Criteria For Identifying Nutrition Risk Conditions

Purpose

To provide benefits to meet the special health and nutrition needs of low-income pregnant, breastfeeding and postpartum women, infants, and children. WIC provides supplemental foods and nutrition education to participants at nutrition risk during the critical growth and development periods of pregnancy, infancy, and early childhood.

Authority

7 CFR Part 246.7

Policy

To be eligible for program benefits, all WIC Program applicants shall have a nutrition risk condition identified through the documentation of a complete nutrition assessment.

Procedures

I. When determining eligibility, compare all data from the applicant’s health history, dietary, biomedical, and anthropometric assessment to the risk conditions listed in the Texas Clinic Assessment Manual. The Texas Clinic Assessment Manual provides the definition, justification, clarifications, guidelines and references about each of the allowable risk conditions. The criteria listed in this policy reflect allowable risk conditions.

II. Every nutrition risk condition shall be identified on the Participant Page of the MIS. Every risk code on the Participant Page shall have supporting documentation, e.g., growth charts, diet/health history information, and/or notes.
Guidelines

List of Allowable Nutrition Risk Conditions

The allowable nutrition risk conditions are subsequently listed by category. These risk conditions are in accordance with the national risk conditions identified and required by the United States Department of Agriculture (USDA). See the Texas Clinic Assessment Manual for complete definitions, priority levels, justifications, and clarifications of each risk criteria.

Pregnant Women

Anthropometric - Priority I

101 Underweight
111 Overweight
131 Low Maternal Weight Gain
133 High Maternal Weight Gain

Biochemical - Priority I

201 Low Hematocrit/Low Hemoglobin
211 Elevated Blood Lead Levels Within the Past 12 Months

Clinical/Health/Medical - Priority I

Pregnancy-Induced Conditions

301 Hyperemesis Gravidarum
302 Gestational Diabetes
303 History of Gestational Diabetes
304 History of Preeclampsia

Delivery of Low-Birth weight/Premature Infant

311A History of Preterm Delivery
311B History of Early Term Delivery
312 History of Low Birth Weight
Prior Stillbirth Fetal or Neonatal Death
321 History of Spontaneous Abortion (two or more terminations of less than 20 weeks gestation or less than 500 grams), Fetal (20 weeks or greater gestation) or Neonatal Loss (28 days or less of life)

General Obstetrical Risks
331 Pregnancy at a Young Age
332 Short Interpregnancy Interval
333 High Parity and Young Age
334 Lack of or Inadequate Prenatal Care
335 Multifetal Gestation
336 Fetal Growth Restriction (FGR)
337 History of Birth of a Large for Gestational Age Infant
338 Pregnant Woman Currently Breastfeeding
339 History of Birth with Nutrition Related Congenital or Birth Defect

Nutrition-Related Risk Conditions (Chronic disease, Genetic Disorder, Infection)
341 Nutrient Deficiency or Disease
342 Gastro-Intestinal Disorders
343 Diabetes Mellitus
344 Thyroid Disorders
345A Hypertension
345B Prehypertension
346 Renal Disease
347 Cancer
348 Central Nervous System Disorders
349 Genetic and Congenital Disorders
351 Inborn Errors of Metabolism
352A Infectious Diseases - Acute (within the past 6 months)
352B Infectious Diseases - Chronic
353 Food Allergies
354 Celiac Disease
355 Lactose Intolerance
356 Hypoglycemia
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357 Drug Nutrient Interactions
358 Eating Disorders
359 Recent Major Surgery, Trauma, Burns
360 Other Medical Conditions
361 Depression
362 Developmental, Sensory or Motor Disabilities Interfering with the Ability to Eat

Substance Use (Drugs, Alcohol, Tobacco)
371 Maternal Smoking
372A Any Alcohol Use in Current Pregnancy
372B Any Substance Use in Current Pregnancy

Other Health Risks
381 Oral Health Conditions

Dietary - Priority IV
401 Failure to Meet Dietary Guidelines for Americans
427 Inappropriate Nutrition Practices for Women

Other Risks - Refer to each risk condition for priority level

Regression/Transfer
502 Transfer of Certification - Priority I

Breastfeeding Mother/Infant Dyad
601A Breastfeeding Mother of Infant at Nutritional Risk - Priority I depending on infant’s priority
601B Breastfeeding Mother of Infant at Nutritional Risk - Priority II depending on infant’s priority
601C Breastfeeding Mother of Infant at Nutritional Risk - Priority IV depending on infant’s priority
602 Breastfeeding Complications or Potential Complications - Priority I
Homelessness/Migrancy
801 Homelessness – Priority IV
802 Migrancy – Priority IV

Other Nutrition Risks
901 Recipient of Abuse (within past six months) – Priority IV
902 Woman with Limited Ability to Make Feeding Decisions and/or Prepare Food – Priority IV
903 Foster Care – Priority IV
904 Environmental Tobacco Smoke Exposure – Priority I

Breastfeeding Women - A woman is considered a breastfeeding woman if she nurses the infant at least once a day.

