For questions or complaints concerning Texas Health and Human Services, including SNAP food benefits, Medicaid and CHIP, and temporary cash help.

Your Texas Benefits
yourtexasbenefits.com
For help applying for benefits, call 2-1-1 or 877-541-7905.

Texas Information and Referral Network
211texas.org
To access information about health and human services in your community, call 2-1-1 or 877-541-7905.

Managed Care
For questions and complaints about your Medicaid managed care health plan, call 866-566-8989.

Aging and Disability Resource Center
ADRC offers help with long-term care services or supports for older adults and people with disabilities. Call 855:YES-ADRC (855-937-2372).

Medical Transportation Program
If you need a ride to the doctor, drug store, or any place you get Medicaid services, call 877-633-8747.

CHIP and Children’s Medicaid
chipmedicaid.org

Healthy Texas Women
healthytexaswomen.org

Relay Texas / TTY Hotline
7-1-1 or 800-735-2989

Report fraud or abuse
800-436-6184

Report abuse of children, older adults or people with disabilities
800-252-5400