Overview of Texas Medicaid Waivers

Texas Health and Human Services Commission
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Objectives

- Provide information about the program authority and administration
- Provide an overview of Texas waivers to include
  - Eligibility
  - Service array
  - Services available through the consumer directed services (CDS) option
What is Medicaid?

- Medicaid is a jointly funded state-federal program that provides medical coverage to eligible needy persons.
- Federal laws and regulations:
  - Require coverage of certain populations and services
  - Provide flexibility for states to cover additional populations and services
- Medicaid is an entitlement program, meaning:
  - Guaranteed coverage for eligible services to eligible persons
  - Open-ended funding based on the actual costs to provide eligible services to eligible persons

Joint State and Federal Program

- Both federal and state governments have a role in overseeing and funding the Medicaid program.
- At the federal level, Medicaid is administered by the Centers for Medicare and Medicaid Services (CMS) within the U.S. Department of Health and Human Services.
- Authority for the Medicaid program comes from:
  - Social Security Act (SSA)
    - Provides general welfare benefits for certain populations.
  - State Plan
    - Contract between CMS and the State of Texas.
  - Waivers
    - “Waives off” State Plan requirements or SSA requirements.
What is a waiver?

- A waiver enables states to receive federal Medicaid matching funds without complying with certain requirements set forth in § 1902 of the Social Security Act (SSA).
  - Limiting a waiver service to specific geographic areas §1902(a)(1) (Statewideness)
  - Comparability of services, such as offering an array of community-based services to those who would otherwise require institutionalization §1902(a)(10)(B) (Comparability)
  - Income and resources -- State can apply institutional income and resource (eligibility) rules for medically needy who would otherwise qualify for waiver services 300% federal poverty level (FPL) §1902(a)(10)(C)(i)(III) (Income and Resources for the Medically Needy)
  - Freedom of choice

Texas Medicaid Waivers
Texas Medicaid Waivers

* 1915 (b) waiver
  * Non-Emergency Medical Transportation (NEMT)
  * Texas Medicaid Wellness Program (TMWP)
  * NorthSTAR

* 1915 (c) waiver
  * Community Living Assistance and Support Services (CLASS)
  * Deaf Blind with Multiple Disabilities (DBMD)
  * Home and Community-based Services (HCS)
  * Medically Dependent Children Program (MDCP)
  * Texas Home Living (TxHmL)
  * Youth Empowerment Services (YES)

* 1115 Demonstration Waivers
  * Texas Healthcare Transformation and Quality Improvement Program (THTQIP) – STAR, STAR+PLUS, Dental

Services Delivery Options

* Individuals may select how they would like some services delivered
  * Agency Option- Standard service delivery through an agency
  * Service Responsibility Option- Individual manages day-to-day activities and the provider agency manages business activities
  * Consumer Directed Services (CDS)- Individual manages both day-to-day and business activities

* CDS individuals receive financial management services and may receive support consultation.
STAR+PLUS HCBS Program

- Home and community based services, available to adults who meet income, resource, and medical necessity requirements for nursing facility level of care, include:
  - Services unavailable under the State Plan, as a cost-effective alternative to living in a nursing facility

STAR+PLUS HCBS Service Array

- Adaptive aids
- Assisted living
- Adult foster care
- Cognitive rehabilitation therapy
- Dental
- Emergency response
- Home delivered meals
- Nursing services
- Medical supplies
- Minor home modifications

- Personal assistance services
- Respite care
- Therapies
- Supported employment
- Employment assistance
- Transition assistance services
- Financial management services
- Support consultation
STAR+PLUS HCBS Service Array

CDS services available in STAR+PLUS

- Cognitive rehabilitation therapy
- Nursing services
- Personal assistance services
- Respite care
- Therapies
- Supported employment
- Employment assistance
- Support Consultation
- Financial management services

1915 (c) Waivers

- Texas operates six 1915 (c) waivers
  - These waiver programs are:
    - CLASS
    - DBMD
    - HCS
    - TxHmL
    - MDCP
    - YES
  - Renewed every five years.
CLASS
The Community Living Assistance and Support Services (CLASS) 1915 (c) waiver

- Provides home and community-based services to individual’s who have a diagnosis of a related condition qualifying them for placement in an Intermediate Care Facility for Persons with an Intellectual Disability or Related Condition (ICF/IID)
- Provides case management and direct services through two separate agencies
- Services are available statewide and must be within the program annual cost limit
- Individuals may live in their own home or their family home

CLASS Population

- Must meet financial eligibility for Medicaid
- Must have a related condition as the primary diagnosis
- Must have substantial functional limitations in at least three of the following areas:
  - Self care
  - Language
  - Learning
  - Mobility
  - Self direction
  - Capacity for independent living
- Must not be enrolled in another waiver
CLASS Service Array

