

Texas Title XX Community Services and Supports
(August 30, 2018)

	<u>Adult Foster Care (AFC)</u>	<u>Assisted Living¹/ Residential Care (ALRC)²</u>	<u>Consumer Managed Personal Attendant Services (CMPAS)</u>	<u>Day Activity and Health Services (DAHS)³</u>	<u>Emergency Response Services (ERS)</u>	<u>Family Care (FC)</u>	<u>Home Delivered Meals (HDM)⁴</u>	<u>Special services to Persons with Disabilities (SSPD)</u>
Age served	18 years of age and older	18 years of age and older	18 years of age and older	18 years of age and older	18 years of age and older	18 years of age and older	18 years of age and older	18 years of age and older
Licensure/ Certification by Health and Human Services Commission (HHSC)	Licensed as Assisted Living (AL) facility if four residents No license required if 3 or less residents	Licensed as Assisted Living (AL) facility	Licensed as Home and Community Support Services Agency (HCSSA)	Licensed as DAHS facility	Licensed as personal Emergency Response System (ERS) provider	Licensed as Home and Community Support Services Agency (HCSSA)	No	Licensed as DAHS facility or Home and Community Support Services Agency (HCSSA)
Entity responsible for coordination of services	HHSC case worker	HHSC case worker	Home and Community Support Services Agency (HCSSA)	HHSC case worker	HHSC case worker	HHSC case worker	HHSC case worker	HHSC case worker

¹ Assisted Living (AL) is also available as a service within the STAR+PLUS HCBS program and in the DBMD Medicaid waiver program.

² Assisted Living/Residential Care (ALRC) is available as a Title XX service. Individuals who are not Medicaid recipients may receive ALRC as a Title XX service.

³ Day Activity and Health Services (DAHS) is available as both a Title XIX and Title XX service. DAHS may be provided as a Title XIX entitlement service for individuals who are Medicaid recipients through STAR+PLUS and fee for services contracts with HHSC. Individuals who are not Medicaid recipients may receive DAHS as a Title XX service.

⁴ Home Delivered Meals (HDM) is available as a Title III, Title XIX, and Title XX funded service. HDM is provided as Title III through the Area Agencies on Aging. Title XIX is provided through STAR+PLUS HCBS. Individuals who are not Medicaid recipients may receive HDM as a Title XX service.

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Functional eligibility	Individual must meet minimal functional assessment score of 18 on Needs Assessment Questionnaire	Individual must: <ul style="list-style-type: none"> require access to 24-hour care, but not require daily nursing intervention; and the applicant's needs may not exceed the facility's capability under its licensed authority 	Statement by a medical practitioner that the individual's medical condition causes a functional limitation with at least one personal care task	Individual must have: <ul style="list-style-type: none"> physician's order that the individual has a chronic medical condition; nursing assessment that the individual has a functional limitation; and potential of receiving therapeutic benefit from DAHS 	Individual must: <ul style="list-style-type: none"> live alone or be alone for 8 hours or more each day; be mentally alert to operate equipment; have a phone; sign a statement that allows for forced entry; and live in an unsupervised setting 	Individual must: <ul style="list-style-type: none"> need for assistance with Instrumental Activities of Daily Living (IADLs) which include non-personal care tasks; and have a functional limitation 	Individual must: <ul style="list-style-type: none"> be functionally limited in preparing meals; and have need for meal assistance 	Individual must: <ul style="list-style-type: none"> have the need for a service designed to assist individuals in developing skills needed to remain in the community; and must meet minimal functional assessment score
Financial eligibility	Up to 300% of SSI income limit	Up to 300% of SSI income limit. The individual must pay room and board.	Up to 300% of SSI income limit and determined by HHSC qualifies with no co-pay Over 300% is still eligible, however is subject to co-pay based on level of income	Up to 300% of SSI income limit	Up to 300% of SSI income limit	Up to 300% of SSI income limit	No financial determination required No income or resource limits	Up to 300% of SSI income limit

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Services may be provided by a legal guardian or relative	No	No	Yes	No	No	Yes	No	No
Ability to self-direct services through the consumer directed services (CDS) option	No	No	Yes	No	No	Yes	No	No

