are employed by a provider of State plan HCBS; except, at the option of the state, when providers are given responsibility to perform assessments and plans of care because such individuals are the only willing and qualified entity in a geographic area, and the state devises conflict of interest protections. (If the state chooses this option, specify the conflict of interest protections the state will implement):

HHSC ensures that conflicts of interest do not occur. The individuals performing the independent assessments, reassessments, and Person Centered Service Plans (AKA Individual Recovery Plans) (IRP)s cannot also be providers of HCBS-AMH on the IRP or under the administrative control of a provider of HCBS-AMH on the IRP unless the provider is the only willing and qualified entity in a geographic area who can be responsible for assessments and person-centered service plan development.

The individuals performing the assessments and IRPs are HHSC employees or contractors who are delegated this responsibility. Contractors must have the requisite experience and skill to perform assessments and/or IRPs. For assessments and person-centered service plan development, the contractors may be public or private sector entities, but may not be HCBS-AMH providers, unless they are the only willing and qualified entity in a geographic area who can be responsible for assessments and person-centered service plan development. The needs-based assessments are reviewed by HHSC staff pursuant to the 1915(i) Quality Improvement Strategy (QIS) requirements listed later in this state plan. HHSC will biennially review contractors who complete assessments and IRPs to ensure that they do not have an interest in or are under the control of a provider on the IRP. Contractors delegated the responsibility to perform assessments who are an HCBS-AMH provider of last resort will have a higher level of scrutiny.

IRPs will be completed by recovery managers. Recovery management may only be provided by agencies and individuals employed by agencies who are not providers of other HCBS-AMH services for the individual, or those who have interest in or are employed by a provider of HCBS-AMH on the IRP. On occasion the State anticipates exceptions may be necessary in which the recovery management provider for the individual is employed by a provider of other HCBS-AMH services on the IRP as the provider of last resort. Recovery management may only be provided by the provider of last resort when they are the only willing and qualified entity in a geographic area who can be responsible for the development of the person-centered service plan. Recovery management will only be provided by the provider of last resort when there is no other willing and qualified non-provider entity to perform these functions.

Texas anticipates that some service areas may not have separate Provider Agencies and Recovery Management Entities, who develop the person-centered service plans that meet requirements of the program and provider agreement. HHSC will enroll HCBS-AMH Provider Agencies and Recovery Management entities through separate Open Enrollments and will actively recruit both types of entities with consideration for counties where Recovery Management Providers are serving as the recovery management provider of last resort. The state anticipates the provision of recovery management by recovery management provider of last resort and instances in which contractors delegated the responsibility to perform assessments are an HCBS-AMH provider of last resort will occur in health manpower shortage areas, combined with rural and frontier counties.

- Health manpower shortage area designations can be found at: http://hpsafind.hrsa.gov/
- Rural county designations can be found at: http://www.dshs.texas.gov/chs/hprc/counties.shtm
- Frontier and Remote Area Codes as identified by the Economic Research Service of the United States Department of Agriculture can be found at: https://www.ers.usda.gov/data-products/frontier-and-remotearea-codes/

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In lieu of denying an individual residence in his/her community of choice due to lack of available Provider Agencies and Recovery Management Entities, the State foresees that in this circumstance an HCBS provider of last resort may also provide recovery management services with certain conflict of interest protections in place.

When an HCBS provider of last resort also provides recovery management services, HHSC will require a clear separation of provider and recovery management functions. The distinct individual staff providing recovery management must be administratively separate from other HCBS-AMH provider functions and any related utilization review units and functions. Recovery Managers who work for provider agencies that are providing other HCBS-AMH services as the provider of last resort will not be providers of any other HCBS-AMH service on the IRP. HHSC reviews the administrative structure of the HCBS-AMH agency to ensure that there is a clear administrative separation of recovery management and HCBS-AMH provider staff/functions before approving a provider to serve as a recovery manager, and periodically reviews (including unannounced site-reviews) the individuals performing recovery management to ensure that they are not providers of HCBS-AMH and not under the administrative control of units providing HCBS-AMH services. HHSC will also review resulting IRPs to ensure that there is no conflict of interest.

The following conflict mitigation strategies are utilized by HHSC:

- Individual staff performing the assessments shall not be under the same administrative authority of staff providing HCBS-AMH or developing the IRP.
- Restricting the entity that develops the person-centered service plan from providing services without the direct approval of the state.
- Requiring the recovery management entity that develops the IRP to be administratively separate the plan development function from the direct service provider functions.
- Assuring that individuals can advocate for themselves or have an advocate present in planning meetings.
- Full disclosure to participants and assurance that participants are supported in exercising their right to free choice of providers and are provided information about the full range of HCBS-AMH services, not just the services furnished by the recovery management entity that is responsible for development of the IRP.
- Having clear, well-known, and easily accessible means for individuals to make grievances and/or appeals to the State for assistance regarding concerns about choice, quality, and outcomes. This includes a consumer bill of rights for mental health; published rules on consumer rights; a toll-free line staffed by dedicated Consumer Rights representatives who can answer questions about rights and assist the individual in resolving issues with mental health HCBS services or with filing a complaint regarding services. HHSC's client ombudsman office is also available via toll-free line to assist consumers in resolving issues with Medicaid providers or services. Information on these rights and grievance/appeal processes will be provided in writing to each individual enrolled in the HCBS program.
- Documenting the number and types of appeals and the decisions regarding grievances and/orappeals.
- Conducting biennial on-site reviews, desk reviews, and analysis of aggregate and individual data.
- Documenting consumer experiences with measures that capture the quality of IRP development
- **6. E** Fair Hearings and Appeals. The state assures that individuals have opportunities for fair hearings and appeals in accordance with 42 CFR 431 Subpart E.
- 7. No FFP for Room and Board. The state has methodology to prevent claims for Federal financial participation for room and board in State plan HCBS.
- 8. Non-duplication of services. State plan HCBS will not be provided to an individual at the same time as another service that is the same in nature and scope regardless of source, including Federal, state, local, and private entities. For habilitation services, the state includes within the record of each individual an explanation that these services do not include special education and related services defined in the Individuals with Disabilities Education Improvement Act of 2004 that otherwise are available to the individual through a local education agency, or vocational rehabilitation services that otherwise are available to the individual through a program funded under §110 of the Rehabilitation Act of 1973.

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inpatient psychiatric

6. Needs-based Institutional and Waiver Criteria. (By checking this box the state assures that): There are needs-based criteria for receipt of institutional services and participation in certain waivers that are more stringent than the criteria above for receipt of State plan HCBS. If the state has revised institutional level of care to reflect more stringent needs-based criteria, individuals receiving institutional services and participating in certain waivers on the date that more stringent criteria become effective are exempt from the new criteria until such time as they no longer require that level of care. (Complete chart below to summarize the needs-based criteria for State Plan HCBS and corresponding more-stringent criteria for each of the following institutions):

State plan HCBS needs-	NF (& NF LOC**	ICF/IID (& ICF/IID	Applicable Hospital* (&	
based eligibility criteria	waivers)	LOC waivers)	Hospital LOC waivers)	
The individual must:	The individual must:	The individual must:	The individual must:	
1. Require HCBS-AMH	Live in a Medicaid-	Live in a Medicaid-	1. Have a valid diagnosis	
services to improve or	certified NF for 30	certified Intermediate	as listed in the current	
maintain functioning,	consecutive days or live	Care Facility for	version of the ICD as the	
prevent relapse to a lower	in the community (for NF	Individuals with	principal admitting	
level of functioning, and	LOC waivers) and meet	Intellectual or	diagnosis and one of the	
maintain residence in the	medical necessity	Developmental	following:	
community;	requirements (see below)	Disabilities (ICF-IID) for		
demonstrated by a level		30 consecutive days or	a. Outpatient therapy or	
of functional need	According to Texas rules	live in the community	partial hospitalization has	
(ANSA score of 2 or	(40 Tex. Admin. Code	(for ICF/IID waivers) and	been attempted and failed	
higher) that indicates a	§19.2401), an individual	meet medical necessity	b. A psychiatrist has	
need for intervention	must meet both of the	requirements (see below)	documented reasons why	
provided by HCBS-AMH	following criteria for		an inpatient level of care	
services that is identified	medical necessity:	1. Have a diagnosed	is required.	
in one of the following		developmental disability.		
domains assessed by the	1. The individual must	The term "developmental	AND	
ANSA: behavioral	demonstrate a medical	disability" means a	0 551	
health, life domain	condition that:	severe, chronic disability	2. The individual must	
functioning (including	*	of an individual that:	meet at least one of the	
ADLs and IADLs), or	* is of sufficient	* ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' '	following criteria:	
functional needs and	seriousness that the individual's needs exceed	* is attributable to a	a. The individual is	
strengths;	the routine care which	mental or physical impairment or	presently a danger to self,	
٨ ٨	may be given by an	combination of mental	demonstrated by at least	
And	untrained person; and	and physical	one of the following: (i) Recent suicide attempt	
2. Meet one of the	untrained person, and	impairments;	or active suicidal threats	
following risk categories:	* requires licensed	* is manifested before the	with a deadly plan, and	
a. Demonstrate a history	nurses' supervision,	individual attains age 22;	there is an absence of	
of extended or repeated	assessment, planning, and	* is likely to continue	appropriate supervision	
stay(s) in an inpatient	intervention that is	indefinitely;	or structure to prevent	
psychiatric hospital (i.e.,	available only in an	* results in substantial	suicide.	
three years or more of	institution.	functional limitations in 3	(ii) Recent self-	
consecutive or		or more of the following	mutilative behavior or	
cumulative inpatient	AND	areas of major life	active threats of same	
psychiatric		activity:	with likelihood of acting	
hospitalization during the	2. The individual must	(i) Self-care.	on the threat, and there is	
five years prior to initial	require medical or	(ii) Receptive and	an absence of appropriate	
enrollment in HCBS-	nursing services that:	expressive language.	supervision or structure	
AMH);		(iii) Learning.	to prevent self- mutilation	
	*are ordered by a	(iv) Mobility.	(i.e., intentionally	
b. Demonstrate in the	physician;	(v) Self-direction.	cutting/burning self).	
three years prior to initial		(vi) Capacity for	(iii) Active hallucinations	
enrollment in HCBS-	*are dependent upon the	independent living.	or delusions directing or	
AMH two or more	individual's documented	(vii) Economic self-	likely to lead to serious	
psychiatric crises (i.e.,	medical conditions;	sufficiency;	self-harm or debilitating	

