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Services

Behavioral Health Services Overview

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Overview



- Mental Health Programs
- Substance Abuse Services
- Crisis Services
- Disaster

Hot Topics



- Texas Targeted Opioid Response/ State Opioid Response
- Community Mental Health Grant Program (HB 13 and Rider 207)
- Targeted Case Management and Services for Foster Care Children Grant Program (Rider 77)
- Private Psychiatric Bed Expansion (Rider 76)
- HHSC/DFPS Relinquishment Avoidance Project (Rider 89)
- Mental Health Grant Program for Justice-Involved Individuals (SB 292)
- Peer Support Re-entry Pilot (Rider 74)

Mental Health Programs



HCC

YES

Peer
Re-
Entry

HCBS

PATH

Texas Resilience and Recovery



- A person-centered approach to service provision that moves away from the historical disease-focused model
 - Focus on resilience and recovery, which are fundamental principles of the mental health system
- Basic elements of the Texas Resilience and Recovery (TRR) system include:
 - Support the provision of evidence-based practices
 - Consistent levels of care (low to high)
 - Data and outcomes
- Challenges related to TRR include
 - Demand (population growth)
 - Complex or high needs

Residential Treatment Center Project



- This is a collaborative project between the Department of Family and Protective Services (DFPS) and HHSC to fund Residential Treatment Center (RTC) beds (room and board) for children and youth with serious emotional disturbance to avoid parental relinquishment of parental rights.
- Current funding provides for 30 ongoing private RTC beds or slots.
- The 85th Texas Legislature appropriated \$3.9 million for each fiscal year of the 2018-19 biennium for relinquishment prevention slots.
- As of August 2017, 9 children or youth are waiting for admission to an RTC bed

Substance Abuse Services



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PPI

PADRE

RBI

HEI

NAS

OSAR

RSS

Priority Populations: Substance Abuse Treatment

- Federal Priority Populations:
 - Pregnant injecting individuals must be admitted immediately;
 - Pregnant individuals must be admitted immediately; and
 - Injecting drug users must be admitted within 14 days.
- Priority Population by HHSC contract terms:
 - DFPS-referred individuals must be admitted within 72 hours.



Substance Abuse Treatment for Adults

- Description: An array of different intensity substance abuse programs for Texans aged 18 and up, including:
 - Detoxification Services
 - Residential Treatment Services
 - Outpatient Treatment Services
- Population served: Adult Texas residents who meet financial criteria for HHSC-funded substance use disorder services and meet clinical diagnosis criteria for a substance use disorder.



Substance Abuse Treatment for Youth

- Description: An array of different intensity substance abuse treatment programs for Texas residents ages 13-17, including:
 - Intensive Residential Treatment (high severity)
 - Supportive Residential Treatment (moderate severity)
 - Outpatient Treatment (lower severity)
- Population served: Texas youth ages 13-17 who meet clinical diagnosis criteria for substance abuse or dependence.



Substance Abuse Treatment for Women

- Description: Trauma-informed and gender-specific substance abuse treatment services for a specialized population of women in a structured environment.
 - Residential and outpatient services
- Population served: Adult women with dependent children and pregnant women who meet clinical diagnosis criteria for a diagnosis of substance use disorder.



Co-occurring Psychiatric Substance Use Disorder Services

- Description: Services are intended to provide adjunct services to clients with co-occurring psychiatric and substance use disorders
 - Emphasizes integrated treatment, where both disorders are seen as primary, in existing mental health and substance abuse treatment services
- Population served: Texas residents who meet clinical diagnosis criteria for a substance use disorder and have reported problems with one or more mental health issues



Substance Use Disorder Prevention

- Prevention Resource Centers support youth prevention services
- Community Coalition Partnerships encourage community mobilization to implement evidence-based environmental strategies
 - Primary focus: to prevent and reduce underage drinking
- Strategic Prevention Framework for Prescription Drugs (SPF Rx)



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Substance Use Disorder Prevention

Population Served:

- Available to children, youth, and adult populations
- Three types of prevention programs:
 - Universal: Designed to reach the entire population
 - Selective: Target subgroups determined to be at risk for substance abuse
 - Indicated: Identify individuals who are experiencing early signs of substance abuse and other related behavioral associated with substance abuse



SPF Rx

- Newly awarded (in fiscal year 2017) five-year discretionary grant from the federal Substance Abuse and Mental Health Services Administration
- Goals:
 - Raise awareness about dangers of sharing medications and risks of over-prescribing.
 - Bring prescription drug abuse prevention activities and education to schools, communities, parents/guardians, and prescribers and their patients.



