The Executive Commissioner of the Health and Human Services Commission (HHSC) adopts on an emergency basis in Title 26, Texas Administrative Code, Chapter 551, Intermediate Care Facilities for Individuals with an Intellectual Disability or Related Conditions, Subchapter C, Standards for Licensure, new §551.47, concerning an emergency rule in response to COVID-19 describing requirements for limited indoor and outdoor visitation in a facility. As authorized by Texas Government Code §2001.034, the Commission may adopt an emergency rule without prior notice or hearing upon finding that an imminent peril to the public health, safety, or welfare requires adoption on fewer than 30 days' notice. Emergency rules adopted under Texas Government Code §2001.034 may be effective for not longer than 120 days and may be renewed for not longer than 60 days.

BACKGROUND AND PURPOSE

The purpose of the emergency rulemaking is to support the Governor’s March 13, 2020 proclamation certifying that the COVID-19 virus poses an imminent threat of disaster in the state and declaring a state of disaster for all counties in Texas. In this proclamation, the Governor authorized the use of all available resources of state government and of political subdivisions that are reasonably necessary to cope with this disaster and directed that government entities and businesses would continue providing essential services. This emergency rulemaking reflects the continued reopening of the State of Texas. HHSC accordingly finds that an imminent peril to the public health, safety, and welfare of the state requires immediate adoption of this emergency rule for Intermediate Care Facility COVID-19 Response--Expansion of Reopening Visitation.

To protect intermediate care facility individuals and the public health, safety, and welfare of the state during the COVID-19 pandemic, HHSC is adopting an emergency rule to require limited indoor and outdoor visitation in an intermediate care facility. The purpose of the new rule is to describe the requirements related to such visits.

STATUTORY AUTHORITY

imminent peril to the public health, safety, or welfare requires adoption of a rule on fewer than 30 days' notice. Texas Government Code §531.0055 authorizes the Executive Commissioner of HHSC to adopt rules and policies necessary for the operation and provision of health and human services by the health and human services system. Texas Health and Safety Code §§252.031 - and 252.033 require the Executive Commissioner of HHSC to establish rules prescribing the minimum standards and process for licensure as an intermediate care facility. Texas Health and Safety Code §252.043 establishes HHSC’s authority to conduct an inspection, survey, or investigation at an intermediate care facility to determine if the intermediate care facility is in compliance with the minimum acceptable levels of care for individuals who are living in an intermediate care facility, and the minimum acceptable life safety code and physical environment requirements.


The agency hereby certifies that the emergency adoption has been reviewed by legal counsel and found to be a valid exercise of the agency’s legal authority.

ADDITIONAL INFORMATION

For further information, please call: (512) 438-3161.

(a) The following words and terms, when used in this subchapter, have the following meanings.

1. **Closed window visit**--A personal visit between a visitor and an individual during which the individual and visitor are separated by a closed window and the visitor does not enter the building. A closed window visit is permitted at all facilities for all individuals.

2. **COVID-19 negative**--The status of a person who has tested negative for COVID-19, is not exhibiting symptoms of COVID-19, and has had no known exposure to the virus since the negative test.

3. **COVID-19 positive**--The status of a person who has tested positive for COVID-19 and does not yet meet Centers for Disease Control and Prevention (CDC) guidance for the discontinuation of transmission-based precautions.

4. **End-of-life visit**--A personal visit between a visitor and an individual who is actively dying. An end-of-life visit is permitted in all facilities for all individuals at the end of life.

5. **Essential caregiver**--A family member or other outside caregiver, including a friend, volunteer, private personal caregiver or court appointed guardian, who is at least 18 years old, and has been designated by the individual or legal representative to provide regular care and support to an individual.

6. **Essential caregiver visit**--A personal visit between an individual and a designated essential caregiver, as described in subsection (e) of this section. An essential caregiver visit is permitted in all facilities for COVID-19 negative and unknown COVID-19 status individuals.

7. **Facility-acquired COVID-19 infection**--COVID-19 infection that is acquired after admission in an intermediate care facility and was not present at the end of the 14-day quarantine period following admission or readmission.

