EMERGENCY RULE ADOPTION PREAMBLE

The Executive Commissioner of the Texas Health and Human Services Commission (HHSC) adopts on an emergency basis in Title 40, Part 1, Texas Administrative Code, Chapter 9, Intellectual Disability Services--Medicaid State Operating Agency Responsibilities, new §9.198 and §9.199, concerning emergency rules in response to COVID-19. As authorized by Texas Government Code §2001.034, the Commission may adopt an emergency rule without prior notice or hearing upon finding that an imminent peril to the public health, safety, or welfare requires adoption on fewer than 30 days' notice. Emergency rules adopted under Texas Government Code §2001.034 may be effective for not longer than 120 days and may be renewed for not longer than 60 days.

BACKGROUND AND PURPOSE

The purpose of the emergency rulemaking is to support the Governor's March 13, 2020, proclamation certifying that the COVID-19 virus poses an imminent threat of disaster in the state and declaring a state of disaster for all counties in Texas. In this proclamation, the Governor authorized the use of all available resources of state government and of political subdivisions that are reasonably necessary to cope with this disaster and directed that government entities and businesses would continue providing essential services. The Commission accordingly finds that an imminent peril to the public health, safety, and welfare of the state requires immediate adoption of these Emergency Rules for Program Provider Response to COVID-19 and HCS Expansion of Reopening Visitation.

To protect individuals receiving Home and Community-based Services (HCS) and the public health, safety, and welfare of the state during the COVID-19 pandemic, HHSC is adopting emergency rules to reduce the risk of spreading COVID-19 to individuals in the HCS program. These new rules describe the requirements HCS program providers must immediately put into place and the requirements they must follow for visitation, essential caregivers, and day habilitation.

STATUTORY AUTHORITY

The emergency rules are adopted under Texas Government Code §2001.034, 531.0055 and §531.021 and Texas Human Resources Code §32.021. Texas Government Code §2001.034 authorizes the adoption of emergency rules without prior notice and hearing, if an agency finds that an imminent peril to the public health, safety, or welfare requires adoption of a rule on fewer than 30 days' notice. Texas Government Code §531.0055 authorizes the Executive Commissioner of
HHSC to adopt rules and policies necessary for the operation and provision of health and human services by the health and human services system. Texas Government Code §531.021 provides HHSC with the authority to administer federal Medicaid funds and plan and direct the Medicaid program in each agency that operates a portion of the Medicaid program. Texas Human Resources Code §32.021 provides that HHSC shall adopt necessary rules for the proper and efficient operation of the Medicaid program.


The agency hereby certifies that the emergency rulemaking has been reviewed by legal counsel and found to be a valid exercise of the agency’s legal authority.

ADDITIONAL INFORMATION

For further information, please call: (512) 438-3161.

(a) Applicability. Based on state law and federal guidance, Texas Health and Human Services Commission (HHSC) finds COVID-19 to be a health and safety risk and requires a program provider to take the following measures. The screening required by this section does not apply to emergency services personnel entering the residence in an emergency situation.

(b) Definitions. The following words and terms, when used in this section, have the following meanings.

(1) Individual--A person enrolled in the HCS program.

(2) Isolation--Practices that separate persons who are sick to protect those who are not sick.

(3) Persons providing critical assistance--Providers of essential services, persons with legal authority to enter, and family members or friends of individuals at the end of life and designated essential caregivers as described in §9.199(c) of this subchapter (relating to HCS Provider Response to COVID-19–Expansion of Reopening Visitation).

(4) Persons with legal authority to enter--Law enforcement officers, representatives of Disability Rights Texas, and government personnel performing their official duties.

(5) Probable case of COVID-19--A case that meets the clinical criteria for epidemiologic evidence as defined and posted by the Council of State and Territorial Epidemiologists.

(6) Provider of essential services--Contract doctors or nurses, hospice workers, and individuals operating under the authority of a local intellectual and developmental disability authority (LIDDA) or a local mental health authority (LMHA), whose services are necessary to ensure individual health and safety.