and

psychomotor agitation or

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- The HCBS-AMH provider must administer the medication according to the label directions or as amended by a physician.
- The HCBS-AMH provider must administer the medication only to the individual for whom it is intended.
- The HCBS-AMH provider must not administer the medication after its expiration date.
- If applicable, the HCBS-AMH provider may provide non-prescription medications if the HCBS-AMH provider obtains LAR consent prior to administration of the medication. Consent may be given overthe phone and documented as such by the HCBS-AMH provider.
- At least quarterly, or more frequently if indicated by the individual's condition, medication regimen or changes to the regimen, HCBS-AMH providers shall review medication administration records to ensure that medications are correctly administered.

HHSC includes medication management review as part of its biennial review of contracted HCBS-AMH providers. HHSC is responsible for monitoring the performance of providers administering medications to the individual. HHSC enforces requirements through biennial review and review of critical incidents.

9. Maintenance of Person-Centered Service Plan Forms. Written copies or electronic facsimiles of service plans are maintained for a minimum period of 3 years as required by 45 CFR §74.53. Service plans are maintained by the following *(check each that applies):*

×	Medicaid agency	Operating agency	×	Case manager
	Other (specify):			

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HCBS Provider Agency that meets the minimum eligibility and standards for HCBS-AMH provider enrollment.				with HHSC to employs or co services. The the requirement assistance services as allowed time frames for demonstrate k successfully succ	er agency enrolled and contracted opprovide HCBS services, which ontracts with a provider of TAS TAS provider must comply with ints for delivery of transition vices, which include requirements able purchases, cost limits, and or delivery. TAS providers must mowledge of, and history in, erving individuals who require inmunity-based services. In ginto a provider agreement with gency, HHSC verifies the impliance with these qualifications dentialing process. Contracted obligated to verify on an ongoing e qualifications are achieved, and documented. HHSC will ital review to verify these continue to be met after the HHSC enter into an agreement. Eviders of TAS must be 18 years r, pass criminal background strate knowledge and/or managing transitions to home and
Verification of Pro	vider Qualificatio	ns (For each	n prov	·	above. Copy rows as needed):
Provider Type (Specify):	Entity Respon	`	•		Frequency of Verification (Specify):
HCBS Provider Agency that meets the minimum eligibility and standards for HCBS-AMH provider enrollment.	HHSC				Biennial
Service Delivery M	lethod. (Check each	h that applie			
□ Participant-dire	cted		/	Provider manag	ged

Service Specifications (Specify a service title for the HCBS listed in Attachment 4.19-B that the state plans to cover):

Service Title: HCBS Psychosocial Rehabilitation Services

Service Definition (Scope):

HCBS Psychosocial Rehabilitation services are evidence-based or evidence-informed interventions which support the individual's recovery by helping the individual develop, refine, and/or maintain the skills needed to function successfully in the community to the fullest extent possible. Skills include but are not limited to: illness/recovery management, self-care, activities of daily living, and instrumental activities of daily living. The modality(ies) used must be approved by HHSC. A variety of evidence-based practices may be used as appropriate to individual needs, interests and goals. Activities included must be intended to achieve the identified goals or objectives as set forth in the individual's IRP. Rehabilitative services are face-to-face interventions with the individual present. Services may be provided individually or in a group setting.

The provider must incorporate research-based approaches pertinent to the needs of the target population.

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HCBS Provider Agency that meets the minimum eligibility and standards for HCBS- AMH provider enrollment.			contracted with AMH services contract with Rehabilitation. Before entering with the providers' contracted proportion of the providers of the	der agency enrolled and ath HHSC to provide HCBS-es, which employs or has a the HCBS Psychosocial in practitioner. In ginto a provider agreement ider agency, HHSC verifies the inpliance with these is through a credentialing process. To roviders are obligated to verify go basis that these qualifications in maintained, and documented in ites. HHSC will conduct biennial if these requirements continue for the provider and HHSC enterment. In the provider and HHSC enterments in the provider and HHSC enterments in the provider and fidelity to the edipartices (EBPs) used. The providers must have the level of the edipartices (EBPs) used. The provider in psychology or a related approved training and/or in the evidence-based practice(s) do must be supervised by a cian trained and competent in
Verification of Prov	ider Qualification	s (For each provide	er type listed a	bove. Copy rows as needed):
Provider Type (Specify):	Entity Res	sponsible for Verific (Specify):	cation	Frequency of Verification (Specify):
HCBS Provider Agency that meets the minimum eligibility and standards for HCBS- AMH provider enrollment.	HHSC			Biennial
Service Delivery Me	ethod. (Check each	that applies):		
☐ Participant-dire	cted	V	Provider mana	ged
				-
plans to cover):	ns (Specify a servic aptive aids	e title for the HCBS	S listed in Attac	chment 4.19-B that the state
Service Definition (S	cope):			

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HCBS Provider Agency that meets the minimum eligibility and standards for HCBS- AMH provider enrollment.			contracted we services, whi adaptive aid Before entering with the providers' contracted proportion on an ongoin are achieved, personnel filter review to verto be met after into an agree Adaptive aid must comply regulations for	ng into a provider agreement rider agency, HHSC verifies the impliance with these is through a credentialing process. To viders are obligated to verify g basis that these qualifications maintained, and documented in es. HHSC will conduct biennial ify these requirements continue er the provider and HHSC enterment. providers and their employees with all applicable laws and or the provision of adaptive aids.
Verification of Prov			· -	bove. Copy rows as needed):
Provider Type (Specify):	Entity Res	sponsible for Ver (Specify):	ification	Frequency of Verification (Specify):
HCBS Provider Agency that meets the minimum eligibility and standards for HCBS- AMH provider enrollment.	HHSC			Biennial
Service Delivery Me	e thod. (Check each	that applies):		
□ Participant-dire	ected	✓	Provider mana	ged

Service Specifications	(Specify a serv	vice title for the	e HCBS listed in	Attachment 4.19-	B that the state
plans to cover):					

Service Title: Employment Services

Service Definition (Scope):

Employment services help people with severe mental illness work at regular jobs of their choosing and to achieve goals meaningful to them, such as increasing their economic security. Services must follow evidence-based or evidence-informed practices approved by HHSC. Employment services:

- focus on the individual's strengths and preferences;
- promote recovery and wellness by enabling individuals to engage in work which is meaningful to them and compensated at a level equal to or greater than individuals without severe mental illness or other disabilities (competitive employment);
- collaborate with and do not supplant existing resources, such as state vocational rehabilitation programs available to the individual;
- use a multidisciplinary team approach;
- are individualized and extended as needed to assist the individual attain and maintain meaningful work;
- are provided based on individual preference and choice without exclusions based on readiness, diagnoses, symptoms, substance use history, psychiatric hospitalizations, level of disability, or legal system involvement;
- are coordinated with mental health services provided to the individual, such as rehabilitation;
- help individuals obtain personalized, understandable, and accurate information about their Social Security, Medicaid, and other government entitlements in relation to work;

State plan Attachment 3.1–i: State: Texas §1915(i) State plan HCBS Page 32 TN:21-0053 March 7, 2022 Approved: Supersedes: TN 20-0003 Effective: October 1, 2021 services must be at least 18 years of age and meet one of the following qualifications: • have a bachelor's degree in rehabilitation, business, marketing, or a related human services field, and one year's paid or unpaid experience providing employment services to people with disabilities; • have an associate degree in rehabilitation, business, marketing, or a related human services field, and two years paid or unpaid experience providing employment services to people with disabilities; or • have a high school diploma or Certificate of High School Equivalency (GED credentials), and three years paid or unpaid experience providing employment services to people with disabilities. The individual provider must complete training required by HHSC. Before entering into a provider agreement with the provider agency, HHSC verifies the providers' compliance with these qualifications through a credentialing process. Contracted providers are obligated to verify on an ongoing basis that these qualifications are achieved, maintained, and documented in personnel files. HHSC will conduct biennial review to verify these requirements continue to be met after the provider and HHSC enter into an agreement.