8. **Individual**--A person enrolled in the intermediate care facilities for individuals with an intellectual disability or related conditions program.

9. **Large intermediate care facility**--An intermediate care facility serving 17 or
more individuals in one or more buildings.

(10) Open window visit--A personal visit between a visitor and an individual during which the individual and personal visitor are separated by an open window.

(11) Outbreak--One or more laboratory confirmed cases of COVID-19 identified in either an individual or paid or unpaid staff.

(12) Outdoor visit--A personal visit between an individual and one or more personal visitors that occurs in-person in a dedicated outdoor space.

(13) Persons providing critical assistance--Providers of essential services, persons with legal authority to enter, and family members or friends of individuals at the end of life and two designated essential caregivers as described in subsection (o) of this section.

(14) Persons with legal authority to enter--Law enforcement officers, representatives of the long-term care ombudsman's office, and government personnel performing their official duties.

(15) Plexiglass indoor visit--A personal visit between an individual and one or more personal visitors, during which the individual and the visitor are both inside the facility but within a booth separated by a plexiglass barrier and the individual remains on one side of the barrier and the visitor remains on the opposite side of the barrier.

(16) Providers of essential services--Contract doctors, contract nurses, hospice workers, and individuals operating under the authority of a local intellectual and developmental disability authority (LIDDA) or a local mental health authority (LMHA) whose services are necessary to ensure individual health and safety.

(17) Salon services visit--A personal visit between an individual and a salon services visitor as described in subsection (q) of this section. All facilities may permit salon services visits for COVID-19 negative residents.

(18) Salon services visitor--A barber, beautician, or cosmetologist providing hair care or personal grooming services to an individual.

(19) Small intermediate care facility--An intermediate care facility serving 16 or fewer individuals.

(20) Unknown COVID-19 status--The status of a person who is a new admission or readmission, has spent one or more nights away from the facility, has had known exposure or close contact with a person who is COVID-19 positive, or who is exhibiting symptoms of COVID-19 while awaiting test results.

(21) Vehicle parade--A personal visit between an individual and one or more
personal visitors, during which the individual remains outdoors on the intermediate care facility campus, and a visitor drives past in a vehicle.

(b) An intermediate care facility must screen all visitors prior to allowing them to enter the facility, as described in subsection (c). Visitor screenings must be documented in a log kept at the entrance to the facility, which must include the name of each person screened, the date and time of the screening, and the results of the screening. The visitor screening log may contain protected health information and must be protected in accordance with applicable state and federal law. An intermediate care facility is not required to screen emergency services personnel entering the facility or facility campus in an emergency and personal visitors participating in a vehicle parade or a closed window visit.

(c) Visitors who meet any of the following screening criteria must leave the intermediate care facility campus and reschedule the visit:

(1) fever defined as a temperature of 100.4 Fahrenheit and above;

(2) signs or symptoms of COVID-19, including chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea;

(3) any other signs and symptoms, as outlined by the CDC in Symptoms of Coronavirus at cdc.gov;

(4) contact in the last 14 days with someone who has a confirmed diagnosis of COVID-19, is under investigation for COVID-19, or is ill with a respiratory illness, unless the visitor is seeking entry to provide critical assistance; or

(5) has a positive COVID-19 test result from a test performed in the last 10 days.

(d) An intermediate care facility must allow persons providing critical assistance, including essential caregivers, to enter the intermediate care facility if they pass the screening in subsection (c) of this section, except as provided in subsection (o)(8)(H) and (o)(9)(F) of this section.

(e) An intermediate care facility must allow essential caregiver visits, end-of-life visits and closed window visits in accordance with this section. Approved visitation designation for a facility is not required for a closed window visit, end-of-life visit, or visits by persons providing critical assistance including essential caregivers, as defined in subsection (a)(1) and (a)(4)-(5) of this section.