(7) Residence--A host home/companion care, three-person, or four-person residence, as defined by the HCS Billing Guidelines, unless otherwise specified.

(c) Screening requirements.
(1) A program provider must screen all visitors outside of the residence prior to allowing them to enter, except emergency services personnel entering the property in an emergency and personal visitors participating in a vehicle parade or closed window visit. Visitor screenings must be documented in a log, which must include the name of each person screened, the date and time of the screening, and the results of the screening. The visitor screening log may contain protected health information and must be protected in accordance with applicable state and federal law.

(2) Visitors who meet any of the following screening criteria must leave the residence and reschedule the visit:

(A) fever, defined as a temperature of 100.4 Fahrenheit or above;

(B) signs or symptoms of COVID-19, including chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea;

(C) any other signs and symptoms identified by the Centers for Disease Control and Prevention (CDC) in Symptoms of Coronavirus at cdc.gov;

(D) contact in the last 14 days with someone who has a confirmed diagnosis of COVID-19, is under investigation for COVID-19, or is ill with a respiratory illness, unless the visitor is seeking entry to provide critical assistance; or

(E) has a positive COVID-19 test result from a test performed in the last 10 days.

(3) A program provider may allow persons providing critical assistance, including essential caregivers, to enter the residence if they pass the screening in paragraph (c)(2) of this section, except as provided in subsections §9.199(c)(7)(G) and §9.199(c)(8)(D). A program provider shall not prohibit entry of persons with legal authority to enter when performing their official duties, unless they do not pass the screening in subsection (c)(2) of this section.

(4) A program provider must not prohibit an individual who lives in the residence from entering the residence even if the individual meets any of the screening criteria.

(d) Communication.

(1) Program providers must contact their local health department, or the Department of State Health Services (DSHS) if there is no local health department, if the program provider knows an individual has COVID-19.
Within 24 hours of becoming aware of an individual or staff member with confirmed COVID-19, a program provider must notify HHSC via encrypted or secure email to waiversurvey.certification@hhsc.state.tx.us. If a program provider is not able to send a secure or encrypted email, the program provider should notify HHSC by emailing waiversurvey.certification@hhsc.state.tx.us. A program provider is not required to provide identifying information of a staff member to HHSC when reporting a positive COVID-19 test result and must comply with applicable law regarding patient privacy. A program provider must comply with any additional HHSC monitoring requests.

(3) A program provider must notify an individual’s legally authorized representative (LAR) if the individual is confirmed to have COVID-19, or if the presence of COVID-19 is confirmed in the residence.

(4) A program provider must notify any individual who lives in the residence, and his or her LAR, if the program provider is aware of probable or confirmed cases among program provider staff or individuals living in the same residence.

(5) A program provider must not release personally identifying information regarding confirmed or probable cases.

(e) Infection Control.

(1) A program provider must develop and implement an infection control policy that:

(A) prescribes a cleaning and disinfecting schedule for the residence, including high-touch areas and any equipment used to care for more than one individual;

(B) is updated to reflect current CDC or DSHS guidance; and

(C) is revised if a shortcoming is identified.

(2) A program provider must provide training to service providers on the infection control policy initially and upon updates.

(3) A program provider must educate staff and individuals on infection prevention, including hand hygiene, physical distancing, the use of personal protective equipment (PPE) and cloth face coverings, and cough etiquette.

(4) A program provider must encourage physical distancing, defined as maintaining six feet of separation between persons and avoiding physical contact.

(5) A program provider must require staff to wear a mask or cloth face covering over both the nose and mouth if not providing care to an individual with COVID-19, or appropriate PPE as defined by CDC if providing care to an individual with COVID-
For individuals who rely on lip reading or facial cues for communication needs, service providers may use face masks with a clear screen over the mouth or temporarily remove it during communication. Service providers should maintain physical distance as practicable.