Verification of Provider Qualifications (For each provider type listed above. Copy rows as needed):

Provider Type (Specify):	Entity Responsible for Verification (Specify):	Frequency of Verification (Specify):
HCBS Provider agency that meets the minimum eligibility and standards for HCBS- AMH provider enrollment.	HHSC	Biennial

Service Delivery Method. (Check each that applies):

SCIV	server benvery interior. (Check each mai applies).					
	Participant-directed	/	Provider managed			

Service Specification	ations (Specify a	service title for th	e HCBS listed in	Attachment 4.19-B t	hat the state
plans to cover):					

Service Title: Transportation

Service Definition (Scope):

Transportation is offered in order to enable individuals served to gain access to services, activities, and resources, as specified in the IRP. This service is offered in addition to medical transportation required under 42 C.F.R.§ 431.53 and transportation services under the State Plan, defined at 42 C.F.R.§ 440.170(a) (if applicable), and will not replace them.

Transportation services are offered in accordance with the individual's recovery plan. Whenever possible, family,

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					buses, or taxi	S.
Veri	Verification of Provider Qualifications (For each provider type listed above. Copy rows as needed):					
P	rovider Type (Specify):	Entity Responsible for Verification (Specify):			Frequency of Verification (Specify):	
Tran	sportation	HHSC		Biennial		
Service Delivery Method. (Check each that applies):						
	Participant-dire	articipant-directed Provider m			Provider mana	ged

Service Specifications (Specify a service title for the HCBS listed in Attachment 4.19-B that the state plans to cover):

Service Title:

Community Psychiatric Supports and Treatment (CPST)

Service Definition (Scope):

CPST are goal-directed supports and solution-focused interventions intended to achieve identified goals or objectives as set forth in the individual's IRP. CPST is a face-to-face intervention with the individual present; however, family or other persons significant to the individual may also be involved. This service may include the following components:

Assist the individual and family members or other collaterals to identify strategies or treatment options associated with the individual's mental illness and/or substance use disorder, with the goal of minimizing the negative effects of symptoms, emotional disturbances, or associated environmental stressors which interfere with the individual's daily living, financial management, housing, academic and/or employment progress, personal recovery or resilience, family and/or interpersonal relationships, and community integration.

Provide individual supportive counseling, solution-focused interventions, emotional and behavioral management support, and behavioral analysis with the individual, with the goal of assisting the individual with developing and implementing social, interpersonal, self-care, daily living, and independent living skills to restore stability, support functional gains, and adapt to community living.

Facilitate participation in and utilization of strengths based planning and treatments which include assisting the individual and family members or other collaterals with identifying strengths and needs, resources, natural supports, and developing goals and objectives to utilize personal strengths, resources, and natural supports to address functional deficits associated with their mental illness and/or substance use disorder.

Assist the individual with effectively responding to or avoiding identified precursors or triggers that would risk their remaining in a natural community location, including assisting the individual and family members or other collaterals with identifying a potential psychiatric or personal crisis, developing a crisis management plan, and/or seeking other supports to restore stability and functioning, as appropriate.

CPST addresses specific individual needs with evidence-based and evidence-informed psychotherapeutic practices designed specifically to meet those needs. Examples include, but are not limited to:

Cognitive Behavioral Therapy (CBT): CBT is an empirically supported treatment that focuses on maladaptive patterns of thinking and the beliefs that underlie such thinking. This includes variations of CBT specific to the needs of an individual, such as Cognitive Processing Therapy.

Dialectical Behavior Therapy (DBT): DBT is a form of CBT directed at individuals with borderline personality disorder or other disorders with chronic suicidal ideation and unstable relationships. It is a manual treatment program that provides support in managing chronic crisis and stress to keep individuals in outpatient treatment settings. It requires specialized training by the original developer or other entity approved by original developer (Marsha Linehan). The treatment program includes individual and group therapy sessions and requires homework by the individual. These therapies are provided by licensed therapists working under the direction of the HCBS provider agency.

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Additional needs-based criteria for receiving the service, if applicable (specify):

Specify limits (if any) on the amount, duration, or scope of this service. Per 42 CFR Section 440.240, services available to any categorically needy recipient cannot be less in amount, duration and scope than those services available to a medically needy recipient, and services must be equal for any individual within a group. States must also separately address standard state plan service questions related to sufficiency of services.

(Choose each that applies):

1

Categorically needy (specify limits):

Community Psychiatric Support and Treatment (CPST) services are provided as part of a comprehensive specialized psychiatric program available to all Medicaid eligible adults with significant functional impairments meeting the need levels in the 1915(i).

Medical necessity for these treatment services must be determined by a licensed behavioral health practitioner (LBHP) or physician who is acting within the scope of his/her professional license and applicable state law and furnished by or under the direction of a licensed practitioner to promote the maximum reduction of symptoms and/or restoration of an individual to his/her best age-appropriate functional level. The LBHP or physician may conduct an assessment consistent with state law, regulation, and policy. A unit of service is defined according to the HCPCS approved code set unless otherwise specified. If the determination of medical necessity for CPST requires additional assessment, this assessment may be conducted as part of the service up to one unit of the service.

This service may not be provided on the same day and at the same time as services that contain elements integral to the delivery of this service.

Medically needy (specify limits):

N/A

Provider Qualifications (For each type of provider. Copy rows as needed):

Provider Type (Specify):	License (Specify):	Certification (Specify):	Other Standard (Specify):
HCBS Provider agency	LPC, LMFT, LCSW, PhD psychologist, RN or MD (for individual therapists). Licensure candidates may provide services as part of a graduate education program under the direct supervision of an appropriately licensed professional.		HCBS provider agency enrolled and contracted with HHSC to provide HCBS services, which employs or contracts with licensed practitioners with demonstrated competence in specialized mental health therapies. Direct-care therapists must be trained, credentialed, and demonstrate competence in the specialized psychotherapy practice used. Individual service providers must be determined to be a clinician under State regulations, meaning a person with a doctoral or master's degree in psychology, counseling, social work, nursing, rehabilitation, or related field from an accredited college or university (or a registered nurse with a certificate in mental health nursing from the American Nurses Association).

Verification of Provider Qualifications (For each provider type listed above. Copy rows as needed):

Provider Type (Specify):	Entity Responsible for Verification (Specify):	Frequency of Verification (Specify):
HCBS Provider agency that meets	HHSC	Biennial

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			of age or olde experiences v having a men condition, usi mental health	dividuals must also be 18 years or and have common life with the individual, such as tal health or substance use ng services or supports for and substance use conditions a recovery process.
Verification of Provi	ider Qualifications	s (For each prov	rider type listed a	bove. Copy rows as needed):
Provider Type (Specify):	Entity Res	sponsible for Ver (Specify):	rification	Frequency of Verification (Specify):
HCBS Provider Agency that meets the minimum eligibility and standards for HCBS- AMH provider enrollment.	HHSC			Biennial
Service Delivery Me	thod. (Check each	that applies):		

Service Specifications (Specify a service title for the HCBS listed in Attachment 4.19-B that the state plans to cover):

Provider managed

Service Title: Host Home/Companion Care

Service Definition (Scope):

Participant-directed

Host Home/Companion Care services are supportive and health-related residential services provided to individuals in the individual's own home or in settings licensed or approved by the State of Texas. Host Home/Companion Care services are necessary, as specified in the individual's person-directed IRP, to enable the individual to remain integrated in the community and ensure the health, welfare, and safety of the individual in accordance with 42 C.F.R. § 441.710. (Refer to Section 9 "Home and Community-Based Settings" for HCBS-AMH settings requirements.) Community-based residential services include personal care and supportive services (homemaker, chores, attendant services, and meal preparation) that are furnished to individuals who reside in homelike, non-institutional, integrated settings. In addition, they include 24-hour onsite response capability to meet scheduled and unscheduled or unpredictable resident needs and to provide supervision and safety. Services also include social and recreational programming and medication assistance (to the extent permitted under state law).