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	General Description of Programs	Limit
<u>Adult Foster Care (AFC)</u>	AFC is a Title XX program which provides a 24-hour living arrangement with supervision for individuals 18 years or older in an adult foster home for people who are unable to continue living independently in their own homes because of physical, mental or emotional limitations. AFC providers and residents must live in the same household and share a common living area. No more than three adults may be receiving foster care services in the foster home unless it is licensed by the state as a Type C assisted living facility. Services may include: minimal assistance with personal care or other activities of daily living, meal preparation, and provision or assistance with arranging transportation. Individuals must meet financial and functional eligibility requirements.	One unit per day (1 unit = 24 hours)
<u>Assisted Living⁵/ Residential Care (ALRC)⁶</u>	ALRC is a Title XX program which serves individuals over 18 years of age who meet financial and functional need eligibility requirements. RC provides a 24-hour living arrangement in licensed assisted living facilities. Services include: 24-hour supervision, personal care, home management, escort services, social and recreational activities, supervision of or assistance with medication administration, and transportation assistance.	One unit per day (1 unit = 24 hours)
<u>Consumer Managed Personal Attendant Services (CMPAS)</u>	CMPAS is a Title XX Social Services Block Grant program that provides non-skilled personal attendant services to individuals 18 year of age or older living in their own homes. Eligible individuals must meet functional need requirements and must be competent and able to supervise their attendant, or have someone who can supervise the attendant for them. Individual's interview, select, train, supervise, and release their personal assistants. This program is meant for individuals who wish to enhance and maintain their integration into the community, including participation in employment and education or training opportunities, and community volunteering designed to help the individual enter and remain in the workforce and in the community. There is currently an interest list for individuals who are interested in applying for CMPAS and individuals are contacted for an intake to be tested for eligibility once their name is released from the interest list. CMPAS has a co-payment for services which is based on the individual's income.	52 hours per week
<u>Day Activity and Health Services (DAHS)</u>	DAHS facilities provide daytime services Monday through Friday to individuals 18 years or older residing in the community in order to provide an alternative to placement in nursing homes or other institutions. Services are designed to address the physical, mental, medical, and social needs of individuals. DAHS program services must be provided under the supervision of a licensed nurse. DAHS must be prescribed to individuals who have a chronic medical condition with an associated functional impairment and have the potential for receiving therapeutic benefit from DAHS as established by an assessment of the recipient's medical need. DAHS services include a noon meal and snacks, nursing and personal care, physical rehabilitation, social, educational, recreational activities, and transportation. DAHS may be provided as a Title XIX entitlement service for individuals who are Medicaid recipients through managed care and Medicaid recipients not eligible for managed care through fee for services contracts with HHSC. Individuals who are not Medicaid recipients may be placed on an interest list to receive DAHS as a Title XX service.	2 units per day (1 unit = 3-5 hours) (Note: 6+ hours of service in one day = 2 units)

⁵ Assisted Living (AL) is also available as a service within the STAR+PLUS HCBS program and in the DBMD Medicaid waiver program.

⁶ Assisted Living/Residential Care (ALRC) is available as a Title XX service. Individuals who are not Medicaid recipients may be placed on an interest list to receive ALRC as a Title XX service.

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	General Description of Programs	Limit
<u>Emergency Response Services (ERS)</u>	ERS is a program that provides around-the-clock emergency response services through an electronic monitoring system that is used by functionally impaired adults who live alone or who are socially isolated in the community. In an emergency, the person can press a call button to signal for help. The electronic monitoring system helps to ensure that the appropriate person or service agency responds to an alarm call. ERS is provided through STAR+PLUS, Community First Choice (CFC) and through Title XX Social Services Block Grant funds for individuals not eligible for STAR+PLUS or CFC.	One unit per month
<u>Family Care (FC)</u>	FC is a program that provides personal attendant services to an individual who needs assistance with Instrumental Activities of Daily Living (IADLs) which include non-personal care tasks. To qualify for FC an individual is not required to have an approved medical need, but must have functional limitations in performing IADLs. These services are considered non-technical, non-skilled, and are performed by an in-home personal attendant. Family Care is a Title XX program funded by a block grant and state funds. There is currently an interest list for individuals who are interested in applying for this program. Since there is limited funding individuals are contacted for an intake once their name is released from the interest list to be tested for eligibility.	50 hours per week for individuals with non- priority status 42 hours per week for individuals with priority status
<u>Home Delivered Meals (HDM)</u>	HDM provides a nutritious meal delivered to people in their homes. HDM is a covered service through the STAR+PLUS HCBS program, the Title XX Social Services Block Grant and Title III of the Older Americans Act. There is currently an interest list for individuals who are interested in applying for this program. Individuals are contacted for an intake once their name is released from the interest list to be tested for eligibility. Sometimes, the HHSC Regional intake staff can make a referral to the local Area Agency on Aging for applying to receive Title III HDM program services in the event the region has an interest list for the Title XX HDM services.	One meal per day
<u>Special services to Persons with Disabilities (SSPD)</u>	The SSPD program provides services to individuals 18 years of age or older in a variety of settings to assist clients in developing the skills needed to remain in the community as independently as possible. SSPD service array and service settings can vary per region. Services available in the service array may include counseling, personal assistance services, and skills training. SSPD is a Title XX program funded by a block grant and state funds. SSPD also has a 24-hour Shared Attendant Care component which makes attendant care available to individual on a 24 hour basis. Individuals live independently in clustered living arrangements and use this service to achieve habilitative or rehabilitative goals. An interest list is maintained and individuals are contacted to participate in an intake once their name is released from the interest list to be tested for eligibility.	Limits based on regional needs