## Medication Audit Criteria and Guidelines

### Drug Audit Checklist

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**Class:**

**Drug:** SEDATING ANTIHISTAMINES - diphenhydramine HCL (Benadryl®), hydroxyzine HCL (Atarax®)

### Indication

1. Anxiety
2. Aggression and agitation
3. Parkinsonism and other EPS
4. Insomnia

### Contraindications

**Absolute**

1. Delirium
2. Anticholinergic intoxication

**Relative**

1. Nursing mothers
2. Renal impairment
3. Hepatic impairment
4. Elderly, debilitated patients
5. Lower respiratory tract symptoms (asthma)
6. Diseases states where increased anticholinergic activity may complicate disease course (narrow-angle glaucoma, benign prostatic hypertrophy)

### Patient Monitoring

1. Pregnancy Test - as clinically indicated

### Dosing

See DSHS/DADS Drug Formulary for dosage guidelines.

Exceptions to maximum dosage must be justified as per medication rule.
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**Drug:** SEDATING ANTIHISTAMINES - diphenhydramine HCL (Benadryl®), hydroxyzine HCL (Atarax®)

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<tr>
<th>Requires Phys.Review</th>
<th>Yes</th>
<th>No</th>
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**Patient#**

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<th>Comments</th>
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**Ordering Physician**

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**Additional Comments:**

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