

Overview of Texas Medicaid Waivers

Texas Health and Human Services Commission
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Objectives

- ◆ Provide information about the program authority and administration
- ◆ Provide an overview of Texas waivers to include
 - ◆ Eligibility
 - ◆ Service array
 - ◆ Services available through the consumer directed services (CDS) option



What is Medicaid?

- ◆ Medicaid is a jointly funded state-federal program that provides medical coverage to eligible needy persons.
- ◆ Federal laws and regulations:
 - ◆ Require coverage of certain populations and services
 - ◆ Provide flexibility for states to cover additional populations and services
- ◆ Medicaid is an entitlement program, meaning:
 - ◆ Guaranteed coverage for eligible services to eligible persons
 - ◆ Open-ended funding based on the actual costs to provide eligible services to eligible persons



Joint State and Federal Program

- ◆ Both federal and state governments have a role in overseeing and funding the Medicaid program.
- ◆ At the federal level, Medicaid is administered by the Centers for Medicare and Medicaid Services (CMS) within the U.S. Department of Health and Human Services.
- ◆ Authority for the Medicaid program comes from:
 - Social Security Act (SSA)
 - ◆ Provides general welfare benefits for certain populations.
 - State Plan
 - ◆ Contract between CMS and the State of Texas.
 - Waivers
 - ◆ "Waives off" State Plan requirements or SSA requirements.



What is a waiver?

- ◆ A waiver enables states to receive federal Medicaid matching funds without complying with certain requirements set forth in § 1902 of the Social Security Act (SSA).
 - ◆ Limiting a waiver service to specific geographic areas §1902(a)(1) (Statewideness)
 - ◆ Comparability of services, such as offering an array of community-based services to those who would otherwise require institutionalization §1902(a)(10)(B) (Comparability)
 - ◆ Income and resources -- State can apply institutional income and resource (eligibility) rules for medically needy who would otherwise qualify for waiver services 300% federal poverty level (FPL) §1902(a)(10)(C)(i)(III) (Income and Resources for the Medically Needy)
 - ◆ Freedom of choice



Texas Medicaid Waivers



Texas Medicaid Waivers

- ◆ 1915 (b) waiver
 - ◆ Non-Emergency Medical Transportation (NEMT)
 - ◆ Texas Medicaid Wellness Program (TMWP)
 - ◆ NorthSTAR
- ◆ 1915 (c) waiver
 - ◆ Community Living Assistance and Support Services (CLASS)
 - ◆ Deaf Blind with Multiple Disabilities (DBMD)
 - ◆ Home and Community-based Services (HCS)
 - ◆ Medically Dependent Children Program (MDCP)
 - ◆ Texas Home Living (TxHML)
 - ◆ Youth Empowerment Services (YES)
- ◆ 1115 Demonstration Waivers
 - ◆ Texas Healthcare Transformation and Quality Improvement Program (THTQIP) – STAR, STAR+PLUS, Dental



Services Delivery Options

- ◆ Individuals may select how they would like some services delivered
 - Agency Option- Standard service delivery through an agency
 - Service Responsibility Option- Individual manages day-to-day activities and the provider agency manages business activities
 - Consumer Directed Services (CDS)- Individual manages both day-to-day and business activities
- ◆ CDS individuals receive financial management services and may receive support consultation.



STAR+PLUS HCBS Program

- ◆ Home and community based services, available to adults who meet income, resource, and medical necessity requirements for nursing facility level of care, include:
 - Services unavailable under the State Plan, as a cost-effective alternative to living in a nursing facility



STAR+PLUS HCBS Service Array

- ◆ Adaptive aids
- ◆ Assisted living
- ◆ Adult foster care
- ◆ Cognitive rehabilitation therapy
- ◆ Dental
- ◆ Emergency response
- ◆ Home delivered meals
- ◆ Nursing services
- ◆ Medical supplies
- ◆ Minor home modifications
- ◆ Personal assistance services
- ◆ Respite care
- ◆ Therapies
- ◆ Supported employment
- ◆ Employment assistance
- ◆ Transition assistance services
- ◆ Financial management services
- ◆ Support consultation



STAR+PLUS HCBS Service Array

CDS services available in STAR+PLUS

- ◆ Cognitive rehabilitation therapy
- ◆ Nursing services
- ◆ Personal assistance services
- ◆ Respite care
- ◆ Therapies
- ◆ Supported employment
- ◆ Employment assistance
- ◆ Support Consultation
- ◆ Financial management services



1915 (c) Waivers

- ◆ Texas operates six 1915 (c) waivers
 - These waiver programs are:
 - ◆ CLASS
 - ◆ DBMD
 - ◆ HCS
 - ◆ TxHmL
 - ◆ MDCP
 - ◆ YES
 - Renewed every five years.