Home and Community-Based Settings must:

Be integrated in and support full access to the greater community, including opportunities to seek employment and work in competitive integrated settings, engage in community life, control personal resources, and receive services in the community, to the same degree of access as individuals not receiving Medicaid HCBS. Be selected by the individual from among setting options including non-disability specific settings and an option for a private unit in a residential setting.

Ensure rights of privacy, dignity and respect, and freedom from coercion and restraint.

Optimize, but not regiment, individual initiative, autonomy, and independence in making life choices, daily activities, physical environment, and with whom to interact.

Facilitate individual choice regarding services and supports, and who provides them

Host home/companion care services promote recovery by supporting individual recovery goals, using natural supports and typical community services available to all people, enabling social interaction and participation in leisure activities, and helping the individual develop daily living and functional living skills. This service also fosters the individual's recovery and independence by providing personal assistance with activities of daily living (grooming, eating, bathing, dressing, and personal hygiene) and functional living tasks; assistance with planning and preparing meals; transportation or assistance in securing transportation; assistance with ambulation and mobility; reinforcement of specialized rehabilitative, habilitative, or psychosocial therapies/activities; assistance with medications based upon the results of an RN assessment and the performance of tasks delegated by a RN in

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State: Texas

TN:21-0053

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the minimum eligibility and standards for HCBS-				ch employs or has agreements me/Companion Care Providers.
AMH provider enrollment.			Residential se and local requ	ttings must meet relevant state irements.
		le m C c c e p ti ii tt a p h p c p	east 18 years must have a harmonicate of credentials) or evaluation of perform job to the required sondividual to through a write assessment. To pass a criminal have at least the crossinguinity provide a safe	ect service providers must be at of age. The employee provider igh school diploma or High School Equivalency (GED or documentation of aproficiency experience and competence to asks including ability to provide ervices as needed by the provide experience and demonstrated atten competency-based the individual provider must all background check and also here personal references from alated within three degrees of that evidence the ability to and healthy environment for (s) to be served.
		p l: n c	provided in ac aws. Individu must be 18 ye criminal back	n of individuals must be ecordance with applicable state hals transporting individuals ars of age or older; pass a ground check; and must have a license and proof of insurance.
				n tasks delegated by an RN must nce with state law.
		H a p r	Home/Compa and periodic t provider agen	oviders of Host nion Care must complete initial raining provided by HCBS cy which includes HHSC- ing in the HCBS-AMH
		v p q C c a p r t	with the provi- providers' con- qualifications. Contracted pro- on an ongoing are achieved, personnel file- review to veri-	ng into a provider agreement der agency, HHSC verifies the mpliance with these through a credentialing process. oviders are obligated to verify g basis that these qualifications maintained, and documented in s. HHSC will conduct biennial fy these requirements continue or the provider and HHSC enter ment.
Verification of Prov	ider Qualification	s (For each provider ty	ype listed ab	oove. Copy rows as needed):
Provider Type (Specify):	Entity Res	sponsible for Verificati (Specify):	ion	Frequency of Verification (Specify):

Biennial

HHSC

HCBS Provider

Agency that meets

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eligi stand AM	ninimum bility and dards for HCBS- H provider Ilment.				
Service Delivery Method. (Check each that applies):					
	Participant-dire	cted	/	Provider manag	ged

Service Specifications (Specify a service title for the HCBS listed in Attachment 4.19-B that the state plans to cover):

Service Title:

Supervised Living Services

Service Definition (Scope):

Supervised Living Services are supportive and health-related residential services provided to individuals in settings licensed or approved by the State of Texas. Residential services are necessary, as specified in the individual's person-directed IRP, to enable the individual to remain integrated in the community and ensure the health, welfare, and safety of the individual in accordance with 42 C.F.R. § 441.710. (Refer to Section 9 "Home and Community-Based Settings" for HCBS-AMH settings requirements.) Supervised Living Services include personal care and supportive services (homemaker, chores, attendant services, and meal preparation) that are furnished to individuals who reside in homelike, non-institutional, integrated settings. In addition, they include 24-hour onsite response capability to meet scheduled and unscheduled or unpredictable resident needs and to provide supervision and safety. Services also include social and recreational programming and medication assistance (to the extent permitted under state law).

Home and Community-Based Settings must:

Be integrated in and support full access to the greater community, including opportunities to seek employment and work in competitive integrated settings, engage in community life, control personal resources, and receive services in the community, to the same degree of access as individuals not receiving Medicaid HCBS. Be selected by the individual from among setting options including non-disability specific settings and an option for a private unit in a residential setting.

Ensure rights of privacy, dignity and respect, and freedom from coercion and restraint.

Optimize, but not regiment, individual initiative, autonomy, and independence in making life choices, daily activities, physical environment, and with whom to interact.

Facilitate individual choice regarding services and supports, and who provides them

Supervised Living Services promote recovery by supporting individual recovery goals, using natural supports and typical community services available to all people, enabling social interaction and participation in leisure activities, and helping the individual develop daily living and functional living skills. Supervised living also fosters recovery and independence by providing individuals with personal assistance with activities of daily living (grooming, eating, bathing, dressing, and personal hygiene) and functional living tasks; assistance with planning and preparing meals; transportation or assistance in securing transportation; assistance with ambulation and mobility; reinforcement of specialized rehabilitative, habilitative or psychosocial therapies; assistance with medications based upon the results of an RN assessment; the performance of tasks delegated by a RN in accordance with the Texas Board of Nursing rules as defined by Title 22 of the Texas Administrative Code, Part 11, Chapter 225; and supervision of the individual's safety and security. Transportation costs included in the rate for the supervised living service are for providing transportation to the participant and not provider staff. Supervised living provides residential assistance as needed by individuals who live in residences in which the HCBS provider holds a property interest and that meet program certification standards. This service may be provided to individuals in one of two modalities:

By providers who are not awake during normal sleep hours but are present in the residence and able to respond to the needs of individuals during normal sleeping hours; or

By providers assigned on a shift schedule that includes at least one complete change of staff each day. Transportation costs are included in the rate. Type and frequency of supervision is determined on an individual basis based on the level of need for each individual.

The individual receiving supervised living services has a right to privacy. Sleeping and individual living units may be locked at the discretion of the individual, with keys available only to appropriate staff or landlords. Staff

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Service Specifications (Specify a service title for the HCBS listed in Attachment 4.19-B that the state plans to cover):

Service Title: Assisted Living Services

Service Definition (Scope):

Assisted Living Services are supportive and health-related residential services provided to individuals in settings licensed or approved by the State of Texas. Residential services are necessary, as specified in the individual's person-directed IRP, to enable the individual to remain integrated in the community and ensure the health, welfare, and safety of the individual in accordance with 42 C.F.R. § 441.710. (Refer to Section 9 "Home and Community-Based Settings" for HCBS-AMH settings requirements.) Assisted Living Services include personal care and supportive services (homemaker, chores, attendant services, and meal preparation) that are furnished to individuals who reside in homelike, non-institutional, integrated settings. In addition, they include 24-hour onsite response capability to meet scheduled and unscheduled or unpredictable resident needs and to provide supervision and safety. Services also include social and recreational programming and medication assistance (to the extent permitted under state law).

Home and Community-Based Settings must:

Be integrated in and support full access to the greater community, including opportunities to seek employment and work in competitive integrated settings, engage in community life, control personal resources, and receive services in the community, to the same degree of access as individuals not receiving Medicaid HCBS.

Be selected by the individual from among setting options including non-disability specific settings and an option

Be selected by the individual from among setting options including non-disability specific settings and an option for a private unit in a residential setting.

Ensure rights of privacy, dignity and respect, and freedom from coercion and restraint.

Optimize, but not regiment, individual initiative, autonomy, and independence in making life choices, daily activities, physical environment, and with whom to interact.