(6) Provider staff who have confirmed or probable COVID-19 may not provide services to individuals, except that:

(A) a host home/companion care provider may provide services to an individual who has also tested positive for COVID-19; or

(B) live-in staff providing supervised living services may provide services to an individual who has also tested positive for COVID-19 in accordance with §9.174(a)(37) of this subchapter (relating to Certification Principles: Service Delivery).

(7) A program provider must monitor the health status of a staff person providing services under paragraph (6) of this subsection to verify that the staff person continues to be able to deliver services. If the staff person’s condition worsens, the program provider must activate the service back-up plan to ensure the individual receives services.

(8) A program provider must isolate individuals with confirmed or probable COVID-19 within the residence if possible. If individuals cannot be isolated within the residence, the program provider must convene the service planning team to identify alternative residential arrangements.

(9) A program provider must screen individuals for signs or symptoms of COVID-19 at least twice a day.

(f) A program provider must update the emergency plan developed in accordance with §9.178(d) of this subchapter (relating to Certification Principles: Quality Assurance) to address COVID-19. The updated plan must include:

(1) plans for maintaining infection control procedures and supplies of PPE during evacuation;

(2) a list of locations and alternate locations for evacuation both for individuals with confirmed or probable COVID-19 and for individuals with negative or unknown status; and

(3) a list of supplies needed if required to shelter in place, including PPE.

(g) A program provider must develop and implement a staffing policy that addresses how the program provider plans to minimize the movement of staff between health care providers and encourage communication among providers...
regarding COVID-19 probable and confirmed cases. The policy must limit sharing of staff between residences, unless doing so will result in staff shortages.

(h) A program provider may contract with a day habilitation site only if the day habilitation site agrees to comply with the most current guidance from DSHS for day habilitation sites. In addition:

(1) the program provider must facilitate and document an individual’s informed decision to return to outside day habilitation, including discussion of:

   (A) available options and alternatives;
   (B) risks of attending day habilitation; and
   (C) PPE, hygiene, and physical distancing;

(2) except for individuals in host home and own home/family home settings, the program provider must ensure the availability of PPE required for the individual to safely attend day habilitation; and

(3) the program provider must include in its contract with a day habilitation site a requirement for the day habilitation site to communicate with individuals, program providers, staff, and family when the day habilitation site is aware of a probable or confirmed case of COVID-19 among day habilitation site staff or individuals. The requirement must prohibit a day habilitation site from releasing personally identifying information regarding confirmed or probable cases.

(i) Regarding meals, the program provider must:

   (1) plate food and serve it to individuals rather than using communal serving bowls and shared serving utensils;
   (2) encourage physical distancing of at least six feet;
   (3) sanitize the meal preparation and dining areas before and after meals; and
   (4) encourage individuals to practice hand hygiene before and after meals.

(j) If a service provider at a host home, three-person or four-person home, or a staff member at a respite or Community First Choice Personal Assistance Services/Habilitation (CFC PAS/HAB) setting, has confirmed or probable COVID-19, the service provider or staff member must discontinue providing services until eligible to return to work in accordance with the CDC guidance document, “Criteria for Return to Work for Healthcare Personnel with Suspected or Confirmed COVID-19.” The program provider must activate the back-up service plan.
(k) A program provider may conduct the annual inspection required by §9.178(c) of this subchapter by video conference. A program provider must conduct an on-site inspection required by §9.178(c) of this subchapter within 30 days of the expiration or repeal of the public health emergency.

(l) A program provider must develop a safety plan for a four-person residence if the annual fire marshal inspection required by §9.178(e)(3)(A) of this subchapter is expired and document attempts to obtain the fire marshal inspection. The safety plan should require:

1. verification that fire extinguishers are fully charged;

2. a schedule for fire watches and plan to increase fire drills if the residence does not have a sprinkler system installed or monitored fire panel;

3. verification of staff training on the needs of the individual in the event of an emergency; and

4. verification that emergency plans are updated to reflect needs as listed in paragraph (3) of this subsection.