(f) Except as approved by HHSC under subsection (k) of this section, an intermediate care facility with an approved visitation designation by HHSC must allow outdoor visits, open window visits, vehicle parades, and plexiglass indoor visits with individuals with COVID-19 negative status.
(g) Each intermediate care facility must submit a completed Long-term Care Regulation (LTCR) form 2195, COVID-19 Status Attestation Form, including a facility map indicating which areas, units, wings, halls, or buildings accommodate COVID-19 negative, COVID-19 positive, and unknown COVID-19 status individuals, to the Regional Director in the LTCR Region where the facility is located, whether the facility meets or does not meet the criteria for expansion of reopening visitation. A facility with previous approval for visitation designation does not have to submit Form 2195 and a facility map, unless the previous visitation approval has been withdrawn, rescinded, or cancelled.

(h) To receive a facility visitation designation, an intermediate care facility must demonstrate:

1. There are separate areas, units, wings, halls, or buildings designated for COVID-19 positive, COVID-19 negative, or unknown COVID-19 status individual cohorts;

2. Separate dedicated staff are working exclusively in the separate areas, units, wings, halls, or buildings for individuals who are COVID-19 positive, COVID-19 negative, or unknown COVID-19 status;

3. There have been no confirmed COVID-19 cases for at least 14 consecutive days in staff working in the area, unit, wing, hall, or building which accommodates individuals who are COVID-19 negative;

4. There have been no facility-acquired COVID-19 confirmed cases for at least 14 consecutive days in individuals in the COVID-19 negative area, unit, wing, hall, or building;

5. Staff are designated to work with only one individual cohort and the designation does not change from one day to another; and

6. If an intermediate care facility has had previous cases of COVID-19 in staff or individuals in the area, unit, wing, hall, or building which accommodates individuals who are COVID-19 negative, HHSC LTCR may conduct a verification survey and confirm the following:

   A. All staff and individuals in the COVID-19 negative area, unit, wing, hall, or building have fully recovered;

   B. The intermediate care facility has adequate staffing to continue care for all individuals and supervise visits permitted by this section; and

   C. The intermediate care facility is in compliance with infection control requirements and emergency rules related to COVID-19.

(i) A small intermediate care facility that cannot provide separate areas, units,
wings, halls, or buildings for individuals who are COVID-19 positive, COVID-19 negative, or unknown COVID-19 status must demonstrate:

(1) there have been no confirmed COVID-19 cases for at least 14 consecutive days in staff;

(2) there have been no facility-acquired COVID-19 confirmed cases for at least 14 consecutive days in individuals; and

(3) if an intermediate care facility has had previous cases of COVID-19 in staff or individuals, HHSC LTCR may conduct a verification survey and confirm the following:

   (A) all staff and individuals have fully recovered;

   (B) the intermediate care facility has adequate staffing to continue care for all individuals and supervise visits permitted by this section; and

   (C) the intermediate care facility is in compliance with infection control requirements and emergency rules related to COVID-19.

(j) An intermediate care facility that does not meet the criteria, in subsection (h) or (i) of this section, to receive a visitation designation must:

   (1) permit closed window visits, persons providing critical assistance, including essential caregivers, and end-of-life visits;

   (2) develop and implement a plan describing the steps the facility intends to take to meet the visitation designation criteria in subsection (h) or (i) of this section; and

   (3) submit the plan to the Regional Director in the LTCR Region where the facility is located within five business days of submitting the form or of receiving notification from HHSC that the intermediate care facility was not approved for visitation designation.

(k) An intermediate care facility may request exemption from the requirements in this section, including that a facility with a visitation designation must allow certain personal visits. Intermediate care facilities may not request, and HHSC will not approve, an exemption from closed window visits or visits by persons providing critical assistance, including essential caregivers and end-of-life visits. If the intermediate care facility determines it is unable to meet one or more of the other visitation requirements of this section, the facility must request exemption from that requirement and explain its inability to meet the visitation requirement on the COVID-19 Status Attestation Form. HHSC will notify the intermediate care facility if a temporary exemption for a specific visit type is granted and the time period for exemption.
(l) Except if approved by HHSC for an exemption under subsection (k) of this section, an intermediate care facility with a facility visitation designation must allow outdoor visits, open window visits, vehicle parades, and plexiglass indoor visits involving individuals and personal visitors. The following requirements apply to all visitation allowed under this subsection, and all other visitation types as specified:

1. Visits must be scheduled in advance and are by appointment only.

2. Visitation appointments must be scheduled to allow time for cleaning and sanitization of the visitation area between visits.