Facilitate individual choice regarding services and supports, and who provides them

Assisted Living Services are personal care, homemaker, and chore services; medication oversight; and therapeutic, social, and recreational programming provided in a home-like environment in a licensed community setting in conjunction with residing in the assisted living setting. This service includes 24-hour on- site response staff to meet scheduled or unpredictable needs in a way that promotes maximum dignity and independence, and to provide supervision, safety, and security. Other individuals or agencies may also furnish care directly or under arrangement with the community setting, but the services provided by these other entities supplement that provided by the community setting and do not supplant it. Assisted living is furnished to individuals who reside in their own living units/ bedrooms, which may include dually-occupied units when both occupants consent to the arrangement, that contain toilet facilities, and may or may not include kitchenette and/or living rooms. The assisted living setting must have a central dining room; living room or parlor; and/or common activity center(s) (which may also serve as living rooms or dining rooms). Individuals have the freedom and support to control their own schedules and activities, have access to food and visitors of their choosing at any time, have access at any time to the common/shared areas (including kitchens, living rooms, and activity centers), and have the freedom to furnish and decorate units. Individuals in assisted living settings, where units do not have a private kitchen/kitchenette and/or living room or parlor, have full access to a shared kitchen with cooking facilities and comfortable seating in the shared areas for private visits with family and friends.

The HCBS AMH provider agency will be encouraged to hire providers to deliver personal care services separate from those who provide rehabilitation services, if there is more than one provider on-site at the residence during normal hours who can provide personal care services. This will ensure that the clinical boundary issues that would otherwise complicate rehabilitation services (if the same staff were also delivering personal care services) will be mitigated.

This service will be provided to meet the individual's needs as determined by an individualized assessment performed in accordance HHSC requirements and as outlined in the individual 's IRP.

Assisted Living Services are available to individuals as they are determined necessary, based upon a quarterly assessment documented in the IRP and approved by HHSC.

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furnished to individuals who reside in homelike, non-institutional, integrated settings. Services also include social and recreational programming and medication assistance (to the extent permitted under state law).

Home and Community-Based Settings must:

State: Texas

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Be integrated in and support full access to the greater community, including opportunities to seek employment and work in competitive integrated settings, engage in community life, control personal resources, and receive services in the community, to the same degree of access as individuals not receiving Medicaid HCBS.

Be selected by the individual from among setting options including non-disability specific settings and an option for a private unit in a residential setting.

Ensure rights of privacy, dignity and respect, and freedom from coercion and restraint.

Optimize, but not regiment, individual initiative, autonomy, and independence in making life choices, daily activities, physical environment, and with whom to interact.

Facilitate individual choice regarding services and supports, and who provides them

Supported Home Living services assist individuals living in community-based residences. Supported home living promotes individual recovery and community inclusion by providing individuals with direct personal assistance with activities of daily living (grooming, eating, bathing, dressing, and personal hygiene) and functional living tasks; assistance with planning and preparing meals; transportation or assistance in securing transportation; assistance with ambulation and mobility; reinforcement specialized rehabilitative, habilitative, or psychosocial mental health therapies/activities; assistance with medications and the performance of tasks delegated by a registered nurse in accordance with the Texas Board of Nursing rules as defined by Title 22 of the Texas Administrative Code, Part 11, Chapter 225; and supervision as needed to ensure the individual's health and safety; and supervision of the individual's safety and security. This service includes activities that facilitate the individual's inclusion in community activities, use of natural supports and typical community services available to all people, social interaction, and participation in leisure activities, and development of socially valued behaviors and daily living and functional living skills.

Services must be furnished in a way that fosters the independence of each individual to facilitate recovery. Routines of service delivery must be individual-driven to the maximum extent possible and each individual must be treated with dignity and respect. The IRP will document any planned intervention which could potentially impinge on individual autonomy. Documentation will include informed consent of the individual to the intervention; the specific need for the intervention in supporting the individual to achieve his/her goals; assurance that the intervention is the most inclusive and person-centered option; time limits for the intervention, periodic reviews of the intervention to determine if it is still needed, and assurance that the intervention will cause no harm to the individual.

The individual receiving supported home living has a right to privacy. Sleeping and individual living units may be locked at the discretion of the individual, with keys available only to landlords or appropriate service providers. Service providers with access to living units will be documented in the IRP. The IRP will identify when service providers have access, what types of service providers have access, and under what circumstances service providers will be allowed to access an individual's unit. In order to justify a modification of person- centered residence requirements, the IRP must document: a specific and individualized assessed need; the positive interventions and supports used prior to any modifications; less intrusive methods of meeting the need that have been tried but did not work; a clear description of the condition that is directly proportionate to the specific assessed need; regular collection and review of data to measure the ongoing effectiveness of the modification; established time limits for periodic reviews to determine if the modification is still necessary or can be terminated; informed consent of the individual; and assurance that interventions and supports will cause no harm to the individual.

Supported Home Living services can be provided to individuals residing in their own or family

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Verificat	on of Prov	ider Qualification	s (For each provi	providers' co qualifications Contracted pr on an ongoin are achieved, personnel file review to ver to be met afte into an agree	ider agency, HHSC verifies the mpliance with these sthrough a credentialing process. roviders are obligated to verify g basis that these qualifications maintained, and documented in es. HHSC will conduct biennial ify these requirements continue er the provider and HHSC enterment.
	er Type cify):	Entity Responsible for Verification (Specify):		Frequency of Verification (Specify):	
HCBS Pro	vider	HHSC		Biennial	
Service Delivery Method. (Check each that applies):					
□ Par	Participant-directed		Provider mana	ged	

Service Specifications (Specify a service title for the HCBS listed in Attachment 4.19-B that the	ie state
plans to cover):	

Service Title: Home Delivered Meals

Service Definition (Scope):

Home delivered meals services provide a nutritionally sound meal to individuals. Each meal provides a minimum of one-third of the current recommended dietary allowance (RDA) for the individual as adopted by the United States Department of Agriculture. The meal is delivered to the participant's home. Home delivered meals do not constitute a full nutritional regimen.

Additional needs-based criteria for receiving the service, if applicable (specify):

Specify limits (if any) on the amount, duration, or scope of this service. Per 42 CFR Section 440.240, services available to any categorically needy recipient cannot be less in amount, duration and scope than those services available to a medically needy recipient, and services must be equal for any individual within a group. States must also separately address standard state plan service questions related to sufficiency of services.

(Choose each that applies):

/	Categorically needy (specify limits):
	The provision of home delivered meals does not provide a full nutritional regimen (i.e., 3 meals a day).
	Medically needy (specify limits):
	N/A

Provider Qualifications (For each type of provider. Copy rows as needed):

Provider Type (Specify):	License (Specify):	Certification (Specify):	Other Standard (Specify):
HCBS Provider Agency that meets the minimum eligibility and standards for HCBS- AMH provider enrollment.			HCBS-AMH provider agency enrolled and contracted with HHSC to provide HCBS-AMH services, which employs or contracts with home-delivered meal providers. An individual home delivered meals provider must follow procedures and maintain facilities that comply with all applicable state and local laws and regulations related to fire,

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Variffication of D			preparation, he Before entering with the providers' conqualifications. Contracted properties on an ongoing are achieved, personnel file review to verto be met after into an agreent strain of the preparation of the preparation of the preparation of the preparation of the preparation, he preparation of the preparation, he preparation of the preparation o	
verification of Prov	ider Quaimcations	s (For each provid	ier type tistea at	bove. Copy rows as needed):
Provider Type (Specify):	Entity Res	sponsible for Veri (Specify):	fication	Frequency of Verification (Specify):
HCBS Provider Agency that meets the minimum eligibility and standards for HCBS- AMH provider enrollment.	HHSC			Biennial
Service Delivery Me	ethod. (Check each	that applies):		
☐ Participant-dire	ected	V	Provider manag	ged

Service Specifications (Specify a service title for the HCBS listed in Attachment 4.19-B that the state plans to cover):

Service Title: Minor Home Modifications

Service Definition (Scope):

State: Texas

TN:21-0053

Minor home modifications are those physical adaptations to an individual's home that are necessary to ensure the individual's health, welfare, and safety, or that enable the individual to function with greater independence in the home. In order to receive minor home modifications under this program, the individual would require institutionalization without these adaptations. Adaptations may include widening of doorways, modification of bathroom facilities, installation of ramps, or other minor modifications which are necessary to achieve a specific rehabilitative goal defined in the IRP and prior approved by HHSC. Adaptations or improvements to the home that are of general utility and are not of direct medical or remedial benefit to the individual, such as carpeting, roof repair, central air conditioning, etc. are excluded from minor home modifications. Adaptations thatadd to the total square footage of the home are excluded from this benefit. Minor home modifications are not made to residential settings that are leased, owned, or controlled by service providers. All minor home modifications are provided in accordance with applicable state or local building codes.

Additional needs-based criteria for receiving the service, if applicable (specify):

The minor home modifications must be necessary to address specific functional limitations documented in the individual's recovery plan and must be approved by HHSC.

Specify limits (if any) on the amount, duration, or scope of this service. Per 42 CFR Section 440.240, services available to any categorically needy recipient cannot be less in amount, duration and scope than those services available to a medically needy recipient, and services must be equal for any individual within a group. States must also separately address standard state plan service questions related to sufficiency of services.