CLASS

The Community Living Assistance and Support Services (CLASS) 1915 (c) waiver

- ◆ Provides home and community-based services to individual's who have a diagnosis of a related condition qualifying them for placement in an Intermediate Care Facility for Persons with an Intellectual Disability or Related Condition (ICF/IID)
- ◆ Provides case management and direct services through two separate agencies
- ◆ Services are available statewide and must be within the program annual cost limit
- ◆ Individuals may live in their own home or their family home



CLASS Population

- ◆ Must meet financial eligibility for Medicaid
- ◆ Must have a related condition as the primary diagnosis
- ◆ Must have substantial functional limitations in at least three of the following areas:
 - Self care
 - Language
 - Learning
 - Mobility
 - Self direction
 - Capacity for independent living
- ◆ Must not be enrolled in another waiver



CLASS Service Array

- ◆ Adaptive aids
- ◆ Auditory Integration Training/Auditory Enhancement Training
- ◆ Behavioral support services
- ◆ Case management
- ◆ Cognitive rehabilitation therapy
- ◆ Continued family services
- ◆ Dental
- ◆ Dietary
- ◆ Financial Management Services
- ◆ Habilitation services
- ◆ Minor home modifications
- ◆ Nursing services
- ◆ Occupational, speech, and physical therapies
- ◆ Prescribed Drugs
- ◆ Prevocational services
- ◆ Respite services
- ◆ Specialized therapies
- ◆ Support Consultation
- ◆ Support family services
- ◆ Supported employment
- ◆ Employment assistance
- ◆ Transition assistance services (TAS)



CLASS Service Array

CDS services available in CLASS

- ◆ Cognitive rehabilitation therapy
- ◆ Habilitation services
- ◆ Nursing services
- ◆ Occupational, speech, and physical therapies
- ◆ Respite services
- ◆ Supported employment
- ◆ Employment assistance
- ◆ Financial Management Services
- ◆ Support Consultation



DBMD

The Deaf Blind with Multiple Disabilities 1915 (c) waiver

- ◆ Provides home and community-based services as an alternative to residing in a ICF/IID to individuals of all ages who are deafblind, or have a condition that will result in deafblindness, and who have an additional disability.
- ◆ Provides case management and direct services through a single agency.
- ◆ Services are available statewide and must be within the program annual cost limit.
- ◆ Individuals may live in their own home, their family home, or in a residence with one to five other individuals with similar needs.



DBMD Population

- ◆ Must meet financial eligibility for Medicaid
- ◆ Must be deafblind or function as deafblind
- ◆ Must have one other disability that results in impairment to independent functioning
- ◆ Must not be enrolled in another waiver



DBMD Service Array

- ◆ Adaptive aids
- ◆ Assisted Living
- ◆ Audiology services
- ◆ Behavioral support services
- ◆ Case management
- ◆ Chore services
- ◆ Day habilitation
- ◆ Dental
- ◆ Dietary services
- ◆ Financial Management Services
- ◆ Intervener
- ◆ Minor home modifications
- ◆ Nursing
- ◆ Occupational therapy
- ◆ Orientation and mobility
- ◆ Physical therapy
- ◆ Prescribed Drugs
- ◆ Residential habilitation
- ◆ Respite
- ◆ Speech, language, and hearing therapy
- ◆ Support Consultation
- ◆ Supported employment
- ◆ Employment assistance
- ◆ Transition assistance services (TAS)



DBMD Service Array

CDS Services in DBMD

- ◆ Intervener
- ◆ Residential habilitation
- ◆ Respite
- ◆ Supported employment
- ◆ Employment assistance
- ◆ Support Consultation
- ◆ Financial Management Services



HCS

The Home and Community-based Services 1915 (c) waiver

- ◆ Provides individualized services to people of all ages who qualify for ICF/IID level of care
- ◆ Services must be within the annual cost limit for the program
- ◆ HCS waiver services are provided by a comprehensive program provider, and service coordination is provided by the local intellectual and developmental disability authority (LIDDA).
- ◆ Services are available statewide and must be within the program annual cost limit.
- ◆ Individuals may live in their own home, their family home, or a small residential setting in the community.



