**Self-Paced & Bulletin Board Lessons Worksheet**

*Client-Centered Nutrition Education (CCNE) comes in many different forms. While CCNE group classes provide one of the most engaging forms of client-centered nutrition education, self-paced and bulletin board lessons may better meet the needs of participants in some situations.*

*Use this worksheet to help you make your LA-developed self-paced and bulletin board lessons more engaging and client-centered.*

**Title:**

**Developed by:** Agency name here

**Date Developed:**

**Target Audience:**

|  |  |
| --- | --- |
| **Learning Objective(s) –** What will the clients gain from this lesson? | By the end of this lesson, participants will:   * Type text here. * Type text here. * Type text here. |
| **Key Content Points –** What key information do the learners need to know to achieve the learning objective(s)? Aim for no more than three main points. | 1. Type text here. 2. Type text here. 3. Type text here |
| **Activities–** How will this lesson engage the participant? Consider the use of visual aids, handouts, or self-guided activities. | * Type text here * Type text here |
| **Evaluation:** How will the participant’s learning be evaluated? | Type text here. |

**Self-Paced & Bulletin Board Lessons**

Development Checklist & Guidelines for Use

**Self-paced and Bulletin Board Lesson Development Checklist**

This lesson focuses on only 2-3 key content points.

This lesson is written in a simple way that is easy to understand.

The visuals used enhance the lesson.

This lesson attempts to be interactive or tailored to the participant.

This lesson has been peer reviewed by 1-2 people.

This lesson includes an evaluation component (e.g. worksheet, discussion).

**Appropriate Use of Self-Paced Lessons**

* In the event a group class is cancelled. In this instance, the participant should also be offered an opportunity to reschedule for their original class topic.
* When a participant is late or misses a class, the participant may choose to complete a SP lesson rather than be rescheduled for class.
* When a participant’s schedule conflicts with the class schedule.
* When a participant is sick and chooses not to attend a group class.
* When a participant is due for benefit issuance, but an appropriate class is not available.

**Appropriate Use of Bulletin Board Lesson**

* As a group class.
* When a qualified WIC staff member is unavailable at the last minute to teach class. In this instance, the participant should also be offered an opportunity to reschedule for their original class topic.
* When a participant is late or misses a class, the participant may choose to complete the bulletin board lesson rather than be rescheduled for class or complete a self-paced lesson.
* When a participant’s schedule conflicts with the class schedule.
* When a participant is due for benefit issuance but an appropriate class is not available.

*If you have additional questions, please contact your State Agency Partner.*