Texas Targeted Opioid Response

- Access to Naloxone
- Access to Evidence-Based Practices
- Core Strategies:
 - Increased access to care and supports
 - Reduction of service gaps within the continuum of care
 - Increased awareness for the public through education and outreach



Crisis Services



TCCO

OCR

PPB

JBCR

Crisis Services

- **Description:**



- Crisis Services outreach teams provide 24/7 service for face-to-face crisis assessment, crisis intervention, and crisis follow-up and relapse prevention services.
- LMHAs respond to calls in the community and collaborate closely with community partners to ensure behavioral healthcare needs are appropriately addressed.

- **Population served:** The program serves adults and youth with a behavioral health crisis.

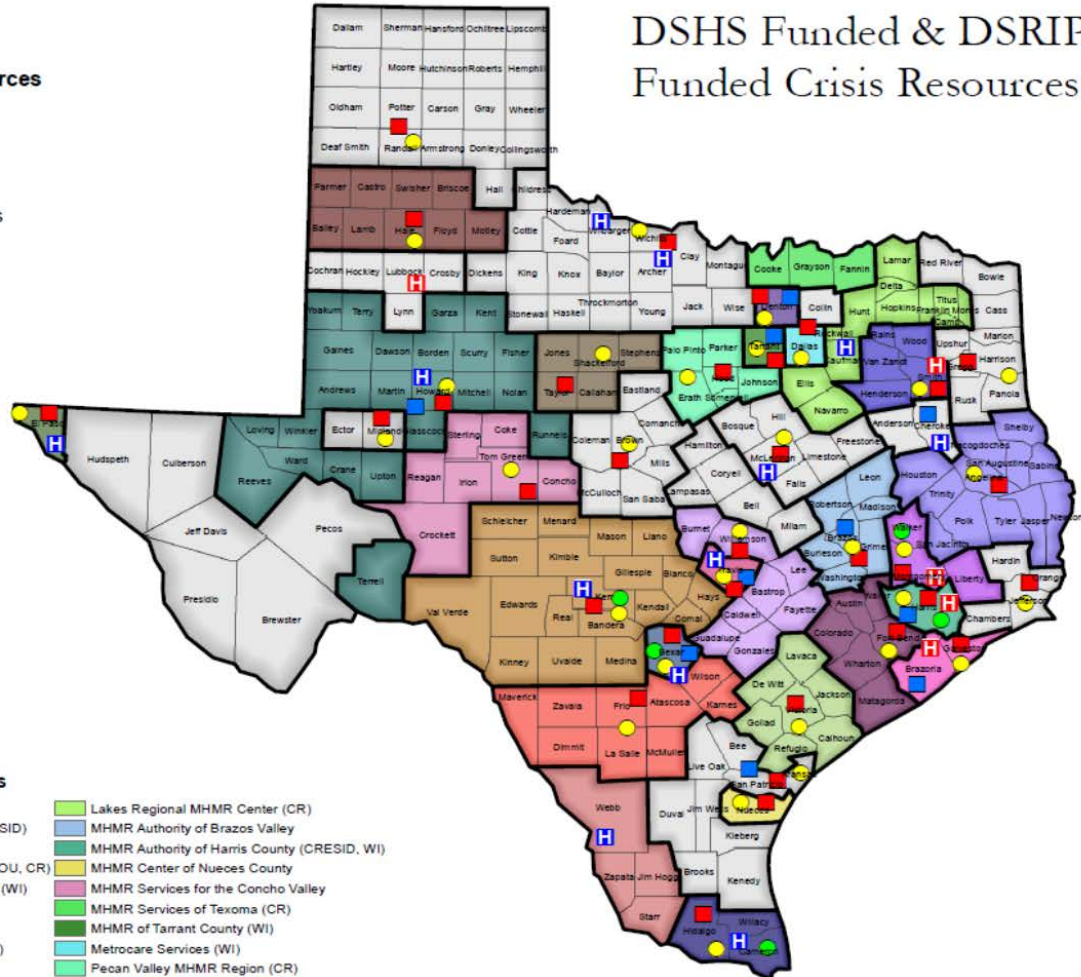


Efforts to Address Demand: Crisis Alternatives










DSHS Funded Crisis Resources

-  State Hospitals
-  Community Hospitals
-  Existing Crisis Projects
-  New Crisis Projects
-  Existing Local Inpatient Beds
-  New Local Inpatient Beds

DSHS Funded & DSRIP Funded Crisis Resources



DSRIP Funded Crisis Resources

- | | |
|--|--|
|  Andrews Center (CR) |  Lakes Regional MHMR Center (CR) |
|  Austin Travis County MHMR Center (CRESID) |  MHMR Authority of Brazos Valley |
|  Betty Hardwick Center |  MHMR Authority of Harris County (CRESID, WI) |
|  Bluebonnet Trails Community Services (EOU, CR) |  MHMR Center of Nueces County |
|  Border Region MHMR Community Center (WI) |  MHMR Services for the Concho Valley |
|  Burke Center (EOU, CRESID) |  MHMR Services of Texoma (CR) |
|  Camino Real Community MHMR Center |  MHMR of Tarrant County (WI) |
|  Center for Health Care Services (HOT, WI) |  Metrocare Services (WI) |
|  Central Plains Center (EOU) |  Pecon Valley MHMR Region (CR) |
|  Denton County MHMR Center (CRESID, WI) |  Texana MHMR Center (EOU, CRESID) |
|  El Paso MHMR (EOU, HOT) |  Tri-County MHMR Services (EOU) |
|  Gulf Bend MHMR Center (WI) |  Tropical Texas Center for MHMR |
|  Gulf Coast Center (CR) |  West Texas Centers for MHMR |
|  Hill Country Community MHMR Center (CR) |  No Crisis Related 1115 Project(s) |

Source: Adult Mental Health Program Services
Map Source: Center for Health Statistics, GIS
September 2015