3. An intermediate care facility must allow open window visits, vehicle parades, outdoor visits, and plexiglass indoor visits for individuals who are COVID-19 negative. Individuals with unknown COVID-19 status or COVID-19 positive status cannot participate in outdoor visits, open window visits, vehicle parades, or plexiglass indoor visits.

4. An intermediate care facility must allow closed window visits and end-of-life visits for individuals who are COVID-19 negative, COVID-19 positive, or unknown COVID-19 status.

5. Physical contact between individuals and visitors is prohibited, except for essential caregiver visits and end-of-life visits.

6. An intermediate care facility must allow visits where adequate space is available that meets criteria and when adequate staff are available to monitor visits. Essential caregiver visits and end-of-life visits can take place in the individual’s room or other area of the facility separated from other individuals. The intermediate care facility must limit the movement of the visitor through the facility to ensure interaction with other individuals is minimized.

7. The visitor must wear a facemask or face covering over both the mouth and nose throughout the visit, except visitors participating in a vehicle parade or closed window visit.

8. The individual must wear a facemask or face covering over both the mouth and nose (if tolerated) throughout the visit.

9. The intermediate care facility must ensure physical distancing of at least six feet is maintained between visitors and individuals at all times and limit the number of visitors and individuals in the visitation area as needed to ensure physical distancing is maintained. Essential caregiver and end-of-life visitors do not have to maintain physical distancing between themselves and the individual they are visiting but must maintain physical distancing between themselves and all other individuals, staff, and other visitors.
(10) The intermediate care facility must limit the number of visitors per individual per week, and the length of time per visit, to ensure equal access by all individuals to visitors.

(11) Cleaning and disinfecting of the visitation area, furniture, and all other items must be performed, per CDC guidance, before and after each visit.

(12) The intermediate care facility must ensure a comfortable and safe outdoor visiting area for outdoor visits and vehicle parades, considering outside air temperatures and ventilation.

(13) For outdoor visits, the intermediate care facility must designate an outdoor area for visitation that is separated from individuals and limits the ability of the visitor to interact with individuals.

(14) An intermediate care facility must provide hand washing stations, or hand sanitizer, to the visitor and individual before and after visits, except visitors participating in a vehicle parade or closed window visit.

(15) The visitor and the individual must practice hand hygiene before and after the visit, except visitors participating in a vehicle parade or closed window visit.

(m) The following requirements apply to vehicle parades:

(1) Visitors must remain in their vehicles throughout the parade.

(2) The intermediate care facility must ensure physical distancing of at least six feet is maintained between individuals throughout the parade.

(3) The intermediate care facility must ensure individuals are not closer than 10 feet to the vehicles for safety reasons.

(4) The individual must wear a facemask or face covering over both the mouth and nose (if tolerated) throughout the visit.

(n) The following requirements apply to plexiglass indoor visits:

(1) The plexiglass booth must be installed in an area of the facility where it does not impede a means of egress, does not impede or interfere with any fire safety equipment or system, and does not offer access to the rest of the facility or contact between the visitors and other individuals.

(2) Prior to using the booth, the facility must submit for approval a photo of the plexiglass visitation booth and its location in the facility to the Life Safety Code Program Manager in the LTCR Region in which the facility is located and must receive approval from HHSC.
The visit must be supervised by facility staff for the duration of the visit.

The individual must wear a facemask or face covering over both the mouth and nose (if tolerated) throughout the visit.

The visitor must wear a facemask or face covering over both the mouth and nose throughout the visit.

The facility shall limit the number of visitors and individuals in the visitation area as needed.

The following requirements apply to essential caregiver visits:

1. There may be up to two permanently designated essential caregiver visitors per resident.

2. Only one essential caregiver at a time may visit an individual.

3. Each visit is limited to one essential caregiver at a time.

4. Each visit is limited to two hours, unless the intermediate care facility determines that it can only accommodate a visit for a shorter duration or that it can accommodate a longer duration and adjusts the duration of the visit accordingly.

5. The visit may occur outdoors, in the individual’s bedroom, or in another area in the facility that limits visitor movement through the facility and interaction with other individuals.