(m) The program provider must train an individual on the risks of leaving and encourage isolation of the individual to the extent possible upon return. The individual must be screened upon return in accordance with subsection (c) of this section.

(n) Flexibilities in federal requirements granted by the Centers for Medicare and Medicaid services during the COVID-19 pandemic, including waivers under the Social Security Act §1135, activation of Appendix K amending a 1915(c) home and community-based waiver, and other federal flexibilities or waivers are applied to corresponding state certification principles for HCS. HHSC will identify and describe federal flexibilities and flexibility in corresponding state certification principles in guidance issued through HCS provider letters.

(o) If this emergency rule is more restrictive than any minimum standard relating to the Home and Community-based Services program, this emergency rule will prevail so long as this emergency rule is in effect.

(p) If an executive order or other direction is issued by the Governor of Texas, the President of the United States, or another applicable authority, that is more restrictive than any minimum standard relating to the Home and Community-based Services program or this emergency rule, the program provider must comply with the executive order or other direction.

(a) Applicability. This rule does not apply to host home/companion care, unless otherwise specified.

(b) Definitions. The following words and terms, when used in this section, have the following meanings.

1. Closed window visit--A personal visit between a personal visitor and an individual during which the individual and personal visitor are separated by a closed window and the personal visitor does not enter the residence.

2. COVID-19 negative--A person who has either tested negative for COVID-19 or who exhibits no symptoms of COVID-19 and has had no known exposure to the virus in the last 14 days.

3. COVID-19 positive--A person who has tested positive for COVID-19 or who is presumed positive for COVID-19 and who has not yet met the Centers for Disease Control and Prevention (CDC) guidance for the discontinuation of transmission-based precautions.

4. End-of-life visit--A personal visit between a personal visitor and an individual who is actively dying, permitted in all residences for all individuals at the end of life.

5. Essential caregiver--A family member or other outside caregiver, including a friend, volunteer, private personal caregiver, or court-appointed guardian, who is at least 18 years old, designated to provide regular care and support to an individual.

6. Essential caregiver visit--A personal visit between an individual and an essential caregiver as described in subsection (c) of this section. An essential caregiver visit is permitted in all facilities for individuals with COVID-19 negative status and unknown COVID-19 status.

7. Individual--A person enrolled in the HCS program.

8. Open window visit--A personal visit between an individual and a personal visitor during which the individual and personal visitor are separated by an open window.

9. Outbreak--One or more confirmed or probable cases of COVID-19 identified in either an individual or paid or unpaid staff.

10. Outdoor visit--A personal visit between an individual and one or more personal visitors that occurs in-person in a dedicated outdoor space.

11. Physical distancing--Maintaining a minimum of six feet between persons, avoiding gathering in groups in accordance with state and local orders, and avoiding unnecessary physical contact.
(12) Plexiglass indoor visit--A personal visit between an individual and one or more personal visitors, during which the individual and the personal visitor are both inside the residence but within a booth separated by a plexiglass barrier.

(13) Probable case of COVID-19--A case that meets the clinical criteria for epidemiologic evidence as defined and posted by the Council of State and Territorial Epidemiologists.

(14) Unknown COVID-19 status--The status of an individual who is a new admission or readmission, has spent one or more nights away from the residence, has had known exposure or close contact with a person who is COVID-19 positive, or who is exhibiting symptoms of COVID-19 while awaiting test results.

(15) Vehicle parade--A personal visit between an individual and one or more personal visitors, during which the individual remains outdoors on the residence’s property and a personal visitor drives past in a vehicle.

(c) The following requirements apply to essential caregiver visits.

(1) There may be up to two permanently designated essential caregivers per individual.

(2) Only one essential caregiver visitor at a time may visit an individual.

(3) The visit may occur outdoors, in the individual’s bedroom, or in another area in the home that limits the essential caregiver visitor’s movement through the residence and interaction with other individuals.

(4) Essential caregiver visitors do not have to maintain physical distancing between themselves and the individual they are visiting but must maintain physical distancing between themselves and all other individuals and staff.

