DSHS Laboratory Checklist for Texas Health Steps (THSteps) Medical Providers

The following THSteps laboratory services obtained during a medical checkup or follow-up visit are required to be submitted to the DSHS Laboratory:

- Newborn Screening
- Total Hemoglobin
- Initial Lead (Exception: point-of-care) testing
- Gonorrhea/Chlamydia testing

The following THSteps laboratory services obtained during a medical checkup or follow-up visit may be sent to the medical provider’s choice of laboratory (DSHS Laboratory or local laboratory):

- Glucose
- Lipid Profile, Cholesterol and HDL
- Lead - Testing may be performed using a venous or capillary specimen. Confirmatory tests must be venous
- specimens and may be sent to the DSHS Laboratory or the client or specimen may be sent to a lab of the provider’s choice. Providers with a CLIA Certificate of Waiver may perform initial blood lead testing in the office using point-of-care testing.
- HIV
- RPR (Syphilis)

The DSHS Laboratory provides THSteps specimen collection and shipping supplies for THSteps providers at no cost when specimens are submitted to the DSHS Laboratory.

Link to [http://www.dshs.state.tx.us/lab/mrs_forms.shtm](http://www.dshs.state.tx.us/lab/mrs_forms.shtm)

- Order Form for Newborn Screening Supplies
- Order Form for Child Health Laboratory Supplies (G-399)
- Order Form for Gonorrhea/Chlamydia (GC/CT) Laboratory Supplies (G-6C)

THSteps medical providers must always use the current version of the specimen submission form. Link to [http://www.dshs.state.tx.us/lab/mrs_forms.shtm](http://www.dshs.state.tx.us/lab/mrs_forms.shtm) for a sample of the most current THSteps specimen submission form.
THSteps medical providers should contact the DSHS Laboratory directly to request and obtain a Submitter ID Number by submitting the Submitter ID Number Request Form, update and request new master copies of submission forms, or to update submitter contact information. Link to http://www.dshs.state.tx.us/lab/mrs_forms.shtm or email the following information to LabInfo@dshs.texas.gov.

- Texas Provider Identifier Number (TPI)
- Provider Name
- Phone
- Physician Name
- Email Address
- National Provider Identification Number (NPI)
- Mailing address
- City, State, Zip
- Fax
- Physician’s NPI
- Contact Name

THSteps medical providers should contact the DSHS Laboratory for assistance with specimen rejection and other laboratory services questions. Email: ClinicalChemistry@dshs.texas.gov

THSteps medical providers can access specimen submission and requirements for specific tests on the laboratory website in the Laboratory Testing Services Manual (LTSM). Link to http://www.dshs.state.tx.us/lab/MRS_labtests_toc.shtm

THSteps medical providers can submit orders and receive test results electronically through the DSHS Laboratory Remote Data System. Link to http://www.dshs.state.tx.us/lab/remoteData.shtm

THSteps medical providers can receive regular updates, notices, and helpful tips for THSteps specimen submissions from the DSHS Laboratory. Link to http://www.dshs.state.tx.us/lab/cc_tests.shtm and click on “Sign Up for Email Announcements”.