6. Essential caregiver visitors do not have to maintain physical distancing between themselves and the individual they are visiting, but they must maintain physical distancing between themselves and all other individuals and staff.

7. The individual must wear a facemask or face covering over both the mouth and nose (if tolerated) throughout the visit.

8. The intermediate care facility must develop and enforce essential caregiver visitation policies and procedures, which include:

   A. a testing strategy for designated essential caregivers;

   B. a written agreement that the essential caregiver understands and agrees to follow the applicable policies, procedures, and requirements;

   C. training each designated essential caregiver on proper personal protective equipment (PPE) usage and infection control measures, hand hygiene and cough and sneeze etiquette;
(D) the essential caregiver must wear a facemask and any other appropriate PPE recommended by CDC guidance and the facility’s policy while in the intermediate care facility;

(E) expectations regarding using only designated entrances and exits as directed;

(F) limiting visitation to the area designated by the facility in accordance with paragraph (4) of this subsection;

(G) facility staff must escort the essential caregiver from the facility entrance to the designated visitation area at the start of each visit; and

(H) facility staff must escort the essential caregiver from the designated visitation area to the facility exit at the end of each visit.

(9) The intermediate care facility must:

(A) inform the essential caregiver visitor of applicable policies, procedures, and requirements;

(B) approve the visitor’s facemask and any other appropriate PPE recommended by CDC guidance and the facility’s policy, or provide an approved facemask and other appropriate PPE;

(C) maintain documentation of the essential caregiver visitor’s agreement to follow the applicable policies, procedures and requirements;

(D) maintain documentation of the essential caregiver visitor’s training, as required in paragraph (8)(C) of this subsection;

(E) maintain documentation of the date of last COVID-19 test as reported by the essential caregiver;

(F) document the identity of each essential caregiver in the individual’s records and verify the identity of the essential caregiver by creating an essential caregiver visitor badge;

(G) maintain a record of each essential caregiver visit, including:

(i) the date and time of the arrival and departure of the essential caregiver visitor;

(ii) the name of the essential caregiver visitor;

(iii) the name of the individual being visited; and
(iv) attestation that the identity of the essential caregiver visitor was confirmed, and

(H) prevent visitation by the essential caregiver if the individual has an active COVID-19 infection.

(10) The essential caregiver must:

(A) wear a facemask over both the mouth and nose, and any other appropriate PPE recommended by CDC guidance and the facility’s policy, while in the intermediate care facility;

(B) have a negative COVID-19 test result from a test performed no more than 14 days before the first essential caregiver visit, unless the intermediate care facility chooses to perform a rapid test prior to entry in the intermediate care facility;

(C) sign an agreement to leave the facility at the appointed time unless otherwise approved by the facility;

(D) self-monitor for signs and symptoms of COVID-19;

(E) not participate in visits if the designated essential caregiver has signs and symptoms of COVID-19 or an active COVID-19 infection; and

(F) not participate in visits if the individual has an active COVID-19 infection.

(11) The facility may cancel the essential caregiver visit if the essential caregiver fails to comply with the facility’s policy regarding essential caregiver visits or applicable requirements in this section.

(p) A facility may allow a salon services visitor to enter the facility to provide services to an individual only if:

(1) The salon services visitor passes the screening described in subsection (c) of this section;

(2) the salon services visitor agrees to comply with the most current version of the Minimum Standard Health Protocols – Checklist for Cosmetology Salons/Hair Salons, located online at open.texas.gov; and the requirements of subsection (q) of this section are met.

(q) The following requirements apply to salon services visits:

(1) Each visit is limited to two hours, unless the intermediate care facility determines that it can only accommodate a visit for a shorter duration or that it can accommodate a longer duration and adjusts the duration of the visit accordingly.
(2) The visit may occur outdoors, in the individual’s bedroom, or in another area in the facility that limits visitor movement through the facility and interaction with other individuals.

(3) Salon services visitors do not have to maintain physical distancing between themselves and each individual they are visiting, but they must maintain physical distancing between themselves and all other individuals and staff.

(4) The individual must wear a facemask or face covering over both the mouth and nose (if tolerated) throughout the visit.