Anthropometric - Priority I
101 Underweight
111 Overweight
133 High Maternal Weight Gain in Most Recent Pregnancy

Biochemical- Priority I
201 Low Hematocrit/Low Hemoglobin
211 Elevated Blood Lead Levels Within the Past 12 Months

Clinical/Health/Medical - Priority I

Pregnancy-Induced Conditions
303 History of Gestational Diabetes
304 History of Preeclampsia

Delivery of Low-Birth weight/Premature Infant
311A History of Preterm Delivery
311B History of Early Term Delivery
Prior Stillbirth, Fetal or Neonatal Death
321 History of Spontaneous Abortion (termination of less than 20 weeks gestation or less than 500 grams), Fetal (20 weeks or greater gestation) or Neonatal Loss (28 days or less of life)

General Obstetrical Risks
331 Pregnancy at a Young Age
332 Short Interpregnancy Interval
333 High Parity and Young Age
335 Multifetal Gestation
337 History of Birth of a Large for Gestational Age Infant
339 History of Birth with Nutrition Related Congenital or Birth Defect

Nutrition-Related Risk Conditions (E.g. Chronic Disease, Genetic Disorder, Infection)
341 Nutrient Deficiency or Disease
342 Gastro-Intestinal Disorders
343 Diabetes Mellitus
344 Thyroid Disorders
345A Hypertension
345B Prehypertension
346 Renal Disease
347 Cancer
348 Central Nervous System Disorders
349 Genetic and Congenital Disorders
351 Inborn Errors of Metabolism
352A Infectious Diseases - Acute (within the past 6 months)
352B Infectious Diseases - Chronic
353 Food Allergies
354 Celiac Disease
355 Lactose Intolerance
356 Hypoglycemia
357 Drug Nutrient Interactions
358 Eating Disorders
359 Recent Major Surgery, Trauma, Burns
360  Other Medical Conditions
361  Depression
362  Developmental, Sensory or Motor Disabilities Interfering with the Ability to Eat
363  Pre-Diabetes

*Substance Use (Drugs, Alcohol, Tobacco)*
371  Maternal Smoking
372A  Any Alcohol Use
372B  Any Substance Use

*Other Health Risks*
381  Oral Health Conditions

Dietary - Priority IV
401  Failure to Meet *Dietary Guidelines for Americans*
427  Inappropriate Nutrition Practices for Women

Other Risks - Refer to each risk condition for priority level

*Regression/Transfer*
501  Possibility of Regression - Priority IV
502  Transfer of Certification - Priority I

*Breastfeeding Mother/Infant Dyad*
601A  Breastfeeding Mother of Infant at Nutritional Risk - Priority I depending on infant’s priority
601B  Breastfeeding Mother of Infant at Nutritional Risk - Priority II depending on infant’s priority
601C  Breastfeeding Mother of Infant at Nutritional Risk - Priority IV depending on infant’s priority
602  Breastfeeding Complications or Potential Complications - Priority I

*Homelessness/Migrancy*
801  Homelessness - Priority IV
802  Migrancy - Priority IV

Other Nutrition Risks
901  Recipient of Abuse (within past six months) - Priority IV
902  Woman with Limited Ability to Make Feeding Decisions and/or Prepare Food - Priority IV
903  Foster Care - Priority IV
904  Environmental Tobacco Smoke Exposure – Priority I

Postpartum Women

Anthropometric - Refer to each risk condition for priority level
101  Underweight - Priority III
111  Overweight - Priority VI
133  High Maternal Weight Gain in Most Recent Pregnancy - Priority VI

Biochemical - Priority III
201  Low Hematocrit/Low Hemoglobin
211  Elevated Blood Lead Levels Within the Past 12 Months

Clinical/Health/Medical - Refer to each risk condition for priority level

Pregnancy-Induced Conditions
303  History of Gestational Diabetes – Priority V
304  History of Preeclampsia – Priority V

Delivery of Low-Birth weight/Premature Infant
311A History of Preterm Delivery – Priority III
311B History of Early Term Delivery – Priority III
312  History of Low Birth Weight – Priority III