(Choose each that applies):



Categorically needy (specify limits):

There is an individual limit of \$7,500.00 per lifetime for minor home modifications. Once that maximum

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of existing mod on the individu been reached, t alternate fundin	difications. The agency nal's plan. Should an in the service planning te ng sources. Requests for	per service plan year per individual will be allowed for repair, replacement, or updating fications. The agency is responsible for obtaining cost-effective modifications authorized is plan. Should an individual require environmental modifications after the cost cap has a service planning team will assist the individual/family to access any other resources or sources. Requests for exceptions will be evaluated on a case-by-case basis, including and and exhaustion of all other means of obtaining the necessary minor home modification.					
	edy (specify limits):						
N/A			,				
Provider Qualificat	1		rows as needed	<u></u>			
Provider Type (Specify):	License (Specify):	Certification (Specify):		Other Standard (Specify):			
HCBS provider agency that meets the minimum eligibility and standards for HCBS-AMH provider enrollment.	(Бресцуу).	(Бресду).	contracted wiservices. The agency requirements modifications to type of alle for completio modification, and follow-up modification. Individual prelaws and regulaws and regulation modification. Qualified built home modified builties.	der agency enrolled and ith HHSC to provide HCBS must comply with the for delivery of minor home s, which include requirements as owed modifications, time frames on, specifications for the , inspections of modifications, p on the completion of the conviders must meet applicable ulations for the provision of the nor home modification and iffications in accordance with ate and local building			
			and local buil regulations.	lding codes and other applicable			
Verification of Pro-	vider Qualification	s (For each provide	er type listed al	bove. Copy rows as needed):			
Provider Type (Specify):	Entity Res	sponsible for Verifice (Specify):	cation	Frequency of Verification (Specify):			
HCBS provider agency that meets the minimum eligibility and standards for HCBS- AMH provider enrollment.		HHSC		Biennial			
Service Delivery M	,	11					
□ Participant-dire	ected		Provider manag	ged			
Service Specification	ns (Specify a servic	e title for the HCRS	Slisted in Attac	chment 4.19-B that the state			

Service Specific plans to cover):	cations (Specify a service title for the HCBS listed in Attachment 4.19-B that the state
Service Title:	Nursing
Service Definition	on (Scope):

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enrollment.					
Nurse	HCBS Provider agency			Biennial	
Service Delivery Method. (Check each that applies):					
☐ Participant-directed		/	Provider manag	ged	

Service Specifications (Specify a service title for the HCBS listed in Attachment 4.19-B that the state plans to cover):

Service Title: Substance Use Disorder (SUD) Services (abuse and dependence)

Service Definition (Scope):

Substance Use Disorder (SUD) services are assessment and ambulatory group and individual counseling for substance use disorders. Services are specialized to meet the needs of individuals who have experienced extended institutional placement. Providers must follow evidence-based or evidence-informed treatment modalities approved by HHSC. Services may be provided in the individual's home or other community-based setting. Individuals must exhaust other state plan SUD benefits before choosing the HCBS SUD benefit unless other state plan benefits are not appropriate to meet the individual's needs, limitations, and recovery goals as determined by the independent evaluation (e.g. severe cognitive or social functioning limitations, or a mental disability). Services are designed to assist the individual in achieving specific recovery goals identified in the IRP and in preventing relapse. Services are also designed to respect the individual's culture, while addressing attitudinal and behavioral challenges that may impede the individual from realizing their desired recovery goals. Therapeutic modalities may include motivational interviewing; individual, group, and family counseling; psycho-education; medication management; harm reduction; and relapse-prevention. SUD treatment plans will be developed with active participation of the individual to specifically address and accommodate the individual's needs, goals, and preferences and will support the overall HCBS recovery goals. Services will be provided using a team approach which integrates other HCBS services, such as peer support as appropriate to the individual's needs and preferences.

This 1915(i) service is only provided to individuals age 21 and over. All medically necessary SUD services for children under age 21 are covered in the state plan pursuant to the EPSDT benefit.

Additional needs-based criteria for receiving the service, if applicable (specify):

Specify limits (if any) on the amount, duration, or scope of this service. Per 42 CFR Section 440.240, services available to any categorically needy recipient cannot be less in amount, duration and scope than those services available to a medically needy recipient, and services must be equal for any individual within a group. States must also separately address standard state plan service questions related to sufficiency of services.

(Choose each that applies):

Categorically needy (specify limits):

This service may not be provided on the same day and at the same time as state plan SUD services.

Medically needy (specify limits):

N/A

Provider Qualifications (For each type of provider. Copy rows as needed):

Provider Type (Specify):	License (Specify):	Certification (Specify):	Other Standard (Specify):
HCBS provider agency that meets the minimum eligibility and standards for HCBS- AMH provider enrollment, which employs or contracts	Individual counselors providing the SUD service must be Qualified Credentialed Counselors		If the HCBS provider contracts with SUD treatment programs, these programs must be licensed by the Texas Department of State Health Services as Chemical Dependency Treatment Programs. Individual providers must be licensed and/or appropriately credentialed to provide services

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and directly supervises Licensed Chemical Dependency Treatment providers	(QCCs) as defined by HHSC. SUD treatment programs must be licensed by the Texas Department of State Health Services as Chemical Dependency Treatment Programs.		Before enteri with the prov providers' co qualifications Contracted pron an ongoin are achieved, personnel file review to ver	ng into a provider agreement rider agency, HHSC verifies the impliance with these sthrough a credentialing process. roviders are obligated to verify g basis that these qualifications maintained, and documented in es. HHSC will conduct biennial ify these requirements continue er the provider and HHSC enter
Provider Type		sponsible for Ver	·	bove. Copy rows as needed): Frequency of Verification
(Specify):		(Specify):		(Specify):
HCBS provider agency that meets the minimum eligibility and standards for HCBS- AMH provider enrollment.	HHSC			Biennial
Service Delivery Me	ethod. (Check each	that applies):		
□ Participant-directed				ged

Service Specifications	(Specify a service	title for the HCB	S listed in Attach	iment 4.19-B that	the state
plans to cover):					

Service Title: HCBS – AMH Recovery Management

Service Definition (Scope):

Service Definition (Scope):

Recovery Management includes services assisting beneficiaries in gaining access to needed Medicaid State Plan and HCBS services, as well as medical, social, educational, and other resources, regardless of funding source. Recovery Managers are responsible for monitoring the provision of services included in the IRP to ensure that the individual's needs, preferences, health, and welfare are promoted. The recovery manager:

- Coordinates / leads development of the IRP using a person-centered planning approach which supports the individual in directing and making informed choices according to the individual's needs and preferences;
- Provides supporting documentation to be considered by HHSC in the independent evaluation and reevaluations;
- Identifies services / providers, brokers to obtain and integrate services, facilitates, and advocates to resolve issues that impede access to needed services;
- Develops / pursues resources to support the individual's recovery goals including non-HCBS Medicaid, Medicare, and/or private insurance or other community resources;
- Assists the individual in identifying and developing natural supports (family, friends, and other community members) and resources to promote the individual's recovery;
- Informs consumers of fair hearing rights;
- Assists HCBS-AMH consumers with fair hearing requests when needed and upon request;
- Educates and informs individuals about services, the individual recovery planning process, recovery resources, rights, and responsibilities;
- Actively coordinates with other individuals and/or entities essential to physical and/or behavioral services for the individual (including the individual's MCO) to ensure that other services are integrated and support the individual's recovery goals, health, and welfare;

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- Monitors health, welfare, and safety through regular contacts (visits with the individual, paid and unpaid supports, and natural supports) at a minimum frequency required by HHSC;
- Responds to and assesses emergency situations and incidents and assures that appropriate actions are taken to protect the health, welfare, and safety of individuals;
- Reviews provider service documentation and monitors the individual's progress;
- Initiates recovery plan team discussions or meetings when services are not achieving desired outcomes. Outcomes include housing status, employment status, involvement in the criminal justice system, response to treatment and other services, and satisfaction with services; and
- Through the recovery plan monitoring process, solicits input from consumer and/or family, as appropriate, related to satisfaction with services.

In the performance of the monitoring function, the recovery manager will:

- Arrange for modifications in services and service delivery, as necessary;
- Advocate for continuity of services, system flexibility and integration, proper utilization of facilities and resources, accessibility, and beneficiary rights; and
- Participate in any HHSC-identified activities related to quality oversight and provide reporting as required by HHSC.

Recovery management includes functions necessary to facilitate community transition for beneficiaries who receive Medicaid-funded institutional services (e.g., Institutions for Mental Disease). Recovery management activities for individuals leaving institutions must be coordinated with, and must not duplicate, institutional discharge planning. This service may be provided up to 180 days in advance of anticipated movement to the community.

