

CCNE Lesson Development Checklist

This checklist tool is for use with the CCNE Lesson Template. Use this tool as a guide for developing your own CCNE group lessons and for gathering feedback from peer review.

Lesson title: _____

The Objectives:

- Are clearly defined
- Address at least two of the following
 - Increasing knowledge or understanding [*cognitive objective—head*]
 - Changing feelings or attitudes [*affective objective—heart*]
 - Being able to do something differently [*psychomotor objective—hand*]

The Key Content Points:

- Contain information needed in order to achieve the objectives
- Describe the main messages of the lesson
- Are limited to no more than 3 main points

The Icebreaker:

- Is a simple discussion question or activity that encourages participation from all group members
- Is related to the topic [*Optional*]

The Activities:

- Support the objectives and key content points
- Include discussion questions for each topic
- Provide information in manageable amounts
- Encourage participants to do most of the talking
- Enhance motivation and/or increase self efficacy by including one or more of the following
 - Discusses feelings or attitudes
 - Discusses barriers and/or benefits to change
 - Provides opportunities for modeling, practice, and positive reinforcement
 - Encourages social support and/or helps provide a support system
 - Encourages goal setting

Overall:

- The objectives, key content points, and activities of this lesson support each other
- This lesson focuses on only 2-3 main points
- This lessons respects different viewpoints
- This lesson is written in a simple way that would be easy for staff to understand
- This lesson can be taught as written. If not checked, what additional information/detail would be needed?

What is one thing that could be added to the lesson in order to:

Get children involved in the class? _____

Get clients moving around the room? _____

Give clients a hands-on experience? _____

Give clients the opportunity to share? _____