(5) The individual must wear a facemask or face covering over both the mouth and nose (if tolerated) throughout the visit.

(6) The program provider must develop and enforce essential caregiver visitation policies and procedures, which include:

(A) a written agreement that the essential caregiver visitor understands and agrees to follow the applicable policies, procedures, and requirements;

(B) training each essential caregiver visitor on proper personal protective equipment (PPE) usage and infection control measures, hand hygiene, and cough and sneeze etiquette;
(C) a requirement that the essential caregiver visitor must wear a facemask and any other PPE in accordance with CDC guidance and the program provider’s policy while in the residence;

(D) limiting visitation to the area designated by the program provider in accordance with (c)(3) of this subsection;

(E) a requirement that facility staff must escort the essential caregiver visitor from the entrance of the residence to the designated visitation area at the start of each visit; and

(F) a requirement that facility staff must escort the essential caregiver visitor from the designated visitation area to the exit of the residence at the end of each visit.

(7) The program provider must:

(A) inform the essential caregiver visitor of applicable policies, procedures, and requirements;

(B) approve the essential caregiver visitor’s facemask and any other PPE in accordance with CDC guidance and the program provider’s policy, or provide an approved facemask and other PPE;

(C) maintain documentation of the essential caregiver visitor’s agreement to follow the applicable policies, procedures, and requirements;

(D) maintain documentation of the essential caregiver visitor’s training as required in paragraph (6)(B) of this subsection;

(E) maintain documentation of the identity of each essential caregiver visitor in the individual’s records and verify the identity of the essential caregiver visitor at the time of each visit;

(F) maintain a record of each essential caregiver visit, including:

(i) the date and time of the arrival and departure of the essential caregiver visitor;

(ii) the name of the essential caregiver visitor;

(iii) the name of the individual being visited; and

(iv) attestation that the identity of the essential caregiver visitor was verified; and
(G) prevent visitation by the essential caregiver visitor if the individual has an active COVID-19 infection.

(8) The essential caregiver visitor must:

(A) wear a facemask over both the mouth and nose and any other appropriate PPE throughout the visit in accordance with CDC guidance and the program provider’s policy while in the residence;

(B) self-monitor for signs and symptoms of COVID-19;

(C) not participate in essential caregiver visits if he or she has signs and symptoms of COVID-19, active COVID-19 infection, or other communicable diseases; and

(D) not participate in visits if the individual has an active COVID-19 infection.

(9) The program provider may cancel the essential caregiver visit if the essential caregiver visitor fails to comply with the program provider’s policy regarding essential caregiver visits or applicable requirements in this section.

(d) A program provider may allow limited personal visitation as permitted by this section upon meeting the qualifications described in subsection (e) of this section. These criteria are not required for a closed window visit, end-of-life visit, or visits by persons providing critical assistance including essential caregiver visitors as defined in subsection (b)(1), (b)(4), and (b)(5) of this section. If a program provider fails to comply with the requirements of this section, HHSC may impose licensure remedies in accordance with §9.171 of this subchapter (relating to HHSC Surveys and Residential Visits of a Program Provider) and §9.181 of this subsection (relating to Administrative Penalties).

(e) To allow limited personal visitation in accordance with subsection (h) of this section, a program provider must complete and maintain in the residence Texas Health and Human Services Commission (HHSC) attestation form that HHSC may request for verification, stating that:

(1) there have been no confirmed or probable cases of COVID-19 for at least 14 consecutive days among staff or individuals;

(2) the residence has access to sufficient staff and PPE to provide essential care and services to the individuals living in the residence;

(3) the service back-up plan for host home services has been evaluated and determined to be viable at the time of review;

(4) the program provider has a plan to respond to new confirmed or probable cases of COVID-19 in the residence; and
(5) the emergency preparedness plan required by §9.178(d) of this subchapter (relating to Certification Principles: Quality Assurance) has been updated to address COVID-19.

