



TEXAS
Health and Human
Services

SB 1177, 86th Texas Legislature, Regular Session, 2019

Parity Workgroup Meeting

November 2, 2020

Outline

- Mental Health Landscape Overview
- Discuss legislation
- Updates
- Next Steps



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The past half century...

- There has been an increase in outpatient and residential care
- Federal and state governments are moving toward community-based settings
 - Olmstead decision
 - Americans with Disabilities Act



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"...a contract described by that subsection must contain language permitting a managed care organization to offer medically appropriate, cost-effective, evidence-based services from a list approved by the state Medicaid managed care advisory committee..."



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In-Lieu-Of Services

Must be:

- Medically appropriate, cost-effective, evidence-based
- Offered “instead of” an existing Medicaid Service
- Able to be reported via MCO encounter data
 - Unique procedure code
- Distinct from existing Medicaid services
- Must be a service and not a program or modality



Current In-Lieu-of Services

The MCO may provide services in the following HHSC-approved settings in lieu of covered settings:

- The MCO may provide inpatient services for acute psychiatric conditions in a freestanding psychiatric hospital in lieu of an acute care inpatient hospital setting for Members age 21-64
- The MCO may provide substance use disorder treatment in a chemical dependency treatment facility in lieu of an acute care inpatient hospital



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Project Overview

- Receive recommendations
- Review data from Medicaid Evidence Based Decisions (MED) Project
- Review for cost-effectiveness and evidence-base
- Propose managed care contract amendments
- Annual legislative report



Phase 1 Considerations

Services in-lieu-of inpatient hospitalization

- Coordinated Specialty Care (CSC)
- Crisis Respite
- Crisis Stabilization Units
- Extended Observation Units
- Partial Hospitalization
- Intensive Outpatient Program



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Phase 2 Considerations

Services in-lieu-of outpatient services

- Cognitive Rehabilitation
- Multisystemic Therapy (MST)
- Functional Family Therapy (FFT)



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Other Considerations

Requires further consideration

- Collaborative Care Model
- Integrated Pain Management Day Program*
- Health & Behavior Assessment & Intervention*
- Systemic, Therapeutic, Assessment, Resources, and Treatment (START)
- Treatment/Therapeutic Foster Care
- Mobile Crisis Outreach Team (MCOT)

* Current State Plan benefits for ages 0-20



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Next Steps

- Execute Phase 1 contract amendments
- Complete cost-effectiveness analysis for Phase 2
- Develop contract amendments for Phase 2
- Continue researching other services



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Thank you

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