- Adaptive aids
- Auditory Integration Training/Auditory Enhancement Training
- Behavioral support services
- Case management
- Cognitive rehabilitation therapy
- Continued family services
- Dental
- Dietary
- Financial Management Services
- Habilitation services
- Minor home modifications
- Nursing services
- Occupational, speech, and physical therapies
- Prescribed Drugs
- Prevocational services
- Respite services
- Specialized therapies
- Support Consultation
- Support family services
- Supported employment
- Employment assistance
- Transition assistance services (TAS)

CDS services available in CLASS

- Cognitive rehabilitation therapy
- Habilitation services
- Nursing services
- Occupational, speech, and physical therapies
- Respite services
- Supported employment
- Employment assistance
- Financial Management Services
- Support Consultation
DBMD
The Deaf Blind with Multiple Disabilities 1915 (c) waiver
- Provides home and community-based services as an alternative to residing in an ICF/IID to individuals of all ages who are deafblind, or have a condition that will result in deafblindness, and who have an additional disability.
- Provides case management and direct services through a single agency.
- Services are available statewide and must be within the program annual cost limit.
- Individuals may live in their own home, their family home, or in a residence with one to five other individuals with similar needs.

DBMD Population
- Must meet financial eligibility for Medicaid
- Must be deafblind or function as deafblind
- Must have one other disability that results in impairment to independent functioning
- Must not be enrolled in another waiver
DBMD Service Array

- Adaptive aids
- Assisted Living
- Audiology services
- Behavioral support services
- Case management
- Chore services
- Day habilitation
- Dental
- Dietary services
- Financial Management Services
- Intervener
- Minor home modifications
- Nursing
- Occupational therapy
- Orientation and mobility
- Physical therapy
- Prescribed Drugs
- Residential habilitation
- Respite
- Speech, language, and hearing therapy
- Support Consultation
- Supported employment
- Employment assistance
- Transition assistance services (TAS)

DBMD Service Array

CDS Services in DBMD

- Intervener
- Residential habilitation
- Respite
- Supported employment
- Employment assistance
- Support Consultation
- Financial Management Services
HCS

The Home and Community-based Services 1915 (c) waiver

- Provides individualized services to people of all ages who qualify for ICF/IID level of care
- Services must be within the annual cost limit for the program
- HCS waiver services are provided by a comprehensive program provider, and service coordination is provided by the local intellectual and developmental disability authority (LIDDA).
- Services are available statewide and must be within the program annual cost limit.
- Individuals may live in their own home, their family home, or a small residential setting in the community.

HCS Population

- Must meet financial eligibility requirements
- Must have a primary diagnosis of an intellectual disability or an IQ of 75 or below, and a related condition
- Must be eligible for Level of Care I
- Must not be enrolled in another waiver
HCS Service Array

- Adaptive aids
- Audiology services
- Behavioral support services
- Cognitive rehabilitation therapy
- Day habilitation
- Dental
- Dietary services
- Financial Management Services
- Minor home modifications
- Occupational therapy
- Physical therapy
- Nursing services
- Residential assistance
- Respite
- Speech/language pathology
- Social work services
- Supported employment
- Employment assistance
- Support Consultation
- Supported home living
- Transition Assistance Services

HCS Service Array

CDS services available in HCS

- Cognitive rehabilitation therapy
- Financial Management Services
- Nursing services
- Respite
- Supported employment
- Employment assistance
- Support Consultation
- Supported home living
**TxHmL**

**The Texas Home Living 1915 (c) waiver**

- TxHmL provides selected services and supports up to $17,000 per year for individuals who qualify for ICF/IID level of care.
- TxHmL waiver services are provided by a TxHmL program provider, and service coordination is provided by the LIDDA.
- Services are available statewide and must be within the program annual cost limit.
- Individuals may live in their own home or their family home.

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**TxHmL Population**

- Must meet financial eligibility requirements
- Must have a primary diagnosis of an intellectual disability or an IQ of 75 or below, and a related condition
- Must live in their own home or their family home (no residential component)
- Must not be enrolled in another waiver
**TxHmL Service Array**

- Community support
- Day habilitation
- Respite
- Supported employment
- Employment assistance
- Adaptive aids
- Audiology
- Behavioral support
- Dental
- Dietary services

*All services in TxHmL can be provided by the CDS option.*

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**MDCP**

- **The MDCP 1915 (c) waiver:**
  - Provides a variety of services and supports for families caring for children who are medically dependent as an alternative to residing in a nursing facility
  - Available statewide
  - Services in MDCP are provided through managed care organizations through the STAR Kids and STAR Health programs
**MDCP Population**

- Must be under 21 years of age
- Financial eligibility
- Must meet the medical necessity requirements for nursing facility admission
- Have an individual plan of care (IPC) that does not exceed 50 percent of the reimbursement rate that would have been paid for that same person to receive services in a nursing facility, as of August 31, 2010

**MDCP Services**

- Adaptive aids
- Flexible family support services
- Minor home modifications
- Respite
- Transition assistance services
- Supported employment
- Employment assistance
MDCP Services

CDS services in MDCP

- Flexible family support services
- Respite
- Supported employment
- Employment assistance
- Financial management services

Resources

- Waiver comparison chart
Questions?

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