The maximum caseload for a recovery manager providing services through HCBS-AMH is set by HHSC and includes individuals in other waiver or state plan programs and other funding sources, unless the requirement is waived by HHSC.

Services must be delivered in a manner that supports the consumer's communication needs, including ageappropriate communication and translation services for beneficiaries that are of limited-English proficiency or who have other communication needs requiring translation assistance.

Additional needs-based criteria for receiving the service, if applicable (specify):

Specify limits (if any) on the amount, duration, or scope of this service. Per 42 CFR Section 440.240, services available to any categorically needy recipient cannot be less in amount, duration and scope than those services available to a medically needy recipient, and services must be equal for any individual within a group. States must also separately address standard state plan service questions related to sufficiency of services.

(Choose each that applies):



Categorically needy (specify limits):

The following activities are excluded from recovery management as a billable HCBS-AMH service:

- Travel time incurred by the recovery manager may not be billed as a discrete unit of service;
- Services that constitute the administration of another program such as child welfare or child protective services, parole and probation functions, legal services, public guardianship, special education, and foster care; and
- Representative payee functions.

Recovery management may only be provided by agencies and individuals employed by agencies who are not:

- Related by blood or marriage to the consumer;
- Financially or legally responsible for the consumer;
- Empowered to make financial or health-related decisions on behalf of the consumer; or
- Providers of HCBS-AMH for the individual, or those who have interest in or are employed by a
 provider of HCBS-AMH on the IRP, except when the provider is the only willing and qualified
 entity in a geographic area whom the individual consumer chooses to provide the service (provider
 of last resort)

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The Recovery Manager is responsible for coordination of services, including coordinating HCBS-AMH services, coordinating with the MCO that is providing other Medicaid services, and coordinating services provided by third parties. Recovery management providers will coordinate with the individual's MCO to assure that other case management services are not being provided to the individual. The State will periodically review claims data in search of duplicative claims and adjust system edits accordingly, and when claims processing is automated through MMIS, system edits will prevent processing of duplicative claims.

HHSC will enroll HCBS-AMH Provider Agencies and Recovery Management entities through separate Open Enrollments and will actively recruit both types of entities. Due to enormous geographic area of Texas and mental health professional shortages in the state (especially rural and frontier areas), Texas anticipates that some service areas may not have separate Provider Agencies and Recovery Management Entities that meet requirements of the program and provider agreement. In lieu of denying an individual life in his/her community of choice due to lack of available Provider Agencies and Recovery Management Entities, the State foresees that in this circumstance an HCBS provider of last resort may also provide recovery management services with certain conflict of interest protections in place.

When an HCBS provider of last resort also provides recovery management services, HHSC will require a clear separation of provider and recovery management functions. The distinct individual staff providing recovery management must be administratively separate from other HCBS-AMH provider functions and any related utilization review units and functions. Recovery Managers who work for provider agencies that are providing other HCBS-AMH services as the provider of last resort will not be providers of any other HCBS-AMH service on the IRP. HHSC reviews the administrative structure of the HCBS-AMH agency to ensure that there is a clear administrative separation of recovery management and HCBS-AMH provider staff/functions before approving a provider to serve as a recovery manager, and periodically reviews (including unannounced site-reviews) the individuals performing recovery management to ensure that they are not providers of HCBS-AMH and not under the administrative control of units providing HCBS-AMH services. HHSC will also review resulting IRPs to ensure that there is no conflict of interest.

This service may not be provided on the same day and at the same time as services that contain elements integral to the delivery of this service.

Recovery management functions necessary to facilitate community transition may not be billed under TAS.

Medically needy (specify limits):

N/A

State: Texas

TN:21-0053

Provider Qualifications (For each type of provider. Copy rows as needed):

Provider Type (Specify):	License (Specify):	Certification (Specify):	Other Standard (Specify):
Recovery management provider enrolled and contracted with HHSC to provide recovery management services, or a recovery management entity which employs or contracts with individual recovery management providers			 Individual providers of recovery management must: Have at least 2 years of experience working with people with severe mental illness; Have a master's degree in human services or a related field (the requirement to have a master's degree may be waived by HHSC if HHSC determines that waiver is necessary to provide access to care to Medicaid recipients); Demonstrate knowledge of issues affecting people with severe mental illness and community-based interventions/resources for this population; and Complete HHSC-required training in the HCBS-AMH program.

State: Texas §1915(i) State plan HCBS State plan Attachment 3.1–i: TN:21-0053 March 7, 2022 Page 62

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Verification of Prov	ider Qualifications (For each provid	ler type listed above. Copy rows as needed):
Provider Type (Specify):	Entity Responsible for Verif (Specify):	fication Frequency of Verification (Specify):
HCBS provider agency that meets the minimum eligibility and standards for HCBS- AMH provider enrollment.	HHSC	Biennial
Service Delivery Me	thod. (Check each that applies):	
☐ Participant-dire	cted	Provider managed

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2. Policies Concerning Payment for State plan HCBS Furnished by Relatives, Legally Responsible Individuals, and Legal Guardians. (By checking this box the state assures that): There are policies pertaining to payment the state makes to qualified persons furnishing State plan HCBS, who are relatives of the individual. There are additional policies and controls if the state makes payment to qualified legally responsible individuals or legal guardians who provide State Plan HCBS. (Specify (a) who may be paid to provide State plan HCBS; (b) the specific State plan HCBS that can be provided; (c) how the state ensures that the provision of services by such persons is in the best interest of the individual; (d) the state 's strategies for ongoing monitoring of services provided by such persons; (e) the controls to ensure that payments are made only for services rendered; and (f) if legally responsible individuals may provide personal care or similar services, the policies to determine and ensure that the services are extraordinary (over and above that which would ordinarily be provided by a legally responsible individual):

The State permits HCBS agencies to make payment to legally responsible individuals, legal guardians, and relatives for furnishing State Plan HCBS, only for Host Home services.

- A) relative other than a spouse; court appointed guardian; legally authorized representative
- B) Host Home/Companion Care
- C) Host Home/Companion Services are provided to meet the person's needs as determined by an individualized assessment performed in accordance with HHSC. The services are coordinated within the context of the IRP which delineates how Host Home/Companion Care Services are intended to achieve the identified goals.
- D) HHSC reviews the authorized host home/companion setting on an ongoing basis to ensure that it is community-based, inclusive and meets federal and state HCBS setting requirements. HHSC staff conduct periodic reviews of residential services in all settings to include unannounced site visits to provider-owned or operated settings. If the monitoring suggests that a change in service is needed, an independent reassessment is conducted by HHSC, or its designee, to re-evaluate the participant to determine the appropriateness of the service in accordance with HHSC requirements.
- E) HCBS-AMH Provider must have written documentation to support a service claim for Host Home/Companion Care as outlined in the HCBS-AMH billing guidelines. HHSC shall monitor performance of program activities and conduct regular data verification via onsite and/or desk reviews. The process includes comparing the scope, frequency, duration, and amount of authorized services reported on the IRP with services reported on the provider invoice. Billable services are subject to prior approval by HHSC and may be subject to periodic reviews to ensure fidelity with evidence-based practice.

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6. Participant–Directed Person-Centered Service Plan. (By checking this box the state assures that): Based on the independent assessment required under 42 CFR §441.720, the individualized person-centered service plan is developed jointly with the individual, meets federal requirements at 42 CFR §441.725, and: Specifies the State plan HCBS that the individual will be responsible for directing; Identifies the methods by which the individual will plan, direct or control services, including whether the individual will exercise authority over the employment of service providers and/or authority over expenditures from the individualized budget; Includes appropriate risk management techniques that explicitly recognize the roles and sharing of responsibilities in obtaining services in a self-directed manner and assures the appropriateness of this plan based upon the resources and support needs of the individual; Describes the process for facilitating voluntary and involuntary transition from self-direction including any circumstances under which transition out of self-direction is involuntary. There must be state procedures to ensure the continuity of services during the transition from self-direction to other service delivery methods; and Specifies the financial management supports to be provided.