(f) An attestation form is not required for a residence to conduct closed window visits, end-of-life visits, or visits by persons providing critical assistance, including essential caregivers, as defined in subsection (b)(1),(b)(5) and (b)(6) of this section.

(g) If, at any time after the attestation form is completed, the residence experiences an outbreak of COVID-19 as defined in paragraph (b)(9) of this section, the attestation is no longer in effect, and all visitation allowed by subsection (h) of this section, must be cancelled. When the residence again meets the criteria described in subsection (e) of this section, the program provider completes a new HHSC attestation form.

(h) A program provider with an attestation form in effect may allow outdoor visits, open window visits, vehicle parades, and plexiglass indoor visits involving individuals and personal visitors. The following limits apply to all visitation allowed under this subsection.

1. Open window visits, vehicle parades, outdoor visits, and plexiglass indoor visits are permitted as can be accommodated by the program provider only for individuals who are COVID-19 negative.

2. Closed window visits and end-of-life visits are permitted for individuals who are COVID-19 negative, COVID-19 positive, or unknown COVID-19 status as can be accommodated by the program provider.

3. Physical contact between individuals and visitors is prohibited, except for essential caregiver visits and end-of-life visits.

4. Visits are permitted only where adequate space is available that meets the criteria and when adequate staff are available to comply with this section. Essential caregiver visits and end-of-life visits can take place in the individual’s room or other area of the residence separated from other individuals. The program provider must limit the movement of the visitor through the residence to ensure interaction with other individuals is minimized.

5. The visitor must wear a facemask or face covering over both the mouth and nose throughout the visit, except visitors participating in a vehicle parade or closed window visit.

6. The individual must wear a facemask or face covering over both the mouth and nose (if tolerated) throughout the visit.
(7) The program provider must remind personal visitors and individuals about physical distancing of at least six feet and face mask or face covering requirements either verbally or with a notice posted visible to personal visitors or handed to them. The program provider must limit the number of visitors and individuals in the visitation area as needed to ensure physical distancing is maintained. Essential caregiver and end-of-life visitors do not have to maintain physical distancing between themselves and the individual they are visiting, but they must maintain physical distancing between themselves and all other individuals, staff, and other visitors.

(8) Cleaning and disinfecting of the visitation area, furniture, and all other items must be performed, per CDC guidance, before and after each visit. The program provider must schedule visits as necessary to allow time for sanitization between visits.

(9) The program provider must ensure a comfortable and safe outdoor visiting area for outdoor visits, open window visits, and vehicle parades, considering outside air temperatures, weather conditions, and ventilation.

(10) For outdoor visits, the program provider must designate an outdoor area for visitation that is separated from individuals and limits the ability of the visitor to interact with individuals.

(11) A program provider must provide hand washing stations or hand sanitizer to the visitor and individual before and after visits, except visitors participating in a vehicle parade or closed window visit.

(12) The visitor and the individual must practice hand hygiene before and after the visit, except visitors participating in a vehicle parade or closed window visit.

(i) The following requirements apply to vehicle parades.

(1) Personal visitors must remain in their vehicles throughout the parade.

(2) The program provider must encourage physical distancing of at least six feet between individuals throughout the parade.

(3) The program provider must prohibit individuals from being closer than 10 feet to the vehicles for safety reasons.

(4) The program provider must encourage individuals to wear a cloth face covering or mask over both the mouth and nose, if tolerated, throughout the parade.

(j) The following requirements apply to plexiglass indoor visits.
(1) The plexiglass barrier must be installed in an area where it does not impede a means of egress, does not impede or interfere with any fire safety equipment or system, and minimizes access to the rest of the residence and contact between personal visitors and individuals.

(2) The program provider must require the personal visitor to use a face mask or face covering over both the mouth and nose throughout the visit and encourage the individual to do so if tolerated.

(k) If an executive order or other direction is issued by the Governor of Texas, the President of the United States, or another applicable authority, that is more restrictive than this rule or any minimum standard relating to a program provider, the program provider must comply with the executive order or other direction.