Prior Stillbirth, Fetal or Neonatal Death
321  History of Spontaneous Abortion (termination of less than 20 weeks gestation or less than 500 grams), Fetal (20 weeks or greater gestation) or Neonatal Loss (28 days or less of life) – Priority III
General Obstetrical Risks
331 Pregnancy at a Young Age – Priority III
332 Short Interpregnancy Interval – Priority III
333 High Parity and Young Age – Priority III
335 Multifetal Gestation – Priority III
337 History of Birth of a Large for Gestational Age Infant – Priority V
339 History of Birth with Nutrition Related Congenital Birth Defect – Priority V

Nutrition-Related Risk Conditions (E.g. Chronic Disease, Genetic Disorder, Infection)
341 Nutrient Deficiency or Disease – Priority III
342 Gastro-Intestinal Disorders – Priority III
343 Diabetes Mellitus – Priority III
344 Thyroid Disorders – Priority III
345A Hypertension – Priority III
345B Prehypertension – Priority VI
346 Renal Disease – Priority III
347 Cancer – Priority III
348 Central Nervous System Disorders – Priority III
349 Genetic and Congenital Disorders – Priority III
351 Inborn Errors of Metabolism – Priority III
352A Infectious Diseases - Acute (within the past 6 months) – Priority VI
352B Infectious Diseases – Chronic – Priority VI
353 Food Allergies - Priority III
354 Celiac Disease – Priority III
355 Lactose Intolerance – Priority III
356 Hypoglycemia – Priority III
357 Drug Nutrient Interactions – Priority III
358 Eating Disorders – Priority III
359 Recent Major Surgery, Trauma, Burns – Priority III
360 Other Medical Conditions – Priority III
361 Depression – Priority III
362 Developmental, Sensory or Motor Disabilities Interfering with the Ability to Eat – Priority III
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Health and Human Services Commission

Effective October 1, 2019
Policy No. CS:18.0

363 Pre-Diabetes – Priority IV

Substance Use (Drugs, Alcohol)
371 Maternal Smoking – Priority VII
372A Any Alcohol Use – Priority VI
372B Any Substance Use – Priority VI

Other Health Risks
381 Oral Health Conditions – Priority III

Dietary - Priority VI

401 Failure to Meet Dietary Guidelines for Americans
427 Inappropriate Nutrition Practices for Women

Other Risks - Refer to each risk condition for priority level

Regression/Transfer
501 Possibility of Regression - Priority VII
502 Transfer of Certification - Priority III

Homelessness/Migrancy
801 Homelessness - Priority VI
802 Migrancy - Priority VI

Other Nutrition Risks
901 Recipient of Abuse (within past six months). - Priority VI
902 Woman with Limited Ability to Make Feeding Decisions and/or Prepare Food - Priority VI
903 Foster Care - Priority VI
904 Environmental Tobacco Smoke Exposure – Priority V

Infants

Anthropometric - Priority I

103A Infant Underweight
<table>
<thead>
<tr>
<th>Code</th>
<th>Condition</th>
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</thead>
<tbody>
<tr>
<td>103B</td>
<td>Infant At Risk of Underweight</td>
</tr>
<tr>
<td>115</td>
<td>High Weight-for-Length</td>
</tr>
<tr>
<td>121A</td>
<td>Short Stature</td>
</tr>
<tr>
<td>121B</td>
<td>Infant At Risk of Short Stature</td>
</tr>
<tr>
<td>134</td>
<td>Failure to Thrive (FTT)</td>
</tr>
<tr>
<td>135</td>
<td>Slowed/Faltering Growth Pattern</td>
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<tr>
<td>141A</td>
<td>Low Birth Weight</td>
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<tr>
<td>141B</td>
<td>Very Low Birth Weight</td>
</tr>
<tr>
<td>142A</td>
<td>Preterm Delivery</td>
</tr>
<tr>
<td>142B</td>
<td>Early Term Delivery</td>
</tr>
<tr>
<td>151</td>
<td>Small for Gestational Age</td>
</tr>
<tr>
<td>152</td>
<td>Low Head Circumference</td>
</tr>
<tr>
<td>153</td>
<td>Large for Gestational Age</td>
</tr>
</tbody>
</table>

**Biochemical - Priority I**

<table>
<thead>
<tr>
<th>Code</th>
<th>Condition</th>
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</thead>
<tbody>
<tr>
<td>201</td>
<td>Low Hematocrit/Low Hemoglobin</td>
</tr>
<tr>
<td>211</td>
<td>Elevated Blood Lead Levels Within the Past 12 Months</td>
</tr>
</tbody>
</table>

**Clinical/Health/Medical - Priority I**

*Nutrition-Related Risk Conditions (E.g., Chronic Disease, Genetic Disorder, Infection)*