HCS Population

- ◆ Must meet financial eligibility requirements
- ◆ Must have a primary diagnosis of an intellectual disability or an IQ of 75 or below, and a related condition
- ◆ Must be eligible for Level of Care I
- ◆ Must not be enrolled in another waiver



HCS Service Array

- ◆ Adaptive aids
- ◆ Audiology services
- ◆ Behavioral support services
- ◆ Cognitive rehabilitation therapy
- ◆ Day habilitation
- ◆ Dental
- ◆ Dietary services
- ◆ Financial Management Services
- ◆ Minor home modifications
- ◆ Occupational therapy
- ◆ Physical therapy
- ◆ Nursing services
- ◆ Residential assistance
- ◆ Respite
- ◆ Speech/language pathology
- ◆ Social work services
- ◆ Supported employment
- ◆ Employment assistance
- ◆ Support Consultation
- ◆ Supported home living
- ◆ Transition Assistance Services



HCS Service Array

CDS services available in HCS

- ◆ Cognitive rehabilitation therapy
- ◆ Financial Management Services
- ◆ Nursing services
- ◆ Respite
- ◆ Supported employment
- ◆ Employment assistance
- ◆ Support Consultation
- ◆ Supported home living



TxHmL

The Texas Home Living 1915 (c) waiver

- ◆ TxHmL provides selected services and supports up to \$17,000 per year for individuals who qualify for ICF/IID level of care.
- ◆ TxHmL waiver services are provided by a TxHmL program provider, and service coordination is provided by the LIDDA.
- ◆ Services are available statewide and must be within the program annual cost limit.
- ◆ Individuals may live in their own home or their family home.



TxHmL Population

- ◆ Must meet financial eligibility requirements
- ◆ Must have a primary diagnosis of an intellectual disability or an IQ of 75 or below, and a related condition
- ◆ Must live in their own home or their family home (no residential component)
- ◆ Must not be enrolled in another waiver



TxHmL Service Array

- ◆ Community support
- ◆ Day habilitation
- ◆ Respite
- ◆ Supported employment
- ◆ Employment assistance
- ◆ Adaptive aids
- ◆ Audiology
- ◆ Behavioral support
- ◆ Dental
- ◆ Dietary services
- ◆ Minor home modifications
- ◆ Nursing services
- ◆ Occupational therapy
- ◆ Physical therapy
- ◆ Social work services
- ◆ Speech/language pathology
- ◆ Financial Management Services
- ◆ Support Consultation

*All services in TxHmL can be provided by the CDS option.



MDCP

- ◆ The MDCP 1915 (c) waiver:
 - Provides a variety of services and supports for families caring for children who are medically dependent as an alternative to residing in a nursing facility
 - Available statewide
 - Services in MDCP are provided through managed care organizations through the STAR Kids and STAR Health programs



MDCP Population

- ◆ Must be under 21 years of age
- ◆ Financial eligibility
- ◆ Must meet the medical necessity requirements for nursing facility admission
- ◆ Have an individual plan of care (IPC) that does not exceed 50 percent of the reimbursement rate that would have been paid for that same person to receive services in a nursing facility, as of August 31, 2010



MDCP Services

- ◆ Adaptive aids
- ◆ Flexible family support services
- ◆ Minor home modifications
- ◆ Respite
- ◆ Transition assistance services
- ◆ Supported employment
- ◆ Employment assistance



MDCP Services

CDS services in MDCP

- ◆ Flexible family support services
- ◆ Respite
- ◆ Supported employment
- ◆ Employment assistance
- ◆ Financial management services



Resources

- ◆ Waiver comparison chart
 - ◆ https://www.dads.state.tx.us/providers/waiver_comparisons/LTSS-Waivers.pdf





Questions?

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