<i>7</i> .	Voluntary and Involuntary Termination of Participant-Direction. (Describe how the state
	facilitates an individual's transition from participant-direction, and specify any circumstances
	when transition is involuntary):

8. Opportunities for Participant-Direction

a. Participant–Employer Authority (individual can select, manage, and dismiss State plan HCBS providers). (Select one):

lacksquare	The state does not offer opportunity for participant-employer authority.		
	Participants may elect participant-employer Authority (Check each that applies):		
		Participant/Co-Employer . The participant (or the participant's representative) functions as the co-employer (managing employer) of workers who provide waiver services. An agency is the common law employer of participant-selected/recruited staff and performs necessary payroll and human resources functions. Supports are available to assist the participant in conducting employer-related functions.	
		Participant/Common Law Employer . The participant (or the participant's representative) is the common law employer of workers who provide waiver services. An IRS-approved Fiscal/Employer Agent functions as the participant's agent in performing payroll and other employer responsibilities that are required by federal and state law. Supports are available to assist the participant in conducting employer-related functions.	

b. Participant–Budget Authority (individual directs a budget that does not result in payment for medical assistance to the individual). (Select one):

(e	The state does not offer opportunity for participants to direct a budget.
Г	Participants may elect Participant-Budget Authority.
	Participant-Directed Budget. (Describe in detail the method(s) that are used to establish the amount of the budget over which the participant has authority, including the method for calculating the dollar values in the budget based on reliable costs and service utilization, is applied consistently to each participant, and is adjusted to reflect changes in individual assessments and service plans. Information about these method(s) must be made publicly available and included in the person-centered service plan.):

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Expenditure Safeguards. (Describe the safeguards that have been established for the timely prevention of the premature depletion of the participant-directed budget or to address potential service delivery problems that may be associated with budget underutilization and the entity (or entities) responsible for implementing these safeguards.

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	AMH services			
Frequency	Biennially			
Remediation				
Remediation Responsibilities	HHSC			
(Who corrects, analyzes, and aggregates remediation activities; required timeframes for remediation)				
Frequency (of Analysis and Aggregation)	Annually			

Requirement	Settings meet the home and community-based setting requirements as specified in this SPA.	
Discovery		
Discovery Evidence	1. Number and percent of HCBS settings meeting appropriate licensure or certification and Federal HCBS requirements.	
(Performance Measure)		
Discovery Activity	Representative sample, with a confidence level of 95 percent, of provider agencies, desk or on-site reviews, and report of recovery managers	
(Source of Data & sample size)		
Monitoring Responsibilities (Agency or entity	HHSC collects, generates, aggregates, and analyzes a representative sample, with a confidence level of 95 percent, of provider agencies, onsite reviews, and report of recovery managers of the number and percent of HCBS settings meeting appropriate licensure or certification and Federal HCBS requirements	
that conducts discovery activities)	certification and rederal fields requirements	
Requirement	Settings meet the home and community-based setting requirements as specified in this SPA	
Frequency	Biennial monitoring reviews	
Remediation		
Remediation Responsibilities	HHSC	
(Who corrects, analyzes, and aggregates remediation activities; required timeframes for remediation)		
Frequency	Annually	
(of Analysis and Aggregation)		

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Requirement	The SMA retains authority and responsibility for program operations and oversight.
Discovery	
Discovery Evidence (Performance Measure)	 Number and percent of aggregated performance measure reports generated and reviewed by the State Medicaid Agency that contain discovery, remediation, and system improvements for ongoing compliance of the assurances. Number and percent of state plan amendments, renewals, and financial reports approved by HHSC prior to implementation by HHSC. Number and percent of SPA concepts and policies requiring MMIS programming approved by HHSC prior to the development of a formal implementation plan by HHSC.
Discovery Activity (Source of Data & sample size)	Reports to HHSC on delegated administrative functions; 100 percent sample size
Monitoring Responsibilities	HHSC collects, generates, aggregates, analyzes
(Agency or entity that conducts discovery activities)	
Requirement	The SMA retains authority and responsibility for program operations and oversight.
Frequency	Biennially
Remediation	
Remediation Responsibilities (Who corrects, analyzes, and aggregates remediation activities; required timeframes for remediation)	HHSC
Frequency (of Analysis and Aggregation)	Annually

Requirement	HHSC maintains financial accountability through payment of claims for services that are authorized and furnished to 1915(i) participants by qualified providers.
Discovery	
Discovery Evidence (Performance Measure)	Number and percent of paid claims that reflect only the services listed in accordance with the participant's IRP. 2. Number and/or percentage of rates which remain consistent with the approved rate methodology throughout the five-year SPA cycle.
Discovery Activity (Source of Data & sample size)	Routine claims verification audits; Representative sample, with confidence level of 95 percent of case managers. Annual review of rate setting methodology

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Monitoring Responsibilities	HHSC collects, generates, aggregates, and analyzes
(Agency or entity that conducts discovery activities)	
Requirement	HHSC maintains financial accountability through payment of claims for services that are authorized and furnished to 1915(i) participants by qualified providers.
Frequency	Biennially
Remediation	
Remediation Responsibilities	HHSC
(Who corrects, analyzes, and aggregates remediation activities; required timeframes for remediation)	
Frequency (of Analysis and Aggregation)	Annually

Requirement	The State identifies, addresses, and seeks to prevent incidents of abuse, neglect, and exploitation (ANE), including the use of restraints.
Discovery	
Discovery Evidence (Performance Measure)	 Number and/or percent of reports related to the abuse, neglect, exploitation, and unexplained deaths of participants where an investigation was completed within time frames established by State law. Number and percent of participants who received information on how to report the suspected abuse, neglect, or exploitation of adults. Number and percent of participants who received information regarding their rights to a state fair hearing via the official state form. Number and percent of grievances filed by participants that were resolved within 14 calendar days according to approved SPA guidelines. Number and percent of allegations of abuse, neglect, or exploitation investigated that were later substantiated, where recommended actions to protect health and welfare were implemented. Number and percent of participants' critical incidents related to ANE that were reported, initiated, reviewed, and completed within required timeframes as specified in the approved SPA. Number and percent of unauthorized uses of restrictive interventions that were appropriately reported. Number and percent of HCBS participants reviewed who had an annual comprehensive nursing assessment.
Discovery Activity (Source of Data & sample size)	100 percent sample, HHSC performance monitoring of reports related to abuse, neglect, exploitation, or unexplained deaths; critical incidents; reports of restrictive intervention application; and; reports of ANE by primary care or physical health providers.
Monitoring Responsibilities (Agency or entity that conducts discovery activities)	HHSC collects, generates, aggregates, and analyzes.

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Requirement	The State identifies, addresses, and seeks to prevent incidents of abuse, neglect, and exploitation (ANE), including the use of restraints.
Frequency	Biennially
Remediation	
Remediation Responsibilities	HHSC
(Who corrects, analyzes, and aggregates remediation activities; required timeframes for remediation)	
Frequency (of Analysis and Aggregation)	Annually

System Improvement

(Describe the process for systems improvement as a result of aggregated discovery and remediation activities.)

1. Methods for Analyzing Data and Prioritizing Need for System Improvement

Program performance data

- Track and trend system performance
- Analyze discovery

Quality management meetings

- · Assess system
- · changes
- Focus on reporting
- · requirements and
- · refining reports

Onsite and/or desk reviews

- · Documentation review
- Interviews

Corrective action plans (CAP)

2. Roles and Responsibilities

HHSC will collect, collate, review, and post. HHSC will review the data and have final direction over corrective action plans. HHSC will collect, analyze, and report. HHSC provides oversight and direction.

HHSC coordinates and conducts onsite and/or desk reviews. HHSC provides oversight and direction. Biennially, HHSC [reviews] clinical operations (utilization management, quality management, care management, compliance with HCB settings requirements). Compliance issues will require the submission of a corrective action plan to HHSC for approval and ongoing monitoring.

The provider shall be actively engaged in the development of the corrective action plan (CAP) to the satisfaction of the State. The CAP is monitored by HHSC-, which has final direction over the CAP. Areas for improvement will be monitored as per CAP and presented quarterly during Quality Management meetings and includes analysis of performance data and onsite review findings of program non-compliance follow-up.

3. Frequency

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- Program performance data Updated monthly and reported quarterly
- Quality management meetings Quarterly meetings
- Onsite and/or desk reviews Biennially
- Corrective action plans (CAP) Areas for improvement will be monitored as per CAP and presented quarterly during Quality Management meetings

4. Method for Evaluating Effectiveness of System Changes

- Program performance data
 - Set performance benchmarks
 - o Review of service trends
 - o Review program implementation
 - o Track and trend system performance
 - o Analyze the discovery; synthesize the data;
 - o HHSC, with HHSC, will make corrective action plans regarding quality improvement (QI).
 - o HHSC will review QI recommendations quarterly and build upon those improvements through continuous quality improvement.
- Quality management meetings
 - o Monitoring contract and HCBS compliance for service delivery
 - o Review of clinical assessment client outcome measures
- Onsite and/or desk reviews
 - Review of clinical operations (utilization management, quality management, care management, compliance with HCB settings requirements)
 - o Compliance issues will require the submission of a corrective action plan to HHSC for approval and ongoing monitoring.
- Corrective action plans (CAP) Areas for improvement will be monitored as per CAP and presented quarterly during Quality Management meetings
 - o Analysis of performance data
 - Onsite and/or desk review findings of program non- compliance follow-up