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Crisis Services

- Hotline
- Mobile Crisis Outreach Team
- Walk-In Crisis Services



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Crisis Services: Facility-based

- Extended Observation Unit
- Crisis Residential
- Crisis Respite
- Rapid Crisis Stabilization Beds
- Crisis Stabilization Unit



Privately Purchased Beds

- **Description:** HHSC purchases contracted inpatient psychiatric hospital beds to provide inpatient mental health services.
- **Population served:** Adults, children, and youth meeting the threshold for behavioral health necessity for inpatient hospitalization.



Inpatient Psychiatric Bed Expansion

- HHSC currently contracts with 17 LMHAs, Montgomery County, and UT-Tyler for 143 forensic commitment beds and 429 civil or voluntary commitment beds in community hospitals for a total of 572 beds
 - Total contracted general revenue for fiscal year 2017 is \$109,971,620
- The 85th Legislature funded approximately \$21 million per year to expand inpatient psychiatric capacity
 - Approximately 94 beds (included in the above totals)



Outpatient Competency Restoration

- **Description:**

- The Outpatient Competency Restoration (OCR) program operates through contracts with 12 LMHAs.
- Individuals are referred to the program through court order and participate in outpatient mental health services designed to restore competency to an individual awaiting trial.

- **Population served:** Adults with a mental health or co-occurring psychiatric and substance abuse disorder who are found incompetent to stand trial and receive a court order to participate in outpatient treatment.



Psychiatric Services to Civilly-Committed Residents

- **Description:** Outpatient psychiatric services provided to civilly-committed residents to undergo sex offender treatment under the Texas Civil Commitment Office who would otherwise be unable to participate in such treatment.
- **Population served:** Adults civilly-committed to undergo sex offender treatment who reside at the Texas Civil Commitment Center in Littlefield, Texas, and whose symptoms of mental illness prevent effective participation in the sex offender treatment program.





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Thank you