<table>
<thead>
<tr>
<th>Code</th>
<th>Condition</th>
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<tbody>
<tr>
<td>341</td>
<td>Nutrient Deficiency or Disease</td>
</tr>
<tr>
<td>342</td>
<td>Gastro-Intestinal Disorders</td>
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<tr>
<td>343</td>
<td>Diabetes Mellitus</td>
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<tr>
<td>344</td>
<td>Thyroid Disorders</td>
</tr>
<tr>
<td>345A</td>
<td>Hypertension</td>
</tr>
<tr>
<td>345B</td>
<td>Prehypertension</td>
</tr>
<tr>
<td>346</td>
<td>Renal Disease</td>
</tr>
<tr>
<td>347</td>
<td>Cancer</td>
</tr>
<tr>
<td>348</td>
<td>Central Nervous System Disorders</td>
</tr>
<tr>
<td>349</td>
<td>Genetic and Congenital Disorders</td>
</tr>
<tr>
<td>351</td>
<td>Inborn Errors of Metabolism</td>
</tr>
<tr>
<td>352A</td>
<td>Infectious Diseases - Acute (within the past 6 months)</td>
</tr>
<tr>
<td>352B</td>
<td>Infectious Diseases - Chronic</td>
</tr>
</tbody>
</table>
WIC Policy and Procedures Manual
702B Breastfeeding Infant of Woman at Nutritional Risk - Priority II depending on woman’s priority
702C Breastfeeding Infant of Woman at Nutritional Risk - Priority IV depending on woman’s priority

**Homelessness/Migrancy**
801 Homelessness - Priority IV
802 Migrancy - Priority IV

**Other Nutrition Risks**
901 Recipient of Abuse (within past six months) – Priority IV
902 Infant of Woman or Primary Caregiver with Limited Ability to Make Feeding Decisions and/or Prepare Food - Priority IV
903 Foster Care - Priority IV
904 Environmental Tobacco Smoke Exposure – Priority I

**Children**

Anthropometric - Priority III

103A Child Underweight
103B Child At Risk of Underweight
113 Child Obese (2-5 Years of Age)
114A Child Overweight (2 – 5 Years of Age)
114B Child At Risk of Overweight
115 High Weight-for-Length (12 – 23 Months of Age)
121A Short Stature
121B Child At Risk of Short Stature
134 Failure to Thrive (FTT)
141A Low Birth Weight
141B Very Low Birth Weight
142A Preterm Delivery
142B Early Term Delivery
143 Very Low Birthweight
151 Small for Gestational Age
152 Low Head Circumference (12 – 23 Months of Age)
Biochemical - Priority III

201  Low Hematocrit/Low Hemoglobin
211  Elevated Blood Lead Levels Within the Past 12 Months

Clinical/Health/Medical - Priority III

_Nutrition-Related Risk Conditions (E.g., Chronic Disease, Genetic Disorder, Infection)_

341  Nutrient Deficiency or Disease
342  Gastro-Intestinal Disorders
343  Diabetes Mellitus
344  Thyroid Disorders
345A  Hypertension
345B  Prehypertension
346  Renal Disease
347  Cancer
348  Central Nervous System Disorders
349  Genetic and Congenital Disorders
351  Inborn Errors of Metabolism
352A  Infectious Diseases – Acute (within the past 6 months)
352B  Infectious Diseases - Chronic
353  Food Allergies
354  Celiac Disease
355  Lactose Intolerance
356  Hypoglycemia
357  Drug Nutrient Interactions
359  Recent Major Surgery, Trauma, Burns
360  Other Medical Conditions
362  Developmental, Sensory or Motor Disabilities Interfering with the Ability to Eat

_Other Health Risks_

381  Oral Health Conditions
382  Fetal Alcohol Syndrome (FAS)
Dietary - Priority V

401 Failure to Meet Dietary Guidelines (2 – 5 Years of Age)
425 Inappropriate Nutrition Practices for Children
428 Dietary Risk Associated with Complementary Feeding Practices (12 – 23 Months of Age)

Other Risks - Refer to each risk condition for priority level

Regression/Transfer
501 Possibility of Regression - Priority VII
502 Transfer of Certification - Priority III

Homelessness/Migrancy
801 Homelessness - Priority V
802 Migrancy - Priority V

Other Nutrition Risks
901 Recipient of Child Abuse (within past six months) – Priority V.
902 Child of Woman or Primary Caregiver with Limited Ability to Make Feeding Decisions and/or Prepare Food - Priority V
903 Foster Care – Priority V
904 Environmental Tobacco Smoke Exposure – Priority III