(5) The intermediate care facility must develop and enforce salon services visitation policies and procedures, which include:

   (A) a testing strategy for salon services visitors;

   (B) a written agreement that the salon services visitor understands and agrees to follow the applicable policies, procedures, and requirements;

   (C) training each salon services visitor on proper PPE usage and infection control measures, hand hygiene, and cough and sneeze etiquette;

   (D) the salon services visitor must wear a facemask and any other appropriate PPE recommended by CDC guidance and the facility’s policy while in the intermediate care facility;

   (E) expectations regarding using only designated entrances and exits, as directed;

   (F) limiting visitation to the area designated by the facility, in accordance with paragraph (2) of this subsection;

   (G) facility staff must escort the salon services visitor from the facility entrance to the designated visitation area at the start of each visit; and

   (H) facility staff must escort the salon services visitor from the designated visitation area to the facility exit at the end of each visit;

(6) The intermediate care facility must:

   (A) inform the salon services visitor of applicable policies, procedures, and requirements;

   (B) approve the visitor’s facemask or provide an approved facemask;

   (C) maintain documentation of the salon services visitor’s agreement to
follow the applicable policies, procedures and requirements;

(D) maintain documentation of the salon services visitor’s training, as required in paragraph (5)(C) of this subsection;

(E) maintain documentation of the date of last COVID-19 test, as reported by the salon services visitor;

(F) document the identity of each salon services visitor in the facility’s records and verify the identity of the salon services visitor by creating a salon services visitor badge;

(G) maintain a record of each salon services visit, including:

(i) the date and time of the arrival and departure of the salon services visitor;

(ii) the name of the salon services visitor;

(iii) the name of the individual being visited; and

(iv) attestation that the identity of the salon services visitor was confirmed; and

(H) prevent visitation by the salon services visitor if the individual has an active COVID-19 infection.

(7) The salon services visitor must:

(A) wear a facemask over both the mouth and nose and any other appropriate PPE recommended by CDC guidance and the facility’s policy while in the intermediate care facility;

(B) have a negative COVID-19 test result from a test performed no more than 14 days before the first salon services visit, unless the intermediate care facility chooses to perform a rapid test prior to entry in the intermediate care facility;

(C) sign an agreement to leave the facility at the appointed time, unless otherwise approved by the facility;

(D) self-monitor for signs and symptoms of COVID-19;

(E) not participate in visits if the salon services visitor has signs and symptoms of COVID-19 or an active COVID-19 infection; and

(F) not participate in visits if the individual has an active COVID-19 infection.
(8) The facility may cancel the salon services visit if the salon services visitor fails to comply with the facility’s policy regarding salon services visits or applicable requirements in this section.

(r) An intermediate care facility must provide instructional signage throughout the facility and proper visitor education regarding:

(1) the signs and symptoms of COVID-19 signs;

(2) infection control precautions; and

(3) other applicable facility practices (e.g., use of facemask or other appropriate PPE, specified entries and exits, routes to designated visitation areas, hand hygiene).

(s) If, at any time after facility visitation designation is approved by HHSC, the area, unit, wing, hall, or building accommodating individuals who are COVID-19 negative, or facility-wide for small intermediate care facilities that received visitation designation in accordance with subsection (i) of this section, experiences an outbreak of COVID-19, the facility must notify the Regional Director in the LTCR Region where the facility is located that the area, unit, wing, hall, building or facility no longer meets visitation criteria, and all visit types authorized under the facility’s visitation designation, including outdoor visits, open window visits, vehicle parades, and indoor plexiglass visits, must be cancelled until the area, unit, wing, hall, building or facility meets the criteria described in subsections (h) or (i) of this section and visitation approval is provided by HHSC.

(t) If an intermediate care facility fails to comply with the requirements of this section, HHSC may rescind the visitation designation and may impose licensure remedies in accordance with Subchapter H of this chapter (relating to Enforcement).

(u) If an executive order or other direction is issued by the Governor of Texas, the President of the United States, or another applicable authority, that is more restrictive than this rule or any minimum standard relating to an intermediate care facility, the intermediate care facility must comply with the executive order or other direction.